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NEWS IN BRIEF

Explain in 48 hrs position on arrested LeT militant: **J&K BJP to Minority** Morcha president

Jammu, July 5: The disciplinary committee of the BJP in Jammu and Kashmir on Tuesday issued a notice to the president of its Minority Morcha in J&K, directing him to explain within 48 hours about a letter indicating the appointment of Talib Hussain, a Laskhar terrorist who was arrested on Sunday, as incharge of the Minority Morcha IT cell.

"It has come to the notice of the disciplinary committee that a letter is circulating in media which indicates that you had appointed one Talib Hussain as an official of the Minority Morcha, who has been found involved in terror activities. On inquiry, it has been found that neither such appointment was authorised by the party president, nor it was issued by the media cell of the party which is the central monitoring unit of the party in Jammu & Kashmir.

"You are directed to explain your position on the above issue within 48 hours. Please clarify whether you issued the order in favour of a person who is not even a primary member of the party as per official records, without checking the credentials of the person. If issued, please explain the circumstances in which order was issued.

"Your act of indiscpline, if the order is issued by you, has brought adverse publicity to the party and is against the national interest . Your reply should reach the disciplinary committee within 48 hours, failing which appropriate action will be recommended against you to the party

Husband on run kills wife in Budgam

Srinagar, July 5: A non-local woman was hanged to death by her husband in Chadoora area of Central Kashmir's Budgam district late last night, officials said on Tuesday.

An official said the woman who was putting up in a tent with her husband on the banks of Doodganga River in Chadoora was

found dead this morning. He said the couple allegedly entered into heated following which the husband, who is now absconding, n a fit of rage hanged his wife to death.

An investigation in this regard body taken into custody

Dead body retrieved from waterfall

Srinagar, July 5: Dead body of a boy, who had gone missing from his home in Sheeri area of North Kashmir's Baramulla district yesterday, was recovered on Tuesday, officials said.

An official said the boy identified as Suhail Ahmad Bhat son of Abdul Majeed Bhat of Badmulla area of Sheeri went missing from his home on Monday afternoon. He said after strenuous efforts by the joint team of SDRF and Police, body of missing boy was recovered from Namlam waterfall

this morning, where his clothes were found yesterday. "After completing all medico-legal formalities, body was hand-

ed over to his relatives for last rites," he said. The official the boy might have died of drowning; however, police

have registered a case and started

investigation in this regard.

CONTINUED ON → PAGE 10

Amarnath Yatra

Amarnath Yatra suspended temporarily amid bad weather

HT NEWS NETWORK

Srinagar, July 5: The Amarnath Yatra, which began last week, was temporarily suspended from the Pahalgam route on this morning amid bad weath-

The annual 43-day pilgrimage is held from the twin base camps - Nunwan in Pahalgam of south Kashmir's Anantnag and Baltal camp in central Kashmir's Ganderbal district. Around 3,000 pilgrims were stopped at the Nunwan base camp on the Pahalgam axis this

morning, officials said. Another batch of around 4,000 pilgrims that left Jammu for the Pahalgam route were stopped at Yatri Niwas in Chanderkote in

Flash floods block

Srinagar-Leh highway, restored

Ganderbal, July 5: Cloudburst triggered

by heavy rains caused flash floods which

blocked the Srinagar-Leh highway in cen-

tral Kashmir's Ganderbal district on Tues-

day. Traffic movment was however restored

after 10 hours of interruption due to mud-

slides, the highway, connecting the Ladakh region with Kashmir this afternoon.

"The highway was thrown open for traffic

after 3 PM. A large number of vehicles had

been stopped at different places after the

mudslides that were triggered by massive

The flash floods occurred in the Shah Moha-

llah Kullan area of Kangan in the Ganderbal

CONTINUED ON → PAGE 10

district.According to a report, several

rains," an official said here.



the Ramban district. Pahalgam is about 90 km from Srinagar, the Jammu and Kashmir capi-

Around 2,000 pilgrims who left from Jammu for the Baltal route were, however, allowed CONTINUED ON → PAGE 10

Counter facility launched for yatris to buy Prasad, Silver Coins at Baltal, Chandanwari

Srinagar, July 5: In addition to online facility of providing Prasad with Silver Coins, Shri Amarnathji Shrine Board (SASB), in its new initiative, has introduced offline facility for making Prasad/ Silver Coins available to the devotees, paying obeisance at Lord Shiva's Holy Cave Shrine, in the ensuing Shri Amarnathji Yatra which commenced on 30th June and will culminate on 11th August on day of Raksha Bandhan.

Under this initiative, the Devotees can visit Souvenir Counter setup by the SASB at Holy Cave and buy Silver Coins of 5 gram and 10 gram weight at the rate of Rs. 700/- and respectively. The Devotees can also have Prasad with 5 gram Silver Coin @ Rs.1000/ ,Prasad with 10 gram Silver Coin @ Rs.2000/- and Prasad without Coin @ Rs. 501/- from the Count ers setup at Domel Access Control Gate (Baltal) CONTINUED ON → PAGE 10

Man booked under PSA for delivering hate speech in Doda

HT NEWS NETWORK

Jammu, July 5: A man, who allegedly delivered a hate speech during a protest against former BJP spokesperson Nupur Sharma's controversial remarks on Prophet Mohammad, was booked under the Public Safety Act (PSA) in Jammu and Kashmir's Doda district on Monday, police said. Adil Gafoor, a resident of Bhaderwah, was arrested on June 12 when the town was under curfew in the wake of communal tension triggered by Sharma's remarks and several social media posts by local right-wing activists in

her support. "On June 9, following a bandh call, law and order problems erupted in the Bhaderwah area as the people, on the instigation of some trouble creators, of Bhaderwah took out processions," police said in a statement.

"Gafoor surfaced (was found) to be a mastermind who instigated the processionists and also delivered hate speech and derogatory remarks against a particular community from Jamia Masjid, Bha-derwah. Being a serious threat to public order, the accused person has been booked under the PSA and lodged in Kot Bhalwal Jail, Jammu," it said. Two cases under various sections of the Indian Pe-

nal Code are already registered against Gafoor

CONTINUED ON → PAGE 10

Online registration for recruitment into army as 'Angiveers' begins in J&K



HT NEWS NETWORK

Jammu, July 5: Online registration for recruitment into the Indian Army under the Centre's Agnipath scheme for Union territories of Jammu and Kashmir and Ladakh commenced on Tuesday, officials said.

A recruitment rally will be conducted by Army Recruiting Office, Srinagar, from September 17 to Sep-

tember 30 at Haiderbeig Pattan in Baramulla dis-

"The recruitment rally will be for recruitment as Agniveers under Agnipath scheme," a Srinagar-based spokesman said.

He said all eligible unmarried male candidates born between October 1, 1999 and April 1, 2005 with requisite

CONTINUED ON → PAGE 10

COVID-19: J&K records one more death, 84 positive cases

Ahmad Majid

Srinagar, July 5: Jammu and Kashmir reported 84 fresh positive cases of COVID-19 including 64 from Jammu and 20 from Kashmir divisions, pushing the positive case tally in the Union Territory to 455475. Also, while 🔬 01 COVID related death has also been reported from Jammu division.Moreover, 67 more COVID-19 patients have recovered and dis-

charged CONTINUED ON → PAGE 10

COVID leaked from American lab, not Wuhan, claims London Professor

London, July 5: Covid-19 virus leaked out of a lab-oratory in the US, rath-er than the infamous Wuhan lab in China, claimed US economist Jeffrey Sachs.

According to Sachs, who led a two-year probe into the pandemic's origins, he was "pretty convinced" the virus was the result of 'US lab biotechnology',
CONTINUED ON → PAGE 10

7 JKAS officers transferred as govt orders reshuffle in administration

HT NEWS NETWORK

Srinagar, July 5: The Jammu and Kashmir government on Tuesday ordered a reshuffle in the administration. According to Government Order No.799-JK(GAD) of 2022, issued by the General Administration Department (GAD, Sukhdev Singh Samyal, JKAS, Additional Deputy Commissioner, Nowshera, holding additional charge of Sub-Registrar, Nowshera, is trans ferred and posted as Additional Secretary to the Government, Social Welfare Department.

Shokat Mehmood, JKAS, Joint Director School Education, Jammu, is transferred and posted as Programme Officer, ICDS Project, Rajouri.

Subah Mehta, JKAS, General Manger,

CONTINUED ON → PAGE 10

Traffic police to facilitate movement of fruit, vegetable, sacrificial animals on NH44: Div Com

HT NEWS NETWORK

Srinagar, July 5: The Divisional Commissioner (Div-Com) Kashmir, Pandurang K Pole today convened a meeting to facilitate hassle-free movement of perishable and essential commodities laden

vehicles on NH44. On the occasion, the Div Com said that the traffic police shall facilitate movement of vehicles of fruit, vegetable and sacrificial animals on priority.

Various fruit associations besides mutton and poultry dealers were directed to coordinate with administration for diversion of

that the trucks carrying essential and perishable products are given priority to ply on NH44.

They were asked to contact Whatsapp number-9469807526 of the Divisional Traffic Control Room established for diversion of

vehicles through NH44. The Div Com directed that all Oil and LPG tankers besides FCI empty vehicles shall ply through Mughal Road.

Moreover, he directed that drivers of all eight to ten tyre loaded vehicles shall ensure movement through Mughal road.

While reviewing Eid arrange-



ments, Div Com directed Deputy Commissioner Srinagar and officers of Sheep Husbandry and Animal Husbandry departments to ensure availability of sufficient numbers of sacrificial animals to

He asked Director Sheep Husbandry to motivate local tribal people to supply large numbers of livestock on Eid so people do not face dearth of sacrificial animals.

He directed officers to ensure that sufficient quantities of sacrificial animals are available at sale sites established by District Administration Srinagar and FCS&CA. Moreover, he asked SMC to col-

lect skins of sacrificial animals in the city while ULB was asked to collect skins in all forty municipalities for proper disposal. Div Com said that due to Covid

CONTINUED ON → PAGE 10

Restore statehood before Assembly elections in J&K: Bukhari to center

HT NEWS NETWORK



Shopian July 5: Apni Party (AP) President Syed Mohammad Altaf Bukhari urged the central government to restore statehood to Jammu and Kashmir before the forthcoming assembly elections

Bukhari was addressing a huge party rally at Keller Block in south Kashmir's Shopian district on Tuesday, where the locals and his party supporters accorded him a rousing reception on his arrival.

Besides Syed Mohammad Altaf Bukhari, the prominent party leaders who were present at the venue include Senior Vice President Ghulam Hassan Mir, Chair CONTINUED ON » PAGE 10

get free coaching for **NEET, JEE** HT NEWS NETWORK

Tribal students to

Srinagar, July 5: The Jammu and Kashmir Tribal Affairs Department has launched a first-ofits-kind initiative to provide free coaching for meritorious tribal students preparing for NEET and

JEE entrance exams, officials

The course is sponsored by the department and the candidates qualifying for the National Eligibility cum Entrance

CONTINUED ON → PAGE 10

Army evacuates Chitto Mata pilgrims from remote Paddar

Jammu: The troops of RR (MARATHA LI) on Tuesday saved the life of two elderly women when they were on a pilgrimage to Chitto Mata Yatra in Paddar region of Kishtwar District.

The troops of 17 Rashtriya Rifles (MARATHA LI) from Kijai COB were providing prophylactic security to Chitto Mata



of Kishtwar, the soldiers who were part of patrol were alerted by cries for help from a distance.

CONTINUED ON → PAGE 10

Army installs first windmill on **LoC in Gurez**

Bandipora, July 5: The Indian army has installed a windmill at the LoC in north Kashmir's Gurez, popular for its landscape, to give a boost to greener energy and to help CONTINUED ON >> PAGE 10

Govt devises framework to revamp woolen industry in J&K Reformative policies provide economic growth facility to 50,000 families

Srinagar, July 5: J&K Government is devising a viable framework to give a massive revamp to Woolen industry across Jammu and Kashmir.

The reformative policies of the UT Government are providing economic growth opportunities to around 50,000 families associated with woolen industry in

To give boost to this sector, a Showroom cum Interpretation Centre at Government Woolen Mill, Bemina was established under the World Bank funded Jhelum Tawi Flood Recovery Project (JTRFP) which was recently inaugurated by Lieutenant Governor, Manoj Sinha. The showroom will provide a direct Market for 80,000 Kgs of locally produced wool annually, benefiting around 1600 sheep rearing families.

The new Showroom cum Interpretation Centre will greatly impact the livelihood opportunities of people working in the mill, besides providing market opportunities for the thousands of wool-producing farmers of J&K.



Notably, J&K is the 2nd largest producer of wool in the country, producing approximately 70 lakh kgs of wool per annum.

"J&K Industry has tie-up with e-commerce plat-form 'Amazon' through Silk Mark Organization of India (SMOI) as e-marketing channel. Registration on GeM portal was completed and Professional cat alogues and brochures were also developed," an official said. "Reputed designers are being roped in to develop new product range in line with present market trends and fashions", he added.

Notably, wool is the only natural fibre in which the nation is deficient. A proper processing, grading, marketing, and value addition will turn around for tunes for farmers dealing with it.

Domestic production of wool in the country is not adequate and the industry is dependent on imports. The wool import to the nation stands at 77 million

In a recent meeting chaired on revival of wool industry in J&K, Additional Chief Secretary, Atal Dulloo said that the considerable wool production

CONTINUED ON → PAGE 10

CS chairs ALAC meet for implementation of PMFME Scheme in J&K

HT NEWS NETWORK

Srinagar, July 5: Chief Secretary, Dr. Arun Kumar Mehta today chaired a meeting of Apex Level Approval Committee (ALAC) for overseeing the Implementation of Pradhan Mantri Formalisation of Micro Food Processing Enterprises (PM-FME) Scheme in Jammu and Kashmir Union Ter-

Additional Chief Secretary Agriculture Production Department, Atal Dulloo; Additional Chief Secretary Finance Department, Vivek Bhard-Principal Secre-



tary, Skill Development Department, Asgar Samoon, senior officers of Agriculture Production Department & NRLM and representative of J&K Bank, NABARD and SKUAST-J/K attended the meeting in person and through virtual mode. At the outset, a detailed presentation was

CONTINUED ON → PAGE 10

Samoon, Shailendra review progress on construction of new polytechnic colleges

"Direct for completion of all colleges within the set deadlines"

cipal Secretary Skill Development Department (SDD), Dr Asgar Hassan Samoon and Principal Secretary PWD (R&B) Shailendra Kumar today chaired a joint meeting at Civil Secretariat here to review the progress on construction of new Polytechnic Colleges across J&K besides other issues of the department were also discussed in detail.

The meeting was attended by Special Secretary SDD, Development Commissioner Works, Managing Director, JKPCC, Chief Engineer, R&B, Jammu/ Kashmir along with Executive Engineer concerned,, all concerned Principals of Government Polytechnics and other officers. Outstation officers attended the meeting through video con-

Threadbare discussion was held on various issues pertaining to Skill Development Department including completion of ongoing works of New Polytechnics

DR.AB QAYOOM

FOUNDATION STONE LAYING OF 108

FEET NATIONAL FLAG AT LANGATE.

Langate, Jun,05:To commemorate the 75th Inde-

pendence Day and to add on the celebration of 'Aza-

di Ka Amrit Mahotsav' a 108 feet high National Flag

is being installed at famous public park of Lan-

gate Town in North Kashmir's Kupwara district.

On 05 Jul 2022, the Foundation Stone of the Flag was laid by

Irfan Sultan Panditpuri,DDC Chairman, Kupwara along

with BDC chairman Langate Showket Hussain Pandith in

presence of other dignitaries. The local citizens pledged to

District Admin Srinagar intensifies Market

checking across City ahead of Eid-ul-Adha

SRINAGAR JULY 05: In order to prevent profiteering

and black marketing by certain business establishments

operating in Srinagar, the special Market Checking teams

of District Administration Srinagar Tuesday conducted

intensified market checking across the Srinagar City to

ensure all essential commodities are sold at Government approved rates as per the quality standards with sufficient

availability of consumables. The drive was conducted on

the directions of the Deputy Commissioner Srinagar, Mohammad Aijaz Asad to curb the practice of illegal profi-

teering in markets ahead of the upcoming festival of Eid ul- Azha. The checking squads comprising of senior of-

ficials from Revenue, Police, Food Safety, SMC, FCS&CA and Legal Metrology Departments under the supervision

of SDM West and Assistant Commissioner Nazool conduct-

True Power Fan Lagayen,

Garmi Ko Kahen Bye Bye

+91-7307061427

ed intensive market checking in various Tehsils

dedicate themselves to keep the National Flag fly high.



taken up under CSS, completion of abandoned works of erstwhile Engineering wing of DSD.

The Principal Secretary directed the concerned officers that the ongoing construction works on all the Polytechnic Colleges should be completed within the stipulated time frame so that the buildings can be dedicated to the students for start of class work. He took detailed report from the concerned agencies

monitor the delivery as well as the installation of equipments and machinery required at these new

While asking the officers for proper utilisation of funds, Dr Samoon emphasised upon the officers to ensure that the funds are utilised on assigned works besides quality of work should be maintained in all respects. He also directed the concerned officers to make proper provisions for water and electricity in the polytechnic colleges.

Principal Secretary, PWD (R&B) while speaking on the occasion emphasized upon the officers to work in a coordinated manner so that all the projects are completed within the set timelines. It was given out in the meeting that the work on the new polytechnic colleges is going on smoothly and they will be completed within the set

Kargil Victory Flame arrives at Langate, Javid Qurashi pays tribute to soldiers, laid life in Kargil War.

HTNEWS-NETWORK

about the progress of con-

struction on each polytech-

nic college and set dead

Dr. Samoon also empha-

sized on timely placement

of machinery and other

equipments in the newly

constructed colleges and

directed the officers of SDD

to work in mission mode

so that class work for new

batches of students can be

started timely in the new

He further directed the

colleges

lines for the same.

Lanagte Today Ex-service dets, students On the occa-Qurashi said War 1999, our laid down their tect and safe pay my tribute



The victory is being celebrated across Jammu Kashmir to remember those solders who scarified their lives for the honour and dignity of Jammu Kashmir. He also said that Pakistan has been always in conspiracy to disturb peace in Jammu Kashmir, but the brave soldiers have always stood like rocks to defeat the plans of Pakistan. We always remember our brave hearts and are with them shoulder

and welcomed

by shoulder to protect Jammu Kashmir. FOR SERIOUS ASPIRANTS OF JKSSB (VLW-1395POSTS ETC), UPSC(IAS), JKPSC (KAS) NEET/JEE AND OTHER COMPETETIVE AND ACADEMIC EXAMS.

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Office of the Chairman Managing Committee

Hanfia Model Hr. Sec. School

Kreeri, Baramulla (193108) Recognized by J&K Govt. & affiliated with State Board of School Education Sgr

Ref No: 3439 417 HSSK 22

Dated: 04/07/2022

List of Managing Committee Members (Revised)

| S.No | Name | Parentage | Residence | Qualification | Occupation | Designation |
|------|---------------------------------|-----------------------------|--------------------------|--------------------|----------------------------|-------------|
| 01 | Dr. Ab. Rashid Badoo | Haji GhulamMohd Badoo | Kreeri | MBBS/MS (ortho) | Retd. Govt Employee | Chairman |
| 02 | Mr. Abdul Ahad Ganai | Haji Sonaullah Ganai | Nascem Bagh Sopore | M.A, B.Ed | Retd. Govt Employee | Secretary |
| 03 | Mr. Mohd Assadullaha Dar | Gh Ahmad Dar | Kreeri | M.A | School A/O | Treasurer |
| 04 | Dr. Asif Abdullaha Khan | Mohd Abdullaha Khan | Kanispora Baramulla | M.Com, Ph.D | Unemployed | Member |
| 05 | Mrs. Tasleema Shafi | W/o Mohd Shafi Akhoon | Kreeri | M.A | Principal of the school | Member |
| 06 | Mr. Ghulam Qadir Shad | Gh Mohd Hajam | Dardapora Kreeri | M.A, B.Ed | Retd. Govt Employee | Member |
| 07 | Mr. Mohd Abdullaha Zargar | Ab Samad Zargar | Kreeri | 8 th | Parent of School | Member |

Note: Anybody having any objection in this regard may kindly report in writing to the office of Worthy Director School Education Kashmir, Srinagar within seven days of the publication of this list. After the expiry of the said period no objection will be entertained.

Managing Committee HMHSSKreeri (Bla)

GDCW Kathua celebrated Van Mahotsav week under "Azadi ka Amrut Mahotsav"

Assurance Cell Quality (IQAC), NSS, Red Ribbon Club, NCC and Ek Bharat Shrestha Bharat Club of Govt. Degree College for Women Kathua is Celebrating Van Mahotsav week under "Azadi ka Amrut Mahotsav" from the 1st of July to the 7th of July 2022. In lieu of that a plantation drive was conducted in the campus on 5th July,2022 to instil the value of social responsibility in the students towards safeguarding trees forests and various activities. The NSS Volunteers, NCC Cadets and other students of the college planted the saplings and were motivated to plant more and more trees in their respective areas so that the environment can be saved



in future.Prof Ashwani Khajuria (In charge Principal), Prof Ravinder Kour (Coordinator IQAC), Dr Naresh Sharma, Dr. Arun Dev Singh (Programme Officer NSS), Dr. Vaishno Devi (ANO NCC Unit), Mr Roshan Lal Sharma participated in the drive and

planted the trees in the College Campus.Later in the day, An Intra-College Poster Making and Slogan Writing Competition on "Green Earth, clean Earth" was also organized by IQAC, NSS, RED- RIBBON CLUB, NCC and Ek Bharat Shrestha Bharat Club to

week under "Azadi ka Amrut Mahotsav" to promote environmental awareness. The NSS Volunteers, NCC Cadets and other students participated in the competitions. The winners were selected by the jury members: Prof Pankaj Nandan, Dr Babita Jamwal and Dr Naresh Sharma.Ms Radhika Mehra, Ms Shiwani and Ms Naina Rajput begged first, second and third position respectively in the Poster Making Competition. Ms Shabnam, Ms Neetu Devi and Ms Priya Arya begged first, second and third position respectively in the Slogan Writing Competition. Prof Ashwani Khajuria (In charge Principal) appreciated the students & faculty members for this initiative.

ADC Bhadarwah discusses Eid-Ul-Adha arrangements

Deputy Commissioner (ADC) Bhadarwah, Choudhary Dil Mir today discussed the arrangements for Eidul-Adda here at Dak Bunglow Bha-

ASP, Aftab Alam; Tehsildar Bhaderwah, Showkat Hayat; Tehsildar Bhalla, Manjeet Singh Katal; EO Municipal Committee Bhadarwah, Yousf-ul-Umar, AEE, JPDCL, K.C, Raina; TSO Bhadarwah Ab Gafoor; TSO, Bhalla Ab. Majeed and officers from other departments, representatives of Religious organisations Viz, Anjuman Islamia, Beopar Mandal, Fire and emergency department, An-



Traffic police Food and safety department attended the meeting.

Security and other arrangements like uninterrupted electric supply, water supply, availability of essential commodities viz. meat, chicken, vegetables, fruits, milk items on approved rates, cleanliness in the Town were discussed in the meeting. Tehsildar, live stock development officer, Food safety Officer, Executive Officer, MC, TSO were asked to keep check on the market rates and ensure availability of good quality food stuff on approved rates in the market.

OFFICE OF THE EXECUTIVE ENGINEER **PWD(R&B) DIVISION QAZIGUND**

NIT NO.36 OF R&B/QAZIGUND/2022-23 /E-TENDERING.3106-20 DATED:04-07-2022

For and on behalf of the Lt. Governor, Union Territory of J&K e-tenders are invited on percentage rate basis from approved and eligible Contractors registered with J&K U.T Govt., CPWD, Railway and other U.T / Central Government works for the following works:

| S. No | Name of Work | Estimated Cost (Rs in Lacs) | Cost of T/Doc. (in Rs) | Earnest Money (In Rs) | Time of Completion | Major Head of Account | AAA No. & Date | Class of Contractor |
|----------|---|-----------------------------|------------------------|-----------------------------|-----------------------|-----------------------------|--|-----------------------------------|
| 1. | Construction of Tiled lane from H/o Gulzar ahmad bhat to H/o Mohd Maqbool bhat ward no.08 at MC Devsar & construction of road by way of WBMG-II from link road towards H/o Jahangeer Ahmad Bhat via old masjid kral mohalla ward No.08 at MC Devsar | 2.45 | 200 | 4900 | 20 Days | IDMT | Accorded No.Mc/Dvr/2022- 23/41 of 2022 Dated: 16-6-2022 | DEE Class & MSME's |
| 2. | Construction of Tiled lane from Kilam link road to House of Fayaz Ahmad Wani and others W.No.09 MC Devsar | 1.96 | 200 | 3920 | 20 Days | IDMT | Accorded No.Mc/Dvr/2022- 23/41 of 2022 Dated: 16-6-2022 | DEE Class & MSME's |
| 3. | Construction of protection bund with tile lane near Ziyarat Sharief W.No. 06 MC Devsar . | 9.87 | 600 | 19740 | 30 Days | IDMT | Accorded No.Mc/Dvr/2022- 23/41 of 2022 Dated: 16-6-2022 | DEE , CEE Class & MSME's |
| 4. | Construction of Tiled Lane (Phase-II) from H/o of Abdul Majeed Sheikh towards Pumbay Link Road Zargar Mohalla ward No:11 at MC Devsar. | 2.97 | 200 | 5940 | 20 Days | IDMT | Accorded No.Mc/Dvr/2022- 23/41 of 2022 Dated: 16-6-2022 | DEE Class & MSME's |
| 5. | Construction of Tiled Lane from jamia Masjid Qasba Devsar toward pombay link road Via public School ward No.11 at MC Devsar. | 1.97 | 200 | 3940 | 20 Days | Budgetary Support | Accorded No.Mc/Dvr/2022- 23/42 of 2022 Dated: 16-6-2022 | DEE Class & MSME's |
| 6. | construction of Road from Nawa to Babapora including Yarhol including Zardipora Mondhol including Reshipora Mondhol Road(Balance Part). | 25.77 | 1100 | 51540 | 30 Days | District Sector | Accorded by DDC Kulgam vide order No.288/DCCK of 2020 Dt: 8-8-2020 | AEE,BEE Class & MSME's |

The NIT Consisting of qualifying information, eligibility criteria, specifications, Bill of quantities (B.O.Q), Set of terms- and conditions of contract and other details can be seen/downloaded from the departmental website

| www.jktenders.gov.in as per schedule of dates given below: | | | | | | | |
|--|--|--|------------|-------------|--|--|--|
| S. No. | Particulars | Dated | | | | | |
| 1 | Date of Issue of Tender Notice | | 04.07.2022 | | | | |
| | Period of Downloading of bidder | From | 07.07.2022 | (10:00 AM) | | | |
| | documents | То | 18.07.2022 | (04:00 PM) | | | |
| 3 | Bid submission Start Date | From | 07.07.2022 | (10:00AM) | | | |
| 4 | Bid Submission End Date | То | 18.07.2022 | (04: 00 PM) | | | |
| 5 | | | 19.07.2022 | (11:00 PM) | | | |
| | Date and time of opening of bid (online) | In the office of Executive Engineer PWD(R&B) Division QAZIGUND | | | | | |

Bids must be accompanied with cost of tender document in shape of Treasury Challan / Receipt(Under MH-0059 PWD) in favour of Executive Engineer R&F Division QAZIGUND [Tender Inviting Authority] (Name of Work to be mentioned on the Treasury Challan / Receipt)(Refer Govt. order No. O.M No. A/24 (2017) 651 Dt 07-06-2018 (The Date of Treasury Challan should be between the date of Start of Bid and Bid Submission End Date) and EMD (2% of advertised Cost) in the shape of CDR/FDR/BG pledged to Executive Engineer PWD(R&B) Division QAZIGUND (Tender receiving Authority).
3. All the Bidders have to submit Earnest Money/Bid Security (EMD@2% of Advertised Cost) in the shape of CDR/FDR/BG. Non submission of Earnest Money/

Bid Security shall render the bidder as No-responsive.

4. The 1st lowest responsive (Successful) Bidder has to produce an amount equal to 3% of contract as Performance Security in the shape of CDR/FDR/BG ir favour of Executive Engineer R&B Division Qazigund (Tender receiving authority) within 03 Days before fixation of Contract and shall be released after accessful completion of the Defect Liability Period (DLP) of the work which shall be reckoned from the date of completion of the work. Failure to producerformance Security shall render the L1 as non-responsive and case for debarring of the Contractor for entering in the tendering process for a period of 0

Year of the Division shall be recommended to Higher Authorities. 5.The Earnest Money Deposit (EMD@2% of Advertised Cost) in the shape of CDR/FDR/BG of the successful Bidder shall be released after receiving Perfor mance security @3% of the allotted cost in the shape of CDR/FDR/BG and same shall be released after successful completion of Defect Liability Period (DLP

6. The date and time of opening of Bid shall be notified on Web Site www.jktenders.gov.in and conveyed to the bidders automatically through e-mail message on their e-mail address. The bids of Responsive bidders shall be opened online on same Web Site in the office of Executive Engineer PWD(R&B) Division QA

7.The bids for the work shall remain valid for a period of 120 days from the date of Opening of Technical bids.

8.The Earnest Money/Performance Security shall be forfeited If:

a)Any bidder/tendrer withdraws his bid/tender during the period of bid validity or makes any modification in the terms and conditions of the bid.

b)Failure of successful bidder to furnish the required performance security within specified time period before issue of letter of indent.
c)Successful Bidder fails to execute the agreement within 07 days after fixation of contract.
d)If at any stage of work, the Bidder back up from the contract, again the Performance security/EMD as well as work done claim will be forfeited.

9.Instruction to bidders regarding e-tendering process. a.Bidders are advised to download bid submission manual from the "Downloads" option as well as from "Bidders Manual Kit" on website www.jktenders.gov

n to acquaint bid submission process b.To participate in bidding process, bidders have to get 'Digital Signature Certificate (DSC)' as per Information Technology Act-2000. Bidders can get digital certificate from any approved vendors.

c.The bidders have to submit their bids online in electronic format with digital Signature. No Financial bid will be accepted in physical form.

l.Bids will be opened online as per time schedule mentioned in Para-1. e.Bidders must ensure to upload scanned copy of all necessary documents with bid.

f. Furnishing of hard copies of bids immediately after submission of e-tenders is dispensed with the same should be obtained only from the bidder who is de

clared as L-1 after opening of financial bids.

Note: - Scan all the documents on 100 dpi with black and white option.

10. The department will not be responsible for delay in online submission due to any reasons.

11.Scanned copy of cost of tender document in the shape of Treasury Challan / Receipt in favour of Executive Engineer PWD(R&B) Division QAZIGUND (The Date of Treasury Challan should be between the date of Start of Bid and Bid Submission End Date) and EMD in the shape of CDR/FDR/BG pledged to Executive Engineer PWD(R&B) Division QAZIGUND must be uploaded with the documents of the bid. The Original Treasury Challan (Cost of Tender Document), EMD and other relevant bid documents shall be obtained from the lowest bidder before the fixation of the Contract.

12.Bidders are advised not to make any change in BOQ (Bill of Quantities) contents. In no case they should attempt to create similar BOQ manually. 13.Price escalation and taxes: The %age quoted by the bidder entirely in Indian Rupees, shall be deemed to include price escalation and all taxes up to comple

on of the work. Deduction on account of taxes shall be made from the bills of the contractor on gross amount of the bill as per the rates prevailing at the time 14.Bidders are advised to use "My Documents" area in their user on R&B e-Tendering portal to store such documents as are required

15.In case of CRF and other specified project, the relevant guideline/ standard bidding document shall be followed. DIPK-5500/22

Executive Engineer, **R&B Division QAZIGUND**

TAD launches free NEET/JEE coaching for tribal students Candidates qualifying NEET/JEE to get Rs 3-4 Lakh scholarship

SRINAGAR, JULY 5:The Tribal Affairs Department (TAD) has launched first of its kind initiative for coaching of meritorious and deserving tribal stu-dents preparing for National Eligibility cum Entrance Test (NEET)/JEE for undergraduate professional courses. The course fee will be sponsored by the department. Candidates qualifying the examination for selection in professional courses after coaching will also be provided scholar-

Lieutenant Governor, Sh Manoj Sinha had recently announced that the Jammu and Kashmir Government according top priority to education of tribal students is launching a number of

schemes aimed at providing and supporting their quality education. In line with schemes like Technology-Enabled Education Scheme, enhancement of diet charges and tuition rates in hostels the department has launched NEET coaching scheme with immediate effect.

Secretary, Tribal Affairs department, Dr Shahid Igbal Choudhary informed that in first year of the scheme 100 tribal students are being selected for NEET coaching in Government empanelled coaching institutes, under two different sub-schemes, "Host-50" for hostellers and "Top-50" for other tribal meritorious students. The schemes being implemented

through the Education wing of the Tribal Research Institute

The coaching fee for NEET at the select institutions will be sponsored by the department after verification of attendance and evaluation. Further, the candidates selected for courses MBBS. BVSc&AH. BDS, BAMS, BE, BTech and other professional courses of NEET shall be provided an annual scholarship of Rs 70,000-75,000/- totalling around 4.00 Lakh for various professional courses. Deputy Director (Adm), TRI J&K, Dr Abdul Khabir while giving the details of scheme informed that "Top-50" applicaunder tions have been invited from meritorious tribal

students and 50 students with highest marks, above 80% in Class-XII board examination will be selected for coaching while under the "Host-50" the students enrolled in hostels will be selected through a screen-

The department has notified 50% reservation for girl students under hostel category while 25% seats are reserved for girl students in Top-50 scheme for NEET. There is no income bar under the coaching scheme. The coaching will be offered at empanelled institutes at Jammu and Srinagar wherein coaching fee notified by the Government will be sponsored by the department for the selected

Infrastructure being developed in Gurez to be at par with other districts

BANDIPORA, JULY 05: The Additional District Development Commissioner Bandipora, Mo-hammad Ashraf Hakak inspected various ongoing works during his two days visit to Gurez Sub-division.The ADDC was accompanied by SDM Gurez Dr. Mudasir, Executive Engineer SSD Gurez, Farooq Ahmad, BDO concerned and DDC Tasleema Begum/BDC concerned

During the tour, the team visited KGBV Dawar coming up with a cost of Rs. 1.05 crore and is near completion. The executing agency was directed to complete it within a week. On completion the KGBV

will house the school meant for girl students and will also provide hostel facilities

The ADDC also visited WSS at Achoora coming up under JJM with an estimated cost of Rs. 122 lacs and will benefit the population of twin villages of Achoora and Chorwon. While inspecting WSS

Check Nallah Markoot coming up at a cost of Rs. 450.96 lacs, it was given out that its completion will augment the potable drinking water system at Sub-divisional Headquarter Dawar and will also provide drinking water facilities to Markoot and

During inspection of pace on work of Achoora Bye pass coming up at an estimated cost of Rs. 339.20 lacs, it was informed that the road will provide alternate road facility from

Dawar to Tulail. The ADDC also inspected the work on the Sub Centre at Markoot coming up at the cost of Rs. 33.90 lacs. While inspecting Kanzalwan - Bagtore PMGSY road coming up at a cost of Rs. 7.10 crore, it was informed that the work is in progress on the project. The ADDC issued directions for removing all bottlenecks to pave the way for its early completion. It was given out that black

till October 2022.

Hakak also took stock of various works carried under DDC/BDC/PRI grants and visited Panchayat Ghar Dawar, Panchayat Ghar Wanpora, Panchayat Ghar Markoot and construction of footpath at Achoora, Markoot, Wanpora, Izmarg, Bagtore, Tarbal and Kanzalwan.

During the visit, the interacted with DDC/BDC PRIs who called for construction of adequate accommodation on account of which they said they are facing immense hardship. They also asked for expediting the pace of development.

Arrangements for Eid-Ul-Adha reviewed at Ganderbal

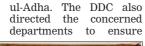
The Additional District Development Commissioner (ADDC) Ganderbal, Khurshid Ahmad Shah today chaired a meeting here to discuss the arrangements to be put in place for smooth celebration of the ensuing Eid-ul-Adha in the district.

Threadbare discussion was held regarding the arrangements to be put in place like security, transport, sanitation, uninterrupted water and power supply, availability of essential commodities, health and other related arrangements for smooth celebration of the festival. Regarding transport, the concerned was directed to manage and make ample transport facilities available on all routes of the district on religious eve so that the general public may not face any inconvenience.

Executive Officer, Municipal Council Ganderbal was directed to ensure proper sanitation around the mosques and Eidgahs in consultation with local

Chief Animal Hus-

bandry Officer, Ganderbal was directed to ensure the availability of poul-





days.

Similarly, District Officer, Sheep Husbandry Gander bal shall ensure availability of enough sacrificial animals at the identified places, and department shall facilitate the local breeders to provide live sheep to the general pub-

Moreover, the Health Department was directed to keep ambulances available along with medical and Para-medical staff at all religious places where main congregations are to be held on the eve of Eid-

uninterrupted power and

water supply on the festive

Regarding Market Checking, the ADDC said that the joint teams of Revenue/ Municipal Council/FCS& CA/Food Safety/Police/ Legal Metrology headed by Tehsildar concerned shall ensure that the sacrificial animals are sold as per the notified rates and whosoever is involved in charging exorbitant prices shall be booked. Moreover, it shall be

strictly ensured that availability of quality essential commodities like mutton chicken, vegetable, fruits bakery and confectionery etc. are available in the market at the notified rates and whosoever found indulging in any malpractice shall be strictly dealt with by law.

Among others the meeting was attended by ACR, Executive Engineers of various wings, Tehsildars and other district officers. Regarding Market Checking, the ADDC said that the joint teams of Revenue/ Municipal Council/FCS&-CA/Food Safety/Police/ Legal Metrology headed Tehsildar concerned shall ensure that the sacrificial animals are sold as per the notified rates and whosoever is involved in charging exorbitant prices shall be booked.

Moreover, it shall be strictly ensured that availability of quality essential commodities like mutton, chicken, vegetable, fruits, bakery and confectionery etc. are available in the market at the notified rates and whosoever found indulging.

Mission Director ICPS visits Bandipora; reviews functioning of ICPS, MSK, OSC

BANDIPORA, JULY 05: The Mission Director ICPS and Women Empowerment, Harvinder Kour today visited Bandipora and chaired a meeting of officials of ICPS, MSK and Women Welfare here.

Accompanied by other senior officers, she also took on spot assessment of the functioning of these offices.

The officials of respective units of ICPS and Women Empowerment apprised the chair in detail about the achievements made so far by the respective units besides the issues being faced by them.

Hailing the role of officials for making progress on women and child welfare in the district, she enjoined upon them to work in consonance with the guidelines so that better outcomes are delivered.

Impressing upon the stakeholders to work in synergy, the Mission Director assured every possible assistance for making all units effective, robust and vibrant.

The meeting was attended by District Child Protection Officer, Ubaid Ul Khazir and officials of District Child Protection Unit, Child Welfare Committee, Juvenile Justices Board,One Stop Centre for Women, Mahila Shakti Kendra, and other concerned.

Later, the MD visited OSC, CCI, and CBRC proposed sites, where she took stock of the ongoing developmental works with regards to infrastructure. Impressing upon the stakeholders to work in synergy, the Mission Director assured every possible assistance for making all units effective, robust and vibrant.

The meeting was attended by District Child Protection Officer, Ubaid Ul Khazir and officials of District Child Protection Unit, Child Welfare Committee, Juvenile Justices Board,One Stop Centre for Women, Mahila Shakti

D&FCO intensifies Market checking on eve of Eid-ul Adha

SRINAGAR, JULY 05: In view of the ensuing Eid ul Adha, the Food Safety wing of Drugs and Food Control Organization (D&FCO) has intensified market checking to prevent profiteering, black marketing, sale of meat, poultry and sacrificial animals in contravention of prices fixed by government.

Today, the inspections were carried out at Bemina, HMT, Zainakote, Qamarwari and adjoining areas. During the drive, many food manufacturing units were inspected and improvement notices are being issued to five among them. Some bakery, confectionary and mutton products processed under unhygienic conditions worth approximately Rs. 20,000/- were destroyed

The date of manufacture, use-by date, ingredients, nutritional information and temperature controlled system in the display panels were also checked. Food Business operators especially Bakers. Chicken sellers and Butchers were directed to maintain a high level of hygiene within their premises otherwise action under relevant provisions of Food Safety & Standards Act shall be initiated against them.

The drive shall continue during the days to come.

EPFO J&K, Ladakh to organize awareness/outreach programme on **06th July at Kupwara**

SRINAGAR, JULY 05: Employees' Provident Fund Organisation, (EPFO) Jammu & Kashmir and Ladakh under the guidance of Rizwan Uddin, Regional PF Commissioner—I, is organizing an awareness and outreach programme on 06th July, 2022 at 10:45 AM in Kupwara under the Aspirational District and Border Area District Outreach Initiative.

The programme is being held in coordination with the District Administration, Kupwara and departments including education, health, agriculture, forest, labour, fisheries, and horticulture among others would be participating in the event.

The focus of the programme would be on expanding the net of Social Security cover to the uncovered workers and labourers especially contract workers engaged with all the government departments, and creating awareness about the benefits available to the PF members under the EPF & MP Act, 1952 and schemes framed thereunder alongside sensitizing the Principal Employers about various services and facilities being

Veteran CPI(M) leader Ghulam Ahmad Ganie is no more

Farooq Rather

Srinagar,05-July: CPI(M) leader Mohamad Yousuf Tarigami on Tuesday paid revolutionary tributes to veteran CPI(M) leader Ghulam Ahmad Ganie of Sendo Achabal, Anantnag, who breathed his last in SKIMS Srinagar this morning. He was ill for some time and doctors in SKIMS did their best to treat him. In a statement, Tarigami said that the Ghulam Ahmad Ganie remained associated with the progressive movement since his college days and worked hard throughout his whole life in different capacities to serve the cause of the downtrodden. He remained steadfast and shared different responsibilities. He

was in the front row of the trade union movement. "During trying times and difficult situations he remained associated with CPI(M) and was presently assigned with the responsibility of District Secretary, Anantnag. Previously he was a member of the State Committee of CPI(M) also. His life remains a shining example for all of us. His untimely and unfortunate demise has sent shock waves around"

Pratik D Punjabi joins J&K **Bank as CFO**

bi has joined J&K Bank on 1st July as Chief Financial Officer (CFO) replacing Rajni Saraf, who superannuated on June 30. He was appointed as CFO by the Bank's Board of Directors on 10th June for a three year term.

As Chartered Accountant from ICAI and having worked at Kotak Mahindra Group, IDBI Bank, Bank of America and HSBC besides leadership role in First Abu Dhabi Bank and a top rated finance company in Oman, MUS-CAT Finance SAOG; Pratik D Punjabi brings a wealth of knowledge and rich experience to the CFO position in the Bank. With 22 years of professional experience in finance, he has functioned mainly with MNCs Banks with focus on contemporary finance that primarily includes Financial Control, Financial Compliance, MIS, Strategy, Business Finance, Branch Profitability Analysis, Setting-up systems, Process studies and evaluation of projects and viability studies. He has been in Finance-leadership roles for over 8 years. Notably, the Chief Financial Officer (CFO) is a c-suite executive responsible for managing the financial matters of a company and defined among Key Managerial Personnel



(KMPs) as per Section 2(51) of the Companies Act 2013. The appointment is in compliance to the regulatory requirements of RBI which prescribe that the CFO should be a qualified Chartered Accountant with professional experience of fifteen years in overseeing financial operations, preferably accounting and taxation matters, in banks/large corporates/ PSUs/ FIs/financial services organizations, of which 10 years should be in Banks/FIs (of which five years should be at senior management level).

Principal Commissioner DDA reviews implementation of 'Aspirational Districts' Programme, other Schemes at Baramulla BARAMULLA, JULY 04:

Principal Commissioner, Delhi Development Authority, Ministry of Housing and Urban Affairs, Rajeev Kumar Tiwari, who is also the Central Prabhari Officer for Aspirational District Baramulla, today visited the district to get first hand appraisal of development indicators and parameters identified under centrally sponsored 'Aspirational Districts' programme besides reviewing implementation of other schemes in the district.On the occasion, Commissioner Baramulla, Dr. Syed Sehrish Asgar briefed the Principal Commissioner about the district profile and the progress achieved under the parameters under Aspirational District Programme.While assessing performance of different departments, Rajeev Kumar Tiwari expressed satisfaction over the progress achieved so far and further issued instructions to DC to monitor all the developmental works and accomplish the pending task in a time bound

manner.He also congratulated district administration Baramulla for achieving milestones under Aspirational district Programme.On the occasion, Institutional deliveries, working of Health and wellness centers under Health and Nutrition in the district were thoroughly discussed with the chair.Under Agriculture and Water Resources, the concerned officer briefed the chair that the department is highly focused for Crop diversification for which Four High tech poly houses and Eighteen tubular poly houses have been put in place in order to Popularise agricultural practices of growing high yielding crops and Mixed cropping.It was also given out that Production of

fruits and other Horticultural produce in the district has increased to Five lac metric tons.Chief Education Officer Baramulla While briefing about Education Sector said transition rate has improved with minimal drop outs in the district. He added that Water facilities in schools has also been saturated in the district. Meanwhile, other parameters under various sectors were also comprehensively discussed by the concerned departments.After reviewing the progress of all the departments, Central Prabhari Officer laid specific emphasis on departments to work in a close coordination and synergy to remove all impediments in a time bound manner.

DDC Kupwara visits Duban, Chontiwari, Dudi in Machill near LoC Reviews developmental activities, resolves public issues

Asks people to revamp traditional sheep, animal husbandry for income generation

Dr Abdul Qayoom

MACHILL, JULY 5: District Development Commissioner (DDC) Kupwara, Khalid Jahangir to day visited border areas of Machill block including Duban, Chontiwari and Dudi situated near LoC and took stock of various ongoing developmental works and resolved public issues

On arrival, the DDC convened a joint meeting of officers and PRIs at Mini Secretariat Machill to review the issues pertaining to Roads, Power, Water and other essential services

BDC Chairperson Machill, SE PHE, CEO, CAHO, DFO Kamraj, Executive Engineers of R&B, PMGSY, PHE and PDD, Other District and Block Level officers, besides, PRIs and a large

number of people participated in the meeting. The District Development Commissioner directed all the officers/ officials functioning in Machil Block to work with zeal and dedication to provide requisite services as well as give impetus to developmental activities in the hard to reach area of district Kupwara. He called upon them to utilize limited working season in the best possible manner, so that some change to lives of people living in the far flung area is ensured. During the meeting the DDC impressed upon the officers to lay special emphasis on income generation and skill development in the area, so that youth of the area can be engaged in self employment activities for living a dignified life.

Regarding water harvesting, the DDC directed the BDO to speed up the process of estimation and ensure completion of the works within the given time frame adding that conservation of waterbodies is the national priority which needs special attention. The DDC was informed that certain eligible PMAY beneficiaries have not been geo-tagged for which BDO was directed to send a detailed report through ACD Kupwara The issue of pending payments under material component was also raised by the PRIs.

Regarding road connectivity, the DDC direct ed OC BEACON to prioritize the macadamization work of all roads under their jurisdiction in the Machill area and undertake repairs of BT on damaged stretches from Khumriyal to Machill on He also directed Executive Engineer R&B to take up execution of Poshwari Road under



all habitations in the hilly terrain. He was also directed to prepare DPRs for upgradation of existing roads for providing dependable connectivity to people living in remote areas on LoC.

Regarding water supply, the DDC was informed that a project of Rs.96 lakh have already been taken up under Jal Jeevan Mission to cover

pipes are being installed on remaining 7 kilometers to connect the area with piped drinking water supply. The DDC directed to speed up the pace of work and ensure completion of the project by

The DDC further directed the concerned officers to frame the Panchavat Samiti in every panchayat for maintenance and upkeep of the water supply post installation work in the area. He directed them for proper sensitization of the PRIs regarding the same

The issue of pending installation of solar lights was raised for which, the DDC directed the concerned officers to ensure installation of solar lights in all panchayats within the current year.

The DDC also directed CAHO to depute a team alongwith Vetinary specialist for vaccination and dosing of the cattle under AI Programme in Machil block in a mission mode.

Referring to employment avenues in dairy sector, the DDC said that Bulk Milk coolers can be established by the local unemployed youth jointly for storing and marketing of the milk. He said fodder cultivation is also a lucrative opportunity to be harnessed by the youth for income Reviewing vegetable production, the DDC directed the Agriculture Department for distribution of 4 to 5 polyhouses in each village to increase the vegetable production in the area which will cater the local requirements. He also directed CAO to provide 20 brush cutters to Machill, Poshwari and Chontiwari villages which will facilitate the farmers.

He emphasized the need for developing walnut and other climate friendly fruit nurseries in the area for which he directed the Horticulture department for handholding of the prospective

Regarding Vermi Compost unit, the DDC directed the concerned department to submit estimates within 5 days for development of Vermi Compost units in Machill, Poshwari and Chontiwari panchayats under MGNREGA and SBM schemes

The DDC said that the Machill area has a good scope for Sheep production for which he directed the concerned officer to ensure establishment of 100 sheep units under PMEGP within the current

Regarding CSC, the DDC was informed that work is in progress to cover up all 13989 eligible beneficiaries under Golden Cards in the area. He directed the Tehsildar, BDO and BMO to mobilize the pending target population for their cent percent coverage in next one month.

DR.AB QAYOOM

Kupwara, Jul, 05: A mega



reaches out to Zero line of LoC Farmers.



yielding protein disease and cli-mate resilient wheat and Pulses seed distribution programme was held in many LoC villages of Tangdar, Teetwal and Karnah area of border Kupwara.The programme was conducted jointly by Director Extension and National Seed Project officers (NSP)along with Senior scientists of Krishi Vigyan Kendra Kupwara and

other line departments.
Prof Dil Mohammad Makdoomi, Director Extension SKUAST-K along with Nodel officer of National Seed Project officer (NSP) Professor Mohd

tists of NSP Dr.Gowar Ali,Dr.Aflaq Hameed,Dr. Firdous Ahmad Raina (KVK Kupwara) and officers of line department played important role in conducting the programme in LoC area. The arrangments were made jointly by local Agriculture ment, staff of Krishi Vigyan Kendra Kup-wara and NSP Scientists Skuastkashmir

The main two events were conducted in Govt High School Chamkote and Drangla Agriculture Guest house near LoC. where more than 300 besides,BDC chairperson Nishata je

local sarpanchs, School staff ,Students ,Ghram pradans ,panches of the area participated. In both events varieties of 25 quintal of a weat and 3quintal of pluses(Rajmash)were distributed free among the farmers. Mohammad Makdoomi , Director Extension SKUAST-K addresses the farmers and apprised them about need to go for speciality agri-culture and improved agriculture techniques for making farmers of this far-flung area self reliant. He cited the role of scientists of KVK Kupwara and NSP and promised the audience that University shall continue to help the poor farmers of the area and shall send students of the universi-ty on roll for internship and externe training programmes to different frontier villages to study the hardships faced by such people and explore possible remedial measures. Nodel officer of national seed project officer (NSP) Professor Mohd Ashraf Bhat explained to the farmers the very essence of starting cultivation of early maturing varieties of wheat, Maiz and Pulses. He briefed the farmers details of the Package of practice given by the seed production division of the university. On this occasion the team of senior scientists belongs to KVK Kup-wara headed by Dr.Ka-sir Mohiuddin also conducted an awareness programme in said area and thanked the audi-

Committee, managing affairs of Khiram Shrine in Bijbehara, dissolved

SDM Bijbehara to look after management of Shrine, operation of all bank accounts

Srinagar, Jul 05 (KNO): Government on Tuesday dissolved the management committee of Ziarat Sharief Hazratbal Khiram in Bijbehara area of Anantnag district, while SDM Bijbehara has been asked to look after the management of the Ziarat. According to an order, a copy of which lies with the news agency—Kashmir Observer (KNO) a committee was constituted for the management of affairs of Ziarat Sharief Hazratbal Khiram, and allegations have been raised over the continuous tenure of the committee constituted by the local residents of the area The order stated that there was a demand for fresh elections to be conducted for selection

of a new committee, which will run the affairs of the shrine and SDM Bijbehara submitted a detailed report, recommending therein that the elections must be conducted for nominating fresh committee for fixed tenure. It stated that SDM had also recommended for a detailed enquiry into the affairs of the shrine. "Deputy Commissioner Anantnag had constituted a committee under the chairmanship of SDM Bijbehara for examining the accounts of the shrine and the Committee Constituted by DC Anantnag in its report, besides, other recommendations has also recommended immediate conduct of elections for the selection of the committee for running the affairs of the shrine.

It stated that the Waqf Act 2001 has been repealed and Central Waqf Act 1995 has been made applicable to Union territory of J&K and the affairs of the Waqf are to be managed by the Board, while the committee constituted earlier has now no role to manage the affairs of the Augaf. "In view of the above, the Committee constituted vide Government Order No 118/Rev (Haj and Augaf) of 2015 dated 10.08.2015 is hereby dissolved with immediate effect and SDM Bijbehara shall look after the management of the Ziarat Sharief Hazratbal Khiram including operation of all bank accounts of the shrine till the formal arrangement is made by the J&K Waqf Board." it added—

Director FCS&CA reviews stock, supply position of ration, essential commodities at Kupwara



SKUPWARA, JULY 5: Director Food, Civil Supplies & Consumer Affairs (FCS&CA), Kashmir, Dr. Abdul Salam Mir today convened a meeting of concerned officers, here to review the stock and supply position of ration and essential commodities in Kupwara district.

During the meeting, the Director was informed that sufficient stock of ration and essential commodities is available in the district including border areas of Karnah, Ker-

an and Machill.
In view of upcoming
Eid-ul-Adha festival, the director stressed upon the officers to intensifiy market checking drives against black marketing and profiteering by unscrupulous shopkeepers

also took a detailed review of over all functioning of the department. He directed the officers for reverification of AAY and PHH beneficiaries for 100% implementation of supply chain system.

He also impressed them to ensure cent percent distribution of ration through PoS.

Assistant Director FCS&CA Kupwara, Wali Mohammad; Tehsil Supply Officers and other concerned attended the

SKUAST-K organises Awareness programme for Fishermen Community at Bandpora

University of Agriculture Sciences and Technology Kashmir (SKUAST-K) in collaboration with Science Technology and Innovation Council, Science and Technology Department J&K Government on Tuesday organised awareness cum inaugural programme on Dried Fish and Food Security- Livelihood Enhancement for Women of Fishermen Community at Laharwalpora, here.

The programme was aimed to create awareness among the fishermen regarding scientific fish drying to enhance the livelihood opportunities of the fishermen community.

During the programme, a hybrid solar electric dryer was also inaugurated and dedicated to the fishermen community of Laharwarpora



The dryer was inaugurated by acting Vice Chancellor SKUAST-K, Prof. (Dr) M.A. Siddiqui in presence of Director research SKUAST-K, Prof. (Dr) Sarfaraz A. Wani, AdAhmad Sofi, Assistant Director Fisheries Showkat A. Bhat, Head division of Social Sciences, Prof. (Dr) Bilal A. Bhat, Head division of AEM, Prof. (Dr) Adnan Abubakr, Head division of FRM, Dr. T.H. Shah, senior scientist/ coordinator of the programme, Dr. Rizwana Malik and PC KVK, Dr. Tariq Malik.

Speaking on the occasion, the ADC Bandipora Waseem Raja said that the District Administration is committed to uplift the fishermen community through various schemes. He said the Administration has taken up steps to boost all sections involved in economic output.

He also urged the youth to come forward and take benefits of Government schemes.

The programme was attended by more than 200 fishermen of Laharwalpora Village.

Surprise market checking conducted in Kulgam

Farooq Rather

Kulgam,, O5-July:On the velopment Commissioner Kulgam, Dr.Bilal Mohi-Ud-Din Bhat, Assistant Director FCS along with Authori enforcement ty conducted a surprise market checking in the main market of Kulgam and its adjacent areas. AD Kulgam carried intensive market checking at main town Kulgam. During the course of checking fine was recovered from erring shopkeepers and Expire items were also destroyed.

The checking was aimed to ensure quality, to curb black marketing, profiteering of essential commodities, to keep vigil on erring shopkeepers. AD Kulgam, Manzoor Ahmad told that during the course of checking an amount of rupees ten thousand seven dred were fined from shopkeepers erring whereas expire items were also destroyed. "New rate list has been distributed and accordingly traders have been requested to display rate lists at their respective shops," he said.

Comm Secy Floriculture inaugurates Club Park at Gulmarg

GULMARG, JULY 05: In order to boost tourist flow in the famous tourist resort Gulmarg, Commissioner Secretary, Floriculture, Parks and Gardens , Sheikh Fayaz Ahmad today inaugurated Club Park here. The park has been developed at an estimated cost of Rs 40 Lakhs.After inaugurating the Park, the Commissioner Secretary also took a brief appraisal of various facilities available for the tourists at the famous tourist spot wherein he directed the officers to ensure that the tourists are provided best facilitiesOn the occasion, the Commissioner Secretary also said that government is keen to provide each and every facility to the people, so that they get all the amusement at their doorsteps.

Seminar on 'Drug Free Baramulla' organized at GDC Bla

Success comes to those who tend to be good Humans in their lives: Dr Sehrish

BARAMULLA, 05: In view of growing menace of drugs and to spread awareness among the students about ill effects of substance abuse, the District Administration in collaboration with Police Drug de-addiction center Baramulla, Municipal Council Baramulla and Global Youth Foundation today organized a Seminar on 'Drug Free Baramulla' at Govern-Degree (GDC) Baramulla.A large number of students and teachers participated in

ence for participating.

Local farmers lauded the

role of SKUAST-K to con-

duct such Programes in

LoC areas of Kupwara

Deputy Commissioner Baramulla, Dr Syed Sehrish Asgar presided the seminar as chief guest while as Senior Superintendent of Police, Rayees Mohammad Bhat was the special guest on the occasion. President Municipal Council Baramulla, Touseef Raina was also present on the occasion.

the seminar.

The main aim of the Drugs and other narcotics



awareness among the students and people about the drug addiction with the sole objective to eradicate the drug menace

from the district. Students from different schools participated in the Seminar and briefly threw light on the methods of de-addiction, caus-

es and effects. Speaking on the occasion, the DC said that the cultivation and related activities are dangerous for the entire society, particularly for the younger

She stressed on creating more awareness so that the drug menace is eradicated completely from the society and a message be conveyed to people that drug use is not only banned by the law, but negated by society and religion too. The DC said that self introspection is a must for all in order to stay away from such evils and ill habits that lead to

She asserted that youth should not groom themselves with gender bias which leads to sketching of abuses. She further reiterated that Success comes to those who tend be good humans in their lives.

SSP Baramulla in his address deliberated upon the importance of awareness vis-à-vis drug abuse and the possible remedies

The representatives of Global Youth Foundation also spoke on the occasion and threw light on ill effects of drugs in society and stressed upon the civil society among religious preachers, teachers and students to come forward to highlight the causes and consequences of drug

PSAJK expresses condolence with broadcaster Magsood Ahemad, Senior **Journalist Abid Wani and Mufti Azhari**

Srinagar//5th JulyPrivate Schools' Association J&K has expressed deep condolence and sympathy with renowned broadcaster Magsood Ahemad, Head of famous program Sheharbeen, on the demise of his mother. In his condolence message, PSAJK president G. N. Var expressed solidarity with the bereaved family especially Mr Magsood Ahemad on this occasion of great loss. He prayed to Almighty to grant the departed soul with highest place in Jannah and give courage to the bereaved family to bear this irreparable loss. Meanwhile, PSAJK president Mr G N Var has expressed condolence with senior journalist Abid Wani on the demise of his mother and renowned scholar and HOD Arabic Kashmir University Mufti Abdul Gani Azhari on the sad demise of his spouse. In a condolence meeting held at PSAJK office, it was prayed to Almighty to bless the departed souls in Jannah and give courage to the grief stricken family to bear the losses

Six Cases cleared for conversion of Agricultural land for non-agricultural purposes at Kulgam

Farooq Rather



KULGAM, JULY 05: A meeting of the District Level Committee on change of land use met today here under the chairmanship of the Deputy (DC) Commissioner Kulgam, Dr.Bilal Mohi-Ud-Din Bhat to discuss and approve the cases received online from the applicants for change in land use. The meeting after a threadbare discussion approved 06 cases of conversion of agricultural land to non agricultural purposes. Addressing the meeting, the DC directed concerned members to ensure timely issuance of NOCs to the applicants after proper verification of documents and rules under land conversion so the cases can be approved/cleared within a set timeline. The meeting was attended by ACR, Executive Engineers from PHE and PDD, CAO, CHO, Tehsildars and other officials.

Class 12 students who qualified examination wait for the admission notification

Srinagar, July 5, KNT: The class 12th students who qualified the examination in February this year are finding it hard to get admission in different educational institutions as no admission notification have been made public so for. The Jammu Kashmir Board of School Education in February declared the results of class 12 regular students. A large number of students qualified the said examination. However, after the result, no admission notification has been made public as a result these students still wait for the admission. "We have lost precious 4 months waiting for the admission notification but till date that has not happened," a couple of students said.

EOW produces charge sheet against Delhi trio for cheating Srinagar lady

Economic Offence Wing, Branch Kashmir procharge sheet against 3 non-locals for cheating a woman from Kashmir capital Srinagar. The charge sheet was produced against Santosh Kumar Bhagat son of Sukhdev Bhagat of Gaushala

Kishangarh New Delhi, Lakhin Lal Ahirivar son of Ram Swaroop of Kishangarh New Delhi and Benadict Silvester son of Lawrance Desousa R/O Chatterpur Extention New Delhi before the Court of Sub Judge Special Mobile Magistrate Finance Srinagar. The spokesperson of the Economic Offence Wing as per news agency Kashmir News Trust said that it received a complaint from a Srinagar lady which inter alia reveals that the complainant received a phone call from an unknown company claiming to be from IGMs, informing her that she has won a prize of 7 lacs in a contest and in

money, she was asked to deposit an amount of Rs 3000 as registration fee. She deposited and continued depositing more and more money on the advice of the caller in the bank account maintained in the name of Non-Stop Deals in order to get the prize money but later on it was not provided to her. The verification conducted in the matter revealed that the contents of the complainant are correct. The complainant was cheated and her hard-earned money was grabbed by a deceitful and fraudulent manner It also came to the fore that the bank account number, in which the complainant deposited the money exists in the name of Non-Stop Deals In, operated by one of the accused Santosh Kumar Bhagat. The aforesaid act of Omission & Commission on the part of the alleged accused, prima-facie discloses the

punishable U/S 420 RPC r/w section 66-D IT Act. Accordingly, the instant case is registered and investigation During investigation, it was found that the phone number which was linked with the alleged account numbers was allotted to accused subscriber Lakhin Lal Ahirvar. The said subscriber Lakhin Lal Aharvir was also working in M/S Non Stop Deals In. The investigation conducted further revealed that the mastermind of the accused person Bandit Silvester is operating multiple account numbers at various Bank branches at Delhi and some account numbers are registered in the name of various companies. In view of the evidence collected during investigation, the offences U/S 420, 120-B, 201 RPC r/w 66-D IT have been found established against all the three accused. (KNT)

Chief Secretary approves implementation of Crop Insurance Schemes in J&K



SRINAGAR, JULY 5: Chief Secretary, Dr Arun Kumar Mehta today convened a meeting of State Level Coordination Committee on Crop Insurance (SLCC-CI) for the implementation of Pradhan Mantri Fasal Bima Yojana (PMFBY) and Restructured Weather Based Crop Insurance Scheme (RWBCIS) in Jammu and Kashmir.

The Chief Secretary while chairing SL CCCI meeting approved the implementation of Crop Insurance Schemes viz PMFBY and RWBCIS in the UT of JK.

The committee also approved the modus operandi to be adopted for the successful implementation of these Schemes in the J&K.

The Scheme would cover Paddy, Maize,

Oilseeds, Wheat, Apple, Saffron, Mango and Litchi crops.

Dr Mehta emphasized the need for providing insurance cover to the farmers against crop loss due to various weather vagaries. Additional Chief Secretary Agriculture Production Department, Atal Dulloo; Additional Chief Secretary Finance Department, Vivek Bhardwaj; Financial Commissioner Revenue, Shaleen Kabra; Secretary Cooperatives, Yasha Mudgal; Secretary Planning Development and Monitoring, Director Agriculture Kashmir/ Jammu, Director Horticulture Kashmir, representatives of J&K Bank and other concerned attended the meeting in person and via

video conferencing.

RADICCHIO - NUTRITION, HEALTH BENEFITS, AND RECIPES

reduces hunger. It is also low in calories,

low sodium, fat-free and cholesterol-

free. Fibre and antioxidants also help

improve bowel movement and metabo-

Radicchio has several benefits credit-

ed to its high concentration of essential

nutrients. Another benefit is its anti-can-

cer properties. According to research,

vitamin C has consistently inhibited the

growth of cancer cells in the oesopha-

gus, larynx, pancreas and oral cavity.

The antioxidant content in radicchio

may also help the body fight diseases

and prevent metastasis or recurrence

Vitamin K is essential for the nervous

system. In addition, several vitamin

K-dependent hemostatic proteins are

vital for the brain and aid brain function.

ticipates in synthesising sphingolipids,

a class of lipids that regulate major cel-

lular processes such as apoptosis, pro-

In recent years, a change in the

number of sphingolipids has resulted

from cognitive decline and neurodi-

vergent diseases. As a result, vitamin K

improves psychomotor behaviour and

cognition and may prevent cognitive

decline, especially in older adults with

Radicchio is also rich in folate, potas-

histopathological markers in patients

Folate is vital for the creation of

Folate deficiency is known to accom-

pany depression and cognitive decline.

According to studies, folate intake helps

reduce mental fatigue, depression,

Radicchio is excellent for your skin.

It has a reasonable amount of vitamins

collagen synthesis and makes the skin

look vounger. Studies have also found

that vitamins B and C could benefit the

physiological wound healing process.

it helps maintain skin elasticity, reduc-

ing the appearance of fine lines and

Radicchio is a healthy addition to

The HealthifyMe Note

Vitamin K helps protect collagen in

dementia, Alzheimer's etc.

Healthy for the Skin

According to research, vitamin K par-

of cancer in several instances.

Improves Cognitive Health

liferation, and senescence.

Alzheimer's.

with Alzheimer's.

weight healthily.

Anti-Cancer

PARUL DUBE

adicchio is a leaf vegetable with vibrant reddish-purple leaves and white veins. The vegetable is often mistaken for red cabbage but is a form of leaf chicory. It is a perennial plant that grows in Italy and parts of America, with California being the highest producer. It is also known as Italian chicory because of its extensive use in Italian cuisine. According to "Naturalis Historia", radicchio was used as a blood purifier and aid for insomnia in the Roman era. That is because radicchio has Intybin, a type of analgesic/ sedative.

The modern form of radicchio with its deep-red colour was engineered in 1860 in the Veneto region of Italy by Francesco Van den Borre, a Belgian agronomist. To create the dark red leaves with vivid white veins, he used Imbianchimento (whitening). The process involves keeping a plant in water, in dark places where the lack of light inhibits the formation of chlorophyll. The loss of chlorophyll causes loss of their green pigmentation.

Radicchio has numerous health benefits. It is full of vitamins, minerals and nutrients. In addition, it is rich in antioxidants, has anti-parasitic properties, good for the heart and is also known to fight the growth of cancer cells.

Different varieties of radicchio are named after the Italian regions where they originate. Chioggia, the most common variety, is shaped like a head, while treviso is a type that has an elongated structure. Treviso has a crunchy and distinctive bitter taste. Another variety of radicchio called the Castelfranco is light green with deep red speckles. It has a sweeter flavour than other varieties. It is eaten, tossed with olive oil, and mixed into dishes, often used as a coffee

Nutritional Value of Radicchio

As per USDA data, 100 grams of radicchio serving contains:

Energy: 23 kcal Water: 93.1 g Fat: 0.25 g Protein: 1.43 g Carbohydrate: 4.48 g Fibre: 0.9 g Sugars: 0.6 g Calcium: 19 mg Magnesium: 13 mg The HealthifyMe Note

Radicchio has a rich nutritional profile with abundant minerals and vitamins. Like several vegetables, it has minimal calories and a trace amount of carbohydrates. Various vitamins like vitamins A, C, K and E benefit overall health. In addition, the minerals in the vegetable make it healthy for the heart and skin.

Health Benefits of Radicchio Promotes Healthy Bones

Radicchio is an excellent source of vitamin K. One hundred grams of the ation of many bone-related proteins. These proteins regulate the genetic transcription of osteoblastic markers and regulate bone reabsorption. Furthermore, research proves that vitamin K and calcium work synergistically on bone density.

Research shows vitamin K increases the bone mineral density in osteoporotic people and reduces fracture rates. As per studies, low levels of vitamin K impair osteocalcin activation and decrease osteoblasts' activity

Rich in Antioxidants Radicchio is rich in antioxidants.



The rich purple colour of the vegeta- which adds bulk to your diet. It helps ble comes from antioxidants called anthocyanins. According to research, anthocyanins can protect the body from many diseases. For example, it helps reduce cancer cell proliferation and inhibit tumour formation. In addition. they are instrumental in protecting your body against free radicals and thus are responsible for disease prevention.

Anthocyanins are also beneficial for intestinal health. Interestingly, the red parts of the leaf have more anthocyanin content than the rest of the leaf.

Reduces Blood Sugar

Radicchio, like chicory, contains inulin which is good for regulating blood sugar levels. It is also rich in fibre and has a low glycemic index. That makes it excellent for patients with diabetes. According to a study, chicory root extract could delay the early onset of diabetes. Similarly, the inulin in radicchio makes it beneficial for diabetes

Vitamin K in radicchio shows improvements in insulin sensitivity of the body. It allows the body to use glucose more effectively, decreasing blood sugar. Several studies show that vitamin K improves insulin sensitivity in men

Aids Cardiovascular System

Radicchio has a significant amount of vitamin C and vitamin E. The benefits of vitamin C for good health are no secret. There is enough evidence proving vitamin C benefits in preventing the risks of cardiovascular diseases.

Studies suggest that vitamin C prevents apoptosis of vascular smooth muscle cells, which helps keep plagues more stable if atherosclerosis has developed. Consuming vitamin E-rich foods decrease the risk of coronary heart diseases. Research associates its benefits with middle-aged to older people.

The vitamin K-rich composition of radicchio makes it a blood coagulant. DNA and RNA, and neurotransmitters. It helps in making four of the thirteen proteins required for blood clotting. Thus it prevents excessive bleeding. In addition, vitamin K is responsible for regulating blood calcium levels. It is instrumental in producing Matrix Gla Proteins (MGP), which prevent vegetable offers 255 µg of vitamin K. calcification or hardening of arteries. Vitamin K is a great vitamin for bone Therefore it reduces the risks of heart health as it is involved in the carboxyl- attacks caused by mineral build-up in the arteries.

> Vitamin K also helps regulate blood pressure. It also helps reduce the risk of coronary heart disease or increases the mortality rate for coronary heart disease.

> The anthocyanin content in radicchio is also beneficial for the heart. It has antiinflammatory effects and protects the body against free radicals causing cardiovascular diseases. Radicchio also has other polyphenolic compounds like luteolin, proven to improve circulation and prevent blood clots.

Aids Weight Loss Radicchio is rich in dietary fibre, calories, sodium, fat-free and cholesterol-free. Its rich purple colour results from anthocyanins known for their benefits, including anti-inflammatory, anti-cancer and anti-diabetic effects. **Best Ways to Add Radicchio to Your** Diet

source of dietary fibre, and rich in vita-

min K, zinc and copper. It is also low in

Radicchio is known for its crisp texture and bitter flavour. It is versatile when it comes to the flavour profile. It is used a lot in Italian and Mediterranean

You can consume it raw, roasted or grilled. you feel fuller for longer and hence,

Add it to your salad to take advantage of its crunchy texture, colour and utrient profile Grill and serve as a side dish.

You can use it to hold tuna, chicken lism and prevent bloating. Therefore it is or seafood. an excellent addition to your diet to lose You can add it to your soup, pasta,

> legumes, tofu etc. The roots of radicchio can substitute coffee, much like any other chicory.

The correct way to cut radicchio depends on your recipe, but it usually involves removing the stem. Start by removing any wilted leaves.

Cut the radicchio in half such that the stem is sliced lengthwise. Remove the stem by cutting a V across the stem.

Once the stem is removed, you can cut it into quarters, separate the leaves or cut it into thin slices as per your requirement.

To reduce the bitterness, you can soak the pieces in water for about ten minutes. Cooking also reduces bitterness, using opposite flavours in pairs like salty or tangy to balance the bitter.

Precautions Allergies

It is possible to have an allergic reaction to radicchio. Therefore, if you experience swelling, shortness of breath, nausea, or itching after consuming radicchio, you should avoid its consumption and consult a doctor

Moderate Consumption

Consuming anything in excess is detrimental to health. For example, sium and antioxidants. Potassium is radicchio is rich in inulin, which in responsible for relaying signals from the excess might cause stomach crampbrain to every other body part. In a study, ing, flatulence, constipation, diarrhoea increased potassium intake improves and other digestive distress. cognitive brain function and attenuates

Drug Interactions

According to research, antiepileptic drugs can interact with folate and Vitamin B12 in radicchio. Studies also show that if you are taking blood thinners warfarin, you should avoid Vitamin K-rich foods since it might worsen coronary artery calcification. Talk to your doctor beforehand about possible drug interactions.

Summarv

Radicchio is beautiful, flavourful and B. C. and K. Vitamin B as an antioxidant nutrient-dense, which makes it an allhelps promote skin cell turnover while rounder. The beautiful red-purple of radicchio can add colour to your dishes ing to research, vitamin C helps boost alongside various health benefits. It is a good source of Vitamin K, fibre, potassium and other trace minerals. It is also rich in antioxidants like anthocyanin, responsible for its vivid hue. Benefits of Radicchio include but are not limthe body. Studies also emphasise the ited to weight loss, improved cognitive anti-ageing benefits of vitamin K since health, decreasing blood sugar, inhibiting cancer cells, boosting skin collagen, promoting healthy bones etc.

Its bitter and spicy flavour and crunchy texture make it perfect for salad. However, it is used in innumer-

HEALTHY RECIPES USING RADICCHIO

ORANGE RADICCHIO SALAD Servings: 4

Preparation Time: 10 minutes Ingredients Radicchio: 1 head Olive oil: 1 tbsp Red wine vinegar: 1 tsp Navel Orange: 1 large Salt: ½ tsp Pepper: 1/4 tsp

Large green olives: 12 Basil leaves: 10-12 Method Heat olive oil in a pan. Saute

chopped radicchio with vinegar, salt and pepper. Squeeze orange juice over

the peel, cut oranges into little slices, and add them to the salad. Add the olives and basil leaves and toss the salad. Adjust salt and pepper to taste.

the salad. Remove the rest of

WARM ROASTED RADICCHIO AND SHRIMP SALAD WITH WARM BACON VINAIGRETTE

Servings: 4 Preparation Time: 20 minutes Cooking Time: 42 minutes

Ingredients Radicchio: 2 small heads Extra virgin olive oil: 1/4 cup

Balsamic vinegar: 3 tbsp Kosher salt: As per taste Freshly ground pepper: As

Medium shrimp: 1 pound Bacon: 3 strips Dijon mustard: 1 tsp Maple syrup: 2 tsp Cherry tomatoes: 1 cup Finely chopped parsley: 2

Preheat the oven to 425°F. Prepare the radicchio by removing wilted leaves and cutting them into four wedges. Leave the root intact. Toss the wedges with olive oil, ¼ tsp kosher salt, 1 tbsp balsamic vinegar and pepper. Let them marinate in a casserole while the oven preheats.

To prepare the shrimp, toss it in 1 tbsp olive oil, ¼ tsp kosher salt and pepper and arrange it on a separate casserole since the shrimp and radicchio have different cooking times.

Roast the radicchio and shrimp. The radicchio is roasted for about 15-18 minutes till the leaves start wilting and becoming crisp around the edges. Put the shrimp in the oven and cook for 3-5 minutes. Remove both from the oven and place them on a cutting board. Chop into bite-sized pieces and combine.

Prepare your bacon vinaigrette by cooking the bacon in 1 tbsp of olive oil over moderate heat till it gets crispy and starts to render its fat. Add shallots and cook till they soften. Remove it from heat and add 2 tbsp balsamic vinegar, mustard, maple syrup and cherry tomatoes.

Now toss the bacon vinaigrette with radicchio and shrimp. Garnish with fresh

able sweet and savoury dishes as well. You can add it to anything from soup, lentils, and pasta to cakes and mocktails. Radicchio root also works as a coffee substitute

COURTESY: HEALTHIFYME

RECIPE

SPROUTS SALAD

"When it comes to shedding pounds, enhancing your nutrition, or just leading a healthier lifestyle, salads can be your best friend. Salads, which are best if you trying to lose some weight, can turn calori



dense if added with dressing or toppings. But if you choose wisely, you might be able to prepare a nutritious salad that is also tasty.

Sprouts are a wonderful food with a lot of nutrients. Grains or legume seeds are germinated to produce this superfood. Sprouts are beneficial for overall health and necessary for full growth because of their high protein, calcium, fibre, vitamin, mineral, and enzyme content.

Therefore, you can try this sprouts salad to make a nutrient-dense dinner." **PREP TIME**

5 mins Salad **SERVINGS**

CALORIES

INGREDIENTS

3/4 cup boiled mixed sprouts (kabuli chana, moong, rajma,matki etc.)

2 tbsp chopped coriander

1/4 cup grated radish (mooli)

1/4 cup chopped tomatoes 1/4 cup finely chopped

Fenugreek (methi) leaves

Salt to taste

1 tsp oil

1 green chilli, slit A pinch of asafoetida (hing)

INSTRUCTIONS

Mix 3/4 cup of mixed sprouts (kabuli chana, moong, rajma, matki etc. with some chopped cori-

1/4 cup grated mooli (radish), 1/4 cup tomatoes, 1/4 cup chopped finely, leaves of fenugreek (methi), to taste, salt 1 green chilli, 1 teaspoon oil and a pinch of asafoetida (hing). Combine thoroughly.

Indulge in the delicious and nutritious snack.

GAUCAMOLE

Despite the fact that avocados are becoming more widely available in India, many people are hesitant to buy them because they are unsure



how to prepare them. This Guacamole recipe is a simple salad made with avocados that is nutritious and quick to prepare. The avocados provide the majority of the health benefits, but the other ingredients also contribute to the nutritional value, making it a complete and healthy recipe.

COURSE Salad **SERVINGS**

1 tbsp **CALORIES**

11.9 kcal

INGREDIENTS

2 Avocado

1 Lime

1 Jalapeno, roasted and diced

1/2 medium Onion, diced 2-3 cloves Garlic, crushed

2 Tomatoes, diced 1/2 cup Coriander Leaves

Salt and Pepper to taste

INSTRUCTIONS Scoop out the avocado pulp onto a cutting board.

Mash the avocado flesh coarsely with a fork. Season with salt, roasted and diced jalapeno, medium onion, crushed garlic cloves, diced tomatoes, and coriander for a more flavorful and nutri-

COURTESY: HEALTHIFYME

Marinara Sauce - A Perfect Dip for a Healthy You

ZOOMI SINGH

popular in Italian cuisine. It is also called "Alla Marina". It continues to rule as a dip in several Italian dishes. The property which makes it unique is its natural ingredients and less cooking time. With times, marinara is available in wide varieties. Using white wine in making this sauce has become quite common in western culture. Usually, basil and even parsley garnish is added to this sauce for a natural fresh flavour. The marinara sauce has more nutritional value than any other pasta sauce. It offers a load of health benefits because of its nutrient-rich profile. It promotes heart health, improves digestive health, keeps bones strong, protects Skin from UV rays and revitalises hair growth, among other health benefits.

Marinara's rich taste and versatile nature are important reasons for it being a sauce everyone loves. The serving temperature ents. Since it does not contain of marinara is hot as it is paired mostly with pizza, lasagna, and you can use it as a dip with your meatballs which are served hot.

slightly sweet taste. American arinara is a kind of dishes like chicken parmesan, tomato sauce made with spaghetti, and Menudo contain garlic, onion, basil, and marinara sauce too. One can vegetables also.

It has a runny texture with a

As per USDA hundred grams of ing nutritional values:

> Protein: 1.41 g Fibre: 1.8 g Fat: 148 g Carbohydrate: 8.06g Sugar: 5.5 g Vitamins and Minerals Calcium: 27 mg Sodium: 30 mg Phosphorus: 34 mg Potassium: 319 mg Iron: 0.78 mg Vitamin K: 13.9 ug

due to its nutrient-rich ingredihigh calories and carbohydrates,

dried oregano and is extremely consume it with meat and other **Nutritional Benefits of Marinara**

marinara sauce holds the follow-Energy: 51 kcal

Vitamin B3: 3.92 μg

The HealthifyMe Note

Marinara sauce holds a reasonably decent nutritional profile meals. However, you should only

consume it in moderation because it contains high fat. Besides, it is a good source of vitamin B3 and vitamin K can offer a few health

Health Benefits of Marinara Sauce Antioxidant Properties

The main ingredient of marinara sauce is lycopene, a potent antioxidant that helps in protecting cells from damage. Lycopene is responsible for the red colour in vegetables like tomatoes. A study shows that lycopene has chemopreventive properties. It protects or palpitations, and tingling or disease, and ulcer colitis. against cancer by preventing

prostate cancer. It also can potentially prevent the transformation of normal cells into cancer cells.

Improves Bone Health

Marinara sauce is rich in potassium with 216 mg per 100 grams portion. Potassium helps in the formation of strong bones and muscle damage. It also helps in synthesising proteins and metabolising carbohydrates. Muscle damage, fatigue, constipation, feeling of skipped heartbeat numbness are some of the main

oxidative damage, especially in symptoms of potassium deficiency. Potassium's effect on the kidney and heart is part of extensive research. As per a study, it regulates electrolyte balance and blood pressure by affecting cell

Rich Source of Vitamin K

The marinara sauce has 13.9 μg of vitamin K per 100 grams. In addition, vitamin K helps make various proteins needed for blood clotting and building blocks. It also benefits cystic fibrosis, celiac

As per a study, vitamin K,

function, is needed to prevent osteoporosis, bone loss and vascular calcification. Although deficiency of vitamin k is not fatal. ignoring it may lead to some agerelated problems.

High in Niacin

Niacin, often known as vitamin B3, is required for regular organ function. It is not only used in converting food into energy but is also helpful in maintaining the digestive system and skin healthy. In addition, it helps in lowering cholesterol, treating arthritis, and in brain functions.

According to the study, niacin is in drugs that help treat hypercholesterolemia and statin intolerance. So marinara sauce, a good source of niacin, may be helpful in these aspects of the human body.

Improves Skin Health

We are ready to spend thousands on our skin regarding smooth and wrinkle-free skin. However, simply incorporating tomatoes can be a solution to glowing skin. Therefore, the marinara sauce with its main and wall thickness get reduced ingredient, tomato, which contains lycopene, helps maintain concentration in lycopene. skin health. Lycopene is known

mostly known for its coagulation to have an antioxidant effect on the skin, which helps reduce fine lines and wrinkles and promotes skin health. Moreover, a study states that lycopene protects against acute and potential longterm effects of photodamage.

Prevents Post Menopausal Symp-

Lycopene is known to protect against post-menopausal symptoms. In addition, according to a study consuming at least seven servings of lycopene-based products is helpful for post-menopausal women to reduce cardiovascular risk. Another study demonstrated that lycopene confers a protective effect against postmenopausal syndromes. Therefore, marinara helps women in this stage

Heart Friendly

As per USDA, marinara only has 2µg of cholesterol which heart patients can take without causing much harm. Also, the presence of lycopene may reduce the risk of heart diseases. The study also says myocardial infarction in people with a higher adipose

COURTESY: HEALTHIFYME



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HEADLINES TODAY

EDITORIAL

Behavioral change needed

Thile J&K is blessed with nature's rich resources, it is also confronted with multiple challenges of a fragile ecosystem which requires collective action to create a fine balance between man and nature. As has been correctly highlighted by Lieutenant Governor, there is a need for coordinated action and collective partnership as well as making changes in behavior and lifestyle to tackle the impact of climate change and reducing the carbon footprint for protecting the environment and conserving Biodiversity. This year's theme of World Environment Day 'Only One Earth' is a reminder to the entire world that Environmental Protection or Sustainable Lifestyle is not the job of a select few, but a collective responsibility of each one of us, Lt Governor importantly underlined. Ecological sensibilities, conservation of natural inheritance, sustainable lifestyle and holistic approach for an environment-friendly development path can strengthen the capacity to deal with the environmental crises and reverse the environmental degradation. The future generations must contribute to maintain the delicate balance of nature. Ecological harmony, pragmatic steps like synergy between economic growth and environmental protection for projects can effectively address climate change. There is no denying the fact that climate change is making itself felt in various manners. This means it is no longer a theory that can be disputed but it is a reality that has to be dealt with. It is being manifested not just by warmer temperatures but also by changing rainfall patterns. This scenario calls for a need to look at the current situation in J&K more closely and scientifically. Given the rainfall deficit, there is a need to advise farmers and orchardists as regards the steps needed by them in advance. Human growth has also resulted in the loss of essential ecosystems, such as deforestation to make space for cultivation and habitation. Rare plant and animal communities are being wiped out by logging, overfishing and the illicit wildlife trade. Agricultural nutrients, soil erosion sediments and waste plastic debris, on the other hand, all contribute to pollution. In daily life choices, one needs to pick the most sustainable options. There is a need to follow the principle of reuse, reduce and recycle.

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SUPREME COURT IS STILL TO GIVE ITS FINAL DECISION ON ELECTORAL BONDS

NITYA CHAKRABORTY

he sale of the 21st tranche of the electoral bonds is on from July 1-10 this year. Earlier this year, the last sale was held for ten days from April 1-10. The Supreme Court Chief Justice N V Ramana gave an indication the same month that the SC would be taking up the pending petition challenging the sale of the electoral bonds. However, even after three months since he gave the assurance, the petition has not been taken up. The net result, the ruling party BJP is cornering a huge amount from these bonds imparting massive boost to its financial muscle, which, in turn, is being used either to fuel elections, or perhaps even topple well-functioning elected governments such as in Maharashtra.

Most of the major recognized national and state parties have submitted their 'Annual Audit Reports' for the year 2020-21. Data from 2017-18 indicates that the number of EBs purchased and redeemed was the lowest in 2020-21. While the three regional parties of YSRCP, DMK & BJD accounted for 75 percent of the EBs redeemed in 2020-21, BJP retains its position as the largest beneficiary with 65 percent EBs redeemed till 2020-21. The total amount received by the BJP would be around Rs. 6900 crore during this period.

As per the information received from SBI in response to a RTI application, a total of 811 EBs worth Rs. 648.49 crores were sold during the 20th Phase i.e., between April 1 and April 10, 2022. All the EBs



about 53 per cent of the EBs sold in the immediately preceding phase in January 2022 when EBs worth Rs. 1.21 thousand crores were sold

by SBI during the 19th phase. The 19th phase of sale was prior to the Assembly elections of five in February/March 2022. states during February-March 2022, especially in the key state of Uttar Pradesh. Now, the next assembly elections are scheduled by the end of 2022 and before that another tranche of bonds, might be released

Out of the 811 Bonds purchased in the latest phase, 640 EBs i.e., 79 percent of the total bonds were of Rs. 1 crore denomination. Comparatively, the share of EBs of one crore denomination bonds in the 19th Phase were 56 percent. In line with the earlier trends, the bonds of lower value have a lower share. During the 20th phase, 79 EBs of Rs. 10 Lakh, 55 of Rs. 1 lakh and 37 EBs of Rs.10 thousand denomination were purchased.

Earlier on March 24 last year, the Supreme Court in its hearing on electoral bonds petition expressed right concerns about the

nurchased were redeemed. This is misuse of electoral bonds but dismissed Association of Democratic Rights prayer to stay fresh sale of the electoral bonds. As a result. the bonds sale continued and BJP could mobilise huge funds in the assembly elections to the five states

> The important point which the learned judges, especially the then CJIS A Bobde, missed in 2021 hearing was that this electoral bond issue is just a small part of the BJP government's systematic efforts since its coming to power in 2014 to steamroll the opposition parties through financial muscle and thereby ensure its governance through funding by the big corporates. In the process a unique system of quid pro quo has been institutionalised in the Indian business world, which was never in existence in this country's history since Indian independence.

> The functioning of democracy in the states in India as also at the centre is under threat due to this out-of-control money power. The level playing field has been lost for the non-BJP parties and all these have been possible due to the

BJP through corporate donations, active support of the big traders and the big funds supply by the overseas Indians close to BJP as also the VHP-dominated overseas religious bodies

There is nothing wrong for the BJP in collecting funds from its supporters. It is entitled to do so as any other political party. But the problem is when it tweaks the laws in its favour in a partisan way through its hold over the government and makes use of the central agencies in hounding the moneyed people who, in some way fund the opposition parties.

The use of the central agencies like ED, CBI and the IT department has been so blatant that no corporate takes any risk to be involved with the Congress party, which is still the main opposition in the country. As a result, the coffers of the Congress have reached an all-time low and in many states which went for assembly polls, the state Congress units desperately clamoured for more funds as they were outmatched by the cash-rich

The electoral bonds can be purchased by the corporates, but the names will be known to only issuer, meaning State Bank of India and not the Election Commission. This means the names will be known to the central government, and thus, the very few people who dared to donate some funds to some opposition parties, will be blacklisted. The big houses are generally dominated by businessmen with Hindu faith, they have general sympathy for the BJP and that has grown

huge resources garnered by the in the last two decades. However, many of them also sense decline in democratic values and are interested in giving some donations to other non-BJP parties to keep the playing field level. Of course, with the electoral bonds, such an arrangement becomes increasingly risky. The corporates are scared.

The Attorney General K K Venugopal in last year's hearing presented a misleading picture in reply to the CJI query when he said that the bonds have ensured white money, not black money through cash. The issue is really not that, the issue is transparency. Why the central government and through that the ruling party will know who has bought the bonds and in whose favour? Further, this bond can be repurchased which opens up the possibility of dubious transactions. It is a double benefit for the ruling party. These days, nobody will take the risk of doing such transactions in favour of any opposition party since it will be known to the finance ministry through SBI. There is no level playing field and this bonds scheme of 2018 is disturbing the democratic functioning in the country.

Recently, in an address at San Francisco, the CJI said that the apex judiciary of the country is bound to the Constitution and the Constitution only. That is the right spirit which should guide the Supreme Court to hear the pending petition early, so that the ruling party cannot take undue advantage of its domination to subvert the process of democracy by tweaking laws and procedures in its favour.

FURTHER STEEP RISE IN ENERGY PRICES LOOMS LARGE AS UKRAINE WAR CONTINUES

ANJAN ROY

enowned US based bank, J.P. Morgan, has observed that oil prices could top \$380 per barrel in a short time. The bank made its prediction on the basis of trends in the oil markets and supplies from major producers. The current geo-politics, in which Russia faces extensive sanctions from America and its western allies, is one of the primary causes.

Already, natural gas prices have soared by 700% on the back of Russia turning off gas to some of tthe European countries on account of their support to Ukraine. Without traditional supplies from Russia, as used to happen, the European customers are turning to other this is driving up the general could stymie the operations price of natural gas.

Natural gas market is by without pipelines. Thus, abject poverty. while there could be pockets of excess supplies in one region, there could be serious shortages in other. For example, USA has adequate production facilities for natural gas, but it cannot read-Europe overnight.

The way to transit gas over vast distances is to liquefy it and liquefaction facilities are few and far between compared with the sudden needs of the times. Currently, Qatar has some facilities functioning and so does Australia, USA is setting up some facilities. Unfortunately for the countries hit by shortages, some US LNG plants had to be temporarily shut for some safety or security reasons for now.

This could have a disastrous impact on the global economy. India would be particularly badly hit as the country has to import almost 75-80% of its oil and gas consumption. The primary condition is that country has to always care for continuous supplies of petroleum.

At any rate, a high price of l at around \$400 per of the Indian economy. Let alone India, which is still in nature rather limited. It is a better position, many other difficult to transport natu- emerging and poor countries ral gas over any distance could severely fall back into

At these levels of crude prices, the retail price of petroleum in India could jump over four times (Rs350 to Rs400 per litre) from the present levels. Even with tax concessions on oil sales, the ily supply its gas to allies in prices on petroleum prod-



can be sustained.

JP Morgan has pointed out that the disruptions in supplies of oil and gas is driving up sentiments around shortages and prices are currently rising. However, this could get transformed and a with oil prices soaring once the global economy improves a bit. The end result could be an abrupt reversal of the ucts cannot be brought to recovery process after the

levels at which the economy covid epidemic had slowed down economies.

Oil market reports indicated that the bearish sentiment in global oil markets are giving way to a bullish rent levels of price for oil and one. This is mainly on the interpretations of the likely end of the covid pandemic real crisis could be on hand and resumption of global economic recovery. However, the tipping point is the continuing Ukraine war.

The extensive sanctions Ukraine. on Russia are keeping out

exports from Russia from course, Russia is selling its oil output. However, this is happening only over direct contacts between the producer and buyers.

The sanctions on Russia are coming to hurt the global markets and squeeze the economies of the western countries too. The sorties are being exacerbated by Russian policy of punishing the western countries for their support to Ukraine.

Instead of backtracking in the aftermath of the imposition of sanctions, Russia is doubling down on restricting exports to the west. It could afford to do this because, the oil prices have gone up sharply and even when supearnings from oil exports have not been hurt.

If anything, its earnings could have comparatively gone up and this alone is sufficient for Russia to carry on the hostilities. At the curgas Russia can afford to cut down production by 5 million barrel per day without hurting its revenues much, according to estimates. This could severely punish the western supporters of

Russia has cut down to

a large part of potential oil the European countries and most significantly to reaching the markets. Of Germany. The country has refused to pay higher price in roubles, imposing a sort of fuel rationing.

The western nations, that is members of the European Union, are considering to impose a kind of a price cap on oil. Faced with this threat, Russia is threatening a further cut back in production and supplies to global mar-

A further stiffening of the stands of the two — Russia versus EU - could thus steadily jack prices of oil and gas for all.

Fortunately, for the long term, such prohibitively costly oil and gas prices could have long term impact on development of alternaplying lower quantities, its tive energy sources. Coal usage has been cut down Now, there will be emphasis on developing technologies for clean coal. Hydrogen is being cited as the fuel for the future. Some Indian majors are said to be close to a breakthrough in bringing down costs of hydrogen as a fuel.

A black cloud now, could thus be literally the cause for clear skies for tomorrow when fossil fuel emissions will no longer foul up the

Institutions need to take to improve student success

VIJAY GARG

he steps that institutions success are not a secret. The broad access campuses that have moved the needle on have advanced along similar paths. Here are the eight pillars of student success.

1. Enhanced onboarding

The advice you received as a child is correct: First impreshigh impact experiences. The sions are lasting impressions. How first-time and transfer training in time management students are introduced to a campus has a lasting impact on their subsequent success. Successful institutions introduce students to a dedicated advising advisor. They inform students about campus services and opportunities. They emphasize the institution's commitment to providing students with the support and services programs and boot camps to in their first-year classes

2. A robust first-year experi-

If students are to succeed, need to enhance student they need to get off to a positive start. Meta Majors – an integrated first-year experience built around clusters of retention and graduation rates classes with a common focus - offer new students a supportive community, close relationships with instructors and classmates, dedicated advisors, and a host of engaging strongest Meta Majors provide and study skills and help students explore possible majors and careers.

3. Data-informed proactive

A campus' use of data need not be overly complex. Early alerts notify advisors when students are in trouble, prompted, for example, by low scores on early assignments, they need to succeed. And they or enrollment in an unusually offer pre-enrollment bridge small number of courses. The students can be nudged to take ensure that students succeed advantage of learning centers, tutoring, study groups, and

supplemental instruction. 4. Early exposure to career

Most students come to college to enter a fulfilling career. Institutions need to provide students, early in their college experience, with relevant labor market data, including job sectors that are growing, starting salaries, high demand skills, and educational requirements for particular jobs. Schools also need to inform students about the career opportunities associated with each major and introduce them to alumni who graduated with particular majors. In addition, schools might offer skills workshops to help students develop high demand skills and provide pre-professional advising and activities to better prepare them for advanced education

or the job market. 5. Expanded access to experiential learning activities

There is no doubt that the best way to build students' credentials or to help them make

their opportunities to take part in experiential learning opportunities. Internships, mentored research, practicums and field-based learning experiences, service learning, and study abroad all help students clarify their educational and career goals and build

6. Enhanced student support services

their skills

Most students drop out not for academic reasons, but because of life challenges. To help students meet these challenges, successful campuses offer emergency financial aid and assistance with housing, transportation, food, and childcare.

7. Fostering a success-oriented mindset and sense of belonging

Students who drop out often feel unwelcome on campus and incapable of meeting a campus' academic expectations. In contrast, successful students have a sense of connection to faculty, classmates,

an informed choice about a and advisors, and a positive future career is to Increase mindset about their ability to achieve their goals. There are simple steps that successful institutions take. They encourage students to take part in campus activities and to join student interest groups. These schools foster stronger student-faculty ties, often by instituting "take your professor to lunch" programs or integrating co-curricular activities (like visits to a museum or a performance) into courses. 8. Removing institutional obsta-

cles to success

Excessively complicated and seemingly irrelevant degree requirements, roadblock courses, and unavailable or inconvenient classes can serve as serious hurdles to student success. Majors with steep barriers to entry can demoralize students. So, too, can a refusal to accept credits from feeder institutions. Sometimes, these obstacles make sense on pedagogical grounds. But when they don't, change needs to take place. The

have expanded course availability, often through online courses. They have simplified degree requirements and taken steps to address curricular roadblocks. They have created a campus culture geared toward success, both academic and career success. To be sure, we must not

minimize other factors that can promote or hinder student success. The classroom experience is, of course, especially important. Students who succeed feel that their classes are relevant and engaging and that their professors genuinely care about their learning and their success. Active learning is valuable not only because it can contribute significantly to improved skills development and better command of the material, but because it engages students in their own learning.

Vijay GarG Ex.PES-1 Former Principal Malout punjab

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THERE REMAINS A LOT TO ACHIEVE **BEYOND 'TAKE HOME RATION'**

DR. GYAN PATHAK

ndia has been implementing the Integrated Child Devel-Lopment Services (ICDS) Schemes for decades for addressing severe malnutrition among children aged 6-36 months and pregnant and lactating women (PLW). However, the malnutritions numbers, which are unacceptably high, point to the fact that there is a lot to achieve. India clearly needs even going beyond the 'Take Home Ration' (THR) programme and strengthen the 'good practices' across the states and Union Territories.

THR is just one of the two modalities in Supplementary Nutritions Programme (SNP) under ICDS which provides ration in place of Hot-Cooked Meal at Anganwadi Centres (AWCs). SNP is presently delivered to more than 9 crore beneficiaries registered at AWCs. Delivered THR is intended for use by beneficiaries in their homes, and this programme takes up a major share of the ICDS budget with the Central and State governments spending more than Rs 13,500 crore annually. In the aftermath of United Nations World Food Pro-COVID-19 crisis THR has broadened reach across the most communities and hence become rent supporting three state gov- ciency," said Dr V K Paul, a more important than ever ernments – Utter Pradesh, Rajasbefore, because in presents an than, and Odisha on improving The message of CEO NITI ties, empowers poor women by monitoring of the scheme.

nutritious, non-perishable food that goes beyond simply providing calories. By strengthening of children and PLWs can be supported. However, wide gap remains between the requirement and the efforts that need to be scaled-up.

In this overall background, the joint report of World Food Program and NITI Aayog titled 'Take Home Ration: Good Practices across State/Union Territories" should serve as eye opener for the Modi government as to how its target of reducing undernutrition only by 2 per cent per year under National Nutrition Mission, or POSHAN Abhiyan, is insufficient to successfully

mitigate the problem. Over the past decades, India has been making consistent progress towards ensuring food and nutrition security and reducing malnutrition levels among its citizens through several initiatives, policies, schemes, and programmes including the world's largest food safety nets under the umbrella of the National Food grammes conducted a mapping of THR across India and is cur-

opportunity to deliver fortified, the composition and establish- Aayog published in this report enabling them to become active ing decentralized production of fortified nutrition THR. Nevertheless, malnutrition remains it the growth and development critical in all 36 States and Union Territories that requires greater effort to eradicate the problem in shortest possible time.

> Though the report presents a set of good and innovative practices adopted in the implementation of the THR value chain by the States and UTs, these are clearly insufficient to fill the gap in nutrition among children and PLWs. Even the NITI Aayog Vice Chairman Suman K. Bery admitted, "There is a need to further strengthen THR program to achieve the nutritional targets in a time-bound manner.'

POSHAN Abhiyan is Modi governments flagship programme to improve nutritional outcomes for children, PLWs, and adolescents. Distribution of THR through Anganwadi Centres under this programme is a key component which played an important in safeguarding food security during COVID-19 lockdowns. However, "There is a need to develop and maintain Security Act. 2013. In 2019, the highest standards for ensuring quality in THR, where the entire THR value chain must ensure quality, transparency, and effi-

is also worth mentioning who felt that "the country still grappling with child malnutrition, as reflected in high prevalence of low birth weight, stunning, wasting and server wasting." This situation is prevailing in the country in spite of the fact that India has one of the largest child nutrition programmes in the world.

It is in this backdrop, as a way forward the report has suggested that in order to realize the full potential of the THR, all components of this value chain need to function at optimum. This requires building a robust system for procurement, supply chain management and monitoring that ensures complete transparency, standardized process, sustainability, full coverage, leverages local ties, foster a culture of collaboration and builds trust within a community.

As for procurement of THR, the report says, "Given the huge amount of funds used, it is important that the suppliers are selected based on a transparent and well-defined method." In place of centralized production for blended THR, the report has suggested a decentralized production model involving SHGs, since this model pro-

earners, improves THR access in rural areas and enhances community ownership of THR production.

Supply chain management is an important and complex process within ICDS Scheme. By utilizing technological advancements it can be ensured that there are open lines of communication and data analysis throughout the chain, which increases transparency and efficiency in the scheme, the report suggests. Right nutritional composition is important which should be carefully selected for appropriate target groups from variety of THR product formulations norms of ICDS for energy and proteins, globally defined norms for products meant for infants and young children, and the WHO norms on nutrition for pregnant and lactating women. the report has recommended.

As for the quality assurance and quality control, the report says that despite being a critical step in production process, not much is known about the measures undertaken by different States and UTs. Though enumerated some good practices by some, it has a general recommendation for quality check for THR products, and corrective motes income generation activiaction taken, and a real time

PLATFORM JOBS CHIEF DESTINATION FOR WOMEN AFTER EDUCATION

DR. GYAN PATHAK

he women labour force participation in India has remained low, oscillating between 16 to 23 per cent in the last few years chiefly because structural barriers ranging from access to education, lack of skilling and a direct correlation between gender or disability and incidence of poverty. Moreover, the majority of them working are in very low quality of jobs. Now, the emerging trend suggests that they are more likely to take up platform jobs after their education and marriage, an unenviable situation, that a NITI Aayog study released recently called 'an emerging positive trend'.

The Modi government think tank, since NITI Aayog is creation of PM Modi after dismantling the former 'Yojana Aayog' in 2014 when he became Prime Minister of India, bringing forward such a comment as coverage. It could have been done women workforce, not in any other 'gig and platform' jobs having little social security with majority of them are of low quality.

Nevertheless, Modi government is pushing Gig and Platform Economy in a big way, hence the study titled 'India's Booming Gig and Plat form Economy: Perspectives and Recommendations on the Future of Work', at the cost of PM Modi's own promise of 'work with dignity for and Accessibility Awareness Process of traditional jobs. Since this all' which would drive workforce grammes for workers and their government is not able to provide in general and woman workforce

in particular into low quality jobs. nership with civil society organizato nation's workforce and over 90 per exation and accessibility awareness It would have greater implication on women workforce who might be landing into a scenario of all sorts of exploitations.

As the title suggests, India's Gig towards value creation in terms of skilling, digital literacy, financial literacy and inculcating entrepreneurship spirit, and praises platforms for offering flexibility and choice of labour to all workers in general and women and PwDs (persons with disabilities) empowering them to monetize their idle assets when and where they want. This benefit is missing in traditional employment sectors. Platforms are thus attractive avenues of livelihood opportunities for women and PwDs,

'emerging positive trend' is unfor-study says, the platform economy recommendations include better cannot be wished away in the hands tunate at a time when the country's relies on innovation to provide infrastructure and work design to of the Gig and Platform Economy. women workforce have been aspir- access to skill development, social create enabling environment for Similar will be the case with other ing for decent good quality regular security, access to finance and job salaried jobs with full social security creation, which are the key pillars tate access to social security benefits of inclusive growth. This comment for women and PwDs. Such things only by removing barriers in way of indirectly accepts the precarious are yet to be done under the prespresent situation of the gig and platent government, public, and private way, and of course not by promoting form economy with special reference sector policies, especially relating to to workforce in general and women workforce, being vigorously workforce in particular. Moreover, pursued by the Modi government, great deal of other things that our in the nascent emerging gig and platworkforce is suffering in the gig and platform sector.

The very first recommendation for the industry suggests how much on the Gig and Platform Economy difficulty surrounds our female workforce. Gender Sensitisation by the Modi government at the families is recommended with part-

tions (CSOs) and NGOs to promote legal, economic, and social rights of women, especially from marginal and vulnerable backgrounds.

The second recommendation and Platform Economy is booming. suggest for gender and accessibility The study also says that Platforms inclusive communication, systems, businesses are actively working and processes. It also gives desirable example that Platform businesses can ensure there is a higher share of women as managers and supervisors, forgetting the fact that such things could not even done in the traditional working environment in the country, what can women hope for in the gig and platform sector that has not even fully emerged?

In one of its recommendation it talks about skill development and asset ownership in partnerships with governments, CSOs, and allied businesses to reskill and upskill women and PwDs while also facili-However, as of now, even the tating their access to assets. Other women and PwD workers, and facilithe recommendations suggest a and hence there is no guarantee that form sector would even be able to do so in near future.

Therefore, the whole emphasis is misplaced and it has been pushed decent quality regular salaried jobs

cent of them are condemned to work as informal and low-paid low quality jobs, it is simply an expediency to lead people dream in the name of gig and platform jobs creating hype about their being able to enhance the prospects of livelihood. The recommendations for the

Government, Civil society, Allied businesses, and Nonprofits are even too dreamer to realize, which Modi government would or could never do, not to talk about other players. It can be commented by our general experience. For example, full social security coverage is and old demand of the workforce which is vet to be fulfilled even in traditional world of work. Therefore, ensuring universal coverage of platform workers through Code of Social Security recommendation ceases to have any face valued since the difficulties preventing social security coverage now three recommendations related to women which include bridging skill gaps by carrying out periodic assessments and partnering with platform business for onboarding skilled women and PwDs, reaching out to purpose, in order to be effective.' unbanked and underbanked women and PwDs through FinTech services. and incentive inclusive businesses - women led-platforms or platforms that encourage recruitment of women employees and PwDs

One of the recommendations relating to gender sensitization is too ambitious in the present context of very low level or female workforce participation and its background of neglect and apathy of the Modi government. Organize gender sensiti-

programmes for all public-facing personnel from traffic cops and law-and-order police to toll booth operators, et. al. it recommended. Make the aggregate data publicly available, the last recommendation savs, to enable robust decision-making by the ecosystem. It is not too much to hope that the Modi government would do it that has always been guilty of not maintaining and providing timely and accurate data regarding the workforce? The whole study is thus intended to create a favourable atmosphere for Gig and Platform Economy, that is essentially motivated towards profiteering, but not really for the benefit of the workforce in general and women workforce in particular.

We must take note of the comment made in the study that says, "Being in its nascent stage, the platform economy in India is yet to be studied comprehensively. Not only are there sever data gaps when it comes to enumerating gig and platform workers, there is much to be explored on the regulatory front as well. The exercise of policy design and implementation must keep its specific subjects and well defined Modi government therefore must

act to provide jobs to female workforce by removing the structural barriers to their employment and employability in general and in comparison to male workforce in particular. In place of doing away with this imbalance, since women and children suffer the most in all crises and circumstances. PM Modi's penchant for mesmerizing people with dream after dream is dangerous for the country.

ASSAM FLOODS, **BIG LANDSLIDES IN MANIPUR, RAINS DURING AMARNATH YATRA**

ARUN KUMAR SHRIVASTAV

Tewly-elected Australian Prime Minister Anthony Albanese is at the centre of public anger and jokes about him abound on Twitter. Apparently, he is not in the country when Sydney is witnessing severe flash floods and inundation. The situation in the entire North South Wales (NSW) is alarming with more than 50,000 people asked to evacuate. Incessant downpours and strong winds have left homes without electricity and highways submerged under water.

"If I'm Prime Minister, I won't go missing when the going gets tough – or pose for the photos and then disappear when there's a job to be done," Australians have dug up one of his statements made during the election campaign and are asking if he can make the same statement once again.

A Twitter user elaborates the complaint with the hashtag #NotMyPM, "Albo splashing \$100m on another country while Australians are struggling to buy food, homeless, NSW floods. The previous flood victims are still struggling.'

BBC's Sydney correspondent Shaimaa Khalil says, "I've spent the day in south #Windsor - where residents have been told to evacuate - some were packing I leave, others are stuck, some are watching and waiting ... everyone is exhausted.

In India, the famous Amarnath Yatra was halted on Tuesday due to heavy rains in Pahalgam and along the Yatra track. The overnight spell of rain in many parts of the Kashmir valley has left the Srinagar-Sonamarg-Gumri road blocked due to a landslide.

Meanwhile, in the Manipur landslide tragedy, the death toll has increased to 48. The highlight of this landslide is that the debris has blocked the Ijei river, causing the water to rise on one side and creating dam-like storage of water. In the season of rains and floods like it's right now. the dam-like structure can cause further devastation once the blockage is breached.

Besides, the death toll is nerve-wracking. Among those dead, at least 27 are personnel of the Territorial Army that was providing security to a railway line being built from Jiribum to Imphal. The exact spot of the landslide is in the Tupul area of Manipur's Noney district. It's believed that there were 79 people trapped in the debris of which 43 personnel were from the Territorial Army and at least

Assam floods in which the death toll has increased to 180 have already been widely reported. Over 2 million people are directly affected by the Assam floods and people are facing an extreme shortage of daily needs items, clean drinking water, and medicines.

However, what makes Assam floods news at this hour is a new twist in the story. According to media reports, Assam police have arrested two persons – Mithu Hussain Laskar and Kabul Khan - for allegedly the embankment of the Barak river that caused the massive floods in Silchar. People on social media are now trying to establish a jihadi angle on the devastating floods in Assam!

Dealing with a natural calamity is not easy. Removing the debris of a landslide like the one at Tupul may in the present rainy condition take several days even with the best logistical support. Floods of the proportion that Assam has seen are much bigger challenges. Even for the NDRF or Armed Forces, these situations are hard to bring under control.

The official machinery which is often blamed for corruption and incompetence, however, stays put on ground zero and keeps the confidence of the people from completely giving up. In such situations, there are many moments of nervousness. In flood-prone areas when water levels cross the danger marks, some remote villagers breaking the embankment on the other side so that their village is spared the floods is a story often heard.

For the city folks, a flood is a different experience though! But let's keep that for another day.

Right now, the flood situation in Bangladesh is as bad as it can be. At least 64 districts are severely affected by the floods and over 100 people have died, and millions are stranded in a month of flooding, so far

In times like this when people are surrounded by water of dirty water and when all modes of communication are snapped, survival is a big challenge. Disaster management teams with outside support can do better but need to establish quick coordination with the local administration and

That's where the leadership that the Australian people are demanding comes into the picture. The Australian Prime Minister has made three overseas trips since he came to power six weeks ago. The first foreign trip to Tokyo for the Quad Security Meeting came within hours of swearingin. While most Indian leaders are great event managers but not all of them are good at disaster management. Amarnath Yatra, Assam floods and Manipur landslide are some of the big events right now that are keeping Indian disaster management experts on the edge. Let's see how India fares!

Time to implement treaty prohibiting use of nuclear weapons by any Country

DR ARUN MITRA

he world is on the edge of a serious threat of use Russia and NATO as both have threatened their use during the destruction, death and displaceon-going war between Russia ment, as well as profound long and Ukraine. Presently there are approximately 13,000 nuclear socioeconomic and sustainable weapons on earth, many of which development, the global econoare on high alert and could be my, food security and the health launched within minutes. Con- of current and future generacerned with this threat in mind the members of the state part the disproportionate impacts ties who have clearly voted for they have on the poor in the nuclear weapons abolition and developing countries and women the Treaty Prohibiting Nuclear and girls in particular'. Weapons (TPNW) along with other organisations working for five years back on July 7, 2017 the cause decided to gather at with an overwhelming majortheir commitment and to chart one against is a reflection of the out an action plan to make the world nuclear weapons free.

quences of nuclear weapons the IPPNW on climatic impact of

transcend national borders, pose grave implications for human survival and well-being and of nuclear weapons by are incompatible with respect for the right to life. They inflict term damage to the environment, tions, including with regard to

cannot be adequately addressed.

TPNW passed by the UNO Vienna in Austria to reinforce ity, 122 votes in favour and only voice of all peace loving people who want life on earth to con- nuclear war has made the world major nuclear powers could be Highlighting the humanitar- tinue and progress. That this community to realise the fact end of modern civilization built ian consequences of the nuclear happened despite tremendous that even a nuclear exchange through thousands of years of war it was categorically stated pressure, allurements intimidabetween India and Pakistan using human labour. It is this realizain the first meeting of the state tion and blackmail by the major 100 Hiroshima sized nuclear tion which is making all saner and deep concern that despite the parties on TPNW that 'the cata- nuclear powered states is a big bombs would put over 2 billion elements to raise their voice for terrible risks, and despite their strophic humanitarian conse- achievement. Study conducted by people at risk.



and NATO to commit not to use allies under the nuclear umbrella nuclear weapons during the ongoing war because in such circumstances the nuclear weapons could be launched intentionally or by accident! The Vienna meet made it clear

that 'far from preserving peace and security, nuclear weapons are used as instruments of policy, linked to coercion, intimidation and heightening of tensions. This highlights now more than ever the fallacy of nuclear deterrence doctrines, which are based and rely on the threat of the actual use of nuclear weapons and, hence, the risks of the destruction of countless lives, of societies, of nations, and of inflicting global catastrophic consequences. We thus insist that, pending the total elimination of nuclear weapons, all nuclear-armed states never use or threaten to use these weapons under any circumstances'.

'It is however a matter of regret nuclear weapons abolition. That legal obligations and political A nuclear exchange between is why they are quite vocal on commitments to disarm, none of

are taking any serious steps to reduce their reliance on nuclear weapons. Instead, all nucleararmed states are spending vast sums to maintain, modernize, upgrade or expand their nuclear arsenals and are placing a greater emphasis on and increasing the role of nuclear weapons in security doctrines. These resources could be better utilized for sustainable development'. The global arms spending is increasing at a rapid rate and surpassed the two trillion US dollar mark for the first time, reaching \$2113 billion in 2021(SIPRI). This takes away resources from health, education. development and other social needs and also reduces security and increases uncertainties in It is a matter of satisfaction

that by now 66 countries have ratified the TPNW which came into force from 22nd January 2021. The task now is to bring the nuclear weapons possessing countries into its fold. For this whereas persistent work. the UNO has to play a proactive

the need to impress upon Russia the nuclear armed states and their role the International Red Cross and Red Crescent Movement. other international and regional organizations, the International Campaign to Abolish Nuclear Weapons (ICAN) and other nongovernmental organizations, religious leaders, parliamentarians, academics, indigenous peoples, victims of the use of nuclear weapons (Hibakusha), as well as those affected by nuclear testing and youth groups all have to be involved to strengthen the voice for nuclear weapons abolition. Science is based on evidence and we have evidence of humanitarian consequences of nuclear war as researched by the IPPNW.

> It is also important to continue collaborate at regional level and build Nuclear Weapons Free Zones which could play a significant moral and ethical role.

> We have to move ahead with optimism despite several challenges and obstacles. There is no bigger challenge than to preserve and promote life on earth. Every means have to be utilised with a

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BOLLYWOOD BRIEFLY

SRINAGAR, JULY 06, 2022 WEDNESDAY

Teaser of 'Darlings' out

he wait is finally over as Netflix on Tuesday dropped the teaser of its upcoming dark comedy, 'Darlings'. Sharing the teaser on her social media, Alia Bhatt wrote, "It's just a tease Darlings. Arriving 5th August #DarlingsOnNetflix". Netflix wrote, "Kya ek meindak aur bichhoo dost ho sakte hain? Darlings, watch on 5th August, only on Netflix." Produced by Gauri Khan, Alia Bhatt and Gaurav Verma, the film is also the feature film debut for director Jasmeet K Reen and brings together a stellar cast: Alia Bhatt, Shefali Shah, Vijay Varma and Roshan Mathew. Darlings is a dark comedy drama which explores the lives of a mother-daughter duo trying to find their place in Mumbai, seeking courage and love in exceptional circumstances while fighting against all odds. 'Darlings' is all set to premiere on August 5.

'RK/RKAY' poster keeps quirkiness alive

fter presenting a whole new kind of trailer for Rajat Kapoor's 'RK/RKAY', the makers A for Rajat Rapool S May Mark , and Alarky have released an interesting yet quirky poster of the film to the audience. The multi-faced poster speaks aloud about a fun-filled journey that the film will take the audience on. The trailer has it all, the film is one of its kind in which the protagonist goes missing and the hunt for him is all that leads to a roller coaster ride for the entire team. Presenting an apt idea of the film, the poster includes the talented star cast, while sustaining the curiosity of the big questions of its missing hero for the audience to watch out in the film. Moreover, it would be interesting to see how the story will bring up this behind-the-camera drama with the release of the film. The film produced by Priyanshi Films (Priyam Srivastava and Harshita Karkare) stars Mallika Sherawat, Kubbra Sait, Ranvir Shorey, Manu Rishi Chadha, Chandrachoor Rai, Abhijeet Deshpande, Abhishek Sharrma, Grace Girdhar, and Vaishali Malhara in key roles. Written and directed by Rajat Kapoor, the film will be released

Senior film Journalist Gudipudi Srihari passes away in Hyderabad

enior film Journalist Gudipudi Srihari passed away at his residence situated in Sanjeeva Reddy Nagar, here on Monday night due to age related illness. He was 88 and survived by a daughter and a son. Srihari served as a film analyst and journalist for about 55 years. Authored a book titled Telugu Film Industry. Several people from the media and film industry extended their condolence to the bereaved family members.

My father always wanted to see me in uniform: Aadil Khan on 'Shoorveer'

he handsome actor Aadil Khan has been receiving rave reviews after the trailer of his upcoming war series 'Shoorveer' released a couple of days ago. Aadil will be seen portraying the role of an airforce officer and has recently revealed his source of inspiration for his character. Aadil belonged to quite a disciplined familly as his father was in the Police force and it is his father who inspired him to play the character of an Airforce officer in the web series. Aadil said in a statement," My father has always been a disciplined man, a very sincere police officer and a thorough family man. I drew inspiration from him for my character in Shoorveer. Although I am playing a Military personnel in the show and my father was a police officer, he had a lot to offer to me to take inspiration from in developing my character. He ways wanted to see me in a uniform and through this show I could make it come true and he is very happy about it." The show is slated to release on July 15th, and we are looking forward to a splendid performance by Aadil after 'Special Ops 1.5'

Rahul Vaidya attends Mika's 'Swayamvar'

he much-awaited Star Bharat show 'Swayamvar - Mika Di Vohti' is being enjoyed by the audience and everyone is eagerly waiting to see who Mika selects as his Vohti. While Mika is trying his best to understand every contestant, he has been joined by many big celebrities on the show so far to help him and give tips related to marriage. Singer Rahul Vaidya and Mika's nephew Gurdeep Mehndi will be seen in tonight's episode revealing many secrets related to Mika in front of the audience. Rahul said, "Mika is like my brother and he is selecting our Bhabhi, for whom we all have been eagerly waiting so I had to be here. I want to be a part of his journey though I was not invited on the show, I am here on my own," Mika's nephew Gurdeep added, "I have been hearing the same line at home for the last 20 years that I will do this, but it does not happen. I hope this time They will live up to our expectations" 'Swayamyar - Mika Di Vohti telecasts every Monday to Friday at 8 pm on Star

Teaser of 'Comicstaan 3' out; trailer to release on July 7

viing a glimpse into the third season of wellacclaimed comedy franchise 'Comicstaan', Amazon Prime Video on Tuesday dropped the teaser of the rib-tickling talent hunt show. The teaser video promo of the Amazon Original introduces the audiences to the judges, mentors, and the hosts breaking into the fits of laughter. All set to exhilarate and delight the audiences, the show promises to be an unmissable laugh riot. Sharing the teaser on their official Twitter handle, Comicstaan wrote, "We hate to be the reason for your hurting tummy, teary eyes and aching jaws but Comicstaan is coming on 15th July! Trailer dropping in 2 days! #ComicstaanOnPrime". Produced by Only Much Louder (OML) and hosted by Abish Mathew and Kusha Kapila, 'Comicstaan Season 3' will have Zakir Khan, Sumukhi Suresh, Neeti Palta and Kenny Sebastian as the judges. The eight contestants will be mentored by seven mentors including Rahul Subramanian, Sapan Verma, Rohan Joshi, Prashasti Singh, Kannan Gill, Aadar Malik and Anu Menon. The trailer of will be out on July 7. The show will premiere on the service starting July 15.

Deepika Padukone connects with her roots at Konkani Sammelan

ollywood actor Deepika Padukone who has been working around the clock over the last couple of months. from her brand shoots, to her jury duty at this year's Cannes Film Festival and the shoots for 'Pathaan' and 'Project K', she finally took off with her family for a much-needed vacation to

the USA The Padukones who travelled to the States to meet with their relatives there, also had a very special end to this vacation as Deepika was invited as Chief Guest to the 10th Edition of the Konkani Sammelan in San

Hosted in the heart of Silicon Valley, the threeday event complete with performances, music

shows, seminars, food and the works, celebrates the Konkani cultural heritage and an initiative to keep the culture alive across the

Deepika was joined by her family and Ranveer Singh, who enjoyed his first tryst with the full blown event that also saw an opening performance by Shankar Mahadevan.

The superstar who has been ruling Bollywood for over a decade, took this opportunity as a chance to connect with her roots and the larger community and discuss her journey, the culture's influence, her upbringing and profes sional journey during her hour-long fireside chat.

What made the occasion even more special was

having her family there as well as husband Ranveer who joined her on stage; as the power couple had the San Jose McEnery Conven tion Center echoing with

thunderous applause.
As one of the biggest global Konkani icons in the world, Deepika has been a powerful influence on the community who look upon her with pride

The superstar later took to her social media to thank the Konkani Association of California. She posted, "A people without knowledge of their past history, origin and culture is like a tree without roots. Thank you #KAOCA and to the people of my community for your love, warmth and blessings I couldn't be more proud."



May not direct 'Avatar' 4 & 5: James Cameron



ly waits for the ⊾December premiere of 'Avatar: The Way Of Water', Director James Cameron has hinted that he might not direct the later two planned films in the

In an interview with Empire, 'The Abyss' actor said, "The Avatar films themselves are kind of all-consuming've got some other things I'm developing as well that are exciting. I think eventually over time - I don't know if that's after three or after four - I'll want to pass the baton to a director that I trust to take over, so I can go do some other stuff that I'm also interested in. Or maybe not. I don't know.

The director said, "Everything I need to say about family, about sustainability, about climate, about the natural world, the themes that are important to me in real life and in my cinematic life, I can say on this canvas. I got more excited as I went along.

"Movie four is a corker. It's a motherfucker. I actually hope I get to make it. But it depends on market forces. Three is in the can so it's coming out regardless. I really hope that we get to make four and five because it's one big story, ultimately."

According to Empire, Cameron had earlier handed across Alita: Battle Angel – a project he long planned to adapt for the screen – to director Robert Rodriguez. while remaining on board as executive producer and co-writer.

Loved the vibe of 'Aadi Aadi': Dhvani Bhanushali ith the audiences showering love for B-Town actress Sahher Bambba and TV star Rohan Mehra coming together, it's now time to witness their chemistry in 'Aadi Aadi' as the song released on Tuesday. "Sung by Dhvani Bhanushali and composer - rapper - lyricist Mellow D, the video directed by Stanley Menino D'Costa is shot at some undiscovered locations from Dehradun and Dhanaulti (Uttarakhand)," the makers said in a statement. Sahher said in a statement, "Love songs are one of my favorite genres of music, and when I heard 'Aadi' there was a feeling of warmth a statement. Sanner said in a statement, "Love songs are one of my favorite genres of music, and when I heard 'Aadi Aadi', there was a feeling of warmth and coziness that I felt. We shot in some beautiful locations and it was so easy going working with Rohan and Stanley." Rohan said, "From the moment I heard the scratch of the song, the song became a part of my playlist. We had a blast shooting for the song in those lovely locations and I hope the audiences love Sahher and my camaraderie in the video." Vined Phanushali said "There are very form Indian tracks Vinod Bhanushali said, "There are very few Indian tracks vith a commercial house vibe to it, especially love songs. Aadi Aadi is one such track that is easy listening and yet something Dhvani Bhanushali said, "I loved the music, the vibe of 'Aadi Aadi' and bining Mellow in this track is definitely a collaboration I had fun being a art of. Sahher and Rohan's chemistry and Stanley's video concept and irection brought out the emotions behind the song beautifully." Mellow D nented, "For me, Dhvani was apt for Aadi Aadi. She brought e lyrics and matched the beats of my composition effort the love we have tried to bring through the song touch t of our audience." Director Stanley said, "When you th tists like Dhvani Bhanushali and Mellow D you immedithink of something young, fun and vibrant and that's we envisioned 'Aadi Aadi'. The chemistry between er and Rohan is something audiences should watch out for." 'Aadi Aadi' is out now on Hitz Music's YouTube

Modern Love Hyderabad: Nithya 'Dr Arora' owes existence to Menen enjoys Hyderabadi food to look 'authentic'

owerhouse actor Nithya Menen who is all set for the release of 'Modern Love Hyderabad', has revealed how she had indulged in the Hyderabadi delicacies during the shoot of the show.

Prime Video is gearing up for its second edition of the three localized and fictionalized version of the international series, 'Modern Love Hvderabad'.

Set against the backdrop ing stories exploring differtion. ent shades and relationships

of love. 'My Unlikely Pandemic about it, they were amazed,' Dream Partner' brings said Nithva in a statement. together two powerhouse and elaborated that the speactors. Revathy and Nithya cial chef who was invited to by Nagesh Kukunoor. The cies also made vegetarian story explores a special bond between the lead actors. Set in the heart of Hyderabad. as Nagesh says the episode Hyderabadi food... Finally, marries his two loves – the at one point, I was like, just old-world charm of Hyderabad and local cuisine.

revealed a detail that will telling them, they turned me Gupta among others.



of the 'City of Pearls', the leave everyone surprised a non-vegetarian. There was series features six hearten- and appreciate her dedica-

"I had been practicing vegetarianism for a while, One of the episodes titled and when I told the team Menen, which is directed cook the Hyderabadi delicaversions of those dishes for the shoot.

"There was so much give me the chicken, I'll just eat it, it's fine. I have to look Nithya had recently authentic. Soliterally, I keep

too much to eat," she added.

Interestingly, it was one of those episodes where the cast and crew would wait for cut and run to the dining tables to gorge on the Hyderabadi feast, from the famous birvani to Khubanika-Meetha, you name it and the delicacy was served.

'Modern Love Hyderabad is set for global premiere on Amazon Prime Video from July 8. The cast also includes popular names like Suhasini Maniratnam, Naresh, Aadhi Pinisetty, Ritu Varma, Abiieet Duddala, Malavika Nair, Naresh Agastya and Ulka

Indian Railway, says Imtiaz Ali

trailer of its upcoming quirky, light-hearted dramedy series 'Dr Arora-Gupt Rog Visheshagya'.

The show chronicles the life and times of a traveling sex consultant and his various patients. Set in Central India, the

show features the versatile Kumud Mishra in the title

Created by Imtiaz Ali, the show is directed by Sajid Ali and Archit Kumar.

Visheshagya' angle, would never be made if there wasn't the great Indian Railways taking me from Jamshedpur to Delhi and back to the heartland of India sev-

eral times a year." "I realised that the most advertised product or service in those areas was that of local sex doctors. It intrigued me to no end and I could turn this contemposat endlessly at the window rary fantasy into a show of a seat of those trains wondering what it would be inside the clinics of such doctors, in other contemporary film what would it be to have or series. I am very eager to those ailments and live in see the audience reaction to these small north Indian this one," he added. towns," said Ali.



said, "'Dr Arora, Gupt Rog I have imagined over the issue that demands more years travelling through those towns have been poured into the forthcoming 'Dr Arora...' Special mention to SonyLIV for lapping up this story right at the onset

and raising it with love. "It was the extraordinary talent and effort of the two wonderful directors Sajid Ali and Archit Kumar that flavour that I have not experienced either in my work or

"All the intrigue, social ed, "Dr. Arora...' is a refresh- har Suman.

Imtiaz Ali in a statement awkwardness and humour ing take on an important and more conversations around it, as that is the only way it can be normalized.'

"The concept is very different from everything that I have done so far. This is my second innings with Imtiaz and SonvLIV and it has been an absolute pleasure. Imtiaz is a genius storyteller, and I can't wait to see how people receive the show releasing on 22nd July only on SonyL-IV." he added.

Produced by Mohit Choudhary, the show also features Gaurav Paraiuli. Vivek Mushran, Ajitesh Gupta, Vidva Malvade, Kumud Mishra comment- Sandeepa Dhar, and Shek

'Kumkum Bhagya' star Krishna Kaul plans sweet outing for his mother

ee TV's popular fiction show, 'Kumkum Bhagya', has been an audience favourite courant description with the control of the courant description in the courant description description in the courant description descr tesy of its intriguing plot and authentic portrayal of relatable characters like Ranbir (Krishna Kaul), Prachi (Mugdha Chaphekar), Rhea (Tina Philip), Shahana (Aparna Mishra) and Aaliya (Reyhnaa Pandit).

While all the stars have been working round the clock to keep their viewers entertained, it looks like Krishna also took out some time from his busy schedule recently to spend with his mother who is visiting him in the city.

from Delhi, the actor ensured that he would surprise his mother too. The actor got free early on a couple of days and that's when he took his mom for a pampering session at a salon. Not only did he spend time with her, but also made her feel happy and relaxed.

As Krishna mentioned, "Generally I have a very tight schedule every day, but I am very happy that I could get free early and spend some quality time with my mother after such a long time. chance to visit them. Since the spa therapy and a few skincare TV.



My parents actually live in Delhi, while I stay in Mumbai, and with a hectic schedule, I rarely get a

pandemic, I haven't actually been routines, which she absolutely able to spend time with them at all. I haven't been able to visit Delhi often too. But, my mother changed that by surprising me a few days ago. She flew in and gave me a big

Krishna further added, "Though I didn't get any day off in between, I did manage to get free early on a couple of occasions. One such day, when I got free relatively before time, I planned to do something special for her, and hence, I took her to a salon that Appy (Aparna Mishra) suggested. She went for

enjoyed. Post the pampering session, we even went out for dinner and kept chatting all night long. It felt really amazing to see Mom once again and spend time with her. Now the plan is to give them a big surprise next time around."

While Krishna had a gala time with his mother, in 'Kumkum Bhagya', it looks like Rhea and Aaliya are all set to create havoc in Ranbir and Prachi's life with

their evil plans. 'Kumkum Bhagya' telecasts Monday to Friday at 9 pm, on Zee

DC Udhampur reviews delivery of online public services by line departments



Commission er Udhampur, Krittika Jyotsna today convened a meeting of officers of line departments to review the delivery of public services through online mode as part of Rapid Assessment services Sys-

During the meeting, the DC reiterated that the District Administration

started several e-services which are greatly benefiting the public in an effective, efficient and transparent manner.

The DC added that Udhampur Administration is endeavouring to provide maximum online services to the common masses of the District as per the directives of the Government.

Highlighting the benefit of online mode services for the people, She asked the officers to explore the possibility of adding more online services of their department to give the public the taste of good and transparent gover-nance. The DC informed that several e-services of different departments are already in the public domain and very soon other services will be made available to the masses.

The DC reiterated that such facilities save the time of common masses by virtue of easy access.

"NIC is playing a pivotal role in managing and providing the required technical support for smooth running of the IT Enabled services in the district" she said. The Deputy Commissioner impressed upon all the officers to ensure and make the system transparent, prompt and hassle free for all the services being provided to the public.

DC inaugurates CBRC in Rajouri

Says facility marks new milestone towards effective implementation of Juvenile Justice Act

RAJOURI, JULY 05: Deputy Commissioner Rajouri, Vikas Kundal today inaugurated Cradle Baby Reception Centre here adjacent to Nari Niketan Rajouri.Among the others, ADDC, Pawan Kumar; CPO, Mohammad Khurshid; DSWO, Wakeel Ahmed Bhatt; TSWO, Rahul Puri; Superintendent Narinikatan, Nidhi Sharma and staff members of the Narinikatan were present at the event.

Speaking at the event, the Deputy Commissioner said that the CBRC has been set up in the district for the proper nourishment and growth of the abandoned children.

"The initiative will be a milestone in the implementation of the juvenile justice act in the district", the DC said.

He also asked the staff deployed for running the CBRC to perform their



duties with utmost zeal and dedication to facilitate proper upbringing of the abandoned children.

The DC also said that the District administration is taking a series of steps to provide best possible care as well as educational opportunities to the inmates and safeguard their rights and promote their welfare

He also inspected Nari Niketan and interacted with inmates and enquired about the facilities being provided by the department.

The DC also asked the concerned to ensure that all the basic facilities are provided to the inmates residing in the institution so that they don't face any

DC Ramban discusses arrangements for celebration of Eid-ul-Adha

RAMBAN, JULY 05: Deputy Commissioner, Ramban, Mussarat Islam today convened a meeting of concerned officers and religious leaders to discuss the arrangements put in place for the celebration of upcoming festival of Eid-ul-Adha. Senior Superintendent of Police, Mohita Sharma; Additional District
Development Commissioner, Rajinder Sharma;
ADC, Harbans Lal Sharma; CEO, Vishwajeet;
Executive Engineers of Jal Shakti and JPDCL, Tehsildar concerned officers and religious leaders attended the meeting.During the meeting, a threadbare discussion was held on arrangements for Eid celebration being made by the different departments, especially timing of Namaz-e –Eid in different Mosques of Ramban. The DC urged the religious leaders to inform the people about the tim-

ing of Eid congregation

and traffic movement

plan finalized for differ-

ent mosques.
The DC instructed the concerned officers to keep a strict vigil on the overcharging and black-marketing of escommodities sential during the festive days, besides ensuring availability of quality eatables in the Market. He also directed the AD FCS&CA to conduct frequent market checking, besides making sure availability of essential commodities in all areas of the district.

Meanwhile, SSP informed the participants about the traffic movement plan and security arrangements for the Eid

celebration.
The DC also directed the SDMs and concerned Tehsildars to ensure all necessary arrangements in their respective jurisdictions for the Eid festival. The DC also directed the SDMs and concerned Tehsildars to ensure all necessary arrange-

DDC Rajouri reviews progress of work on NABARD funded projects

RAJOURI, JULY 05: The progress on the ongoing NAB-ARD funded projects being executed by the PWD sector was today reviewed by the District Development Commissioner, Vikas Kundal, here at a meeting with con-

Officers present in the meeting included CPO, Mohammad Khurshid; SE PWD, Nissar Hussain; ExEn PWD Rajouri, Maqbool Hussain; ExEn PWD Nowshera and other concerned officers.

Reviewing the progress, the DDC sought a detailed report regarding the physical and financial progress on the projects being executed by different executing agencies in the district

The DDC asked the concerned officers to personally monitor the progress of works and set monthly targets to achieve the desired results.

MUMKIN Scheme: DC Kathua hands over keys of vehicles to 26 beneficiaries

KATHUA, JULY 05: Deputy Commissioner, Kathua Rahul Pandey today handed over keys of mini Commercial vehicles to 26 beneficiaries of MUMKIN Scheme here at a brief ceremony held in the office premises of District Employment & Counseling Centre.

On the occasion, Assistant Director, Employment & Counseling Centre, Kathua Naresh Kumar, representatives of Mahindra & Mahindra. Tata Motors and Ashok Leyland Companies, besides beneficiaries of MUMKIN scheme were also present.

While throwing light on the youth centric initiatives of the government, the DC said MUMKIN scheme has been launched with the motive to provide support to the unemployed youth of J&K to make them self-reliant. He said that these vehicles provided under the scheme will open new avenues of employment for the beneficiaries and will make them self-reliant. He also congratulated the team of DECC Kathua and beneficiaries on the occasion

"These vehicles will help the beneficiaries in making both the ends meet besides providing them a sustain-able source of livelihood", the DC added.

Assistant Director, Employment & Counseling Centre, Naresh Kumar informed that MUMKIN scheme has received massive response from across the district. He said with disbursement of 26 mini commercial vehicles today, the total tally of the beneficiaries who availed

500LPM Oxygen Generation Plant Commissioned in SDH Gandoh

GANDOH, JULY 05: To strengthen the health care in-frastructure in Sub Division Gandoh, a 500 Litre Per Minute (LPM) Oxygen Generation Plant was commissioned successfully here at Sub Divisional Hospital (SDH) Gandoh.

District Development Councillor Changa Nadeem Sharief inaugurated the Plant in presence of DDC Councillor Bhalessa, BMO Gandoh, Doctors and Engi-

Speaking on the occasion, the DDC Councillor said that with the commissioning of the plant, the hospital has become self-sufficient in meeting the medical oxygen needs. It will supplement, and reduce the dependence on manual Oxygen Cylinders for supply to the

DC Rajouri reviews arrangements for Eid-Ul-Adha

RAJOURI, JULY 05: District Development Commissioner Rajouri, Vikas Kundal today chaired a meeting to review the arrangements for the forthcoming auspicious occasion of Eid-Ul-Adha.

Officers who attended the meeting included SSP, Mohd Aslam; ACR, Imran Rashid Kataria; DSHO, Dr Sarfraz Naseem Chowdhary; CMO, Dr Abdul Hamid Zargar; AC FS, Ajeet Singh; AD FCS&CA, Arief Lone; ExEn Jal Shakti Rajouri, Mushtaq Ahmed; ExEn PDD Rajouri, Hasan Mohd and other concerned officers.

President MC Rajouri, Mohd Arief; President Beopar Mandal, Rajesh Gupta; Mohd Farooq; Shafqat Mir; Tazeem Dar were also present in the meeting. A discussion on various points including uninterrupt-

ed water and power supply, medicare facilities, parking facilities, transport etc was held threadbare in the

Addressing the meeting, the DDC stressed upon the officers to provide all requisite facilities to the public like drinking water, sanitation, medicare, transport, uninterrupted power and water supply and other necessary arrangements in this regard.

The PDD and Jal Shakti Departments were directed to ensure uninterrupted power and water supply to the general public during the festive days.

The Police authorities were directed to deploy adequate police personnel on the holy day for the security of the public. The Traffic authorities were directed to prepare well thought-out traffic management and parking plans in order to ensure hassle-free to-and-fro movement of vehicles on the scheduled day.

Jal Jeevan Mission:DC Kathua discusses modalities for implementation of District Action Plan 299 WSSs proposed to cover 515 villages of 257 Panchayats

KATHUA, JULY 05: Deputy Commissioner, Kathua, Rahul Pandey today chaired a meeting to discuss modalities for effective implementation of District Action Plan (DAP) of Jal Jeevan Mission here at a meeting held in the DC Office Complex.

At the outset, Superintending Engineer Hydraulic Sanjeev Malhotra apprised the Deputy Commissioner that 515 villages of 257 Panchayats of the district would be covered under District Action Plan for which 299 Water Supply schemes have been pro-

The DC took component wise

review of Water Supply Schemes and laid emphasis on ensuring inclusion of all the villages and seeking ground reports before finalizing the District Action

The Chief Education Officer was asked to share data of schools without tap water connections and directed XEN Jal Shakti to include the left out schools in the

The DC asked for making district level water testing labs functional to ensure supply of safe drinking water through close monitoring and surveil-



While discussing the engagement of Implementation of Support Agencies (ISAs), the

DC called for ensuring active involvement of ASHAs, AWWs, staff of RDD and Revenue departments for monitoring the performance and developing an institutional mechanism.

The DC called upon the officers to expedite the process to provide safe water supply to left out households at an earliest. He said that the objective of the scheme was to provide safe and adequate water to all households which require coordinated efforts among all stakeholders right from planning to its execution on the ground.
The ADDC and DFO Kathua

were asked to ensure that identified locations for developing JJM schemes are free from any encumbrances and are dispute free.

ing that the final DAP should be comprehensive in nature, ground-truthed and with a built in mechanism to take every stakeholder on board as per the JJM guidelines. The DC also called for taking

up aggressive IEC campaigns on JJM at all levels to bring a behavioural change regarding water conservation and manage-

DC Kathua reviews Eid-Ul-Adha arrangements

KATHUA, JULY 05: Deputy Commission-



er Kathua Rahul Pandey today chaired a meeting of officers to take stock of arrangements for Eid-Ul-Adha in the dis-

The meeting was attended by SSP, R.C Kotwal; ADC, Atul Gupta; XEN PDD XEN Jal Shakti Department, AD FCS & CA, CEO Kathua MC and other district officers. Besides, ADC Basohli, ADC Billawar, SDM Hiranagar and Tehsildar Bani joined the meeting virtually.

The DC directed the concerned departments to ensure the availability of water supply, First Aid, Fire tenders, uninterrupted power supply, security arrangements and proper cleanliness in the dis-

The DC instructed the concerned officers to keep a strict vigil on profiteering and black-marketing of essential commodities during the festive days besides ensuring

quality of eatables.
The DC directed the FCS&CA department to ensure distribution of ration among the people, making sure availability of essential commodities besides displaying rate lists of eatables by the shopkeepers in the The team was asked to conduct frequent

visits to the market particularly during the festival days to keep a check on overcharging and ensure that good quality eatables are provided to the people. The Chief Medical officer was directed

to provide Medicare facilities at Eid Gah during the festival, while District Police authorities were asked to deploy adequate police personnel at traffic jam prone places of the town, besides ensuring traffic regulation by the Traffic police.

Directions were also passed to PDD and Jal Shakti Department to ensure uninterrupted power and water supply especially during the Eid days. He also directed the Municipal authorities to undertake cleanliness drives in the localities so that it wears a festive look. He also said that proper arrangements should be put in place at Eid Gahs as per the past practice for the convenience of the devotees.

The DC enjoined upon all to ensure all necessary arrangements for the upcoming Eid-Ul-Azha Festival along with ongoing SANJY 2022 and also called upon the heads of Sub-divisions to convene meetings with stakeholders to ensure timely arrangements for Eid-Ul-Azha.

Dr Shazad Demands Repair of Damaged School in Balakote

Jammu, Dr Shazad Ahmed Malik, former Vice Chancellor and Chairman Jammu and Kashmir Border Area Development Conference has urged the School Education department to immediately repair the damaged government middle School Gola Nari, Sanghiote in Block Balakote of District Poonch.

During his tour of Vil-Sanghiote along prominent they showed him damaged roof top of government middle school Gola Nari, the roof shed of the school is made up of tin which is missing from many spots besides poor condition of washrooms of the school. It is the only nearby government school in the area and people demanded that it must be repaired before opening of school (culmination of summer vacations) failing which



the teachers and students won't be able to join their classes in rainy season as the roof of the school is damaged. Dr. Shazad has urged the government to take appropriate action in this regard at an earliest. Dr Shazad was on visit to different areas of border areas of Balakote Block on the invitation of locals, the BADC Chairman also held several meetings with the villagers who apprised him about their day to day problems related to Power Department,

Health, Water Supply, Road Connectivity and School education depart-

They also highlighted certain discrepancies in construction works done by Rural development department and urged the former VC to highlight these issues. Dr Shazad gave a patient hearing to the grievances of the villagers and assured to raise them at appropriate forum for their immedi-

Anywhere, any moment, any emergency situation these guys will be there for the rescue act

By MS Nazki

f you can learn to stay cool and keep thinking, you'll figure out what you need to do.' That is precisely what the troops of 17 RR did as they were on a rescue mission! A boy had to be saved and he

-'These men have seen a lot of ugly things and situations as trainees, but such twists and turns don't bother them very much. It's not that the familiarity hardens them; it is rather that one learns the knack of channeling one's emotions around the ugly thing or a situation. This is the kind of mental toughness they have!

These huys discover their greatness when they find themselves in a situation bigger than they are and they manage to grow and become bigger than the situation. There arose a situation in Kishtwar where one Ankit Kumar, 24 years R/o village Kundal was in serious trouble and needed immediate medical aid and evacuation. It was done with skill and some splendid innovation! Remember that the obstacle to be confronted was the menacing Chenab!'

The instructions to Ankit were probably on these lines, move there with us on top of the stretcher, your leg have given in , your hands are there and so is the pumping heart of yours. Do not fear the sounds of monstrous waters below, the bumps and slopes as we move on the ropes. It is only turbulence so keep your composure as we will make sure that you will be in the hospital soon!' Ankit was withw some very serious damages to his legs and hip but more importantly he was alive!'

-'Humanitarian procurement for emergency response is spontaneous and often unplanned, because although we may plan for a catastrophe the when it may happen maybe a mystery! To address this, innovative solutions are a must. One such effort was on display in a remote place in the interiors of Paddar in Kishtwar!

'this is the time we have to walk stepping on the storm because come what may the boy has to be saved and rushed to the hospital'! And the mission was on! -This is what happened on the ground:

-'In brief the incident was something like this: Indian Army evacuated Ankit Kumar, 24 years R/o village Kundal. He met with an accident while working in fields with hand tractor, across Chenab river causing serious injury to his both legs. He was further evacuated to Kishtwar District Hospital.' The details of this I would

be describing later in the script!' -'Perhaps the instructions to the men would have been on the following lines,

-'In circumstances this desperate there is only one thing that can console people and that is the presence of Indian Army! They have done it tme and again in fact over and over again! This was another situation tackled without any hassels!'

-In a courageous and a brilliant innovative move, troops of Indian Army situated at Kijai village of Paddar block on an urgent call from medical staff of PHC, Paddar rushed for rescue of a civilian named

Ankit Kumar age 24 resident of Kundal village who suffered injury while ploughing his farm with tractor.
-The individual lost balance and his leg

ing the hip and serious injuries to calf muscle and shin bone -Troops of 17 RR (MARATHAHA LI) rushed to the spot immediately along with

came under the tractor thereby dislocat-

stretcher and necessary medical aid. -The casualty was at a remote location across the Chandrabhaga (Chemab) river which involved negotiation of the river

through a ropeway. -First aid was given on the spot and the casualty was immediately rushed to Kishtwar in PHC Ambulance.

-Timely intervention by troops of the Indian Army saved the life of the civilian and to which all village elders and villagers expressed their gratitude.

-Some fish love to swim upstream. Some people love to overcome challenges. That was what was displayed in this rescue act. The master's innovative stroke was cross-

ing Chenab on the ropeway! -The Indin Army knows that Innovation needs preparation, collaboration and the swiftness din execution of the task at

hand. Every challenge provides an opportunity to execute a new innovation! In conclusion I would say that a true in-

novator does best, what he doesn't know best. And it is not necessary that you will always be in control of the situation arising. The most successful people continue to learn, continue to innovate, and continue to question what they have to offer and how they can provide it. Wisdom is a moral duty. If we stop learning, progress stops as well. This is well drilled into the mindset of the men in Olive Green's!

FROM THE FRONT PAGE...

YATRA

Since June 30, more than 72,000 pilgrims are reported to have offered their prayers at the Amarnath cave shrine; it is scheduled to end on August 11 on the occasion of

COUNTER

and Chandanwari Access Control Gate, Pahalgam. This will fulfill the long pending desire of the devotees expressed from time to time. SASB in future will also continue to take such initiatives to provide more and more facilities to the pilgrims coming from all over the country as well as abroad for the Holy Yatra.

houses were inundated and caused partial damage. Work to clear the blocked Srinagar-Leh highway is un-

This happened while the Amarnath Yatra has begun in Jammu and Kashmir.

The Yatra began on June 29 from Jammu amid tight security arrangements made by the Central Reserve Police Force (CRPF) along with the army and the local police.

station, the police said.

educational qualifications from J&K belonging to Srinagar, Anantnag, Baramulla, Pulwama, Badgam, Kupwara, Shopian, Ganderbal, Bandipora and Kulgam diswara, Shopian, Ganderbar, Bandipora and Ridgain districts and UT of Ladakh can apply for enrolment under categories of Agniveer General Duty, Agniveer Technical, Agniveer Clerk/Store Keeper Technical and Agniveer Tradesmen.

COVID

have recovered and 4757 have died; 2332 in Jammu division and 2425in Kashmir division.

The Bulletin further said that out of 25817660 test results available, 455475samples have tested positive and 25362185 samples have been tested as negative till date. Besides, 10,407COVID tests have been conducted in last 24 hours

Till date 6595734 persons have been enlisted for observation which included 228persons in home quarantine including facilities operated by government, 594in isolation and 312in home surveillance. Besides, 6589843 persons have completed their surveillance period.

Providing district-wise breakup for positive cases for today, the Bulletin informs that Jammu reported 45 cases, Srinagar reported 18 cases, Udhampur reported 05 cases, Kathua reported 10 cases, Samba reported 03 cases, Ram-ban, Baramulla and Kulgam reported 01 case each while as no other district across the Union Territory of Jammu and Kashmir reported any fresh case.

The bulletin informs that in case of any help, the gener al public can call J&K UT Centralised Health Helpline-Toll Free No. 104.In case of emergency, people can avail free ambulance services 24x7 by calling toll free number 108 while as pregnant women and sick infants can avail free services by dialling toll free number 102, the bulletin reads.

It also informs that the public can reach national helpline by dialling 1075.

Further the bulletin also informs the public that for any kind of COVID-19 query, logon to www.covidrelief.

The readers can also reach us on the official Twitter account of DIPR-J&K @diprjk; website: http://www.jkdirinf.in; Webportal: jkinfonews.com and Facebook: @dipr. jammu.kashmir.

from various hospitals including 47 from Jammu division and 20 from Kashmir division. According to the daily Media Bulletin on novel Corona virus (Covid-19), the bulletin informs that 12,355 doses of COVID vaccine have been administered in the last 24 hours bringing the cumulative number of doses administered across J&K to

Of the 455475 positive cases, 494 are Active Positive (403 in Jammu Division and 191in Kashmir Division), 450124

Daily Mail reported.

"I chaired a commission for the Lancet for two years on Covid. I'm pretty convinced it came out of US lab biotechnology - not out of nature - just to mention after two years of intensive work on this," Sachs said during a global conference organized by Spanish globalization think-tank Gate Centre.

'So it's a blunder in my view -- of biotech -- not an accident or natural spillover."

Even after two years of the pandemic, the origins of Covid-19 remain unclear. It has been a political and scientific debate with scientists and politicians globally contending that the coronavirus jumped into people from bats, or have been leaked from a laboratory

Last month, World Health Organisation (WHO) chief Tedros Adhanom Ghebreyesus said that the Covid lab leak theory needs "further investigations". But then he privately confided to a senior European politician that the pandemic originated from China's infamous Wuhan lab, a report said.

While admitting "we don't know for sure", Sachs, who was twice named one of Time magazine's 100 most influential people in the world said: "There's enough evidence that it should be looked into and it's not being investigat-

ed -- not in the US, not anywhere."

"I think for real reasons, they (US officials) don't want to look under the rug too much," he added.

It is also unclear if Sachs believes Covid originated in the US or was borne out of collaboration between American and Chinese scientists in Wuhan, the report said. Chinese government officials said that Sachs' claim war-

ranted a "thorough investigation", the Daily Mail said. "Given the heavy human and economic toll taken by the virus, don't we owe it to the millions of lives lost to have a thorough investigation into US labs?" Hua Chunying, China's Assistant Minister of Foreign Affairs, said in a

DIV COM restrictions in the previous couple of years people faced difficulties, so now people will celebrate Eid ul Adha with enthusiasm.

He further asked the enforcement teams to ensure healthy sacrificial animals are available and asked them to monitor rate and weight.

Further, Div Com directed to conduct market checking and ensure that meat and poultry besides other essen-

tials are available in the market. The meeting was attended by DIG traffic; Deputy Commissioner, Srinagar; Commissioner SMC; Officers of Legal Metrology, Sheep Husbandry, Animal Husbandry, Horticulture, Food Civil Supplies and Consumer Affairs besides CE Mughal Road, AC Food Safety and Supplies, Tehsildar Waqf Board; members of various Fruit associations and poultry and mutton dealers.

DIC, Jammu, is transferred and posted as Joint Director, School Education, Jammu.

Kartar Singh, JKAS, Programme Officer, ICDS Project, Rajouri, is transferred and posted as Additional Deputy Commissioner, Nowshera

He shall also hold the charge of the post of Sub-Registrar, Nowshera, in addition to his own duties, till further

Virender Kumar Manyal, JKAS, Additional Secretary to the Government, Social Welfare Department, is transferred and posted as General Manager, DIC Jammu. Rajeev Kumar Khajuria, JKAS, Assistant Commission-

er, Survey and Land Records, J&K, is transferred and posted as Sub-Divisional Magistrate, Marh.

He shall also hold the charge of the post of Sub [1] Registrar, Marh, in addition to his own duties, till further

Naser Ali, JKAS, Sub-Divisional Magistrate, Marh, holding additional charge of Sub-Registrar, Marh, is transferred and posted as Assistant Commissioner, Survey and Land Records, J&K.

ALTAF BUKHARI

man of the party's Political Affairs Committee Mohammad Dilawar Mir, Vice President and District President Shopian Zaffar Iqbal Manhas, Party's Chief Coordinator Abdul Majeed Padder, Chairperson DDC Shopian Bilqees Akhtar, Vice-chairman DDC and General Secretary for the party's Youth Wing Irfan Manhas, District Vice President Advocate Gowhar Wani, District Secretary Tanveer Tak, Block President Shopian, Nazir Ahmad, Block President Keegam Abdul Rashid Mir, Tribal Leader Shabir Deedad, Youth Leader Suhail Rather, Leaders from the party's woman wing Nigeena Ji, Yasmeen Ji, Senior Leader Abdul Qayoom Shah, Senior Leaders Fazul-ul-Din, and others.

Bukhari in a statement urged the union government to restore statehood to J&K before the assembly elections are held here. He said, "Since the Union Government has committed that it will restore the statehood to J&K, it will be a great initiative if the commitment is fulfilled before the forthcoming elections.'

"Statehood is something that the J&K's people feel a longing for since it was snatched away on August 5, in 2019." He added.

Bukhari also demanded that the young Kashmiris who are currently behind the bars should be given a chance to get back into the national mainstream.

He said, "Several youngsters from this beautiful place have been in jails for quite a long time. The Apni Party wants that these youngsters should be given an opportunity to get into the fold of the mainstream. We cannot overlook the fact that they are our own kids, thus, the Apni Party would suggest that the government should form a committee to look into the cases of these young people and see if they are willing to get a chance for a peaceful life.

On protracted political exploitation of the Shopian people by the traditional political parties, Bukhari said, "Shopian is one of the few places in whole Jammu and Kashmir that the Almighty has bestowed with tremendous natural resources and full potential for enormous economic growth. But, the traditional political parties, who ruled J&K for years and decades never tried to harness the potential of this place that could have brought prosperity to the people of Shopian. I assure you that we will change the scenario of this district for the better if the Apni Party is elected in the forthcoming elections.'

He added, "Shopian has great potential in the horti-culture and tourism sectors. The apple from Shopian is much-admired for its best quality. We can improve the production and fruit quality further by deploying the latest scientific methods, and by deploying lift irrigation to the Karewa (Wodder) areas of the district. Similarly, we can identify and develop potential tourist sites here.

Apni Party President, while explaining his party's vision for J&K, said, "Our policy is very clear. We want sustained peace, durable prosperity and development of Jammu and Kashmir, and economic empowerment of its people. God has bestowed us with the kind of natural resources and potential that many places in the country can only dream of. We just need to harness our potential with scientific principles. Unlike the traditional political parties, the April Party is focused on our policy of peace, prosperity, and development in J&K.

While talking about Apni Party's post-August 2019 role, Syed Altaf Bukhari said, "After the occurrences of August 5, 2019, everybody was skeptical about the future occurrences. People feared that they would be pushed to the wall further. But the Apni Party took an unpopular, yet greatly significant initiative of meeting the Prime Minister and Home Minister. We ensured that our land and jobs are secure. We made the Prime Minister and Home Minister announce that there will be no demographic change in Jammu and Kashmir. This was our contribution at the time of crisis, and we feel proud of the initiatives that we have taken post-August 2019 to protect the rights of the people."

Test (NEET) and Joint Entrance Examination (JEE) after coaching will also be provided with a scholarship,

Tribal Affairs Department Secretary Shahid Iqbal Choudhary said 100 tribal students are being selected for NEET coaching in government-empanelled coaching institutes, under two different sub-schemes.

The two sub-schemes are 'Host-50' for hostellers and 'Top-50' for other tribal meritorious students in the first year under the scheme which is being implemented through the education wing of the Tribal Research Insti-

Choudhary said the coaching fee for NEET and JEE at select institutions would be sponsored by the department after verification of attendance and evaluation.

PADDAR

The troops of 17 Rashtriya Rifles (MARATHA LI) immediately rushed in the direction of the noise to investigate without wasting time.

On reaching the spot, the patrol found out that two women namely Neelam Kumari age 62 years resident of Digyanan, Jammu and Vaishno Devi age 60 years resident of Fylmandal, Jammu were unwell.

Neelam Kumari was suffering from low BP and was unable to breath and Vaishno Devi had suffered serious leg injury due to fall and was unable to walk. The patrolling party of 17 Rashtriya Rifles (MARATHA LI) immediately provided First Aid and evacuated them to PHC Atholi by traversing through difficult terrain and crossing Chan-

Due to the timely first aid to the ladies and braving and overcoming the challenges posed by terrain and weather, lives were saved. The brave and selfless act by the troops of the Indian Army was praised by the families of both the ladies and all Yatris.

overcome the electricity deficit. The move is aimed at creating greener energy by pro-

ducing electricity using this windmill at the forward post which will reduce the carbon footprint in the lush area. Gurez, which has slowly become popular among tourists, has no captive electricity source and its complete power requirement is dependent on Diesel generators. It gets even worst during the winter when the area remains cut off for months from the rest of Kashmir due to heavy snow accumulations, which makes electricity even rarer.

The project has been done in collaboration with Suresh Kapadia, a philanthropist. On average 6000 liters of diesel are consumed by the forces in a year at each post with a total annual cost of Rs 5,25,600 and a Carbon footprint

of 16 tonnes.

The total electricity produced by this windmill is around 3000W. The annual cost of a 5 KVA diesel generator is around rupees 5,45,000 and a windmill only 11,000.

The move is seen as a small step in not only creating a cleaner environment but also creating cost-efficient elec-

given by Additional Chief Secretary Agriculture Production Department, Atal Dulloo where he briefed the meeting about the broad contours of PMFME Scheme.

The meeting was informed that three Common Incubation Centres (CICs) are being established--one each in Baramulla, Anantnag and Jammu districts of the UT and where under One District One Product (ODOP) theme: Apple, Fish and Dairy processing lines are being setup at an estimated cost of around Rs 6.68 crore.

The meeting was also told that these CICs are likely to be commissioned by end of August, 2022.

During the meeting, it was also highlighted that an amount of Rs 30.58 lakh was provided as seed capital to 105 Self Help Groups (SHGs) under the programme through SRLM for upgradation of units involved in Food Processing.

It was also brought out that District Resource Persons (DRPs) have been nominated for all the districts who have been entrusted with the task of preparing and submitting DPRs under the Scheme.

The Approval Committee was informed that 28 food processing units of different categories have been established under the programme.

On the occasion, the Committee approved the Project Implementation Plan for the financial years 2022-23, 2023-24 & 2024-25, for an amount of Rs 5778.76 lakh. Further, it was informed that under this

programme around 1500 individual units in food processing sector are proposed to be established or upgraded across the UT in a span of three years thus providing employment to huge chunk of young entrepreneurs, besides providing seed capital to 300 members of SHGs per year. On the occasion, J&K Bank was instructed to expedite sanction and disbursement of loan cases of all the cases pending with the bank under PMFME Scheme.

units would result in bolstering the economy of UT.

amalgamated with the installation of processing units would result in bolstering the economy of UT.

Leopard mauls six in Anantnag

Srinagar, July 5: Four of the family was among six who were injured in a leopard attack at Kreeri village of Dooru in south Kashmir's Anantnag in the last 24 hours, officials said on Tuesday.

An official said six people suffered injuries after being attacked by a leopard in the last 24 hours. "All the injured have been shifted to hospital for treatment," he said.

Among the injured, four have been identified as Meh-

booba Akhter wife of Mohammad Yousf Dar, Zareefa Bano wife of Abdul Aziz Dar, Nadi Jan daughter of Mohammad Yousuf and Saqib Ahmad son of Mohammad Yousuf — all residents of Kreeri Dooru

Meanwhile, medical superintendent SDH Dooru, Dr Rafi Salati said two injured were brought to the hospital last evening and this morning four family members were brought to SDH Dooru in an injured condition.

He said all the injured were stable and were undergoing

Mentally-challenged detained near LoC in Poonch

Jammu, July 5: A mentally-challenged person was on Tuesday detained after he was moving in a suspicious manner in a forward village near the Line of Control (LoC) in Poonch district of Jammu and Kashmir, officials

He has been identified as Shiv Kumar (30), a resident of Nepal, they said.

He was detained by the Army in Digwar sector after he was found moving in a suspicious manner, the officials

They said Kumar was taken to a hospital where doctors conducted his physical examination and found him men-The Army later handed over him to police, the officials

Gamroo-Gundgaiser Bridge closed for 16th Consecutive Day as R&B deptt failed to repair damaged road till date

Suhail Rather



Bandipora, 05 July: The approach road of Gamroo-Gundqaiser bridge that got damaged due to incessant rainfall last month is yet to be repaired leading to closure of the road for 16th consecutive day. Locals said they have been put to a lot of trouble owing

to closure of road causing severe inconvenience. The residents of Gamroo and it's adjoining villages told that the bridge was an important link in the area as it connected more than half a dozen villages to the Bandipora-Srinagar road. Besides, it connected many villages on the other side to main town Bandipora.

As the bridge is lying closed for repair after a part of it was damaged last month, they are forced to cover 5-08 kms extra for entering into the main town by using another road via Papchan or cover the distance on foot to reach destinations, they said. They further said that the little portion of this approach road was sinking for the last few months owing to illegal extraction of minerals from Nallah Arin but the concerned authorities did not initiated any repair work following which due to incessant rains last month, it got damaged.

Meanwhile when contacted R&B Executive Engineer, Abdul Qayoom said that the damage on the bridge and on its approach road was assessed soon after its deterioration and was escalated to the concerned higher ups. "We have not received any funds as of now for the repair. Once there will be green signal to initiate work, it will be started within shortest span of time", he added.

IQAC and NSS unit of GDC Kilhotran organize awareness-cum-registration campaign about Agnipath recruitment



Doda:- India's youth is set to play a crucial role in realizing the dream of building an AatmaNirbhar, Sashakt Bharat. And Agnipath scheme will take them a step closer. It is a unique opportunity to full fill their dream of joining the armed Force and serving the Nation. The IQAC and NSS unit of Government Degree College, Kilhotran in collaboration with 4RR, Indian Army organized an awareness-cum-registration campaign on 04-07-2022 about Agnipath recruitment at GDC Kilhotran. Indian Army has opened the online registration for Army Agnipath Recruitment 2022. The chief guest and also the resource person of the occasion Army Major 4RR, Priyank Singh was felicitated by the Principal Dr. Javid Iqbal and Dr. Tanveer Hussain, HOD History. The chief guest graced the occasion by sharing his valuable thoughts/suggestions about the importance of Agnipath recruitment. The 4 RR, Army personnel in the College motivated the interested students enrolling and joining the Indian Army under the Agnipath scheme. The army officials explained that the Agnipath scheme has been designed to create an ideal mix of youthfulness and experience in the armed forces and also announced a detailed recruitment plan for Agnipath. The important information shared by the Army on 04-07-2022 in the college step by step process of Agnipath registration. During the awareness programme students of semester 2nd, 4th and 6th of the college has thorough discussion on the process of registration of Agnipath scheme with resource person. The teaching faculty of the College namely Prof. Chanchal Singh, HOD Education Mr. Vinay Manhas, HOD Physical Education, Prof. Arshad Ayoub, HOD Pol. Science and Prof. Deepak Raj, HOD English were present in question answer session. The programme ended with vote of thanks by IQAC Coordinator, Dr. Tanveer Hus-

Brothers send them home to their loved ones...

M S Nazki



Indian Army bids adieu with full military honour to the 28 soldiers, including Commanding Officer, Lt Col Kapil Pandey of 107 Territorial Army who lost their lives in the recent #landslide at #Noney, Manipur as they start their journey home.

Condolences and prayers for the family and regiment to

KARGIL VICTORY FLAME ARRIVES AT

Srinagar, 05 Jul 2022. The Kargil Victory Flame to commemorate stellar victory in 1999 War against Pakistan peaceful town with rich cultural heritage.
The arrival of Kargil Victory Flame at Zainakot and wel-

come by Kargil War Veterans brought along mixed bag of memories. Kargil Victory Flame was received with full military honours by Commanding Officer, Rashtriya Rifles and was brought to War Memorial at Battalion Head-

Subsequently, A victory rally on Cars and bikes was taken out by Kashmiri youth enroute National Highway-1. Sight of Kargil Victory Flame travelling on Srinagar-Baramulla- Uri - Muzaffarabad highway was a spectac-

KARGIL VICTORY FLAME REACHES **SHALATENG GARRISON**

Srinagar 4 Jul 2022. The Kargil Victory Flame was received at Shalateng Garrison today.

The Victory Flame was escorted by serving Army Officers, Junior Commissioned Officers, Other Ranks, Ex Servicemen, School Children and Teachers of Army Goodwill School Hanzik, in a Victory March.

The Victory Flame was thereafter taken to the Shalateng War Memorial for a Guard of Honor and Wreath Laying ceremony, where General Officer Commanding, Counter Insurgency Force (Kilo), Station Commander, Veteran & Students laid wreath and paid their proud tributes to the Kargil War Heroes.

INAUGURATION OF AMEEN SHED

M S Nazki



Surankote: Rashtriya Rifles Battalion under the aegis of Headquarter Counter Insurgency Force (ROMEO) inaugurated AWAAM Maitri Shed at Mehta Moh, Surankote on 05 Jul 2022. As per the demand of the locals, a Passenger Waiting Shed has been constructed. This was a long outstanding demand from locals on one of the oldest tracks of Surankot market. The construction allows the travellers to catch their breathe enroute & assists in taking shelter during rainy season. The event was highly appreciated by the attendees and further enhanced the nation building image of Indian Army. A total No of 74 civilians attended the event.

Delhi MLAs Might Be Among Lowest Paid Lawmakers Despite 66% Hike: Data

hi Assembly passing a bill to hike the salaries and allowances of MLAs by over 66 per cent, the lawmakers of the national capital will continue to draw lower salaries than their counterparts of Telangana and Himachal Pradesh, and might still be among the lowest paid in the country.

The monthly salary of an MLA in Delhi was 12,000 but after the bill, which will go for President's approval, it will be 30,000 and along with allowances, it will go up to 90,000 from 54,000. Five different bills were tabled for the hike in salaries of ministers, MLAs, chief whip, Speaker and Deputy Speaker, and Leader of Opposition in the Assembly, which were passed by the members. These bills will now be sent for president's approval.

According to official figures, an MLA currently draws a monthly salary of

30,000 after the bills get approved by the President. The constituency allowance will go up to 25,000 from 18,000, while the conveyance allowance will be hiked to 10,000 from 6,000. The telephone allowance will see a hike of 2,000 from

8,000 to 10,000, while the secretarial allowance will increase from 10,000 to 15,000. The figures by PRS Legislative, a non-profit organisation, state that Himachal Pradesh MLAs draw a salary of 55,000 while the constituency allowance, daily allowance, secretarial allowance, telephone allowance stand at 90,000, 1,800, 30,000, 15,000, respective-

The salary of Kerala MLAs is lower than Delhi MLAs and is a meagre 2,000 while they do not have a secretarial allowance whereas the constituency allowance stands at 25,000, according

MLAs is 20,000 but the constituency allowance stands

12,000, 30,000, 20,000, 25,000, 80,000 and 10,000.



at 2.3 lakh whereas there are allowances also on accommodation if it is not provided by the government. The respective salaries of MLAs in Andhra Pradesh, Tamil Nadu, Uttarakhand,

Chhatisgarh,

The constituency allowance of Andhra Pradesh MLAs stand at 1.13 lakh while the figures for Tamil Nadu, Uttarakhand, Chhatisgarh, Punjab, Mizoram and West Bengal stand at 25,000, 1.5 lakh, 30,000, 25,000, 40,000

Chhatisgarh get allowances like orderly allowance to the tune of 15,000, medical allowance of

Thus, the cumulative salaries of Uttarakhand MLAs is over 1.82 lakh while those of the AAP ruled Punjab is near 95,000. The Mizoram MLAs draw close to 1.50 lakh.

Delhi MLAs have raised the issue of low salary several times in the past with Vishesh Ravi even saying in 2018 that unmarried MLAs find it difficult to find brides. Chief Minister Arvind Kejriwal had said that their is an honest government and their MLAs do not indulge in corruption. Salaries and allowances of Delhi MLAs were last increased in 2011. The monthly salary of an MLA in Delhi was 12,000 but after the bill, which will go for President's approval, it will be



Dev -Mithun Charkborty together on screen again, shooting of 'Prajapati' starts in Bidhannagar. July 5,2022. H.T.photo by SOURAV DUTTA

Samajwadi Party Leader Azam Khan's Wife, Son Summoned By **Probe Agency**

New Delhi: Probe agency Enforcement Directorate or ED has summoned the wife and son of Samajwadi Party leader Azam Khan for questioning in a money laundering case being investigated against him, officials said. Azam Khan, 73, is also a Samajwadi Party MLA from Rampur seat. His son Abdullah Azam Khan, MLA from the Swar assembly seat in the Uttar Pradesh Assembly, and wife Tazeen Fatma have been asked to appear separately before the ED's regional office in Lucknow this

The probe agency wants to record their statements under criminal sections of the Prevention of Money Laundering Act (PMLA) in the case being probed against Azam Khan, they said. Azam Khan has been grilled by the agency in the case

when he was lodged in Sitapur jail. He is out on bail at

He was released from jail in May after 27 months following the Supreme Court granting him interim bail in an alleged forgery case. The probe agency has initiated an investigation against Azam Khan in 2019 after taking cognisance of at least 26 FIRs filed by the state police against him including allegations that a university run by him in Rampur district of Uttar Pradesh has been raised over a land that has been grabbed from

a 'enemy property'. Azam Khan is the Chairman of the Maulana Muhammad Ali Jauhar Trust which runs the three branches of the Rampur Public School. He has earlier served as the urban development minister in Samajwadi Party's former government headed by then Chief Minister

"Unlivable Conditions": 2 Sri **Lanka Families Flee To Tamil Nadu Amid Crisis**

Rameswaram: Beleaguered Sri Lankans fleeing the crisis-hit island republic and arriving in the country continued on Tuesday as eight persons, including children, belonging to two families landed in Tamil Nadu's Rameswaram as they were unable to manage the "unlivable" conditions back home.

Prior to this, 105 persons arrived in the country through the sea route in Rameswaram, as Sri Lanka is going through a crippling economic crisis that has resulted in exorbitant prices of essential commodities. On Tuesday, local fishermen spotted the eight members stranded at Arichalmunai, after having travelled there by boat from Sri Lanka, officials said, following which they informed the Marine Police.

Police rescued them and brought them to Dhanushkodi for further enquiry after which they will be sent to the Mandapam refugee camp, they said. The 8 persons belong to Jaffna in Sri Lanka. One of the Sri Lankans who arrived in Rameswaram today, Lavendran, said that his home country was undergoing an "unlivable" phase with issues including unemployment and skyrocketing prices of essential commodities making life

US police arrest suspect after gunman kills 6 at July 4 parade

Police arrested a suspect on Monday after a mass shooting left six dead at a US Independence Day parade in a wealthy Chicago suburb, casting a dark shadow over the country's most patriotic holiday.

Robert Crimo, 22, was identified as a "person of interest" and became the target of a massive manhunt across the town of Highland Park in Illinois, where a rooftop gunman with a high-powered rifle turned a family-focused July 4 parade celebration into a scene

Firing into the holiday crowd, the shooter caused scenes of chaos as panicked onlookers ran for their lives, leaving behind a parade route strewn with chairs, abandoned balloons and personal belongings. Emergency officials said around two dozen people. including children, were treated for gunshot injuries, with some in critical condition.

After a brief car chase, Crimo was taken into custody "without incident," Highland Park police chief Lou Jogmen told reporters.

Earlier, police had warned that he was armed and "very dangerous"

Crimo bills himself as a musician, and goes by the on-

line moniker "Awake the Rapper"

The shooting is part of a wave of gun violence plaguing the United States, where approximately 40,000 deaths a year are caused by firearms, according to the Gun Vio-

Sydney floods force thousands more to flee

Rain-swollen rivers spilled mud-brown waters across swathes of Sydney on Tuesday, swamping homes and roads while forcing thousands to flee.

Emergency services have now instructed about 50,000 people to evacuate or to prepare to escape the rising waters in New South Wales, officials said.

Emergency workers carried out 22 flood rescues in Sydney overnight, they said, with the support of 100

army troops deployed to the state. The floods, heavy rain and powerful winds led to power cuts for 19,000 homes, officials said. Australia has been at the sharp end of climate change,

with droughts, deadly bushfires, bleaching events on the Great Barrier Reef and floods becoming more common and intense as global weather patterns change. Higher temperatures mean the atmosphere holds more

moisture, unleashing more rain. "Sydney is not out of danger, this is not a time to be complacent," State Emergency Services commissioner Carlene York told a news conference. "It's risky out there."

"Outrageous Transgressions": Supreme Court's Nupur Sharma Remarks Blasted By Ex-Judges, Veterans

New Delhi: Fifteen ex-judges, 77 for-



mer bureaucrats and 25 retired officers of the armed forces have criticised the Supreme Court's recent comments against Nupur Sharma, the since-suspended BJP leader whose remarks on Prophet Mohammed led to

protests and a diplomatic row. Their open letter says the two-judge bench's observation — that she is "single-handedly responsible for what is happening in the country" — was a "virtual exoneration of the dastardliest beheading at Udaipur". A tailor named Kanhaiya Lal was murdered in Rajasthan's Udaipur last month by two men over his social media posts supporting Nupur Sharma

Ms Sharma had gone to the Supreme Court demanding that FIRs registered against her across the country should be clubbed together and transferred to Delhi. The court, on July 1, refused her plea and made some scathing comments. The judges said Nupur Sharma's "loose tongue" had "set the entire country on fire", and that her comments were either for cheap publicity, political agenda or some "nefarious" activities. The observations were not part of the final order, though.The open letter issued today says those "unfortunate and unprecedented comments" from the bench of Justice Surya Kant and Justice JB Pardiwala "are not in sync with judicial ethos". "Such outrageous transgressions are without parallel in the annals of judiciary." It says the observations had "no connect" with the issue raised in her petition. As she was "denied access to judiciary" — the let-ter adds — there was "an outrage on the Preamble, spirit and essence of the Constitution of India"

"One fails to understand why Nupur's case is treated at a different pedestal,' the letter asserts that "such an approach of the Supreme Court deserves no applause and impacts the very sanctity and honour of the highest

The 117 signatories include former Bombay High Court Chief Justice Kshitij Vyas, former Gujarat High Court judge SM Soni, former Rajasthan High Court judges RS Rathore and Prashant Agarwal, and former Delhi High Court judge SN Dhingra. Former IAS officers RS Gopalan and S Krishna Kumar, former top police officers SP Vaid and PC Dogra, Lt General VK Chaturvedi (retired), and Air Marshal SP Singh (retired) are also among them. Earlier, about criticism of their observations, Justice JB Pardiwala had reacted to social media attacks against him and Justice Surya Kant. "Personal attacks on judges for

their judgements lead to a dangerous

scenario," he had said. 'Social and digital media is primarily resorted to expressing personalised opinions more against the judges, rather than a constructive critical appraisal of their judgments. This is what is harming the judicial institution and lowering its dignity," he'd further argued in his address at a function two days ago. The 117 signatories include former Bombay High Court Chief Justice Kshitij Vyas, former Gujarat High Court judge SM Soni, former Rajasthan High Court judges RS Rathore and Prashant Agarwal, and former Delhi High Court judge SN Dhingra. Former IAS officers RS Gopalan and S Krishna Kumar, former top police officers SP Vaid and PC Dogra, Lt General VK Chaturvedi (retired), and Air Marshal SP Singh (retired) are also among them. Earlier, about criticism of their observations, Justice JB Pardiwala had reacted to social media attacks against him and Justice Surva Kant. "Personal attacks on judges for their judgements lead to a dangerous.

SpiceJet Flight To Dubai Lands In Karachi After Pilots Suspect Fuel Leak

New Delhi: A SpiceJet aircraft flying from Delhi to Dubai had to be diverted to Karachi today due to a malfunctioning indicator light, a spokesperson from the airline has said.

Mizoram

The plane landed in Karachi and the passengers were safely deboarded. No emergency was declared, the airline said."On July 5, 2022, Spice-Jet B737 aircraft operating flight SG-11 (Delhi - Dubai) was diverted to Karachi due to an indicator light malfunctioning. The aircraft landed safely at Karachi and passengers were safely disembarked. No emergency was declared and the aircraft made a normal landing. There was no earlier report of any malfunction with the aircraft. Passengers have been served refreshments. A replacement aircraft is being sent to Karachi that will take



the passengers to Dubai," the airline's spokesperson has

The pilots on board the Boe ing 737 Max 8 aircraft had indicators of a possible fuel leak from one of tanks in the wings of the jet. According to aviation regulator. Directorate General Of Civil Aviation, "the crew observed unusual fuel quantity reduction". In other words, the fuel display in the cockpit appeared to indicate an unexpected loss of fuel from the aircraft. This required

the pilot to make a landing

audit of SpiceJet aircraft just last month and continues to carry out inspections on a case by case basis. The landing in Karachi comes just two days after the pilot of a SpiceJet Q400 airliner flying from Delhi to Jabalpur made 'May Day' distress call and returned to Delhi after smoke was detected in the cabin. The aircraft was at an altitude of 5,000 feet when the crew first noticed the smoke and the smoke alarm was triggered. The smoke started increasing when the flight reached an altitude of 14,000 feet. The pilot then informed the Air Traffic Control and May Day was declared. Following this, the flight turned back towards Delhi.

in Karachi though this was

a precautionary landing, not

The aviation regulator con-

ducted a fleet-wide safety

an emergency one.

Uncertainty Over 2 Key Union Ministers As Rajya Sabha Terms End Nitish Kumar's one-time con-

New Delhi: A day before the Centre's next cabinet meeting, there's still little clarity on whether it will be the last such meeting for the two Union Ministers whose terms as MPs end in a couple of days. Minority Affairs Minister Mukhtar Abbas Naqvi and Steel Minister RCP Singh both finish their Rajya Sabha terms on July 7, but their parties have not sent them to the upper house again.

Both the Ministers will lose their cabinet seats if they don't get elected as MPs in the six months after their tenure ends on July 7.

The BJP hasn't renominated Mr Naqvi and Mr Singh, Bihar Chief Minister chief



fidante and No. 2 in the party, was dropped as a candidate for the Rajya Sabha elections by the Janata Dal-United boss over his proximity to senior partner BJP.The Ministers can continue for six months even when they are no longer MPs but it usually doesn't happen in practice. However, Ministers are often made MPs after the cabinet appointment.Several speculations are floating around on the fate of the two Ministers. Mr Naqvi is being seen by many as the ruling party's Vice President candidate, or at least Governor/Lieutenant Governor of some state or Union Territory. RCP Singh is rumoured to formally join the BJP soon. The BJP clarified yesterday that Mr Singh hasn't joined their party so far after a picture of him being welcomed in Telangana by BJP leaders had triggered speculations.Mr Singh joining the BJP is unlikely to go well with his former boss Ni tish Kumar, who even reportedly got him evicted.

Chinese Citizens Under Xi Jinping's Regime Seeking Asylum Abroad: Report

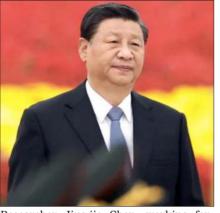
Beijing: China has reported an alarming increase in the number of people seeking asylum abroad after Chinese President Xi Jinping came to power as the systematic misuse of power is leading to discomfort in people's minds and therefore, many are choosing to go abroad, as noted by Hong Kong Post.

The data analysed and published by Safeguard Defenders shows the increase in the asylum seekers, as Xi consolidated his power and introduced a more oppressive system of governance, the number of asylum-seekers from China continued to grow at an alarming rate, claims the NGO on its website.

The increase has occurred despite China's zero-covid policy and other restrictions. In total, around 730,000 Chinese nationals have sought asylum since 2012, with more than 170,000 living outside China under refugee status, the report states.

For most asylum seekers from China, the US remains the most popular destination. America accepted 88,722 applicants from mainland China in 2021, and Australia took 15,774 asylum-seekers in the same

Thousands also apply for asylum in Canada, Brazil, South Korea, and the UK.



Researcher Jing-jie Chen, working for Safeguard Defenders said the data also reflects the impact of Xi's zero-Covid policy, which has led to gruelling lockdowns and draconian restrictions on people's movements under the guise of disease control and prevention.

China has basically been in a state of lockdown during the past couple of years. Despite the lockdowns, "...we can see that the number has reached a new high ... with the number of asylum seekers rising every year over the past three years," Chen

"Many people are voting with their feet and opting to emigrate from China, either through overseas study or investment visas and residency cards," he added.

The rights group 'Safeguard Defenders' is cited in an article written by Amelia Loi for Radio Free Asia in Mandarin (22 June 2022). The rights group said, "Seeking asylum is for many a desperate act, reserved for those with few other options, which does not apply to the great many Chinese who have moved, and continue to do so, to the US, Australia, and beyond, often via naturalization, work visas or property purchases."Reportage of human rights violations in China, calls for greater transparency and the obvious conditions prevailing within the country have led to greater repression. This allows Xi to consolidate total power in his hands. However, while Chinese nationals are choosing to leave their country fearing oppressive rule, the risk of transnational repression has also grown, including the use of involuntary returns. This is a feature already noticed prominently in the case of Uyghurs who have fled Xinjiang and sought asylum in other countries

tinely track, harass, threaten and repatriate people who flee China, under its Sky-Net surveillance program that reaches far beyond China's borders, using a variety of means to have them forcibly repatriated. China has also often used pliant allies to circumvent criminal justice processes and ensure political refugees and Muslims are sent back. It has targeted ethnic groups like the Uyghurs, but also political dissidents, rights activists, journalists and former officials using its overseas networks, according to a 2021 report by Safeguard Defenders. The report stated that the CPC has a coordinated international operation called "Operation Foxhunt" to force Chinese nationals to return home. Chen notes that since Xi Jinping took over as CPC General Secretary, he has brought the 'Foxhunt' plan for the global oppression of dissidents that extends internationally. Between the launch of the SkyNet program in 2014 and June 2021, China repatriated nearly 10,000 people from 120 countries and regions, the report said. Yet according to Safeguard Defenders, just one per cent is brought back to China using judicial procedures; more than 60 per

Chinese law enforcement agencies rou-

Mega Gurez ELFA Football Tournament concludes SFA Bandipora clinches trophy

GUREZ, JULY 05: The maiden Mega Football tournament concluded in Gurez with SFA Football Club emerging as winners.

This event which was first of its kind at Gurez received huge acclaim and participation and was organised by the District Administration, Bandipora in collaboration with ELFA International under the guidance of Dr. Owais Ahmad District Development Commissioner (DDC) Bandipora and overall supervision of Mohammad Ashraf Hakak, ADDC Bandipora.

Among others present at the finals were Mohammad Ashraf Hakak ADDC Bandipora, DR. Mudasir, SDM Gurez, Bashir Ahmad SDPO

The final match ended up in a round of penalties and SFA Football club emerged as winners, Sports Club Bandipora Dawar football came up as the runner up and Dawar Football club as the 2nd Runner up. Zakir Hussain Dar was awarded Man of the tournament

The event which was kick-started by SDM Gurez on 1st of July concluded here on 5th of July 2022 and witnessed huge participation of people who had gathered from Gurez and adjacent areas.

The event not only provided a rare occasion to the players to showcase their talent and sportsmanship, but provided the spectators with a climax of entertainment and show.

The people appreciated the efforts of district administration and ELFA International for making the event possible and also asked the ELFA International to continue such events in future too. The people also hailed the ELFA International for its tire less efforts in the field of humanitarian sector and requested the organisation to extend its educational and



that the District Administration

and holistic growth and development

Hakak, while complimenting Elfa international, appreciated its efforts in carrying these activities far and wide to all corners of the Union territory. He ensured the administration's active support to events like these which not only provide positive engagement to the youth but also act as anti-drug addiction agents.

The event was also graced by SDPO Gurez, Bashir Ahmad. He appreciated the initiatives taken up by ELFA international in the direction of youth leadership programs, drug de-addiction via sports activities and the overall spectrum of their humanitarian and social work.

He said that the administration aspires to take these events to all zones of district Bandipora and expressed his intent to collaborate with ELFA international to organise events like these in future too.

The winning team was given a cash award of Rs. 50,000 and the runner-up team received a cash prize of Rs. 25,000, second Runner- Up received a cash of Rs. 15,000 and each participating team was presented a token of appreciation of Rs. 3000 to encourage them and enhance their sporting activities from ELFA International.

Dr Mudasir Ahmad SDM Gurez, emphasised the role of such programs in places like Gurez which are otherwise cut off and therefore left alone from the mainstream buzz of the state and people lack the requisite

Mehran Khan, CEO of ELFA International said that the program was an extension of ELFA International's initiative in youth leadership, sports and the Anti-Drug Abuse Campaign.

5th test: England beat India with record chase in Edgbaston; deny series win

Birmingham, July 5Joe Root and Jonny Bairstow scored majestic centuries as England pulled off their highest-ever successful run chase in the longest format for a convincing seven-wicket win over India in the rescheduled fifth Test here on Tuesday.

overhauled England the 378-run target in the morning session of the fifth and final day with Root and Bairstow remaining unbeaten on 142 and 114 respectively. England's win meant

that the five-match Test series, which spilled over to this year due to COVID-19 cases in the Indian camp last year, ended in 2-2 draw.

This was the fourth time England chased down a target of over 250 in the



lier three being against New Zealand -- 277, 299, 296 -- in their 3-0 home Test series win last

Resuming the day at 259 for 3, England hit the required 119 runs in 19.4

month.

Root's 173-ball innings

ball innings. It was Bairstow's second ton of the match as he had made 106 off 140 balls in the England first

fours and one six while

Bairstow struck 15

boundaries and hit once

over the ropes in his 145

Indian bowlers toiled the whole of the morning session without success, Captain Jasprit Bumrah (2/74) was the only Indian bowler to take wicket in the England second innings. He ended the match with med Siraj had taken four wickets in the England first innings.

Brief Scores: England: 284 & 378/3 in 76.4 overs (Joe Root 142 not out, Jonny Bairstow 114 not out, Alex Lees 56; Jasprit Bumrah 2/74) beat India 416 & 245 by wickets.Root's 173-ball innings was decorated with 19 fours and one six while Bairstow struck 15 boundaries and hit once over the ropes in his 145 ball innings.

KTA hails J&K Sports Academy for its yeoman service



Srinagar, July 5: Kashmir Traders Alliance has hailed the Jammu and Kashmir Sports Academy which is run by JK Sports Trust for providing free football coaching to the youth of downtown. President, KTA Aijaz Shahdhar in a statement said that the JK sports academy's work towards youth is appreciable. "They have been providing free football coaching to youth from the last years with a motive of engaging youth towards sports. They have a motive of save youth

and avoid drugs which needs to be appreciated.' "The academy is running without any government help or funding, the philanthropists you are running this Academy are managing the operation of this organisation by themselves.' The efforts of academy's chairman Waseem Aslam, Showkat Masoodi, Patron and head coach, Riyaz Ahmad, Tariq and Zahoor managers much appreciable. " The academy is giving free football gears to the

J&K to host Int'l Chess, **Pencak Silat events**

Jammu, July 5 (UNI) The Jammu and Kash-mir Sports Council and Department of Youth Services and Sports are jointly set to host an international level Chess and Pencak Silat championships August and September.A government official on Tuesday told UNI that J&K is going to host international championships of Chess and Pencak Silat in the coming months.

"By hosting international level competitions in two disciplines, Jammu and Kashmir will surely be moving towards touching new heights in the sports sector and will attain focus globally among the sports enthusiasts, said an official.He further added that the International Chess Festival will be held at Jammu from August 20 to 28 and will see a huge participation from across the world.



our youngsters to improve their rankings and get exposed to the world class which will surely help them in refining their professional skills, he added.

Similarly, the Junior Asian Pencak Silat Championship will be held in Srinagar from September 1 to 4."Both the competitions will bring Jammu and Kashmir to the world stage in sports for which the government has already started the preparations," he added and said that the both, the J&K.

Saheb Complex,

Hyderpora Bypass, Near Flyover

Ph: 9906547267, 9797051077,

9858417547

Janwara Premiere League Final

Reds Twoes Crowned The Janwara Premiere League Champions After Defeated Rising Star Bandipora By 6 Wickets

Lone Musaib

Sopore :- The Janwara Premiere League 2022 ended with Red Twoes Janwara lifting the trophy by defeating Rising Star Bandipora at Janwara Sports ground on monday.

It was full stadium as the attendance marked in hunders.Batting first Rising Star Bandipora put a 132 runs total on board for the loss of nine wickets in allotted 20 overs.Musadiq Shahbaz scored 49 runs for the Rising Star Bandipora.Bilal Habib, Boya Khan and Shabir Ahmad bowled splendidly for Red Twoes and took 3 wickets each. In reply Red Twoes



of 133 runs in 18.5 overs for the loss of 4 wickets and lift the trophy. Imran Tantary played a superb knock of 68 runs while Mohammed added quick-fire 33 runs off

Janwara.Imran Tantary was adjuged player of the match for his splendid half century knock while Mudasir Ahmad Dar from Rising Star Bandiof the tournament for his splendid performances throughout the tournament.Fayaz Ahmad Malik President Fruit Mandi Sopore grace the Final

Bashir Ahmad Bhat Pres-

ident Cricket Association Sopore, Mohammed Sultan Chopan Chairman Augaf Committee Janwara, Abdul Rashid Mir Sarpanch Janwara Tariq Ahmad Wani AJS Fruits, Bashir Ahmad Mir, Abdul Rashid Mir,Hamidullah Shah Lecturer ,Mohammed Ayoub Mir,Javid Iqbal Dar attended the cermony and distributed the

prizes among both the





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