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# HEADLINES TODAY

HICKS HOT WATER BOTTLE GIVES RELIEF REMOVES TAKLIF

## Dilemma Continues about the Dates for Assembly Elections in J&K Security Reasons, Weather, Poll Schedule of Other States Need to be Taken into Account to decide Polls in J&K : CEC

Says any place which is due for polls should get elected Govt; delimitation process, fixing, re-arranging polling stations, ROs, AEROs already completed

HT NEWS DESK

Srinagar, Jan 18: Chief Election Commissioner of (CEC) India Rajiv Kumar Wednesday said that elections in J&K are due and the same will be held after taking the weather, security concerns and the schedule of other state polls into account. Replying to a query in a press conference held in New Delhi, CEC Kumar said that process of delimitation has been completed in J&K. "Fixing, re-arranging polling stations, appointing ROs, AEROs and rest of the formalities have been completed. We are of the view that wherever these things are completed, elections become due and they must be held." The CEC said that elections in J&K will be held after taking weather, security concerns, and schedule of elections in other states into account. He, however, didn't specify any date or month when J&K would go to polls. The delimitation process in J&K was completed last year. The Delimitation Commission headed by Justice Ranjana Prakash Desai, (a retired Judge of the Supreme Court of India), and Sh.



Sushil Chandra, (Chief Election Commissioner) and Sh. K. K. Sharma, (State Election Commissioner, Union Territory of Jammu and Kashmir), as Ex-Officio members of the Delimitation Commission finalised the Delimitation Order for the Union Territory of Jammu & Kashmir. As per the final Delimitation Order, the following things came into effect from the

date to be notified by the Central Government: Out of the 90 Assembly Constituencies in the region, 43 will be part of Jammu region and 47 for Kashmir region keeping in view the provisions of Section 9(1)(a) of the Delimitation Act, 2002 and Section 60(2)(b) of Jammu & Kashmir Reorganization Act, 2019. After consultation with Associate Members, representatives of political parties, citizens, civil society groups, 9ACs have been reserved for STs, out of which, 6 are in Jammu region and 3 ACs in the Valley. There are five Parliamentary Constituencies in the region. The Delimitation Commission has seen the Jammu & Kashmir region as one single Union Territory. Therefore, one of the Parliamentary Constituency has been carved out combining Anantnag region in the Valley and Rajouri & Poonch of Jammu region. By this reorganization each Parliamentary Constituency will have an equal number of 18 Assembly Constituencies each. Names of some ACs have also been changed keeping in view the demand of local representatives.

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## LG hands over ex-gratia cheque of Rs 10 lakhs to NoKs of each deceased NHM employee

Expresses gratitude to families, healthcare workers of NHM for their dedication commitment to serve people

HT NEWS NETWORK

JAMMU, JANUARY 18: Lieutenant Governor Manoj Sinha handed over an ex-gratia cheque of Rs 10 lakhs to NoKs of each deceased National Health Mission employee.

The Lt Governor expressed his deepest gratitude to the families and healthcare workers of National Health Mission for their dedication and commitment to serve the people.

Paying homage to the deceased employees of NHM, the Lt Governor said that financial aid cannot compensate for their selfless service and sacrifice; however, it is our duty and responsibility to ensure their family members live a life of respect and dignity. The spirit of selfless service, sacrifice and compassion with which our health



workers, doctors, para-medics have served the people during Covid pandemic and vaccination drive is truly inspirational, he observed. Speaking on the reforms introduced to strengthen the healthcare system, the Lt Governor said, under the guidance of Hon'ble Prime Minister Shri Narendra Modi ji, J&K's health sector

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## Rahul's Bharat Jodo Yatra to enter J&K today amid tight security cover

Farooq, Mahebooba, Lal Singh to participate; Over 3000 km foot-march to culminate with grand rally in Srinagar on January 30

HT NEWS NETWORK | (KNO)

Jammu, Jan 18: Congress leader Rahul Gandhi led Bharat Jodo Yatra (BJY), would enter Jammu and Kashmir on January 19 as part of its final destination amid tight security measures in the Union Territory. Congress insiders told news agency—Kashmir News Observer (KNO), grand welcome of Rahul Gandhi's yatra is planned at Jammu and Kashmir's enter gate Lakhampur, near Maharaja Gulab Singh's king-size statue around 4.00 pm in the evening, where Jammu and Kashmir's prominent social and political leaders including two former chief ministers, Farooq



Abdullah and Mehaboob Mufti, Shiv Sena MP Sanjay Raut, Member

Parliament of Punjab and Himachal Pradesh are likely to join the march. Former Congress leader, Choudhary Lal Singh, who in 2014 quit the grand old party who was denied ticket in 2014, would also join BJY at Lakhampur. The flag handover ceremony will also take place at Lakhampur. Gandhi, who started from Kanyakumari in Tamil Nadu on September 7, would culminate the rally in Srinagar on January 30 after covering more than 3000 kilometers across the country. Earlier, AICC J&K In-charge and Member Parliament Rajni Patil informed that BJY would

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## After Govt directions, authorities issue eviction notices across J&K

People asked to vacate 'state land' on their own or face action

HT NEWS NETWORK

Srinagar, Jan 18: The Jammu and Kashmir government on Wednesday issued separate notices across the Union Territory, asking the people to vacate the 'state land' on their own, failing which strict action will be initiated against the illegal encroachers. The news agency—Kashmir News Observer has learnt that the Executive Magistrates 1st Class across J&K have issued notices for the general public with regard to the encroachment of the 'state land'. The notices warned the people, who have allegedly encroached upon state land, to remove encroachments on their own within two days. "If any person fails to remove the en-

croachment, the department would swing into action and people have to pay the charges of the same," the notices issued by Executive Magistrate 1st Class in north Kashmir's Baramulla and Baniyar areas, reads. Similar notices have been issued in other areas across J&K, reports said. However, the move has been opposed by the political parties in Jammu and Kashmir, who want the government to reconsider its decision for the sake of the poor people. National Conference (NC) Vice President, Omar Abdullah said that retrieving the land from people, which has been provided to them under the Roshni scheme, amounts to betrayal. The order issued by the

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## Govt orders magisterial probe in Sidhra encounter

HT NEWS NETWORK

Jammu, Jan 17: A magisterial probe has been ordered by Jammu and Kashmir government into the encounter in Sidhra area of Jammu in December last year in which four militants were killed. An official told the news agency—Kashmir News Observer (KNO) that assistant commissioner Jammu, Piyush Dhotra has been appointed as an enquiry officer. The encounter took place near police check-point in Sidhra on December 28, in which four militants were killed and huge cache of arms and ammunition was also recovered.

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## Govt lifts ban on intra, inter district movement of bovines, import of elite dairy animals from outside J&K

HT NEWS NETWORK

JAMMU, JANUARY 18 (KNS) : Following declaration of Jammu and Kashmir as "Free Area" for LSD, the Agriculture Production Department has lifted ban on intra district and inter district movement of bovines in J&K along with import of elite healthy dairy animals from outside the UT. An official order issued

in this regard stated that all the provisions related to "Free Area" contained in PCICDA, Act 2009, shall be strictly adhered to while importing the dairy animals from outside the UT. Pertinently, the government of J&K yesterday declared whole of the UT of J&K as "Free Area" for Lumpy Skin Disease (LSD) vide Notification S.O 36 dated 16.01.2023 as per the provisions of

Prevention and Control of Infectious and Contagious Diseases in Animals Act 2009 as no case of Lumpy Skin Disease (LSD) in bovines has been reported in UT of J&K for last two months and also more than 90% affected animals have recovered from the disease. It has been reported that the disease is under control in the UT and also in neighbouring

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## Kashmir valley bracing for wet weather amid dip in mercury

HT NEWS NETWORK

Srinagar, Jan 18 (UNI) Kashmir valley is bracing for wet weather even as mercury plunges across Kashmir valley on Wednesday.

Meteorological centre forecast of mainly dry weather till Wednesday evening and possibility of light rain/ snow over isolated places during late night. From January 19-22 Cloudy with chances of light to moderate rain/

Snow over scattered to fairly widespread places. Widespread moderate Snow/ (rain in Jammu) & moderate to heavy Snow over middle & higher reaches most likely from January 23-25, and the minimum temperature will rise from Thursday, MeT office said. It has also issued an advisory for the people living in snowbound Areas to remain alert & cautious while venturing in areas which are vulnerable to

Snow Avalanches. Srinagar, the summer capital of Jammu and Kashmir, recorded a low of minus 4.3 degree Celsius against minus 2.7 degrees Celsius. It was 2.2 degrees below normal during this period of the season. Pahalgam in south Kashmir after experiencing season's coldest night at minus 11.8 degree Celsius yesterday showed an improvement of a notch.

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## 'The Kashmir Files' to be re-released on Jan 19

HT NEWS NETWORK

New Delhi, Jan 18 (UNI) 'The Kashmir Files' which was one of the most talked about films of 2022 is about to be released.

While this Vivek Ranjan Agnihotri directorial captured attention from all around the globe and won hearts in 2022, there are viewers who have missed out on the film's big screen experience. And for those, makers have decided to re-release the film in theatres on January 19.

Taking to social media, Vivek wrote, "ANNOUNCEMENT: #TheKashmirFiles is re-releasing on 19th January - The Kashmiri Hindu Genocide Day. This is the first time ever a film is releasing twice in a year. If you missed watching it on BIG SCREEN, book your tickets NOW."

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## 8th standard Term-end exams: SCERT orders completion of registration, issuance of admit cards

HT NEWS NETWORK

Srinagar, Jan 18: The Jammu and Kashmir State Council of Educational Research and

Training (JK-SCERT) Wednesday ordered for completion of registration and issuance of admit cards of 8th standard students to conduct term-end examination.

The official orders of SCERT issued by the Joint Director of Kashmir Division said that this in a backdrop of conducting of class 8th term end Examination session March 2023.

The news agency—Kashmir News Observer (KNO) has learnt that the SCERT in a communique to District Institute of Education and Training (DIET) Principals said, "Registration of all students should be done by or before January-31-2023." The SCERT also ordered ghat the computer-

ized admit cards should be issued to all students by February-15-2023.

"There should be inspection of all complex heads, examination centers and ensure the arrangements and the strong room regarding the safety of confidential and allied material of examination," it reads.

"There should be meetings with the complex head for smooth conduct of the examination," SCERT said.

It also said that the action taken report may be shared with the council for its onward submission to director SCERT—(KNO)

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## Advisor Bhatnagar inspects Bhagthali, Ghatti Industrial Estates of Kathua district

HT NEWS NETWORK

KATHUA, JANUARY 18 (KNS): Advisor to Lieutenant Governor, Rajeev Rai Bhatnagar today visited Bhagthali and Ghatti Industrial Estates of Kathua district and inspected the progress on-

going works and other facilities being established at these places.

During the visit, the Advisor held a detailed round of both the industrial estates and interacted with the industrialists. He was briefed on the roadmap for facilities

and infrastructure being created at industrial estates.

At the site of J&K SIDCO Bhagthali, Advisor Bhatnagar was apprised by the concerned officers that 2950 kanals of land has been

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### Progressing J&K...

## ODOP scheme fostering economic conditions, creating employment avenues in Dairy sector in Rajouri district

Dairy farmers becoming self-reliant, market access being provided through ODOP

HT NEWS NETWORK

JAMMU, JANUARY 18: One District, One Product (ODOP), launched by Union Ministry of Food Processing Industries to help districts reach their full potential, foster economic and socio-cultural growth, and create employment opportunities, especially in rural areas.

The scheme aims to identify, promote and brand a product from one district. The ODOP scheme aims to turn every district in India into an export hub through the promo-



tion of the product in which the district specializes. The initiative also plans to accomplish this by scaling manufacturing, supporting local businesses, finding potential foreign customers, and so on, thus helping to achieve the 'Atmanirbhar Bharat' vision.

Under ODOP, Rajouri, a border district of the J&K UT, was chosen as a dairy district due to its enormous potential in the dairy sector. Effective measures are in place to help farmers become self-reliant, and steps are being taken to improve market access.

The Lam area of the Nowshera tehsil produces the majority of the district's milk, and the people of this area are heavily involved in dairy farming. Although the milk production in this area is very high, the main difficulty that the farmers face is market access, as they have to travel to Nowshera, Sunderbani, and Rajouri to sell their milk and milk-based products.

Sensing the gravity and the commitment of the district

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## Two drug peddlers held in South Kashmir: Police

Srinagar, Jan 18: Jammu and Kashmir Police on Wednesday claimed to have arrested two drug peddlers in South Kashmir's Kulgam & Anantnag districts. Contraband substances have also been recovered from their possession, police said.

"A Police party of Police Station Qaimoh at a checkpoint established at Naibasti, Qaimoh intercepted a suspicious person identified as Bilal Ahmad Mantoo son of Bashir Ahmad Mantoo resident of Buchroo. During checking, officers were able to recover 130 grams of Brown

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## President Gandhi Global Family; ex-MLC, PRI representatives call on Lt Governor

HT NEWS NETWORK

JAMMU, JANUARY 18: Padma Shri Dr SP Varma, President Gandhi Global Family, J&K called on Lieutenant Governor Manoj Sinha today at Raj Bhawan. Padma Shri Dr SP Varma discussed with the Lt Governor various issues pertaining to development of the UT. He also highlighted the need for encouraging the youth to follow the path of peace shown by Mahatma Gandhi.

Sh Ramesh Arora, former Legislator also met Lt Governor and hailed the UT Administration for taking necessary steps for the welfare of Minority Community employees working in

Kashmir. He also put forth issues related to industrial development.

A delegation of PRI members from Kokernag headed by Ms Praveena Akhtar, BDC Chairperson submitted a memorandum of demands to the Lt Governor pertaining to road & bridge infrastructure, besides other developmental issues of Kokernag area. Mohd. Amin Shah, BJP District President, Ganderbal projected important infrastructure development issues in the district pertaining to widening of Behama chowk road, children hospital and hydropower project. Meanwhile, Dr Manoj Gupta, Director, Agri Industries Vikas Chamber also

called on the Lt Governor and informed him about the upcoming initiatives of his organisation aiming at promotion of local agriculture products & food processing sector and a conclave on National Education Policy.

Later, Adv. Ch. Rashid Azam Inqlabi of International Gujjar Mahasabha also met Lt Governor and put forth demands related to promotion of Gojri language, installation of hand-pumps in border areas, rationalization of staff at Degree Colleges and other such matters. The Lt Governor, while interacting with the visiting representatives, said that the J&K administration

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## Distt Admin Gbl holds interaction with Media persons

GANDERBAL, JANUARY 18: The Additional District Development Commissioner (ADDC) Ganderbal, Mushtaq Ahmad Simnani today chaired an interaction session with the Media persons to strategize a plan for dissemination of information related to Government schemes and to evoke feedback and suggestions from different stakeholders associated with the media in the Conference Hall of the Mini Secretariat, here. On the occasion, the ADCD said that the media plays a significant role in educating the masses about the Government schemes and programs meant for the public welfare and asked them to disseminate the information among the public, so that the benefits can reach up to the last person.

During the interaction, the media persons appreciated the District Administration for its

efforts to resolve the difficulties of the general public and measures being put in place for the overall development of the district.

They also highlighted some issues faced by them while discharging their professional duties at ground level and also shared some valuable suggestions with regard to redressal of public concerns.

The ADCD appreciated them for sharing their valuable thoughts and assured early redress of their genuine concerns. Addressing the media persons, the ADCD said that the District Administration has switched all public services to online mode to ensure prompt and robust public service delivery and in this regard concerned departments are also directed to keep facilitation centers in their respective offices for the convenience of the general public.

# Massive participation of public witnessed in Public Darbar at Soinad Aripal, Tral

## Providing accessible & responsive Administration our top priority: DDC Pulwama

PULWAMA, JANUARY 18: The District Development Commissioner (DDC) Pulwama, Baseer-Ul-Haq Choudhary today conducted an Awami/ Public Darbar at Soinad Aripal Tral to listen and speedily redress the grievances of the people of the district.

The Darbar witnessed an overwhelming response, wherein a large number of people from the given area and adjoining villages apprised the DDC of their issues, grievances and demands.

The DDC spent the whole day at Soinad Tral and redressed hundreds of grievances on the spot.

He gave a patient hearing to the grievances raised and assured quality disposal of genuine issues in a time-bound manner. He also gave on-the-spot directions for the redressal of



many issues of urgent nature as per the competence of concerned departments.

The DDC said that every possible effort is being made to elevate the living standard of the tribal people of the district. He stressed the people of the tribal area, particularly the young

students, to keep their focus on education to achieve their dreams in life.

He further said that the Government is committed to mitigate the problems faced by people and the aim of conducting the public darbars is to address grievances of people at their

door steps.

The DDC added that District Administration is ensuring to provide all facilities to the people at their doorsteps and in this regard necessary instructions have been already given to line departments.

Choudhary was accompanied

by the Additional Deputy Commissioner Tral S.A. Raina, Tehsildar Aripal, BDO Aripal and other District Officers.

While interacting with the general public, DDC said that District Administration has already embarked on the wagon of public outreach programmes with an unflinching commitment. He expressed his desire that the public should repose faith in Govt Institutions and avail the benefits of various flagship programmes that Govt has put at the disposal of the general public. He added that his administration is committed towards good governance and accessibility of public services.

On the occasion, DDC appealed to people to become active participants so that the issues of daily importance are redressed in the minimum possible time.

## Distt Admin Kupwara organizes tour for DDCs, BDCs

KUPWARA, JANUARY 18: The District Administration, Kupwara today organised a daylong inter-district exposure tour for members of District Development Council and Chairpersons of Block Development Council of the district.

Vice Chairman DDC Kupwara Haji Farooq Ahmad Mir, Additional District Development Commissioner Kupwara, Altaf Ahmad Khan flagged-off the bus from DC Office Kupwara.

The tour was carried out in the Kralpora and Sogam area of the district, during which the VC, DDC; ADCD, DDC Members and BDC Chairpersons inspected various health institutions of these areas including Sub District Hospital, Sogam, Sub District Hospital Kralpora and Sub Centre Shulloora.

The VC DDC and the team expressed satisfaction over the best management and health care facilities at these health institutions.

## Driving Skill Awareness programme for DL seekers held at Anantnag

ANANTNAG, JANUARY 18: In a bid to impart a sense of road safety among drivers and riders who had come for Driving license test at Trial Ground Harnag Anantnag, the Motor Vehicle Department (MVD) Anantnag on Wednesday launched a new initiative 'Driving Skill Awareness Training' as part of Road Safety, here.

Speaking on the occasion, Assistant Regional Transport Officer (ARTO) Anantnag, Dr Mohammad Zubair Lattoo said that in Kashmir, awareness of correct and safe riding technique is a humongous challenge. So to make the public aware about safer road rules and laws is the need of hour so that people will change their attitude while on the roads.

He insisted to the prospective applicants about the importance of wearing Seat Belt, wearing Helmets, following road rules and following road signs.

On the occasion, the Pledge Ceremony on Beti Bachao Beti Padhao was also taken to convey the message of saving girl children.

## 14 Kanals of encroached land retrieved from encroachers at Shopian

BUDGAM, JANUARY 18: Sakhi One Stop Centre (S-OSC) Budgam in collaboration with DHEW and Special Cell for Women Budgam today organised an awareness programme at Anganwadi Center Hanjigund Chadoora.

The programme was attended by AWWs, AWHs, Sarpanch, panchayat representatives, adolescent and local women of the adjoining areas.

The team of One Stop Centre Budgam awared the participants about various services provided at One Stop Centre like counselling, free legal aid, medical and shelter facility to the aggrieved women irrespective of age.

At the end of the programme pamphlets were also distributed among the women

## S-OSC B'gam organises Awareness programme for Women at Hanjigund Chadoora

KULGAM, JANUARY 17: District Hospital Administration, Kulgam in coordination with Department of Fire and Emergency Services Kulgam today conducted Fire Safety audit and Mock drill at District Hospital, here. During the exercise, participants from para-medical, nursing and technical staff of different sections of the Hospital were sensitized about the Fire Hazard & precautionary measures to be adopted for safety during any fire incidents. A live demonstration about handling and operating of Fire extinguishers and mock drill demonstrating various safety measures one can adopt in case of fire incident and natural disasters was also conducted.

Later, an elaborated session on First aid was also held besides evacuation/mock drills, search and rescue exercises were carried out. The authorities and experts also carried out a Fire audit of the Hospital. A live demonstration about handling and operating of Fire extinguishers and mock drill demonstrating various safety measures one can adopt in case of fire incident and natural disasters was also conducted.

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## ADDC Ganderbal chairs NCORD Committee meeting

GANDERBAL, JANUARY 18: The District Level Committee meeting under the Narco Coordination Centre (NCORD) was held today at Ganderbal to discuss various measures to curb the drug abuse and narcotic trade in the district.

The meeting was held under the chairmanship of Additional District Development Commissioner (ADDC) Ganderbal, Mushtaq Ahmad Simnani and was also attended by SDM Kangan, Javaid Ahmad Rather; DySP HQ, Chief Agriculture Officer, Chief Horticulture Officer, District Social Welfare Officer and other concerned officials. During the meeting, threadbare discussion was held on various issues related to incidence of drug addiction, age group of addicts, areas of concern, hotspots of drug use and cultivation of illicit poppy, cannabis in the district. The meeting also discussed the action taken on directions issued in the previous meeting of NCORD. The ADCD sought details from the concerned departments about the measures taken to control the drug menace and cultivation of illicit poppy, cannabis in the district. He urged the Agriculture and Horticulture departments to keep record on cultivation of illicit cultivation of poppy or cannabis crops in the district. While reviewing the awareness campaigns, the ADCD directed the concerned departments to start mas-



sive awareness camps and Tehsildars were directed to activate Lumberdars and Chowkidars to keep vigil in their respective areas. Besides, DSWO was directed to carry awareness at village level involving SHGs, ASHA workers and local PRIs.

The Police department was asked to keep strict vigil against drug proliferation, consumption and intensifying awareness against such addictive substances involving concerned stakeholders from civil administration.

Dy Sp HQ was directed to seal all such properties that are acquired by any person through NDPS trade in the district.

While giving details, the Assistant Drug Controller Ganderbal said that two shops are closed besides notices have been served to nine shops who are not fulfilling the criteria. Prescriptions and MRD numbers are also checked on a regular basis.

## DC Kulgam reviews implementation of ABDP in D. K. Marg, Manzgam Blocks

Farooq Rather

KULGAM, JANUARY 18: To review the progress made with regard to implementation of Aspirational Block Development Programme (ABDP) in D. K. Marg and Manzgam Blocks, a meeting of officers was today held under the chairmanship of the Deputy Commissioner (DC) Kulgam, Dr. Bilal Mohi-Ud-Din Bhat at mini-secretariat, here.

At the outset, the DC took a detailed review of the sector wise activities being carried out by the Agriculture, Horticulture, Animal Husbandry, RDD, Education and other Departments in these Blocks of district under ABDP based on various performance indicators covering various aspects including Poverty, Health & Nutrition Education and Basic Infrastructure development etc.

The DC exhorted upon the officers of line and



works departments to work in coordinated manner for effective implementation of the programme on ground.

He directed to ensure proper implementation of the programme at grassroots level.

He said the ABDP is a timeline-based programme and requires execution of all activities at a fast pace.

The DC also called for fulfilling all quantifiable indicators under ABDP to undertake developmental

activities in each identified Block in the district.

He further asked the concerned departments to adopt best practices so as to get tangible results on ground in a time bound manner.

The meeting was attended by Additional District Development Commissioner, Showkat Ahmad Rather; Additional Deputy Commissioner, Vigar Ahmed Giri, JD-Planning, Zahid Sajad; CMO, CAHO, CAO, CHO and other officers.

# Cultural Unit Kashmir of DIPR organises Patriotic Singing Competition "Ae Watan Tere Liye"

SRINAGAR, JANUARY 18: As part of Republic Day, 2023 celebrations, the Cultural Unit Kashmir of Department of Information & Public Relations (DIPR) today organised an Patriotic Song Singing Competition "Ae Watan Tere Liye" at DIPR's Pandit Bhajan Sopori Auditorium Srinagar.

The aim of the programme was to demonstrate love for the country, enthuse the spirit of patriotism and highlight the history and promote ideals.

Students from different Government as well as private schools and colleges of Srinagar including Amar Singh College Srinagar, Government Girls Higher Secondary School Kothibagh, JK Police Public School Bemina, Institute of Music & Fine Arts (KU), Green Valley Educational Institute, Government College for Women Nawakadal and Government Degree College Kangan participated in the competition.

The young student participants were enthusiastic and eager to showcase their talent.

Their songs invoked a strong sense of patriotism in each one who witnessed. The auditorium was resplendent with a feeling of belonging and pride.

The competition was judged by renowned artists, Ustaaad Shabir Ahmed Saznawaz, Munir Ahmad Mir and Aijaz Sahir.

Encouraging the students, Cultural Officer Kashmir Burhan Hussain said, "we discovered potential talent in singing from amongst our students and are very optimistic that these students will bring glory to the nation in future".

Appreciating the group and solo performers, the Cultural Officer said that the success of the show could be well judged by the smile on the faces of young performers.

While conducting the proceedings, AE&CO Cultural Unit Syed Shakeel Shan said that music is beneficial for children as it not only develops their aesthetic sense, but is also the key to creativity. It is one of the most beloved human experienc-



es and plays an important role in the education of a child by providing him/her an opportunity of self-expression.

It is important to mention here that felicitation to the winners of the whole series will be held

in the upcoming mega event "Jashn e Jamhoor" following the main Republic Day Celebration. The aim of the programme was to demonstrate love for the country, enthuse the spirit of patriotism and highlight the

history and promote ideals.

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## Block Diwas held at Vessu, Bijbehara

ANANTNAG, JANUARY 18: The public interaction programmes under weekly Block Diwas were today held at Vessu and Bijbehara blocks of the Anantnag district.

At Vessu, the event was presided over by Additional District Development Commissioner (ADDC) Anantnag, Bashir Ahmad Wani who gave a patient hearing to the large gathering of people. The ADCD directed the officials from various departments to ensure time bound redressal of grievances.

On the occasion, a pledge was also administered by the ADCD whereby all officials pledged to exert their best ability for fulfilling goals of Beti Bachao Beti Padhao pro-



gram. Additional Deputy Commissioner (ADC) Anantnag, Gulzar Ahmad Bhat presided over the Block Diwas at Block Bijbehara. He was accompanied by BDO Bijbehara.

The ADC listened to the grievances aired by the people. He issued on spot directions for redressal of

grievances. A pledge under the BBBP programme was administered here also.

The event at both places witnessed participation of a large gathering of local people and PRIs. Besides, officials from various line departments were also present on the occasion.

## Kupwara Administration retrieves 276 kanal kahcharai Land from encroachers in Drugmulla

KUPWARA, JANUARY 17: In a major operation against land encroachers, District Administration Kupwara, headed by Deputy Commissioner, Dr Doifode Sagar Dattatray today retrieved 276 kanals of kahcharai land from encroachers at Drugmulla in Kupwara district.

The anti encroachment drive was launched at Drugmulla by a team of Revenue department headed by Tehsildar Drugmulla, Dr. Ajaz Ahmad in presence of SHO Drugmulla and media.

"This big patch of 276 kanals of land was encroached by just 03 families, who reportedly sold the land, as 05 marla plots", informed the Tehsildar adding that the detailed report with survey numbers are being prepared and the expenditure for removing the encroachment will be realized as arrears of land revenue from the encroachers, for which

necessary instructions have already been given by the authorities.

While talking about the anti-encroachment drive undertaken today to preserve Government land, the DC Kupwara said that anti-encroachment drives will continue in all the parts of the district to retrieve entire State and Kahcharai land encroached by the land grabbers. He sought cooperation of the general public in his action against encroachments and also warned of action under CrPC in matters of encroachment on State/kahcharie lands. While talking about the anti-encroachment drive undertaken today to preserve Government land, the DC Kupwara said that anti-encroachment drives will continue in all the parts of the district to retrieve entire State and Kahcharai land encroached by the land grabbers.



# DC Kupwara visits snowbound Karnah, inspects delivery of public services in sub division, hears various public deputations

## Inspects SDH Tangdar, Receiving Station

KUPWARA, JANUARY 18: Deputy Commissioner Kupwara, Dr. Doifode Sagar Dattatray along with SSP Kupwara Yougal Manhas today had an extensive tour of snow bound Karnah sub division to take stock of various public services.

During the visit, the Deputy Commissioner carried series of activities, visited Sub District Hospital Tangdar and inspected various sections of the hospital which include Emergency ward, Operation Theatre, OPD, IPD, X-Ray, Paediatrics etc. He also checked the attendance of doctors and medical staff and directed them to work with added zeal for proper treatment of the patients. The DC interacted with the patients and enquired about the health-

care services who expressed their satisfaction over the facilities. He also took stock of supply position and availability of medicine in the Hospital.

SDM Karnah, Dr. Gulzar Ahmad Rather, Tehsildar and other concerned officers accompanied the DC. The Deputy Commissioner also inspected Receiving Station Tangdar and took stock of feeders and power supply.

The Deputy Commissioner chaired a joint meeting of all sub-division level officers and public representatives, Sarpanches, Panchs at DakBanglow Tangdhar . SSP Kupwara Yougal Manhas, SDM Karnah Dr.Gulzar Ahmad Rather, Tehsildar, BDO ,Xen Special Subdivision and other concerned officers were present in the meeting . Deputy Commissioner said that the aim of his visit to Karnah was to check the public service delivery and assess the problems of people in the area during the winter months. He said Karnah subdivision is top



most priority of District Administration and efforts are on to provide better services to the public.

BDC Chairperson Tangdhar, Abdul Rahim Mir briefed the Deputy Commissioner about the public issues. The Deputy Commissioner took a detailed review of all developmental works and welfare programmes and received updated status and feedback from the SDM, officers and the representatives. He also reviewed the status of old age pension cases and asked

the concerned to speed up the process of cases and facilitate old aged persons properly.

DC also reviewed the stock and supply position of food grains and other essential commodities.

During the visit, the Deputy Commissioner met various public delegations who apprised him about their day to day developmental issues. The DC heard them patiently and resolved various issues on the spot. The Deputy Commissioner chaired a joint meeting of all subdivision level officers and public representatives, Sarpanches, Panchs at DakBanglow Tangdhar . SSP Kupwara Yougal Manhas, SDM Karnah Dr.Gulzar Ahmad Rather, Tehsildar, BDO ,Xen Special Subdivision and other concerned officers were present in the meeting . Deputy Commissioner said that the aim of his visit to Karnah was to check the public service delivery and assess the problems of people in the area during the winter months.

# Ration lists made available for Public at Pulwama

PULWAMA, JANUARY 18: Food, Civil Supplies and Consumer Affairs Department Pulwama issues a Public Notice seeking objections from general Public of District Pulwama regarding inclusion of ineligible Households in NFSA (AAY/PHH).On the directions of District Development Commissioner (DDC) Pulwama, Baseer-Ul-Haq Choudhary, FCS&CA Department Pulwama issued a public notice for the information of general Public seeking objections regarding inclusion of ineligible/non-deserving households in NFSA (AAY/PHH) within a period of 21 days.The Department of FCS&CA has made Ration lists available at all sale outlets of the District and the same can also be fetched from the Departmental online website at [https://rcms.jk.gov.in/Show\\_Reports.aspx?RID=105](https://rcms.jk.gov.in/Show_Reports.aspx?RID=105).The objections can be submitted at the Office of the AD FCS&CA Pulwama, near SSP Office or at different Tehsil Supply Offices of the district.The department has published phone numbers (9906499872, 8899363543) of the officials for any other query regarding the subject and for hassle free process.

## DC Shopian chairs District Telecom Committee meeting

SHOPIAN, JANUARY 18: A meeting of District Level Telecom Committee was today held here under the Chairmanship of Deputy Commissioner (DC) Shopian, Sachin Kumar Vaishya to discuss the issues regarding Mobile network problems in village Doompora.

Thredbare discussions were held to resolve the grievance regarding the installation of mobile towers in the village. The issues of stakeholder departments were also discussed in the meeting.

Speaking on the occasion, the DC directed for a submission of a report on non-functioning of Jio/BSNL services in the said village, while directing concerned telecom operators to facilitate the people of the area with network facilities of Jio/BSNL within the shortest possible time.

Additional Deputy Commissioner, Yar Ali Khan; DIO, Tehsildar Keegam, Dy.SP, representatives of Telecom Companies and seniorofficers of the concerned departments were present in the meeting.

## Block Diwas camps held across Kulgam



KULGAM, JANUARY 18: Taking governance at the door steps of the public and to take first hand appraisal of their issues and grievances, the District Administration Kulgam today organized mega grievances redressal camps in three blocks of the district viz. Devsar, Kulgam and D. H. Pora.

The programme was attended by PRIs and general public who highlighted issues and grievances confronting their areas for early redressal.

To take appraisal of public grievances and demands, the Additional District Development Commissioner (ADDC), Showkat Ahmad Rather along with Additional Deputy Commissioner (ADC), Viqar Ahmed Giri remained available at Kulgam where issues and grievances of people were listened to for redressal.

Officers from District Administration who were present during the Block Diwas also responded to the grievances flagged-off by people during this grievances redressal camp.People from Khudwani, Aannoo, Mirhama, Bolsoo and various other areas participated in the grievances redressal camp and put up various issues of public importance and flagged-off developmental requirements of their areas.ADDC gave a patient hearing to the public issues and some of the issues of immediate nature were redressed on the spot.Meanwhile, Block Diwas function was also held at D. H. Pora where SDM Noorabad Bashir ul Hasaan listened to issues and grievances of people for redressal.Officers also remained available at Block Diwas function at Devsar and listened to issues of people for early redressal.

## ADDC Kulgam reviews progress on Cluster Tribal Model Village 'Nagras'

KULGAM, JANUARY 18: The Additional District Development Commissioner (ADDC) Kulgam, Showkat Ahmad Rather today chaired a meeting of officers to review the progress made in development of Model Tribal Cluster Village (MTCV), Nagras. During the meeting, the ADDC took stock of works under Education, Health, PHE, Youth Services and Sports and reviewed the status of implementation of various schemes by Animal Husbandry, Sheep and other departments in MTCV Nagras and heads of departments briefed the chair about the progress made on work projects and implementation.

# Republic Day arrangements finalized at Handwara

KUPWARA, JANUARY 18 :The Additional Deputy Commissioner (AD-

and the officers gave details of their preparations with regard to smooth cel-

tingents of Para-Military Forces, JKP, JKAP, CRPF, IRP, FPP, Home Guards ,NCC cadets and school children .

The ADC asked all officers to work with coordination and ensure proper arrangements on ground for smooth conduct of the event.

It was given out in the meeting that uninterrupted power and water supply shall be kept available at the venue for which concerned officers were given directions on the spot. Likewise, BMO Chogal was directed to keep Ambulance available at the venue. Dy Medical Superintendent Handwara was asked to ensure first aid, doctors and 500 hundreds masks available at the venue. EO MC Handwara was asked to maintain proper sanitation and cleanliness at the event. Information department was asked to ensure proper coverage of the event besides, installation of Public Address system. Police department was asked to keep alternate PAS available.



C),Handwara, Nazir Ahmad Mir today convened a meeting of all concerned officers, here to finalize the arrangements for smooth and hassle free celebration of Republic Day 2023.Principal GDC Handwara, Dy CEO, BMO Chogal, ZEO Handwara, Dy Medical Superintendent, District, Sectoral officers, besides, senior officers of Police and CRPF were present on the occasion.

The meeting held a threadbare discussion

bration of the National Event.

The meeting was informed that the function will start with Shanai vadan at 8:05 Am,while the National Flag will be hoisted at 10:00 AM.

The meeting was further informed that the main function of Republic Day will be held at District Police Lines (DPL) Kulangam Handwara, where National Flag will be hoisted and the VIP will take salute on the March past comprising the con-

# Grievance Redressal Camp held at Bundgam in Block S K Pora of Budgam

BUDGAM, JANUARY 18: The District Administration Budgam today held Block Diwas at Panchayat Halqa Bundgam in Block SK Pora of Budgam.

The programme was chaired by Additional District Development Commissioner (ADDC) Budgam, Dr Akramullah Tak at High School Bundgam.

On the occasion, PRIs and others respected from village Bundgam, Panchas, Mulshula, Nadigam and other adjacent villages apprised the ADDC about their needs. After giving patient hearing to the public, the ADDC assured that all genuine demands shall be looked into on priority.

The ADDC said that work on upgradation of Watalpora- Wahabpora including allied links scheme and interior roads shall be started soon to ensure better connectivity to the people.

He said work on a WSS is under progress and entire habitation shall be provided with adequate potable water supply in the shortest possible



time. ADDC instructed BMO concerned to ensure that timely immunization and better health care facilities are made available to the general public.

BDO SK Pora was instructed to take up works of lanes and drains on priority in Bundgam and other adjoining villages.

Ex. Engineer KPDCD Budgam said that improvement works for HT and LT lines shall be carried out on priority and issues related to electricity bills shall also be addressed on priority.

He emphasised that desilting of irrigation canals and removal of en-

croachments be carried out on war footing to ensure irrigation supply to farmers.

He instructed CEO Bundgam to check the feasibility for upgradation of High School Bundgam to Higher Secondary level.

He said that a patch of land be identified for the construction of sports ground in the area.

The ADDC stressed on the speedy completion of ongoing developmental works in all panchayat halqas and instructed the concerned to resolve all issues on priority basis, halting the work execution.

## Block Diwas: ADDC Shopian conducts Public Outreach programme at Keller

SHOPIAN, JANUARY 18: The Additional District Development Commissioner (ADDC) Shopian, Manzoor Hussain today visited Block Keller of Shopian and held a weekly public outreach programme there to take firsthand review of public issues.

During the public outreach programme, PRI members and general public flagged-off several issues of their concerned areas for redressal. The ADDC listened to the demands and issues patiently raised during the block diwas programme and assured that all their genuine issues would be addressed in a time bound manner.

ADDC exhorted the general public and public representatives to work in tandem with the line departments for effective execution and monitoring of the schemes.

While interacting with

the PRIs and general public of the area, the ADDC said that such platforms enable the District Administration to know the problems being faced by the people. He asked the officers to inform the people about income generating and beneficiary oriented schemes launched by the Government of India and UT Government. Among others, the programme was attended by several district officers, BDO Keller, and a large number of people and PRI members of Panchayat Keller. ADDC exhorted the general public and public representatives to work in tandem with the line departments for effective execution and monitoring of the schemes. While interacting with the PRIs and general public of the area, the ADDC said that such platforms enable the District Administration to know the problems being faced.

# Block Diwas: ADDC Ganderbal listens to public issues/ grievances

GANDERBAL, JANUARY 18: The Additional District Development Commissioner (ADDC) Ganderbal, Mushtaq Ahmad Simnani today presided over the grievances redressal camp held in Conference Hall of Mini Secretariat, here as part of weekly Block Diwas and listened to the issues of people of Block Ganderbal.

During the camp, PRIs of block Ganderbal apprised the ADDC about various issues and grievances and sought his intervention for early redressal.

The PRI members sought better road connectivity, adequate health facilities, up gradation of PDD infrastructure, shortage of drinking water, desilting of irrigation canals and other related issues concerning their respective areas.



The ADDC resolved several issues on the spot besides issuing instructions to the concerned departments to take measures to address the public issues raised.

He assured the PRIs that all their genuine issues

will be taken into consideration in a time bound manner and directed the officers of line departments to work in coordination with the PRIs so that equitable development of all panchayats is ensured in the district.

Speaking on the occasion, the ADDC said that the District Administration has switched all public services to online mode to ensure prompt and robust public service delivery. He directed concerned departments.

# Week-long industrial tour of NIT Srinagar students to New Delhi concludes Such tours are important to get firsthand experience of market trends: Dir NIT Srinagar

Srinagar, Jan 18: The weeklong industrial exposure tour of students of Department of Humanities, Social Sciences & Management, National Institute of Technology (NIT) Srinagar to various parts of New Delhi concluded on Wednesday.

The students from 1st and 3rd semesters of MBA were accompanied by faculty members including Dr. Nufazil Altaf Ahangar and Dr. Mohammad Rafiq Teli.

During the tour, students visited JIMS Vasant Kunj New Delhi, Arvind Hi-Tech Pvt Ltd, Arvind Engineers, research facilities, innovation centers, and other places.

The tour was aimed to familiarize the management students with the production and manufacturing processes of industry. During the visit, various experts gave a detailed pre-

sentation about the industries. Director NIT Srinagar, Prof. (Dr) Prof. Sehgal said industrial tours are important for students to get firsthand experience of the market trends in the country.

"This experience goes beyond bookish concepts. Students visited various research facilities and innovation Centers and interacted with various industry experts in New Delhi," he said.

Prof. Sehgal said such programs will be conducted in the future also and stated that the administration will provide full support to such exposure trips for students and research scholars.

Registrar NIT Srinagar, Prof. Syed Kaiser Bukhari said industrial tours are important for students as apart from the knowledge it pro-



vides exposure to a new environment, culture, and people.

"Academic tours provide students an environment for socialization and increase bonding among them. It is more practical rather than theoretical knowledge," he said.

Prof. Bukhari said such tours play a vital role in the overall development of students to gain practical knowledge. It will allow students to remember, learn and understand subjects for their lifetime," he said.

In his message, HoD HSS&M, Prof. Neyaz Ahmad said academic field tours are important for students to make them aware of their surroundings.

"They were introduced to new ways of learning to gain desired information. Such tours also allow them to learn, absorb and experi-

ence things practically, he said.

Prof. Neyaz such practical sessions are the need of the hour and they will explore more in-depth knowledge for the students. "Academic tours provide students an environment for socialization and increase bonding among them. It is more practical rather than theoretical knowledge," he said.

Prof. Bukhari said such tours play a vital role in the overall development of students to gain practical knowledge. It will allow students to remember, learn and understand subjects for their lifetime," he said.

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# HEADLINES TODAY

## HT EDITORIAL

### Essence of LIFE ; In Light of Quranic Teachings...

Don't be surprised to find this religious topic as today's Editorial. Let me first begin with very reason for choosing such a topic in greater public interest. We are at the threshold of Loosing our future generations to drugs.

The social fabric is about to pose a tough challenge amid moral and cultural degradation. I thought it imperative to ponder over this all important but untouched topic. Inculcation of moral values into our future generations. The best way is the knowledge of wisdom which we must possess. Irrespective of religious ideologies try to read and understand the best and the only essence of life....

There is a profound question that each and every one of us reflects on at some point during our lives: "Why am I here, what is my purpose?"

The Quran puts forward a simple but powerful argument with regards to our origins: "Were they created without any agent? Were they the creators?" (Quran 52:35)

The Quran engages its audience by inviting us to ponder some rational, logical questions which we can use to arrive at a conclusion about our origins. The first question that the Quran poses to us is: were we created by nothing? Can something really come from nothing? This is impossible, as we know from our own personal experiences of life as well as the laws of the universe that we couldn't have come out of nothing, because out of nothing, nothing comes!

This leads us to the next possibility that the Quran proposes: did we create ourselves? Can something create itself? This is a self-contradiction, because for you to create yourself you would have to already exist, and you can't exist and not exist at same time. This would be like saying that your mother gave birth to herself. Since something cannot come from nothing, and self-creation is absurd, this leaves one final possibility: we have a creator. This is the best explanation not only for our origins but also the universe and everything in it, because it is intuitive and also agrees with reality: whatever begins to exist has a cause or a creator. This cause or creator must itself be uncaused due to the absurdity of a never-ending chain of causes. To illustrate this better, if the cause of the universe had a cause and that cause had a cause and so on and so forth forever, then there wouldn't be a universe to talk about. For example, imagine if you were told that you couldn't read this book until you handed it to someone else, and then this other person would also have to give it to someone else, and this went on forever, then would anyone ever read this book? The answer is no. If we apply this principle to the universe then we would have to conclude that the cause behind it is uncaused out of rational necessity. The Quran confirms the uncreatedness of the creator: "He begot no one nor was He begotten." (Quran 112:3)

Now, having a creator is one thing, but how do we know we have a purpose? Everything in this universe has a purpose. Even simple things like a chair, a bowl and even the book you are holding in your hands serves a purpose. Wouldn't it be sad if we didn't too have a purpose? If we reflect and look at the world around us, we can easily come to the conclusion that we must have a purpose. Think about the vastness of our universe with all its billions of galaxies and trillions of planets. The Qur'an tells us that God did not create all this for no reason: "We did not create the heavens and the earth and everything between them playfully." (Quran 21:16)

The sun gives us warmth, the clouds give us rain and the trees and animals give us food. Since a lot of the systems that God has put in place in our universe are to ensure our survival and wellbeing then God must have a purpose in mind for us, too. This is what the Quran tells us: "It is God who created the heavens and earth, who has sent down water from the sky and with it brought forth produce to nourish you; He has made ships useful to you, sailing the sea by His command, and the rivers too; He has made the sun and the moon useful to you, steady on their paths; He has made the night and day useful to you and given you some of everything you asked Him for. If you tried to count God's favours you could never calculate them" (Quran 14:32-34)

So that nagging question comes up again, what is our purpose? Again the Qur'an has the answer: "I created jinn (Quran spirits) and mankind only to worship Me" (Quran 51:56)

Now, what do you understand about 'worship'? Most will say prayer. This is correct, however in the Qur'an, worship is much more comprehensive than just praying. It includes all acts of obedience that are pleasing to our Creator. Even exercise and eating can be an act of worship if our intention is to stay healthy as we can't stand up and pray if we are ill.

Why perform worship? It's important to understand that our Creator does not need our worship. In fact the Qur'an tells us this; it is us who are in need of worship. We as human beings are more than just flesh and bone, we have a spiritual side that also needs nourishing. Many people are wealthy materially speaking but unhappy with their lives because they neglect their spiritual wellbeing. In order for us to experience true peace both our bodies and souls need to be in tune with our Creator: "Truly it is in the remembrance of God that hearts find peace." (Quran 13:28)

So by converting every aspect of our lives into pleasing our Creator, then we will be in a state of constant remembrance of God and our hearts will be at peace. This is a revolutionary way of thinking but practically, if someone were to do this, a lot of their actions wouldn't change; however their thought process behind their actions would and they would find the inner peace so needed in today's society! So, the question arises - what is the best way to worship God? Let's think about mobile phones. Mobile phones are obviously not as sophisticated as human beings, but we share many things in common. We both have a life span, we both require energy to function correctly, and we can both be damaged if we are not taken care of properly. When mobile phones develop a problem, the first thing most people do is to refer to the instruction manual for the mobile phone. Why? Because it has been made to show us the best way of using it and we rightly listen to the experts! The creator of the phone knows the best way to use that phone and they have imparted their knowledge to us in the form of instruction manuals. Similarly then, the Quran is like an instruction manual for humanity as it is from the one who made us. God, our Creator, knows us better than we know ourselves and this is why His knowledge, His guidance for how we should live will always surpass any human invented philosophies and ways of life.

# Conservation of Nature ; A Brief Outlook...



Jaswinder Pal Sharma

Nature refers to living plants, air, water, minerals, sunlight, and animals. It makes this Earth a place worth living. We can exist on this planet because of mother nature. We get plenty of natural resources from our planet Earth. But unfortunately, most of the natural resources are getting depleted because of overpopulation and misuse of these resources. If we don't work to conserve natural resources, all these resources will not exist one day. So, we should understand its value and importance.

## Define Conservation of Nature

Natural resources on Earth include minerals, air, water, soil and wildlife. It contains genes, ecosystems, diversity of species and functions of the environment. It is impossible to exist on this planet without these natural resources. Conservation of nature means taking care of and protecting these resources for future generations.

So, we should conserve these natural resources to maintain an equal balance in our environment. Now, we will discuss the types of resources and how they can be conserved.

## Types of Natural Resources

Natural resources can be classified into four categories: Renewable resources, Non-Renewable resources, Biotic and Abiotic.

**Renewable Resources:** Renewable resources cannot be replenished through natural processes. For example, wind, water, forests, solar energy, etc. These resources can fill by themselves at the same speed they are used. But, we should manage these resources wisely to avoid the depletion of renewable resources.

## Non-Renewable Resources:

Non-renewable resources are exhaustible

resources, which means once they are exhausted, they will take millions of years to form, for example, fossil fuels, minerals, etc.

**Biotic:** Biotic natural resources come from the ecosystem, including vegetation, animals, and other substances

use your dishwasher and washing machine when there is enough load and shift to energy-saving appliances if possible.

**Switch off the lights:** Make sure to turn off the lights once you leave the room. When there is no use of

Composting means converting scrap food waste into valuable materials for gardening purposes. It enriches the soil and avoids water runoff, which reduces soil erosion. By composting, the need for pesticides can also be cut down,



procured from them. It also includes oil, coal and petroleum because they are decayed organic matter.

**Abiotic:** Abiotic natural resources are generated from non-living and non-organic materials. Examples of abiotic natural resources are land, water, and heavy materials like gold, silver, etc.

Natural resources can also be categorised as stock resources, actual resources, potential resources and reserve resources based on their stage of development.

## How to Conserve Nature and Its Resources?

It is necessary to conserve natural resources because many of them are used faster than their production speed. We have discussed a few ways of preserving these resources below:

**Consumption of less water:** Making a habit of taking shorter showers, closing the tap while brushing our teeth, etc., will help reduce the wastage of water. Also, try to

appliances like air conditioners, coffee-makers, etc., switch them off as they consume electricity in small amounts. LED lights use less amount of electricity compared to standard bulbs. So, try to switch to these alternative options of light.

## Usage of renewable energy:

Renewable resources have been in practice for centuries. But, in recent years, global warming and climate change forced researchers and scientists to look for other ways to incorporate greenery into our everyday life. The usage of wind energy and solar panels can reduce our dependence on natural gas and reduce the depletion of natural resources.

**Recycle:** Recycling means reusing materials that are already used. It reduces waste, helping in reducing groundwater and air pollution. Look for a place that recycles items like plastic bottles, aluminium, etc.

lessening the amount of wastage and pollution produced by food.

## Conclusion

Nature comprises everything that surrounds us. The trees, forests, rivers, brooks, soil, and air are all part of nature. Keeping nature and its resources integral is crucial for continuing life on Earth. It would be difficult to imagine life on Earth with a spoiled natural environment.

## Therefore, taking appropriate

steps to conserve nature must be a priority for the human race. Only human beings can save nature in its purest forms with their power and ability.

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# Want Fabulous Skin This Winter? Overnight Masks Works While You Sleep



SHAHNAZ HUSAIN

During these harshest winter months, your 10 -minute morning skincare routine may not be cutting it. The combination of lower temperatures and humidity, harsh winter winds, and indoor heat can result in dry, dull, and irritated skin that may need a little extra TLC. One such solution that can help? Overnight masks

Sleep masks are the latest skin-care obsession. Overnight masks are like a supercharged, extra-potent serum or face cream that helps to provide deep hydration and nutrients to your face while you are sleeping.

Overnight masks are formulated to deeply penetrate your skin giving you better-looking skin, a healthier complexion, decreased fine lines and wrinkles, a softer texture, and less dryness or redness.

They're lighter on the skin than your regular moisturizer, so you can actually wear them overnight without creating a mess on your pillowcase. Designed to be applied before bed and rinsed off in the morning, the common goal of the different formulas is to moisturize skin, relax your muscles and help you sleep better. Our skin regenerates, or restores, naturally at night. So, adding a little extra help with actives in an overnight mask may nudge the process along.

If you have any skin problems that you need to target, overnight face masks are a great idea for intense skin hydration, brightening, and calming. They're water-based, and easily absorbable which can penetrate deeper into the skin and have more time to be absorbed into the skin.

Skin can lose a lot of water during sleep, and the AC or heater can exacerbate the problem even further. Skin cells replicate and reproduce during the night. Wearing an overnight mask works both as a barrier and sealant. A light coating of this product prevents dirt and dust from closing in on your pores and locks in your other active products, letting all the good work more effectively without

so on till you feel it is OK . Leave it on overnight and rinse it off with cold water in the morning.

Mix 3 tablespoons fresh tomato juice and 1 tablespoon honey in a bowl and apply the mixture on the face and leave it overnight. Wash your face in the morning with fresh water .You can use it twice in a week  
This face mask is also an excellent cure

any scars.

## 3--- Almond and Milk Mask

Soak 10 raw almonds in water overnight and peel them the next morning. Crush the almonds in a blender. Add 5 tablespoons of milk and blend the mixture again. Apply it on your face with a cotton ball before going to bed and leave it on overnight. Wash your face in the morning with cold water.

This overnight mask is rich in folic acid and Vitamin E. This mask will make your skin soft. Just make sure to use this remedy twice a week for better results.

## 4---Cucumber, Green Tea, and Potato Juice

Take half potato and half cucumber, grate them and squeeze their juice. Then mix the juices of potato and cucumber with a half cup of green tea juice . Apply it on your face using a cotton ball.

Let the mixture stay on your face overnight, and then rinse off with cold water the following day. Using cucumber on the skin has proven best as it cools the skin and treats sunburn problems.

It nourishes the skin, provides intense hydration and fights the signs of ageing alongside acting as an effective moisturiser. At the same time, the presence of antibacterial properties of cucumber help lower the scars present on the skin and reduces acne issues.

Do this three times a week.

## 5---Coconut Oil Mask

Mix one teaspoon of coconut oil with three drops of tree oil in a bowl. Wash your face and apply on face and leave it overnight and rinse off with cold water the next morning.

Coconut oil cleanses the skin while you are asleep. Tea tree oil is an antibacterial ingredient that can help in reducing scars and is a great ingredient to use in any face pack for acne

The author is an international fame beauty expert and is called herbal queen of India

Thanks and Regards  
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evaporating away..you will probably wake up with a more healthy, glowing, flake-free, and even-toned face.

We love using the ingredients provided by nature. So, here are some overnight face masks that you can easily prepare at home:

## 1---Tomato Masks ---

Take one tomato and 2 tablespoons of raw milk and blend both to make a paste. Apply the mask evenly on your face and exposed areas like the neck, hands, etc . Leave it overnight and rinse it with cold water in the Morning.

Take a tomato and cut it into two halves. Take about 6 tablespoons of raw milk in a bowl. Now, dip the tomato into the milk bowl and apply it all over your face. Once the layer is dried up, repeat it again and apply the second layer and

for sunburn due to its cooling properties. Tomato overnight mask being a natural astringent works best for Acne-prone skin. It also helps in reviving the glow on dull skin and is an excellent remedy for sunburn.

## 2--- Turmeric and Milk Mask

Mix 2 tablespoons Milk with 1 tablespoon turmeric powder in bowl . Apply the mixture on the face neck and open areas and leave it overnight .Wash with normal water in the Morning.Raw milk is an excellent anti-tan agent. It proves to be an excellent natural remedy to treat sun tan at home

Lactic acid present in milk easily penetrates into the skin, hydrating it and giving it a radiant glow. Turmeric's antiseptic and antibacterial properties help kill any unhealthy bacteria and help remove



## DC Rajouri kick starts work on Channi to Bakhar Road



RAJOURI, DECEMBER 09: Deputy Commissioner Rajouri, Vikas Kundal today kick started construction work on Channi to Bakhar road. DDC Member Seri, Sangeeta Sharma; BDC Siot, Bal Krishan; ADC Sunderbani, Vinod Kumar Behnal; CPO, Mohammad Khurshid and ExEn PMGSY, Subash Chander were also present on the occasion. The ExEn PMGSY, Subash Chander informed that the 4.5 KM road estimated to cost Rs 4.68 crore would benefit about ten thousand souls. While interacting with the locals, the DC congratulated them and said that the Government was committed to provide the best possible relief to the general public in terms of connectivity to minimize the sufferings of the commuters. He also said that a number of connectivity projects are being executed by different departments in the district and dedicated efforts are in place to complete these projects within the stipulated timeline to provide necessary benefits to the public.

## Pr. District and Sessions Judge chairs Coordination Meeting at Samba

SAMBA, JANUARY 18: In reference to Order No. 502 of 2021 RG dated 14.07.2021 issued by High Court of J&K and Ladakh, the sixth Coordination Meeting was held today in District Samba at Conference Hall, District Court Complex Samba under the Chairmanship of Ms. Sonia Gupta, Pr. District and Sessions Judge, Samba. The meeting was attended by Chief Judicial Magistrate, Samba, Senior Superintendent of Police Samba, Addl. Deputy Commissioner Samba, Secretary, District Legal Services Authority Samba, Deputy Director Prosecution Kathua-Samba, Special Public Prosecutor NCB Samba, Public Prosecutor, Sessions Court Samba, Incharge Superintendent District Jail Kathua, Incharge Superintendent, Central Jail Kot Bhalwal, Superintendent District Jail Amphalla (through Virtual mode), and representatives from Police and Housing Board Jammu and PWD(R&B) Samba etc. Secretary, Coordination Committee (Chief Judicial Magistrate, Samba) Preet Simran Kour put the agenda of the meeting into discussion and some resolutions were passed accordingly. The Chairman impressed upon all the participants of District Administration to ensure the implementation of all the resolutions in letter and spirit.

## 7-Day NSS Special Winter Camp Commences at GDC Ramgarh

SAMBA, JANUARY 18: The National Service Scheme unit 'Prabha' of Government Degree College Ramgarh today organized the maiden 7-Day NSS Special Winter Camp under the banner of 'My College My Pride' and 'My Town My Pride'. The Camp was inaugurated by Prof. (Dr.) Satinder Kaur, the Principal of the College, in presence of NSS Programme Officer, staff members and Volunteers of the College with the lighting of the traditional lamp. In her address, the Principal of the College highlighted the important role that the NSS as an organization plays towards social and national development. She said that the NSS understands the community in which they work and understands its relation to the community. It identifies the needs and problems of the community and involves itself in problem-solving. It helps in developing a sense of social and civic responsibility amongst the NSS volunteers. They can utilize their knowledge in finding practical solutions to individual and community problems. They also develop competence required for group-living and sharing of responsibilities, and they acquire leadership qualities and democratic attitudes. These volunteers develop the capacity to meet emergencies and natural disasters, and practice national integration and social harmony. She congratulated the organizing committee and the volunteers for organizing this Camp. Dr. Shamsheer Lal, the NSS Programme Officer, gave a detailed account of the activities to be covered during the Camp's tenure. He also motivated the NSS volunteers to participate in the activities to be carried out during the Camp with zeal and enthusiasm. He encouraged them to learn new things and skills that will help them in their lives to overcome various situations. On the first day of the Camp, a poster-making and slogan-writing competition was held. The theme of the competition was 'Nasha Mukh Bharat Abhiyan'. A total of 30 students participated in the competition. Members of the NSS committee, Convener IQAC, Dr. Aditi Khajuria and other faculty members, and a large number of students were present in the inaugural session of the Camp. The inaugural session of the Camp concluded with the National Anthem.

## Director Fisheries calls for effective implementation of Technological interventions for increasing fish seed, Trout production

JAMMU, JANUARY 18: Director Fisheries, Mohammad Farooq Dar today inaugurated Divisional Level Orientation Cum Training Programme on Technological Intervention for Fish Seed and Trout Production here in the Directorate of Agriculture, Tallab Tilloo. While delivering the lecture on technological intervention for fish seed and trout production to the district level resource persons, the Director said that targets and goals set under the document of Holistic Agriculture Development Plan need to be achieved in full. He clarified various queries put forth by the participants and stressed upon strict implementation of the project on the ground level. "The aim of the training program is to equip the resource persons nominated for the training so that the project implementation shall be easy at ground zero level after the proper dissemination of the knowledge to the implementing officers" he added. All salient features of the technical interventions were discussed in detail. He clarified various queries put forth by the participants and stressed upon strict implementation of the project on the ground level. "The aim of the training program is to equip the resource persons nominated for the training so that the project implementation shall be easy at ground zero level after the proper dissemination of the knowledge to the implementing officers" he added. All salient features of the technical interventions were discussed in detail.

# Sanjeev Verma chairs workshop regarding preparation of Climate Resilient City Action Plan

JAMMU, JANUARY 18: The Department of Ecology, Environment and Remote Sensing organized a stakeholder workshop for preparation of Climate Resilient City Action Plan for Jammu and Srinagar cities under the chairmanship of Commissioner Secretary Forest, Ecology and Environment, Sanjeev Verma here today.

During the workshop, discussion was held with the stakeholder departments to assess the existing status of service delivery and validated data sets to be collected for GHG emissions inventory of the city to generate a carbon inventory of the city. Besides, the financial and policy level implications of the plan were deliberated upon. The impact of different mitigation and adaptation interventions were also discussed with the stakeholders.

Speaking on the occasion, Commissioner Secretary said that the impact of climate change is gravely affecting the population so this is the high time to work in the direction of climate adaptation and mitigation. He spoke about various schemes initiated by the Prime Minister like Panchamrit and Mission Life. He added that the mitigation of climate change is a global phenomenon but the solutions are local which can be brought into action by behavioural change in our daily routines. He emphasised that 'Climate Resilient



City Action Plan' or 'CRCAP' for Srinagar and Jammu cities is a movement towards planning at local level. The plan will evolve with time but needs decentralized planning and mainstreaming of funds from all allied departments.

Commissioner Secretary also emphasised that prominence should be given to carbon neutral panchayat to make it workable and profound at panchayat level quoting the example of Palli Panchayat.

PCCF (HoFF.) J&K Forest Department, Dr. Mohit Gera, stated that consider-

able increase in the green house gas emissions during the last fifty years has created alarming situation in relation to the impact of climate change. He added that J&K is blessed with healthy forest and biodiversity associated with it for balancing and offsetting the greenhouse gas emissions. In terms of vulnerability, J&K ranks higher than rest of the country due to high elevation and fragmentation as large number of villages are dependent on the natural resources. He informed that forest department in collaboration with local municipalities

have taken a number of initiatives like Biodiversity Registers and Local Biodiversity Strategy Action plans and these can be incorporated in CRPCP's as a resilience measure.

S. Rakesh Kumar, Director DEE&RS, while speaking on the occasion, stated that cities have high risk and vulnerabilities due to concentration of people in cities and rapid rate of urbanization. The CRCAP will lay foundation to plan for the vulnerabilities so that the cities are resilient enough to face a natural hazard and bounce back into action again.

Various experts from TARU Leading Edge and Vasudha Foundation presented the vision for Climate Resilient City Action plan.

The event was attended by Chairperson PCC, Director Social Forestry, Chief Wildlife Warden, Director Soil and Water Conservation Department, Director, Forest Protection Force, and officers from JalShakti (PHE, IFC, RTIC), UEED, R&B, JMC, JDA, Health, Disaster Management, PDD, PDC, AH, Smart City, Tourism, Agriculture, RD&PR, IIT Jammu, Jammu University, CUJ, Town Planning, Smart City etc.

Later, a short technical session on Carbon Neutral Gram Panchayat - the models of UP, Palli and Kerela was also organized to sensitize the participants about achieving net zero emissions at grassroot level.

## Regional Office NABARD launches Int'l Year of Millets (IYOM) – 2023 in Jammu & Kashmir

JAMMU, JANUARY 18: NABARD, Jammu & Kashmir Regional Office today launched the International Year of Millets 2023 under the Chairmanship of Dr. Ajay K Sood, Chief General Manager, Regional Office NABARD Jammu & Kashmir.

The meeting was graced by K. K. Sharma, Director Agriculture Department, Jammu Division, who is also Mission Director for IYOM- 2023 for Jammu Division of J&K.

The event was also attended by Dr. S K Gupta, Director Extension, SKUAST-Jammu, Senior Scientists of SKUAST-Jammu, Senior Officer of NABARD, Senior Project Manager, Jammu & Kashmir Rural Livelihood Mission (JKRLM), Heads of NGOs working in Jammu viz. Kristu Jyoti Social Welfare Society, KYASC, JKDUCL & YMC.

Dr. A. K. Sood, Chief General Manager, NABARD, Jammu and Kashmir Regional Office welcomed the dignitaries to the programme and



apprised the house about the campaign of Govt. of India to take millets to every corner of the world and briefed about the rationale behind UN declaring 2023 as International Year of Millets as the world is facing existential crisis of food insecurity and water scarcity. He also highlighted the importance of millets towards nutrition as well as its contribution towards the adaptation side of climate change. He further mentioned about the role and scope for NABARD towards promotion, production and value addition of millets in Jammu & Kashmir especially towards popularizing millets amongst farmers. He emphasized on how FPOs can become a launching

spot for millets as minor produce. Dr. Sood enlisted main focus points for deliberations by the house.

A detailed presentation on current status of millets in India and scope for NABARD interventions for the promotion of millets in UTs of J&K was given by NABARD. Dr. K K Sharma presented about the status of millets in J&K and potential areas where millets can be promoted. He mentioned about developing Kishtwar as Model Millet District in Jammu & Kashmir as Kishtwar grows all types of millets including Bajjarbhag. Further, he told the house about plans of Shri Mata Vaishno Devi Shrine Board for inclusion of Millet.

## Weekly Block Diwas: DC Rajouri listens to people's issues at Siot

RAJOURI, JANUARY 18: To redress the public grievances at their doorsteps, Deputy Commissioner Rajouri, Vikas Kundal today chaired a public outreach camp at Panchayat Prat of block Siot as a part of weekly Block Diwas.

During the event, the public and their representatives highlighted a number of issues and demands of their areas. They demanded up-gradation of schools, posting of Urdu teacher at HSS Channi Prat, Widening of Thandapani Channi road, functioning of irrigation canals etc.

Other issues projected included implementation of JJM, holding of special camps for issuance of disability certificates, sanctioning of PHCs for interior areas etc.

The Deputy Commissioner gave a patient hearing and passed on the spot directions to the concerned officers for the early redress of the genu-



ine public concerns.

Responding to the issues and demands of the general public, the DC assured that their genuine concerns would be redressed in a phased manner.

Regarding the implementation of Jal Jeevan Mission, he said that the work on many schemes has been allotted and many are in tendering phase. "All the households of the district would be provided functional tap water connections with the implementation of JJM" he assured.

He further assured to organise special camps for issuance of disability

certificates to clear the pendency in this regard.

About the sanctioning of new PHCs, he said that a proposal for four to five villages would be submitted in near future.

He further said that efforts would be made to complete all the incomplete Panchayat Ghars in the current month.

Regarding the issue of forest clearance for the construction of roads, the DC said that the District Administration is committed to provide road connectivity to every Hamlet and assured that all the forest clearance issues shall be resolved.

## DC Doda Chairs DRSC meeting

DODA, JANUARY 18: To assess the availability and requirement of infrastructure and allied issues for road safety, Deputy Commissioner Doda, Vishesh Paul Mahajan today chaired the District Road Safety Committee (DRSC) meeting here in the DC office complex Doda. The concerned executing agencies were asked to take measures for winter audit of all the roads in the district. The executing agencies were further directed to identify remaining Black Spots, if any on the roads and to submit the report to the Committee to add to the already finalised list and to decide the corrective actions. The agencies were also



instructed to install crash barriers immediately on all the Spots where accidents have happened in the past and to create parking bays. The GREF and all other road constructing agencies were

instructed to remove the encroachments along the Roadsides falling in their area of responsibility.

A Committee headed by ADC and supported by, ARTO, Dy SP Traffic, Concerned Tehsildar,

and SHO was constituted to identify the spots for installation of CCTV cameras on the National Highway. The CCTV cameras would be provided by NHIDCL for the public safety and Traffic regulation. The meeting also decided to introduce small reading books in the Middle Standard Schools and the above classes to teach the students about the importance of traffic rules and other moral values as a part of extracurricular activity. The Chairman, while reviewing the working of trauma hospital, asked the member secretary to apprise the concerned authorities about the shortage of Staff and infrastructure in the Hospital.

## Weekly Block Diwas Public outreach camps held at 4 locations across Doda district

DODA, JANUARY 18: Public Interactions/ Outreach Programme were held today at four places across District Doda to listen to the issues and grievances of the people under the aegis of weekly Block Diwas.

The grievances redressal/ Public Outreach camps were held at Choundary, Block Bhalla, Sub District Baderwah; Panchayat Batara, Sub Division Gandoh; Baggar, Sub Division Assar; Tehsil Headquarter Bhella, Sub Division Thathri.

The whole programme was held under the supervision of Deputy Commissioner Doda, Vishesh Paul Mahajan. At all designated loca-

tions, the daylong Block Diwas proceedings witnessed huge participation of locals and public representatives. Public and PRIs put forth a range of issues/ demands. They demanded augmentation of water supply and electricity, macadamization of roads, meeting dearth of staff in schools and hospitals, upgradation of schools, banking facilities in rural areas, release of pending wages under MGNREGA etc.

The Presiding officers of the Block Diwas gave patient hearing to the issues and demands and directed the concerned officers to prepare a list of issues/ grievances raised pertaining to their departments.

# Road Safety Awareness Week Awareness programme held at GGM Science College

JAMMU, JANUARY 18: In connection with the Road Safety Awareness Week, NSS Unit of GGM Science College held Road Safety Awareness events in College campus.

The event was organized with the Theme for National Road Safety Week 2022 i.e. Sadak Suraksha-Jeevan Raksha under the guidance of Raj Paul Singh, Additional SP Traffic City Jammu, Dr. Rajesh Gupta, College Principal and Dr. Nandinder Kumar, NSS PO.

The NSS PO started the event with quotations as "Safety First is Safety Always." Government's first duty and highest obligation is public safety, "Nothing is of greater impor-

tance than the conservation of human life." "The speedway ends at the cemetery." He underlined that the central government introduced the Motor Vehicles Amendment Bill in 2019 with the aim to improve road conditions for safety of lives in Indian states and union territories.

Dr. Rajesh Gupta, Principal of the College emphasised that the awareness week is celebrated with the aim to encourage road safety practices among people.

Addl. SP said that the road safety week emphasizes the importance of prioritizing safety when travelling by any mode of transportation. He added that it is a crucial step in view of the



increasing number of deaths due to accidents. "Every year road crashes re-

sult in loss of lakhs of precious human lives and serious injuries to crores of people. In India

itself more than 1.5 lakh people are killed in road crashes every year." he added and emphasized that sensitization among Youth regarding Road Safety is necessary as they are the future of India.

Dy. SP Satish Kumar appraised the gathering that it is the duty of every citizen to wear helmet, seatbelt etc for safety while driving.

Dr. Vinod Bakshi Director physical education motivated the volunteers to organise such a type of workshop in the college in the near future.

Large number of students and volunteers participated in the event.



## Dulloo reviews CAPEX, CSS, NABARD, Deliverables of J&K Horticulture sector

JAMMU, JANUARY 18: Additional Chief Secretary (ACS), Agriculture Production Department (APD), Atal Dulloo today chaired a meeting to review the physical and financial achievements of Horticulture sector under CAPEX, Centrally Sponsored Schemes (CSS), NABARD and Deliverables.

Secretary in APD, Director Horticulture Kashmir/Jammu, Director Agriculture Kashmir/Jammu, Director Horticulture (P&M), Managing Director JKHPMC and other concerned attended the meeting in person and in virtual mode.

Director Horticulture Kashmir and Jammu delivered presentations over the approved outlay plan, release of funds and expenditure subsequently under CAPEX Budget of Horticulture sector for the year 2022-23.

The ACS discussed the component wise breakup of activities, approved outlays, release of funds



and expenditure of physical and financial progress for both the divisions of Kashmir and Jammu.

The meeting was informed that under the CAPEX Budget 2022-23, out of Rs 199.40 crore, Rs 128.33 crore were released to various Heads of the Departments, of which Rs 42.48 crore were expended under different activities of the Horticulture sector in the Union Territory of Jammu and Kashmir.

It was given out that for Horticulture Kashmir under CAPEX Budget 2022-23, out of Rs 33 crore, Rs 23.72 crore were released

and Rs 11.84 were spent under the activities of Development of Nurseries, Establishment of Plant Protection/Soil Labs/Post Harvest Management Centers, Procurement of Machinery and Equipments, Subsidy/Incentive for promotion of Horticulture and Horticulture Infrastructure.

Similarly, during the meeting it was given out that Rs 9.27 crore were spent, out of released funds of Rs 21 crore for several activities for Horticulture Jammu under the CAPEX Budget.

The meeting also held a

threadbare discussion on major targets, achievements and deliverables for the year 2022-23 under CAPEX.

Besides, the meeting had a detailed overview of the components of activities undertaken during the year 2022-23 under the CAPEX under several sub heads.

The meeting also held detailed discussions over the major targets, their achievements and deliverables of Horticulture (Planning & Marketing) and J&K Horticulture Produce Marketing and Processing Corporation Ltd under CAPEX, CSS, NABARD and other major initiatives.

Also, the ACS was informed about the approved outlay, release of funds and expenditure under different CSSs in the UT while holding a detailed overview besides physical achievements of all sectors of Horticulture departments.

## DC Baramulla chairs Weekly Block Diwas programme at Kandi Rafiabad

BARAMULLA, JANUARY 18: Continuing Public Outreach Programme (Block Diwas) across the district and in order to take first hand appraisal of the issues of general public at their door steps, the Deputy Commissioner (DC) Baramulla, Dr Syed Sehrish Asgar today visited Kandi block of Rafiabad where she chaired a day long Block Diwas programme and listened to the various issues and demands of people.

Additional District Development Commissioner Baramulla, Aijaz Abdullah Saraf, Assistant Commissioner Revenue, Peerzada Mumtaz Ahmad besides other functionaries of concerned departments were present in the block diwas programme.

The Public Outreach Programme witnessed enthusiastic participation of public where various delegations and scores of individuals projected their demands and sought timely resolution



On the occasion, people put forth several demands including macadamization and widening of main roads in and around Kandi and the connectivity from Kandi to Qaziabad of Kupwara district besides upgradation of educational institutions, Health Centre at Kandi, development of play fields in the area and rural electrification of Kandi Rafiabad.

Deployment of subject

teachers in HSS Kandi Rafiabad, potable water facilities and electrification in Kandi Rafiabad were also among the major demands of the people.

After giving a patient hearing to the grievances and demands of the public, the DC assured that District Administration is committed towards all round development of the district and also assured them that all their issues

and demands shall be taken with the concerned authorities for their timely redressal.

While extending appreciation to all the departments, the DC said that Baramulla district has achieved a milestone by securing 3rd Delta Rank by NITI AYOJ and the district was awarded with Award Money of Rs. 3 Crores which will be utilized for the welfare of the people.

## DC Bandipora presides over public interaction programme

Discusses town development activities; listens to public issues

BANDIPORA, JANUARY 18: The Deputy Commissioner (DC) Bandipora, Dr. Owais Ahmed on Wednesday presided over a public interaction programme at Mini Secretariat here to discuss various town development activities and listen to the public issues.

The programme was attended by ADDC Bandipora Ali Afsar Khan, District Nodal Officer Coordination Mohd Ashraf Hakak, JD planning Imtiyaz Ahmad, President MC Bandipora Basharat Husain, CEO MC Bandipora, District Officers of various departments, Executive Engineers, Councillors of MC Bandipora, Civil Society Members, Transporters, traders and large gathering of general public.

The civil society members, elected

representatives, traders, transporters raised various issues regarding renovation of washrooms in market area, availability of heads in schools, Repair of footpaths, Macadamisation of pending link roads drainage, traffic congestion, street lights, waste management and other issues.

The DC on the occasion listened patiently to the issues raised and passed on spot direction for redressal of issues and asked officers to redress the public grievances on priority.

Regarding traffic congestion in the main market Bandipora, Dr. Owais said that a traffic management plan has been approved and directed concerned officers to implement the plan for the convenience of the general public.

## DDC Reasi presides over Block Diwas at Kambal Danga

REASI, JANUARY 18: District Administration Reasi today organized a Weekly Block Diwas meeting at Block HQ Kambal Danga where Deputy Commissioner, Babila Rakwal along with a team of officers listened and resolved issues of the local people.

Block Development Council Chairman, Sarpanchs, Panchs, ACD, Tehsildar Reasi, Xen PWD, XEn Irrigation and other concerned officers attended the outreach programme.

Scores of individuals and deputations, including PRI members projected demands and apprised the District Administration about the problems faced by the inhabitants of their respective areas.

Panchs and Sarpanchs from Aagar Balyan, Silla, Gran, Panassa, Mari projected their demands and sought installation of power transformer, opening of dispensary, construction of High School boundary wall, completion of road work, restoration of existing irrigation kuls and construction of new ones, providing old age pension to eligible persons, ATM service near Government hospital Reasi, replacement of electric polls and wires, meeting of scarcity of water, avoiding unscheduled power and other issues.

The DC passed on the spot directions to



the concerned departments to ensure the redressal of the issues highlighted by people on priority and in a time bound manner.

Addressing the gathering, the DC said the Block Diwas ensures doorstep services delivery and redressal of the genuine grievances of the common man. She called for coordination and collaboration among the departments and PRIs to achieve desired development objectives besides timely intervention and action to mitigate the sufferings of the people.

The officers and officials of different departments updated the people about various welfare schemes and programmes meant for their well-being and urged upon them to avail the benefits of the same.

## 2-day training program on Natural Farming concludes at KVK Samba

SSP chairs valedictory function

SAMBA, JANUARY 18: The two day training programme on "Natural Farming" organised under the aegis of Directorate of Extension, SKUAST-J concluded today.

During the valedictory programme, SSP Samba, Benam Tosh was the Chief Guest of the programme. More than 40 farmers from different villages of district Samba participated in the training programme.

The program was started by Dr. Sanjay Khajuria, Chief Scientist & Head, KVK Samba. He welcomed the chief guest and farmers. He briefed about the various activities of KVK Samba and highlighted the importance of Natural farming in agriculture, particularly in Samba district. He stressed upon the need to practice natural farming to ensure the con-



servation of soil health and making agriculture more profitable. He also assured the farmers that they will be trained in various aspects of natural farming, including preparation of inputs, enriching soil and value addition.

He disclosed that KVK Samba is going to establish one demo unit of natural farming in their adopted

villages of the District for the welfare of the farming community. In his address, the Chief Guest appreciated the efforts of KVK Samba for creating awareness among the farming community regarding natural farming. He also stressed on raising awareness among the farming community about the importance of maintaining.

## Weekly Block Diwas: District Admin. convenes Public Outreach programme at Block Baggan

KATHUA, JANUARY 18: In its endeavour to reach out to the door steps of the people, Deputy Administration today convened a Public Outreach Camp at remote Block Baggan.

Deputy Commissioner Kathua, Rahul Pandey presided over the Public Outreach Camp at Dhar Dugnoo Lower.

ADC Billawar, ACD Kathua, DDC Member, CMO Kathua, BDO Baggan, officers of various departments and PRI members were present on the occasion.

During the programme scores of individuals and deputations, including PRI members projected demands and apprised the DC about the problems faced by the inhabitants of their respective areas.

The people of Block Baggan and adjoining areas putforth issues concerning



their areas ranging from the provision of better road connectivity, additional Building for Government Higher Secondary School Dhar Dugnoo, meeting shortage of teaching staff in schools, expediting pace of works under Jal Jeevan Mission, repair of kitchen sheds of 5 primary and two middle schools, augmentation of drinking water supply, uninterrupted power

supply and other basic amenities.

After hearing the demands of the people patiently, the DC passed on spot instructions to the concerned departments for time bound redress of all the issues.

While speaking on the occasion, the DC said that Block Diwas initiative was aimed at reaching out to the people and listening to their grievances.

## Orientation/ Training programme on Technological interventions for Fish seed & Trout production in J&K held at Lalmandi

SRINAGAR, JANUARY 18: An orientation cum training programme on technological intervention for fish seed and trout production in the UT of J&K was today held at Lalmandi, Srinagar.

The program was attended by the officers of the Fisheries department, Agriculture department and other allied departments.

After inaugurating the training programme, Director Agriculture Kashmir Chowdhury Mohammad Iqbal said that to achieve the targets under the ambitious document of Holistic Development and allied sectors the implementing officers should go through every detail of all the projects approved under the holistic development of agriculture and allied sector. He highlighted the importance of collective efforts by all the allied departments.

Director Agriculture asked the participants to work on mission mode for the suc-



cessful implementation of the Holistic document. He said this is a dream project and everyone must contribute to realize the big dream of socio-economic prosperity of the farming community of the region.

The Resource persons for the training programme, Dr. Farooq Ahmad Bhat Dean Faculty of Fisheries SKUAST- K, Dr. Owais Asmi Head Division of Fish division and Biochemistry

SKUAST-K, Dr. Irfan Ahmad Khan Head Division of FGB also expressed their views regarding the programme.

Joint Director Agriculture (Ext) Mohammad Syeed Peer, Joint Director Fisheries Dr. Mohammad Manzoor Wani, Floriculture Development Officer Agriculture Department Kashmir Manohar Lal Sharma were also present in the programme.

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## Advisor Bhatnagar condoles sad demise of Dr. Shalinder Sharma

JAMMU, JANUARY 18: Advisor to Lieutenant Governor, Rajeev Rai Bhatnagar has expressed deep grief and sorrow on the sad demise of Dr. Shalinder Sharma, HoD, Orthopaedics at Government Medical College (GMC), Rajouri who passed away today morning after massive heart attack.

### Public Notice

I have lost my Husband's Death certificate who died on 27 /07/2006.Now I am applying for its duplicate certificate if anybody has any objection in this regard He /She may contact with concerned authorities within 7 days from the date publication of this notice after that no objection shall be entertained.

**Hafeeza Begem**  
**W/O Mohammed Ashraf Parray**  
**R/o Hail Jageer**  
**Tehsil kreeri**

### Public Notice

It is informed to general public that my Date of Birth wrongly mentioned in school record as 15 /07 / 2007 instead of 01/11/2010 .now I want to correct it .If anybody have any objection He /She may file His /Her objection in the office of Millat Model School Darwa ....

Name ....MANZOOR AHMAD WANI  
S/o.... ABDUL MAJEED WANI  
R/o .....DARWA FREST -WARI  
Tehsil ....Wagoora

### OBITUARY

With profound grief and sorrow we inform the sad demise of **MTR. MASOODA NAZIR WIFE OF LATE NAZIR AHMAD KALOO** who passed away on Tuesday January 17th 2023 corresponding to 24 Jamad ul Thani 1444 (AH) in peace,

إِنَّا لِلّٰهِ وَإِنّٰى لِرَاجِعُونَ

Congregational Fateh Khawani will take place on **Friday 20th Jan 2023 at 11 am** at her Mazar in Bona Battapora, HYDERPORA Just behind Ziyarat Syed Hyder R.A. Followed by a brief condolence meeting at our residence in Ibrahim Colony, Hyderabad.

**Bereaved:**

**G H Kaloo (Journalist) | Dr F A Kaloo |**  
**Dr Khurshed Ahmad Pandit |**  
**Dr Basharat Ahmad Pandit |**  
**Rayees Ahmad Qureshi |**  
**Arshad Nazir Khan | Fayazullah Qadri**  
**Dr Rameez Shah | Muneer Ahmad Pandit**

## Before the Hon'ble court of Additional District and sessions Judge at Sopore

In the case of:  
1.Mohammad Sultan Malik  
S/o Late Ab Khalik Malik  
2.Danish ul haq  
S/O.Late Khazir Mohammad Malik  
R/o Both residents of Sangrama Tehsil Khoie Sopore  
District Baramulla  
(Caveators)  
Versus  
Public At Large

(Non-Caveator)  
In the matter of:  
Caveat petition under section 148 A of CPC for providing right of prior audience to the caveators before passing any order if the non caveator/or from any body from the public may chose to file any proceedings against caveators before this honblecourt

Caveators through counsel  
Advocate Aasif Abdullah and associates  
Advocate at add. District and sessions court sopore



## FROM THE FRONT PAGE...

## ECI

It may be recalled that the Delimitation Commission was constituted by the Govt. of India, in exercise of powers conferred by Section 3 of Delimitation Act, 2002 (33 of 2002), for the purpose of delimitation of Assembly and Parliamentary Constituencies in the Union Territory of Jammu & Kashmir. The Commission associated in its work, five members of Lok Sabha elected from the UT of Jammu and Kashmir. These Associate Members were nominated by the Hon'ble Speaker of Lok Sabha. The Delimitation Commission was entrusted with the work of delimiting the Assembly and Parliamentary Constituencies in the UT of Jammu and Kashmir on the basis of 2011 Census and in accordance with the provisions of Part-V of the Jammu and Kashmir Reorganisation Act, 2019 (34 of 2019) and the provisions of Delimitation Act, 2002(33 of 2002)—(KNO)

## LG

has gone through a sea change ensuring high-quality affordable, accessible healthcare for all. Continuous efforts are being made to remove the regional imbalance which existed earlier in the field of health care. J&K is performing better than the national average on several parameters. The health indicators exemplify our efforts to ensure well being of the common citizens, he added.

"In our journey to achieve Quality & Accessible Healthcare, we have taken special care to make our health services effective, people-centered and equitable", observed the Lt Governor.

Improved health infrastructure, expansive network of health & wellness centres, substantial increase in MBBS seats, universal health coverage, ambulance services, mobile clinics, besides decentralization of medical facilities have ensured expansion of health services in remote & far-flung areas, he added.

Several reforms were undertaken to implement the system of 'Any Treatment, Anywhere, Anytime'. The 'e-SAHAJ' initiative entails online appointments from doctors, and digitization of patient's medical records. As many as 575 health facilities are covered under this initiative, the Lt Governor said.

J&K administration is spending Rs 2 crore everyday on the treatment of common people and 97% of our population has insurance cover. SEHAT Golden cards have been provided to 80 lakh citizens, with 28,000 hospitals extending treatment facilities to them across the country. Today, dialysis facilities have been made available in all the districts. Geriatric and Pediatric wards have been established in all district hospitals, he further added.

Sh Bhupinder Kumar, Administrative Secretary, Health and Medical Education informed that J&K Contributory Corpus Funds was started by J&K Government under the directions of the Lt Governor. The NHM employees are provided financial assistance on account of disability or death, he added.

A total of 34 families of deceased NHM employees were provided an ex-gratia of Rs 10 Lakh each, it was informed.

Sh Sanjeev Gadkar, Mission Director, National Health Mission, J&K assured every possible support of the department for the welfare of families of the deceased employees.

Senior officers and officials of National Health Mission and family members of deceased employees were present on the occasion at Raj Bhawan.

## BJY

enter Lakhapur's Kathua district of J&K from Punjab on January 19 at 4 pm.

"After the night halt at Hatli-morh Kathua, Rahul will lead the yatra from January 20 morning and take a night halt at Chadwal. January 21 will be the break day," she said.

The rally will reach Jammu on January 23 and the party is planning a big rally in the city, for which required permission is awaited from the authorities. The yatra would remain in the Jammu region for over a week.

She further added that the yatra would enter Kashmir from Jawahar Tunnel on Srinagar-Jammu national highway on January 27.

The closing of the yatra would take place at Sher-e-Kashmir cricket stadium in Srinagar on January 30, where the party has planned a mega rally in which senior party leadership, chief ministers of Congress led states and heads of its allies among like-minded social and political persons will be present.

Meanwhile, the Director General of J&K Police Dilbagh Singh has said all security needs of the yatra will be taken care of and security will be ensured in every district. "Whatever security measures are needed will be put in place for the yatra," he said adding, "Yatra will be regulated to ensure that people don't face inconveniences."—(KNO)

## EVICTION

government has also sparked protests in different parts of the UT, especially in Jammu where people have also been served notices by revenue authorities, asking them to vacate the state land or face demolition.

However, Commissioner Secretary to the Government, Department of Revenue, Vijay Kumar Bidhuri couldn't be contacted for the comments as repeated calls to reach him didn't fructify.

Pertinently, Bidhuri has instructed all Deputy Commissioners to ensure that all encroachments on state land, including Roshni and Kahcharai land, are removed to the extent of 100 per cent by January 31, 2023.

The Commissioner Secretary of Revenue has also instructed the Deputy Commissioners to develop a daily anti-encroachment drive strategy and designate Additional Deputy Commissioners as District Nodal Officers for coordination and efficient drive implementation—(KNO)

## ENCOUNTER

AC Jammu Piyush Dhotra told KNO that he has been directed to conduct a magisterial enquiry and submit the report to district magistrate, Jammu

The probe has been ordered in accordance with the guidelines issued by the National Human Rights Commission.

"In order to gather facts of the matter and to conduct enquiry in a fair and transparent manner, anyone having any information can come to the office and record his or her statement from today till January 21", he said—

## WEATHER

It was recorded at minus 11.7 degree Celsius on Wednesday. It was 4.5 degree Celsius below normal during this period of the season at the valley of shepherds.

Gulmarg in north Kashmir had a low of minus 11.3 degree Celsius on Wednesday against minus 11.5 degree Celsius recorded the previous night. It was 3.6 degrees below normal during this period of the season for the

famous ski resort.

Qazigund, on Srinagar Jammu national highway in south Kashmir dipped to minus 7.4 degree Celsius against minus 5.4 degree Celsius, Kokernag minus 6.3 degree Celsius while the frontier Kashmir district of Kupwara recorded a low of minus 6.2 degree Celsius on Wednesday, the MeT office said.

## KASHMIR FILES

"The Kashmir Files" has collected over Rs 350 crore worldwide and became the highest-grossing Hindi film of 2022.

Meanwhile, Vivek Ranjan Agnihotri is gearing up for "The Vaccine War". The shoot of the much-awaited flick has already begun and the audience is not able to hold the excitement to know more about the project.

## ADVISOR

allotted for industrial purpose for which the apex committee has accorded the approval for ten industrial units in first phase.

The Advisor while discussing the modalities for starting the units, emphasized upon them to obtain all necessary clearances and bring all stakeholders on board so as to ensure fulfilment of all the prerequisites like uninterrupted power supply, drinking water, construction of bunds besides proper drainage system. The Advisor also asked the Director Industries & Commerce, Jammu, and MD SIDCO/SICOP to ensure early resolution of the issues and ensure speedy development of the estates through detailed deliberations with all stakeholders.

Highlighting that the J&K Industrial Policy-2020 has created an eco system for investment and industrial development and accelerated growth Advisor Bhatnagar said that the present LG led Administration is committed to provide all necessary support and assistance to the industrialists. He said that the Government is taking all necessary steps to encourage industrial development in the region besides assuring that all issues of the industrialists are addressed on priority.

While inspecting the SIDCO industrial estate at Ghatti, the Advisor took a tour of the industrial establishments and took onspot assessment of all the facilities being established there.

The Advisor later met Kathua Industrial Units Association representatives and discussed the issues projected by them at length He said that the Government is working towards attracting investments, creating employment opportunities and generating economic development in the region.

The Director General, Industries and Commerce, Jammu, MD SIDCO/SICOP, GM DIC Kathua, ACR and other concerned officers accompanied the advisor during the visit.(KNS)

## BAN

states. Around 72728 cattle contracted LSD in J&K since July 2022, out of which, 3015 animals died due to the disease.

The UT government acted swiftly towards tackling the disease and initiated various measures to control the disease which included vaccination of 20.5 lakh cattle and ban on import of dairy animals from outside the UT.

Any individual, bovine dealer or beneficiary of any scheme who intends to import the dairy animals from neighbouring states should necessarily carry a valid Certificate indicating date of vaccination; vaccine type used; brand name; dose; route of vaccination; specie/breed of animal; age; lactation number; status of animal (Milking or Pregnant); INAPH tag number, name of previous owner along with parentage and mobile number from a qualified Veterinarian of Animal Husbandry Department of respective state serving in the sourced area along with official seal, signature and mobile number/ email address of the Veterinarian. The concerned Veterinarian of sourced area should also certify that the dairy animal has not contracted the Lumpy Skin Disease Infection during recent outbreak. Besides, samples shall be collected from 5% of the imported animals at Lakhapur for close monitoring of the disease.

The order also said that Transport of Animals (Amendment) Rules 2009 issued vide SO 2465 (E) dated 22 Sep 2009 and all the standing instructions/ guidelines issued by J&K Government for import of dairy animals into the UT shall be strictly followed.

Chief Animal Husbandry Officers of the districts declared as Free Area for Lumpy Skin Disease have been directed to closely monitor the situation and the decision on lifting the ban on import of dairy animals can be reviewed depending on the evolving situation.

Pertinently, the ingress of LSD into UT of J&K has impacted the implementation of Integrated Dairy Development Scheme (IDDS) during 2022-23. Lifting of ban will provide relief to dairy farmers of J&K as well as intended beneficiaries of IDDS and Breed Multiplication Scheme of Rashtriya Gokul Mission.(KNS)

## MILK

administration to provide market linkage, Deputy Commissioner, Rajouri, Vikas Kundal, advised that special camps be organised by the DIC and KVIB Departments in Nowshera to encourage farmers and unemployed youths to set up their own ventures in the fields of milk processing and manufacturing units.

Both departments worked tirelessly to encourage people to start the milk processing and manufacturing units, and one, Punit Sharma, from Nowshera, expressed keen interest in establishing the unit, for which the KVIB and DIC Department provided the necessary financial assistance as well as technical guidance to him.

Puneet Sharma has now established his own milk processing and manufacturing unit in Nowshera, with the active support of the district administration Rajouri and financial assistance from the concerned departments. Now that the unit is so close to the people of Lam, the dairy farmers in the area sell their milk to Puneet Sharma and receive very reasonable prices for their product, removing the farmers' difficulty in gaining market access.

## LG MEETS

is committed to working for all the sections of the society.

The Lt Governor assured the deputations that all their genuine concerns would be looked into meticulously for early redressal.

## DRUGS

Sugar and Digital Weighing Machine from his possession. He was arrested and shifted to police station," a police spokesman said in a statement issued to the news agency—Kashmir News Observer (KNO).

Meanwhile, Police Station Mattan received a specific information through reliable sources that one person

## SSP Shopian distributes stationary items, sewing machines among needy



January 18: Police under the aegis of Civic Action Programme (CAP) distributed stationary items and sewing machines among needy of district Shopian. Besides, SSP Shopian inaugurates MHC/LO office in District Police Lines Shopian.

SSP Shopian Ms. Tanushree-IPS distributes stationary items and sewing machines among the students and needy families of various parts of the district. Besides, inaugurated MHC/LO office in District Police Lines Shopian.

SSP Shopian while interacting with the beneficiaries assured them all possible support from Police department in order to make their lives easy and comfortable. She advised the Police officers and jawans to show empathy and kindness towards needy segment of the society and come forward with helping hands to them. She also asked the beneficiaries not to allow their social hindrances to come in their ways and to stay active in their lives in pursuit of their goals.

ASP Shopian, SDPO Zainapora, DySP PC Keller and other officers were also present on the occasion..

## SSP Awantipora chairs crime/security review meeting

January 18: SSP Awantipora Shri Mohd Yousif-JKPS chaired a crime/security review meeting at District Police Lines Awantipora. The meeting was attended by all SDPOs, DySP DAR, Sr. Prosecuting Officer, SHOs and In-charge PPs of Police District Awantipora.

During the meeting, targets and goals for 2023, arrangements for upcoming Republic Day celebrations, disposal of pending UAPA cases, security of vulnerable persons & other aspects of policing including verifications, disposal of NDPS, inquest proceedings and other issues related to accountable policing were also discussed.

SSP Awantipora urged the officers to make all possible efforts in fight against menace of drugs and work dedicatedly to prevent social crimes & cybercrimes. During the meeting, participating officers briefed SSP Awantipora about the security scenario in their respective areas and the security measures being adopted to counter the challenges. SSP Awantipora directed the participating officers to remain extra-vigilant, strengthen nakas/check-points, and generate actionable intelligence so that the nefarious designs of anti-national elements can be thwarted. Security measures/preparations for forthcoming Republic Day-2023 celebrations was discussed in detail. SSP Awantipora emphasized upon the officers to maintain synergy and better coordination with other security forces working on the ground in order to ensure peaceful atmosphere in the Police district.

All officers were instructed to adopt a public-centric approach and to ensure redressal of their grievances.

## Another jolt to DAP as over a dozen leaders join back Congress in Kashmir

Srinagar Jan 18 (KNS): Dozens of founding members of Democratic Azad Party rejoined Congress at Srinagar party office under the presence of Former Dy.Chief Minister Tara Chand,AICC Coordinator Chetan Chauhan and Senior Congress Leader Mohd Anwar Bhat.

According to a statement issued to KNS, Former Dy.Chief Minister who flew to Srinagar to participate in the rejoining functioning at Srinagar Party Office welcomed the Former Congress Office bearers and other leaders into the Party while hailing their decision of home coming.

Those who rejoined Congress party including Former PCC Vice President Former District President Haji Abdul Gani Khan, Former District Working President Mir Ruvais, Former PCC Secretary Subodh Mukoo along with other former Congress Leaders and prominent Party workers.

They expressed great satisfaction over rejoining Congress while accepting their previous decision of rejoining DAP a step taken in haste.

We have rectified our mistake of defecting Congress three month's back, they added and vowed to strengthen Congress Party further in Srinagar district and also contribute in other districts by way of garnering people support to Congress Party, which has also served people to the best of its ability, they said.

On this occasion Former Dy.Chief Minister Tara Chand flanked by AICC Coordinator Chetan Chauhan and Senior Leader Mohd Anwar Bhat addressed a press conference.

Former Dy CM also addressed workers meeting and urged them to work hard to strengthen Congress Party further in their respective districts.(KNS)

## Congress joining list misleading, fake: DAP

Jammu January 18 (KNS) : Democratic Azad Party on Wednesday said that Congress is making false propaganda that hundreds of leaders from it have re-joined Congress. The DAP General Secretary R. S. Chib said that the propaganda is unleashed due to the frustration in Congress party which faces acute leadership crises not only at National level but in Jammu Kashmir also.

According to a statement issued to KNS, He said that only few people have rejoined Congress after quitting from DAP. "Even if you check the list of Congress party they released it has very few names who have left DAP and joined Congress. But they are making a propaganda intending to demoralise our leaders," he said. We have not released any list of office bearers on District level, so how come they are claiming that those who have joined were the office bearers of DAP of District and Block level office bearers.He said the only leader who had a constituency Dr Manohar Lal Sharma rejoined DAP, the other few who went back to Congress have no constituency. Mr Chib said that these so called leaders can't even fight the DDC elections since they have no existence on ground. They even lost recent DDC election also assembly. He said DAP will not accept any political leader who is unacceptable to people and is not connected at grassroots. "We are building a team of leaders who are connected at ground and people repose faith on them. We have successfully cultivated the crop and it has started bearing fruits and that is why Congress is feeling frustrated," he said.They even lost recent DDC election also assembly. He said DAP will not accept any political leader who is unacceptable to people and is not connected at grassroots."We are building a team of leaders who are connected at ground and people repose faith on them. We have successfully cultivated the crop and it has started.

## Dr Sharma, HoD Orthopaedic GMC Rajouri, dies from massive heart attack

M S Nazki

Jammu, Jan 18 Associate professor and Head of Department, Orthopaedics, Government Medical College (GMC) Rajouri, Dr. Shalinder Sharma died from a massive heart attack, officials said on Wednesday. Dr Mehmood Choudhary, Superintendent GMC Rajouri, told HT that Dr Sharma had a massive heart attack at his residence and he was brought to GMC during predawn. However, he said, despite best efforts by a team of doctors, Dr Sharma could not be revived and passed away.



## ACE OF SPADES GUNNERS ORGANISE DRIVE TO REVITALIZE VDGs AT MENDHAR

M S Nazki

Poonch Mendhar Gunners under the aegis of Ace of Spades Gunners organised a special drive to revitalize Village Defence Guards (VDGs) at Mendhar near the Line of Control (LoC) in Poonch Sector.This drive was a part of efforts to strengthen VDGs and to sharpen the firing skills of its members in the wake of recent terror attacks in District Rajouri.

The drive began on 14 Jan 2023 with a VDG meet at Mendhar followed by basic first Aid class by Regimental Medical Officer of Mendhar Gunners and weapon handling on consecutive days which culminated with firing today at Balnoi.

## CPI will join conclusions of "Bharat Jodo Yatra" at Srinagar.



Mahatma Gandhi's sacrifice for the cause of unity inspires us to shed divisions of "us" & "them" and come together to shape a better India.

National General Secretary Communist Party of India Comrade D Raja (Ex MP) and Binoy Viswam leader of CPI parliamentary Party, Member of Parliament Rajya Sabha will join the conclusion of the Yatra.

## DSSP founder Ch. Lal Singh appeals all the Dogras to join Bharat Jodo Yatra



In a meeting held today at his residence, Dogra Swabhimman Sangathan Party supremo Chowdhatty Lal Singh appeals all the members of his party as well as other like-minded people of Jammu to join Bhatat Jodo Yatra of Rahul Gandhi which is scheduled to enter Jammu and Kashmir at Lakhapur on 19 th of January, 2023. He terms Bharat Jodo Yatra as an unprecedented event in the history of India and says that it is the moral and political duty of every Indian to

become a part of it. "The Bharat Jodo Yatra" says Ch. Lal Singh, "is a befitting rejoinder to the divisive policies of the ruling party, both at the center and the Union Territory of Jammu and Kashmir because the BJP has been surviving on the formula of pitting one community against other and one caste against the other at pan-India level". Ever since the bifurcation of the State of Jammu and Kashmir into two Union Territories, the people of Jammu have been exposed to the whims and fancies of bureaucrats who have been working hand in gloves with the big business houses as well as the local politicians in the exploitation and loot of the natural resources of Jammu. The government employees have also been facing the brunt of the bureaucratic setup in one form or the other and are forced to stage dharnas and protests against the LG government. Leading the attack from the front, Ch Lal Singh says that the government has either diluted or dissolved almost all the social, legislative as well as judicial institutions in India and rendered them ineffective.

The supremo clarified that the Dogra Swabhimman Sangathan Party stands for the basic principles on which it was founded and will continue to fight for the conservation of Dogra Cultural ethos besides protecting their political and economic rights. In no way is DSSP going to compromise the trust and commitment which the people of Jammu region have invested in the Party. Reacting to the fringe and disgruntled elements of the society, Ch Lal Singh reiterates his stand in Rassana Case where the party demanded the CBI enquiry into the matter.

The party, as per Ch Lal Singh, stands committed to its demand of bringing the culprits of Rassana case to books and ensuring justice to the family of the little girl. Even the High Court of Jammu and Kashmir endorsed the stand of DSSP and cast aspersions on the SIT constituted by the then Chief Minister of the State, Mehbooba Mufti. All the senior leaders present in the meeting endorsed the decision of Ch Lal Singh and extended their unconditional support to their leader and the principles of the Dogra Swabhimman Sangathan Party.



# Mohammed Siraj, Shubman Gill Shine As India Beat NZ By 12 Runs In Thriller To Take 1-0 Lead

Massive knock from Shubman Gill and a four-wicket haul by Mohammed Siraj guided team India to a victory by 12 runs in the first ODI against New Zealand at the Rajiv Gandhi International Cricket Stadium in Hyderabad. Massive knock from Shubman Gill and a four-wicket haul by Mohammed Siraj guided team India to a victory by 12 runs in the first ODI against New Zealand at the Rajiv Gandhi International Cricket Stadium in Hyderabad. Opted to bat first, team India posted a total of 349/8 in 50 overs after Shubman Gill smashed 208 and brought up his maiden double ton. Later, New Zealand started off on a bad note as they lost quick wickets but Michael Bracewell and Mitchell Santner (57) struck a huge partnership and brought the visitors back into the game. However, Mohammed Siraj struck twice and dismissed Santner and Henry Shipley in one over and built some pressure on New Zealand. Later, Bracewell anchored the innings and smashed 140 runs but Shardul Thakur dismissed him in the last over as the hosts claimed a 12-run win. Apart from Siraj, Kuldeep Yadav and Shardul Thakur scalped two wickets each. With this win, India take



1-0 lead in the three-match series. India XI: India: Rohit Sharma (c), Shubman Gill, Virat Kohli, Ishan Kishan (wk), Suryakumar Yadav, Hardik Pandya, Washington Sundar, Shardul Thakur, Kuldeep Yadav, Mohammed Siraj and Mohammed Shami. New Zealand XI: Tom Latham (wk/c), Finn Allen, Devon Conway, Henry Nicholls, Daryl Mitchell, Glenn Phillips, Michael Bracewell, Henry Shipley, Mitchell Santner, Lockie Ferguson and Blair

Tickner. Massive knock from Shubman Gill and a four-wicket haul by Mohammed Siraj guided team India to a victory by 12 runs in the first ODI against New Zealand at the Rajiv Gandhi International Cricket Stadium in Hyderabad. Opted to bat first, team India posted a total of 349/8 in 50 overs after Shubman Gill smashed 208 and brought up his maiden double ton. Later, New Zealand started off on a bad note as they lost quick wickets but Michael

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# Rafael Nadal 'destroyed mentally' as injury curse strikes again

Rafael Nadal said he was "destroyed mentally" after slumping out of the Australian Open with a second-round defeat on Wednesday in which he struggled badly with a hip injury.



But the 36-year-old defending champion said he loved tennis and hopes to keep going, despite his latest injury disappointment.

The Spanish great hurt himself stretching for a shot in the second set against American Mackenzie McDonald, and while he battled on, his movement was hampered and he lost 6-4, 6-4, 7-5.

Crashing out in the second round was his earliest defeat at a Grand Slam since 2016. Top seed Nadal said he wasn't sure if it was a muscle or joint problem with his hip but it had been with him for "a couple of days". "Sometimes it's frustrating, sometimes it's difficult to accept, sometimes you feel super-tired about all this stuff in terms of injuries," said the 22-time Grand Slam winner.

"Now it's a tough moment. It's a tough day and you need to accept that and keep going. You know, in the end, I can't complain about my life at all.

"[I] just can't say that I am not destroyed mentally at this time, because I will be lying. It's hard for me. But let's see, hopefully, it's nothing too bad."

The Spaniard's legendary career has frequently been haunted by physical frailties,

with 2022 another rollercoaster year.

After winning the Australian Open, he suffered a stress fracture of the ribs in March before requiring daily pain-killing injections in his left foot to see him through to a 14th French Open title in June.

Then his bid for a third Wimbledon crown was shattered by an abdominal injury.

Asked why he kept going, Nadal replied: "It's a very simple thing: I like what I do. I like playing tennis. I know it's not forever. "I like to feel myself competitive. I like to fight for the things that I have been fighting for almost half of my life or even more. And that's it. It's not that complicated to understand."

But he also acknowledged that at his age it was getting harder to deal not only with injuries, but the recovery process then regaining fitness to compete at the level he expects.

# Pakistan go down to England in women's U-19 World Cup

**POTCHEFSTROOM:** Pakistan lost to England by 53 runs in their second match of the ongoing ICC Women's U-19 World Cup in Potchefstroom, South Africa on Tuesday. Chasing 157, Pakistan were bundled out for 103-5 as England's Sophia Smale took two wickets. Pakistan skipper Syed Aroob Shah was the pick of the batters for the side 34 off 36 balls. Aroob hit five boundaries during the knock. Opener Shawaal Zulfiqar's 25 off 32 balls — which included four boundaries — and contributions of 16 and 12 by Aliza Khan and Areesha Noor respectively down the order were helpful in saving Pakistan from a defeat by a bigger margin. Earlier, England were lifted by Seren Smale and Ryana MacDonald-Gay after Pakistan had reduced them to 43-3 by the end of the sixth over. Smale was involved in a 37-run partnership with Niamh Holland for the third wicket before combining for a fourth-wicket stand of 32 with MacDonald-Gay, who remained unbeaten at 35 off 22 balls, hitting three fours and a six. Wicket-keeper/batter Smale, meanwhile, added 37 off 33 with the help of six boundaries.

Areesha, Zaib-un-Nisa and Anosha Nasir took two wickets each for Pakistan while Rida Aslam bagged a scalp as England were restricted to 156-7. England could have posted a lower total had Pakistan held on to a few catches. ENGLAND WOMEN'S U-19 156-7 in 20 overs (Seren Smale 37, Ryana MacDonald-Gay 35, Grace Scrivens 24; Anosha Nasir 2-20, Zaib-un-Nisa 2-24, Areesha Noor 2-34); PAKISTAN WOMEN'S U-19 103-5 in 20 overs (Syeda Aroob Shah 34, Shawaal Zulfiqar 25; Sophia Smale 2-10).

# Australian Open: Men's singles second round wraps up

Melbourne, Jan 18 (UNI) Felix Auger-Aliassime is the first to admit even the most well-prepared escape plans often boil down to one simple play.

After summoning a sudden turnaround from two sets down to deny Slovak Alex Molcan on Wednesday at Australian Open 2023, the sixth seed knew this one largely came down to hanging tough.

While far from his best and completely outplayed for two sets, the 22-year-old's will to win remained undented as he survived 3-6 3-6 6-3 6-2.

Fellow seeds Jannik Sinner and Frances Tiafoe had a far easier time of it as they posted straight-sets results to join the Canadian in the third round.

"At some point I was just trying to spend a little bit more time on court... to find a way to make the match tough and make it longer," Auger-Aliassime said.

"When I was able to clinch that third set,

# Shubman Gill Hits Double Century With 3 Back-To-Back Sixes, Creates Record

Shubman Gill slammed his maiden double century off just 145 balls during the first ODI encounter between India and New Zealand in Hyderabad on Wednesday. He became the fifth Indian cricketer ever to achieve the feat and his innings was adorned with 19 boundaries and eight massive sixes. Earlier, the feat was achieved by Sachin Tendulkar, Virender Sehwag, Rohit Sharma and Ishan Kishan. He also became the youngest cricketer to hit a double century in ODIs - a record previously held by Kishan.

It was a near-perfect performance for the youngster who looked completely in control against the New Zealand bowlers. He stitched together a solid 50-run partnership with Rohit for the opening wicket and although Rohit was dismissed, Gill continued without any discomfort on the pitch with an even bounce.

The right-hander continued to play his shots even when India lost two quick wickets in the form of Virat Kohli and Ishan Kishan. Gill was able to reach his third ODI century and in the process, he also became the fastest Indian cricketer to score 1000 ODI runs surpassing the likes of Kohli and Shikhar Dhawan.



The run-scoring got easier once he went past the 100-run mark and he continued to take on almost all bowlers. He was able to bring up his 150 in 122 balls and even as he continued to lose partners on the other end, Gill decided to take an aggressive stance that was instrumental in taking India past 300.

With two overs to go in the innings, he slammed Lockie Ferguson for three sixes in a row to bring up a memorable double century. This was incidentally the highest score ever against New Zealand in the history of ODI cricket as he went past India legend Sachin Tendulkar's score of 186 in Nagpur.

# Pakistan Board Slams "Unsubstantiated Personal Allegations" Against Babar Azam

**Pakistan Board Slams "Unsubstantiated Personal Allegations" Against Babar Azam** The Pakistan Cricket Board has slammed the 'unsubstantiated allegations' against Babar Azam. NDTV Sports Desk Updated: January 18, 2023 02:22 PM IST Read Time: 2 min



Pakistan Board Slams "Unsubstantiated Personal Allegations" Against Babar Azam File image of Babar Azam © Twitter

Pakistan captain Babar Azam became one of the biggest trending topics on Twitter since Monday evening after an Instagram user alleged that the Pakistan skipper behaved inappropriately with her. An Instagram user posted alleged personal images and audio recordings of conversations with Babar, which went viral on so-

cial media. The Pakistan Cricket Board (PCB), however, has slammed the allegations, calling them "unsubstantiated".

"As our media partner, you might have considered ignoring such unsubstantiated personal allegations which Babar Azam has not deemed worthy of a response," PCB tweeted, in response to a tweet from Fox Cricket that has now been deleted. As our media partner, you might have considered ignoring such unsubstantiated personal allegations

which Babar Azam has not deemed worthy of a response. <https://t.co/QZ-FAxb44QR>

— Pakistan Cricket (@TheRealPCB) January 17, 2023

Babar has received support from the majority of cricket fans, with Pakistani supporters trending hashtags like #StayStrongBabarAzam and #BehindYouSkipper.

On the cricketing front, Babar Azam has been in plenty of pressure over his and the team's recent performances. Babar-led Pakistan side had to suffer a 3-0 clean sweep by England in a home Test series, as they struggled on the field. In the two-match Test series against New Zealand, they played to a scoreless draw. They suffered another blow as Babar and company lost the three-match home.

# Ronaldo-Messi rivalry set for new chapter in Riyadh

**RIYADH:** A new chapter in the celebrated rivalry between Cristiano Ronaldo and Lionel Messi will unfold on Thursday when they meet in an exhibition match as the Portugal forward gears up for his first game in Saudi Arabia since joining Al Nassr.

After a glittering career in Europe that saw him win four Champions League titles with Real Madrid and two Scudettos at Juventus, Ronaldo signed for Al Nassr, describing it as the "right moment" to share his experience in Asia.

The Saudi club is the latest stop in Ronaldo's career that began in 2002 at Sporting CP before the forward spent two spells at Manchester United, the last of which ended on a bitter note as he exited follow-

ing his acrimonious split with the club.

Ronaldo and Messi, who have dominated football's debate about the greatest of all time (GOAT) for the best part of 10 years, will face off on the pitch on Thursday for the first time since December 2020 when Juventus beat Barcelona 3-0. Ronaldo will lead Riyadh ST XI, a team made up of players from Al Hilal and Al Nassr, against Messi's Paris St Germain in the exhibition contest where nothing is at stake, but fans are still excited by the prospect of watching the two stars clash.

The highly anticipated showdown, which will take place at the King Fahd Stadium in Riyadh, reportedly had more than two million



online ticket requests. The bidding for a VIP "Beyond Imagination" ticket to the match has already topped 10 million riyals (\$2.66 million) in an auction that is set to end later on Tuesday.

The game has also captivated fans as it comes just over a month after Messi helped Argentina win the 2022 World Cup, the missing piece in his vast trophy collection. Ronaldo also made headlines during the tournament, becoming the first player to score in five World Cups, but he ended up in tears after Portugal were knocked out in the quarter-finals by Morocco. While Thursday's friendly will be Ronaldo's first in Saudi Arabia, the 37-year-old's first competitive appearance will come in the Saudi Pro League on Sunday when Al Nassr host Al Ettifaq. Last month, he signed a two and a half year contract with Al Nassr, estimated by media to be worth more than 200 million.

## NAVODAYA VIDYALAYA SAMITI

An Autonomous Organization Under Ministry of Education  
Department of School Education & Literacy, Government of India

### Admission Notification to Class VI in Jawahar Navodaya Vidyalayas (2023-24)

Online applications are invited for admission to class VI in Jawahar Navodaya Vidyalayas through Selection Test for the session 2023-24.

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Special emphasis on quality education resulting in:

- JEE MAIN-2022: 4296 (56.6%) students qualified out of 7585
- JEE Advanced-2022: 1010 (33.7%) students qualified out of 3000
- NEET-2022: 19352 (78.0%) students qualified out of 24807
- Best result in Board Class X and XII (2021-22)
- Class X: 99.71% Class XII: 98.93%

#### ELIGIBILITY

- Candidates who are bonafide residents of the district and studying in class V in the academic session 2022-23 in Govt./Govt. recognized school in the same district where JNV is functioning and to which they are seeking admission.
- Studied full academic session in each class and passed classes III & IV from Govt. / Govt. recognized school and born between 01.05.2011 to 30.04.2013 (Both the dates inclusive)

#### RESERVATION

- At least 75% Seats in a district will be filled by candidates from rural areas.
- Reservation for SC, ST, OBC and Divyang candidates as per Govt. Norms.
- Minimum 1/3 of the seats are reserved for girl students.

**Last Date to apply**  
**31.01.2023**

**Date of Exam**  
**29.04.2023**

For Registration & Details Log in: <https://navodaya.gov.in>

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