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News Brief

Police arrests a man with fake currency in Kulgam

Farooq Rather

KulgamMarch 04: Police in Kulgam have arrested a person for possessing counterfeit currency notes.

A police party from Police Post Mirbazar headed by IC PP Mirbazar at a checkpoint established on NHW 44 near Manigam Crossing intercepted a suspicious person who tried to flee after noticing police party but was apprehended tactfully. He has been identified as Khurshid Ahmad Naik son of Mohammad Magbool Naik resident of Waripora Kund. During search, officers were able to recover 37 counterfeit currency notes of 500 from his possession. He has been arrested and shifted to PP Mirbazar

where he remains in custody. Accordingly, a case vide FIR No. 31/2023 under relevant sections of law has been registered at Police Station Qazigund and investigation has been initiated

Persons found indulging in criminal activities shall be dealt as per law.

J&K National Panthers Party delegation calls on Lt Governor

JAMMU, MARCH 04: A delegation of J&K National Panthers Party called on Lieutenant Governor Shri Manoj Sinha, at the Raj Bhavan here today. The delegation led by it working president Sh P K Ganju appreciated the efforts of UT administration in ensuring peaceful environment and the unprecedented development in the UT. The delegation also discussed ongoing development projects and initiatives for the welfare of the people and submitted a memorandum of important public issues.

Srinagar-Jammu highway reopens for traffic

Srinagar, Mar 04: The Srinagar-Jammu highway was thrown open for the vehicular movement on Saturday morning with traffic allowed to ply from both the sides, officials said. An official said that the NHW, which was closed for maintenance work, has now been reopened for traffic from both sides.

"Despite the inconvenience, the maintenance work was essential to ensure the safety and smooth operation of the highway. People are advised to maintain lane discipline to avoid congestion," the official said.

6 drug peddlers arrested in Kashmir: Police

Srinagar, Mar 04: Jammu and Kashmir Police have arrested 06 drug peddlers in various incidents in Kashmir and recovered contraband substances from their possession.

"A Police party of PS Tarzoo at a checkpoint established at Wagub Crossing intercepted a car bearing registration number JK02CR-6104 with three persons onboard," a police spokesman said in a statement issued to the news agency-Kashmir News Observer .They have been identified as Zahoor Ahmad Malik son of Sonaullah Malik resident of Wadipora Handwara, Towseef Ahmad Lone son of Muhammad Sultan Lone resident of Sidhra Jammu and Kamran Mushtaq Lone son of Mushtaq Ahmad Lone resident of Maloora HMT Srinagar

During the search, 6.70 grams of Heroin was recovered from their possession. They have been

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We are Committed to Deliver Governance at the Doorsteps of PoJK Displaced Persons

LG to Inaugurate 'Spl Governance Camp' on 6th March

Lt Governor interacts with students from Assam under "Ek Bharat Shreshtha **Bharat**" initiative

HT NEWS NETWORK

JAMMU, MARCH 04: LG Manoj Sinha Extends Best wishes to Students from Assam under 'Eak Bharat Shreishtha Bharat ' Initiative with a group of 30 students from Higher education institutions of Assam visiting J&K under "Ek Bharat Shreshtha CONTINUED ON → PAGE 07



HT NEWS NETWORK

Jammu, March 4 (UNI) With

a motive to reach out to PoJK Displaced Persons, the Jammu and Kashmir administration is organising a series of Special Governance Camps to be inaugurated by the Lieutenant Governor Manoj Sinha on March 6 here at Sports Stadium, Bhour Camp in Chattha belt of Sat-

Expressing gratitude to the Lieutenant Governor, President, PoJK Visthapit Sewa Samiti, Dr. Deepak Kapoor flanked by General Secretary, Arun Chowdhary said they are greatful that the administration took the initiative to inaugurate the inaugural camp on March 6 at 10 AM at Sports Stadium, Bhour Camp, Chattha S

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'OGW Nexus in Kashmir': SIA files chargesheet against 4 accused in NIA court

HT NEWS NETWORK

Srinagar, Mar 04, : State Investigation Agency (SIA) Kashmir on Saturday said that it has presented chargesheetfour against accused in NIA Court in Srinagar on a militant -OGW nexus before Court of special

Srinagar. In a statement to news agency Kashmir Dot (KDC) the agency said " SIA On

J&K became first in the country to introduce

Auto-appeal through Service Plus: CS

NIA Act in summer capital

designated under

judge

ly Umar Mushtaq Khan S/o Mushtaq Ahmad Khan R/o Begum Bagh Kaka-R/O Beguin Basii Amar pora Pulwama, Mur-taza Rashid Dar S/o Ab. Rashid Dar R/o Samboora District Pulwama, Sajjad Ahmad Dar S/o Gh. Nabi Dar R/o Dethoo Herpora Shangus District Anantnag and Ali Ka-

04.03.2023 charge sheeted

four terror accused name-

shif Jan @ Jan Ali Kashif S/o Gohar Ali R/o Village Doisrah Tehsil/District Sharsadda, Khyber Pakhtunwa, Pakistan

CONTINUED ON → PAGE 07

NIA attaches property of Hizb militant commander in Kupwara

HT NEWS NETWORK

Srinagar, March 4 (UNI) Nearly two weeks after a top Kashmiri militant commander of Hizbul Mujahideen was shot dead in Pakistan under mysterious circumstances, India's anti-terror agency on Saturday attached his property in the Kupwara district of Jammu and Kashmir.

Officials said National Investigation Agency (NIA) sleuths assisted by local authorities on Saturday attached the immovable property land of Bashir Ahmed Peer alias Imtiyaz Alam, a resident of Babapora Kralpora Kupwara.NIA said Peer was declared a 'designated individual terrorist' by the Union CONTINUED ON → PAGE 07

MeT predicts more rains, snowfall in J&K

M S Nazki

Srinagar, Mar 4 (UNI) The weather department has predicted fairly widespread light rain and snow over the Kashmir region in the next 24 hours. Meteorological Centre Sri-

nagar this morning said isolated rain and snow is also expected on Sunday. "Fairly widespread light rain/snow/ thunderstorm

over Kashmir division and scattered light rain and thunderstorm over Jammu division is predicted for next 24 hours," the MeT

said.For the subsequent two days, the MeT predicted isolated light rain/ snow/ thunderstorms to dry weather. The weather is likely to improve from March 6.Meanwhile, Srinagar recorded a low of 6.4°C last night, over 4.2°C above normal. The day temperature in Srinagar on Friday was 15.1°C, about 2 notches above normal. The night temperature at Pahalgam resort in Anantnag district of Jammu and Kashmir was recorded at 1.2°C against 1.7°C

HT NEWS NETWORK

JAMMU, MARCH 04: Chief Secretary, Dr Arun Kumar Mehta today launched the PSGA auto-appeal feature of few online services offered by Government Departments. The feature is going to auto escalate the appeals in case the services are not provided to the applicant with the time limit set under the Public Services Guarantee Act (PSGA). With this the UT became the first in the country to integrate the auto-appeal feature to Service Plus platform.

Dr Mehta called this step revolutionary. He applauded the IT Department for integrating this feature in the digital services offered by different Departments to the citizens. He advised the Department to



work for activating this feature for all the 445 services offered by the government to its citizens at an earliest.

He called for prioritizing those services that form the bulk of the applications. He advised for making the auto-appeal fea-

CONTINUED ON → PAGE 07

Sub-committee to undertake preliminary exercise for restructuring of EDI

HT NEWS NETWORK

Srinagar, Mar 04: In a move aimed at restructuring the Entrepreneurship Development Institute (EDI). the Jammu & Kashmir government has constituted a sub-committee to undertake a preliminary exercise for facilitating a committee constituted by the Union Territory administration last year for its reorganization. The government has constituted a sub-committee under the chairmanship of administrative secretary, Department of Incommittee constituted on April 21,

2022 for J&K EDI and to undertake a preliminary exercise for facilitating the committee to arrive at decisions and corrective measures in light of special audit, GAD committee report and special audit EDI.

According to an order, a copy of which is in possession of news agency—, the panel comprises Director/ Executive Director EDI, Director Finance, Industries and Commerce Department, and one officer each of Law and ARI & Training departments not below the rank of additional secretary.

dustries & Commerce to examine As per its terms of reference, the the documents in line of with the committee shall revisit the vision terms of reference of restructuring document 2030, frame a revised salary structure and promotion CONTINUED ON → PAGE 07

Slew of measures to decrease percentage of tobacco consumption in J&K: Officials

CONTINUED ON → PAGE 07

HT NEWS NETWORK

Srinagar, Mar 04: Around 21 percent adults in Jammu and Kashmir are using that tobacco even as authorities have taken slew of measures to decrease the percentage of tobacco consumption in J&K.

As per GATS 2 Data 35.2% Men & 5.1% women & ly smoke Tobacco in J&K and cigars or pipe (2% CONTINUED ON » PAGE 07

As per data available with the news agency-Kashmir News Observer (KNO), 6.8% Men & 1.5% women & 4.3% of all Adults currently use smokeless Tobacco, 39.7% Men & 6.2 % women & 23.7% of all adults either smoke tobacco or use smokeless Tobacco.

Around 21 percent adults use tobacco in J&K

The National Health and Family Survey-5 (NHFS-5) data reveals nearly onethird (32%) of men, but only 1 percent of women, age 15-49 use some form of

"Tobacco products mostly used by men are cigarettes 20.8% of all Adults current- (27%), bidis (4%), hookah ment.

each). Among women and men, the use of any form of tobacco is slightly higher in rural areas (1.4% for women and 35% for men) than in urban areas (0.7% for women and 24% for men)," the data adds.

Meanwhile, top health officials said that slew of measures have been taken to decrease the percentage of tobacco consumption in the UT even as they claim that percentage has started going down due to the efforts of the National Tobacco Control Programme launched by the Govern-

Situation Under Control, **Borders Fully Secured:** IG BSF, Jammu Frontier

Jammu, Mar 04 (Inspector General, Border Security Force (BSF) Jammu Frontier, DK Boora Saturday said that situation along LoC is under control and borders are fully secured. "Situation along LoC is under control. I assure my countrymen that our borders are fully secured," IG BSF DK Boora as per KNS while speaking to reporters said.He said BSF is a diversed force and is assigned to take care of borders connecting Bangladesh and Western parts. He also said
CONTINUED ON >> PAGE 07

Tourism dept. working on scientific methods of calculating tourists, hotels: Director Fazl ul Haseeb

HT NEWS NETWORK

Srinagar, Mar 04): Director Tourism Kashmir, Dr. Fazl ul Haseeb on Saturday said the department is working on scientific methods of calculating tourists, and registered as well as un-registered hotels in J&K for imposition of consequent policies."We have good potential in tourism here. We are working on scientific methods of calculating tourists and registered and unregistered hotels in J&K so that consequent policies will be implemented," Director Tourism Dr. Fazl ul Haseeb as per KNS said while speaking on the sidelines of an event held in office of the Directorate of Tourism here. He said this is the age of "big data" to impose consequent policies. "The collection of data is being done to enable smooth atmosphere for imposition of tourism related policies as we

CONTINUED ON → PAGE 07

Special LokAdalat on Matrimonial cases held across the UT of J&K 224 Cases resolved, Rs. 51.10

Lakhs settled

HT NEWS NETWORK

JAMMU, MARCH 4: As a part of the calendar of activities for the year 2023 prepared by J&K Legal Services Authority, a Special Lok Adalat was organized throughout J&K, today under the dynamic leadership Justice N. Kotiswar Singh, Chief Justice, High Court of J&K and Ladakh & Patronin-Chief, J&K Legal Services Authority and under the able guidance of Justice Tashi Rabstan, Executive Chairman, J&K Legal Services Authority as well as Justice Sindhu Sharma, Chairperson, High Court Legal Services Committee. The focus for today's LokAdalat was on am-

icable settlement of Matrimonial disputes



amongst the parties and to finally dispose of their cases on the basis of consensus arrived at between them to ensure immediate respite not only to the parties but also to their family members from the evils of litigation leading to unrest in the family. As per the information received from var-

ious districts of U.T of J&K, a total of 669

cases involving matrimonial disputes were taken up by 65Benches in the day long Special LokAdalat organized at various courts across the UT of J&K, out of which 224 Cases were settled and finally disposed of, besides an amount of Rs. 51,10,500/- was awarded as compensation/settlement amount. Member Secretary, J&K Legal Services Au-

thority, Amit Kumar Gupta, while talking to media persons informed that this was the first Special LokAdalat of Matrimonial cases in the current calendar yearand as per the schedule of activities prepared for the current calendar year, the next Special LokAdalat shall be conducted on Saturday, April 15, 2023, focusing on quick settlement of Motor Accident Claimcases (MACT Cases)pending disposal in various courts of the U.T of J&K.He also exhorted the advocates in general and the claimants in

CONTINUED ON → PAGE 07

WORLD OBESITY DAY...

Junk food, sedentary lifestyle pushing more children towards obesity in Kashmir

HT NEWS NETWORK

Srinagar, Mar 04: On world obesity day, Doctors Association Kashmir (DAK) on Saturday expressed pressing concern over rise in the number of obesity cases among children in Kashmir valley.

"Junk food and sedentary lifestyle are pushing more children towards obesity," said DAK President Dr Nisar ul Hassan.

According to a latest survey by National family Health Survey (NFHS-5), Kashmir has registered an increase in the percentage of obesity

among children. The number of overweight children increased from 2.1 percent in NFHS-4 survey conducted in 2015-16 to 3.4 percent in NFHS -5 which was conducted in 2019-20

spike is junk food which has largely



replaced homemade meals. Children are often seen taking fast foods like burgers and pizzas. They are addicted to chips, sugary drinks and frozen ready meals.

"Television advertisements target-

Dr Hassan said one big factor for this ing children and junk foods being sold in school cafeterias are shifting dietary habits of children from healthy food to processed food," he

He further said with high dependency on smartphones, we are increasingly witnessing children leading to sedentary lifestyle. "And physical inactivity is also con-

tributing to spike in obesity cases among young ones," he said. The DAK President said childhood obesity has been linked to health

conditions like Diabetes, Asthma, hypertension, cardiovascular disease, high cholesterol, joint problems and liver disease "Many of these health conditions

had only been seen in adults, now

they are extremely prevalent in

overweight children," he said. CONTINUED ON → PAGE 07

Advisor Bhatnagar inaugurates 8th 'Technology Exhibition cum Seed Mela' at SKUAST-K

HT NEWS NETWORK

SRINAGAR, FEBRUARY 04: Advisor to Lieutenant Governor, Rajeev Rai Bhatnagar, today inaugurated 8th 'Technology Exhibition cum Seed Sale Mela' at Sher-e-Kashmir University of Agriculture Science and Technology Kashmir (SKUAST-K).

The two day event is being held under the theme 'Subsistence to Sustainable Commercial Agriculture'. Mayor, SMC, Junaid Azim Mattu;

Chairperson J&K Waqf Board, Dr. Drakshan Andrabi; Vice Chairperson J&K KVIB, Dr. Hina Shafi Bhat; DDC Chairperson Ganderbal, Nuzhat Ishfaq; Commissioner Sales Taxes Department, Dr Rashmi Singh; Chairperson, DPS, Dr Vijay Dhar, large number of students, progressive farmers and research scholars were present on the occasion.

During the exhibition, Advisor Bhatnagar alongwith other dignitaries



visited various stalls showcasing variety of technologies and products developed in the field of agriculture and allied sectors.

Advisor appreciated the work done by the Startups and interacted in detail with the Entrepreneurs and discussed the innovative work done by them.

Advisor also visited stalls displaying and highlighting Farmer Welfare Schemes and programs besides the

exhibits displayed by other stakeholders dealing with agriculture inputs, farm machinery and organic products. Speaking on the occasion, Advisor

Bhatnagar observed that such exhibitions play an important role in offering opportunity to farmers to access reliable, updated and relevant information. He laid emphasis on connecting farmers with experts from University and industry as that will help them reduces risks and un-

certainty. Advisor Bhatnagar further highlighted that the present LG led administration is promoting the culture of start-ups and entrepreneurship in agriculture and allied sectors so as to tap the potential of agriculture sector fully across Jammu and Kashmir. He added that the government has already approved a mega project for

the holistic development of CONTINUED ON → PAGE 07

DC Baramulla carries out Administrative Inspection at ADC Office Sopore

BARAMULLA, MARCH 04: To enhance the quality of public service delivery system in the government offices, the Deputy Commissioner (DC) Baramulla, Dr. Syed Sehrish Asgar today paid an extensive tour to Sopore where she carried out section wise administrative inspection in Additional Deputy Commissioner's office besides took a stock of the punctuality of government functionaries.

At the outset, the DC in presence of Additional Deputy Commissioner Tariq Ahmad Sopore Sheikh interacted with the concerned functionaries of Revenue Department and took appraisal of all land acquisition cases in the district. She asked to disburse the payments on priority for all the pending cases under Land Acquisition. She further directed that land acquisition processes for construction and widening of various road



projects be expedited. With regard to online services, the DC directed all the concerned to adopt online services in Revenue related matters so that it becomes easy for the people to get every information in a digital form.She also inspected the operation of e-office and exhorted upon the concerned functionaries to adopt the e-office for more effective and transparent services delivery in government offices. Furthermore, the DC also held a brief review.

Mahila Sammelan held at Shopian; DC honors women achievers with certificate of appreciation

Economic empowerment of rural women through community mobilisation, participatory governance changing economic landscape: SK Vaishya

SHOPIAN, MARCH 04: In connection with celebrations of International Women's Day, being celebrated on 8th of March every year, a district level Women's Sammelan was today held at Shopian.

A large number of women gathered together to celebrate the contribution of women towards betterment of the economic and social life of the community.

Women entrepreneurs, officials of Poshan Abhiyaan, Health, SHG members, and various other departments and social organisations came together to celebrate the workplace equality and to retrieve their commitment towards the

The occasion was graced by Deputy Commissioner Shopian, Sachin Kumar Vaishya, who while appreciating the women's contribution, said that "Today is a day to celebrate the spirit of all women, who have played extraordinary



roles in shaping their families, society and organizations with an untiring determination". Our country is one of the few

places that boast of showcasing extraordinary women from very early times. The legendary women from the UT also have played a dynamic role in reshaping the life of the modern day women, said the DC He further beseeched

more and more women should be put in the leadership roles and given the opportunity to take decisions while emphasising the decision making ability of the women.

The appreciation certificates were distributed among the women achievers by DC who have excelled in diverse fields and brought economic empowerment through SHGs, community mobilisation and participatory governance across the length and breadth of the district.

Many women achievers who spoke on the occasion emphasized upon the role of systemic merit and equity in providing them viable opportunities for their economic excellence and empowerment. They spoke on diverse fields of how they are bringing changes in their lives entrepreneurship, through venturing into govt. contracts, establishing manufacturing units, excelling in govt. jobs.

DDC Chairperson reviews developmental scenario of Pombay block

KULGAM, MARCH 04: The Chairperson, District Development Council (DDC) Kulgam, Mohammad Afzal Parray today took a holistic review of all the developmental projects under various Plans pertaining to Block Pombay in his office chamber, here.

All the field functionaries along with PO of BDO Office Pombay were present in the meeting.

The DDC Chairperson was apprised about all the works undertaken under PRI, BDC and DDC plans and their status till date

He was apprised that almost all the works have been completed during fiscal year 2022-23, except a few for which instructions by the DDC Chairperson were conveyed to the staff for their timely completion.

The DDC Chairperson stressed on the need for a corruption free environment for the general public and vowed to show zero tolerance against such practices.

JKMPCL organizes Dairy Darbar at Tullamulla

GANDERBAL, MARCH 04: Jammu and Kashmir Milk Producers Co-operatives Limited (JKMPCL) today organised a one day awareness programme for Milk Producing Farmers at Tullamulla Ganderbal.

The programme was presided over by the Mission Director, Dairy Development J&K, Er Narinder Singh Bali along with Additional Deputy Commissioner Ganderbal, Mehraj-ud-Din Shah.

The camp witnessed overwhelming participation of Cooperative societies and milk producers of the district. Speaking on the occasion, Mission Director, Dairy Development J&K highlighted the importance of Dairy Cooperative Societies and urged the participants' especially unemployed youth to get benefit of centrally sponsored

schemes for Dairy Development. He also urged the concerned departments to generate awareness among the masses about Dairy Development schemes in the district, so that rural people, especially educated youth in particular, set up their income generating units viz Dairy units/farms and milk cooperative societies to earn their livelihood.

Among others, the camp was attended by Chief Animal

ADDC Bandipora flags-off farmer's group for exposure tour to SKUAST

BANDIPORA, MARCH 05: The Additional District Development Commissioner (ADDC) Bandipora, Ali Afsar Khan on Saturday flagged-off a group of farmers for an exposure tour to Sher-e-Kashmir University of Agricultural Sciences (SKUAST) Kashmir.

DDC Vice Chairperson and Chief Horticulture Officer Bandipora were also present on the occasion at Mini Secretariat Bandipora.

Officials said a group of 20 farmers went on a two-day tour to SKUAST Kashmir to take first hand appraisal of the modern scientific techniques being used to improve the crop and double the income.

ADDC said the purpose of the tour was to expose the progressive farmers to the latest technologies being adopted for profitable and sustainable fruit cultivation. The tour has been organized under the ATMA scheme. He said during the tour farmers will also hold an interaction with scientists who will inform the farmers about various agricultural techniques besides getting hands-on training reading the agricultural technolo-

CHO urged the farmers to take this opportunity to learn modern techniques so that they can practice the same in their fields to improve their yield.

Legal Metrology Bandipora conducts Market checking, realises fine of Rs.5500

BANDIPORA, MARCH 04: The Department of Legal Metrology Bandipora on Saturday conducted Market checking in the areas of Prang, Madwan and adjacent

The checking was conducted by the team of officials of Legal Metrology under the supervision of Assistant Controller Legal Metrology.

The team inspected various traders and 8 shopkeepers were found violating the Legal Metrology laws. The defaulters were booked on spot and a composition sum of Rs 5500 was imposed against them.

The team apprsed the traders regarding the online services of the department and also verified online application of 25 traders for weighing and measuring instruments. The checking was conducted by the team of officials of Legal Metrology under the supervision of

Assistant Controller Legal Metrology. The team inspected various traders and 8 shopkeepers were found violating the Legal Metrology laws. The defaulters were booked on spot and a composition sum of Rs 5500 was imposed against them.

NYK Anantnag organizes District level Youth Parliament at Bijbehara

ANANTNAG, MARCH 04: Nehru Yuva Kendra (NYK) Anantnag in collaboration with the District Administration today organized a District level Youth Parliament at Bijbehara.

The event was held under the National Young Leadership Programme (NYLP) scheme and was themed 'Celebration of India's G20 Presidency: Vasudeva Kutumbakam and One Earth, One Family, One Future'.A large number of youth participated in the event, which was held at Public School English Medium. The objective of the programme was to develop leadership qualities among the youth, enabling them to realize their full potential and contribute to the nation building process. It also aimed to motivate the youth to strive for excellence in their respective fields and bring them to the forefront of the development process, harnessing the immense youth energy for national-building.Gulzar Ahmad Bhat, Additional Deputy Commissioner (ADC) Anantnag, was the chief guest at the event. Mohd Ramzan Dar, Principal of Public School English Medium, was the guest of honour. In his address to youth, the ADC highlighted the importance of celebrating India's G20 Presidency. He further added that the country is celebrating Azadi Ka Amrit Mahotsav and has entered Amrit Kaal, the 25-Year-long march to 100 years of



its freedom from colonial rule. He said it is a ripe opportunity for India to exhibit its worldview and national interest and establish its position as a superpower. He thanked NYK Anantnag for organizing such a great programme, in which the youth of our country participated with their views on the topic of India's G20 Presidency. In his interaction with the youth, he also motivated them to participate in such programs, where their thoughts can become the vision of India.Mohd Khalil Mir, Deputy Director of NYK Anantnag elaborated on the role and work of NYK, as well as the importance of celebrating the G20 presidency.

DC Kulgam inspects JJM work projects at Kulgam Instructs concerned to scale up pace of work & ensure timely their completion

Farooq Rather

KULGAM, MARCH 04: The Deputy Commissioner (DC) Kulgam, Dr. Bilal Mohi-Úd-Din Bhat today visited several areas in the district and took stock of the pace and progress made in Water Supply projects under execution through Jal Jeevan Mission.The projects are aimed to provide safe and adequate drinking water through individual household tap connections to all households.

The DC during his visit took stock of pace and progress made on WSS Tengpora Khargund, WSS Pratap pora, WSS Chatrupora Gasren and other work projects.

After taking stock of the pace and progress of these works, the DC instructed the concerned officers to mobilize more men and machinery and ensure timely completion



Water Supply of these

Schemes. He set timelines for completion of various work projects and instructed the concerned to stick to the timelines and ensure completion of these work projects within the set

timeline. Earlier, the DC also interacted with people at Gasrenoo and other villages and listened to the issues of people for early

redressal It is important to men

tion that there are a total of 218 works in the district and 142 schemes/ projects are under JJM, and all the works have to be completed before 15th of June 2023.

Accompanying the DC were ADDC, Showkat Ahmad Rather, Executive Engineers from PHE division Kulgam and Qazigund and other officers.

Workshop on Ease of a doing Business, Single Window System held at Bandipora

BANDIPORA, MARCH 04: The Department of Industries and Commerce on Saturday organised a district level sensitization workshop regarding Ease of doing Business and Single Window Sys-

The workshop was held on the directions of Di-Industries and Commerce, Saloni Rai and was inaugurated by Additional District Development Commissioner Ali Āfsar Khan.

Project Manager DIC Bandipora, Mehraj Wani; DFO Bandipora Mudasir Mehmood; Assistant Director Employment, District Officer KVIB, District Officer Geology and Mining, District Agriculture Officer, District Horticulture officer, Field officer from DIC Bandipora attended the Workshop, besides, members from Industrial Associations,

Budding entrepreneurs and Youth from different panchayats also participated.

Speaking on the occasion, ADDC said the government of Jammu and Kashmir has taken several initiatives under Ease of doing Business and living reforms to provide hassle-free services to businesses and citizens. During the programme,

EoDB consultants from Ernst and Young along with a single window IT team briefed the participants regarding the process/system, and the workshop is part of the initiative to sensitize and inform the people about such initiatives.

The session included Question-Answer open house discussion for better understanding and implementation of Portal. Technical



and video presentation explained the process of EoBD and Single Window System to the participants.

Moreover, a threadbare

ing Technical experts to conduct more such workshops in the district to raise maximum awareness on single window portal in the district. He further directed all

ADDC asked the visit-

the concerned departments to focus on the implementation of the single window portal for online processes in offices. The Project Manager

while speaking on the occasion said that the government is providing incentives to attract more people to start industries in the state to curb unemployment.

Wani also informed that the Integrated Single Window System will facilitate new investments locally & globally either through National Single Window System or through J&K Single Window System (www. singlewindow.jk.gov.in)

Special Lok Adalat held at

with user-friendly interfaces and timely approvals. Technical experts through detailed PPTs and video presentation explained the process of EoBD and Single Window System to the participants.

Moreover, a threadbare discussion was also held during the session. Various issues and changes to be made as per the departmental point of view were proposed to the visiting experts.

ADDC asked the visiting Technical experts to conduct more such workshops in the district to raise maximum awareness on single window portal in the district.

He further directed all the concerned departments to focus on the implementation of the single window portal for online processes in offices.

Wakaf Board Chairperson takes stock of Urs arrangements at Aishmuqam shrine

ANANTNAG 4 MAR:J&K Waqf Board Chairperson Dr Darakhshan Andrabi today paid obeisance at the shrine of Hazrat Zainuddin Reshi (RA) at Aishmuqam in Anantnag district on the eve of Annual Urs festivity being observed tomorrow. Dr Andrabi dedicated the newly con-structed pathway cum washroom complex to the people. She was accompanied by senior Waqf Board officers including Magistrate Ishtiyaq Mohiuddin, Administrator Ashiq Hussain and the representatives of local administration. Dr Andrabi took stock of the facilities available to the devotees visiting the shrine on annual Urs. She also met the public representatives and later held a meeting with the Wagf staff. She directed the heads of all departments & Waqf officers to ensure that people don't face any difficulties during the Urs congregations. She thanked the government departments and the people for cooperating with Waqf Board in ascertaining fool-proof

facilities to the visiters. Dr Andrabi after inaugurating the new construction works at the shrine said that we are now able to create all required facilities at all major shrines in J&K and during next one year facilities at all shrines will be upgraded. "We have been able to create a better environment of sanctity and discipline at the shrines under Waqf control by taking many hard decisions. Accountability of donations and other income sources has added to the financial strength of Waqf Board and hence we are planning some important things in coming months,", said Dr Andrabi. Dr Andrabi hailed the people of J&K for their support and cooperation to the Board during the past one year. "These spiritual shrines are our treasures and the path of love, humanity and spiritual excellence shown by our great sufi's can lead us to the light of peace, contentment and social harmony which in turn will make our lives filled with all good.

Pulwama, Kup wara& Bandipora SRINAGAR, MARCH 04: In pursuance to the calendar of NALSA and under im-

mediate supervision of J&K LSA, special Lok Adalats were today held at Pulwama, Kupwara and Bandipora to take up matrimonial and other cases for amicable settlement.At Pulwama, A Special Lok Adalat was organized in District Court Complex Pulwama under the Chairmanship of Naseer Ahmad Dar, Chairman District Legal Service Authority (Pr. District & Dulyama, Sessions Judge) Pulwama.

during the session. Vari-

ous issues and changes to

be made as per the depart-

mental point of view were

proposed to the visiting

A total of 05 benches were constituted out of which 02 benches were constituted for holding of Special Lok Adalat at District headquarters and other three benches at Tehsil Levels of the District Pulwama.All these benches were also assisted by the Mediator, Panel Lawyer, and PLVs of their respective jurisdiction.130 cases of different nature were taken up before these five benches out of which 55 cases were amicably resolved and an amount of Rs1575000 has been settled in 138 N.I. Act Cases with the efforts of the presiding officers as well as by the cooperation of Bar members of the respective Courts. At Kupwara, the District Legal Services Authority (DLSA) Kupwara today organized a Lok Adalat across District Kupwara in which a total number of 04 benches were constituted for taking up 39 Matrimonial cases. At District Head Quarter Kupwara, 02 benches were constituted and one each bench was constituted at Headquarters of Handwara and Sogam for disposal of cases through amicable means. Out of the total cases taken up, 11 Matrimonial cases were settled on spot by intervention of the benches and by participation of the lawyers and litigants.Lawyers and litigants participating in the Special Lok Adalat expressed their joy.

Revitalization of Youth clubs:

District Administration Kupwara starts registration and mapping of unemployed youth for relevant self employment programmes under mission youth programme

The District Administration Kupwara has started revitalization of youth club activities in Kupwara district. Different awareness cum registration programmes are being organized across the district. District Administration Kupwara on the directions of Deputy Commissioner Kupwara have framed a detailed schedule which will

continue upto 21 March. On the first day of the programme, one Accelerating Livelihood Generation programme of Mission youth were held today at Environment hall Handwara and Block Headquarter Kralpora in collaboration with Labour and Employdepartment, Rural Development department, EDI, J&K Bank, KVIB,

culture, Sheep and Animal Husbandry department. At Environmental Hall

Handwara, a large number of youth from Qaziabad, Langate, Qalamabad, Handwara, Rajwar, Nutnoosa and Magam participated. Another programme was held today at Block Head Quarters Kralpora where youth from Melayal, Ram-Tarathpora, Reddi Chowkibal, Kralpora, Treh-

gam and Qadirabad participated and got themselves registered and subsequently mapped under relevant programmes of Mission Youth under supervision of officers of District Employment & Counseling Centre Kupwara and concerned

On March 5, at Town Hall Kupwara one day aware-



ness programme for mission youth volunteers shall be held where interested youth from Kupwara, Hay-hama, Machil, Kalaroos, Sogam, Wavoora and Drugmulla will get themselves registered for relevant pro-

grammes under mission

On the same date, aware ness programme shall be held for the youth of Tang-dhar and Teetwal at Dak Bunglow Tangdar.

Similarly on 6 administration Kupwara shall organize

a mega employment mela district level at Town Hall Kupwara from 11:30 A.M to 2: 00 PM.

From 7 March to 21 March, more such awareness programmes shall be organized by district administration Mukt Bharat abhiyan- crusade against Narco terrorism and green initiative Under Nasha Mukt Bharat Abhyan- crusade against Narco Terrorism, in these programmes, youth volunteers shall conduct meetings with PRIs, teachers. parents at Panchavat level and aware them about the ill effects of drug menace and steps of district administration to get rid off this menace

Under Green initiative on, 21 March , Afforestation drive shall be held in all the panchayats across the district Kupwara where DFO Kamraj, DFO Kehmil, DFO Langate, DFO Social Forestry and DFO soil conservation in collaboration with RDD, higher education department.

Special Lok Adalat on Matrimonial Cases organised by DLSA Kishtwar

KISHTWAR, MARCH 04: In pursuance to the National calendar and under the directions of J&K Legal Services Authority, a Special Lok Adalat on Matrimonial Cases was organized in District Kishtwar by the District Legal Services Authority (DLSA) under the supervision and guidance of Chairman, Mr. Y.P Kotwal.

In the said Special Lok Adalat, Matrimonial Cases were taken up before the bench constituted for the purpose. The Bench consisted of Y.P Kotwal, Principal District and Sessions Judge and Mahmud Anwar Al-Nasir, Chief Judicial Magistrate.

A total of 17 number of cases were taken up out of which 08 number of cases were settled amicably in presence of parties. Judicial Officers, members of Bar, parties of the cases and people at large participated in the said Special Lok Adalat on Matrimonial Cases.

MVD Jammu realises Rs 3.61 lakh fine from traffic rule violators

JAMMU, MARCH 04: A team of officers of Motor Vehicles Department, Jammu, headed by Regional Transport Officer, Pankaj Bhagotra today laid naka at Kunjwani, Pur mandal and adjoining areas

The team comprising ARTO Board Of Inspection (P), Esha Chib, ARTO Board of Inspection (G), Pawan Sharma, MVIs Rajeev Kundal and Ranjeev Bhasin inspected as many as 200 vehicles during the drive.

A fine amounting to Rs 2,56, 000 was realised on the spot from the violators, while Rs 1,05000 is expected from the

DDC Shopian visits Keegam Block; inspects progress of developmental works

Commissioner, (DDC) Shopian, Sachin Kumar Vaishya today took an extensive tour of the Keegam block of the district and inspected the progress of various developmental works of Rural Development Department including Panchayat Ghars, roads, khuls, lanes, etc. coming up in different parts of the Keegam block.

During his tour, the DDC also met locals and interacted with them and listened to the demands patiently raised by the local people and assured early resolution of their

DDC stressed upon the officers to use area officers' application for effective monitoring of developmental works. During the tour of the block, the DDC discussed the component wise works proposed and revised detailed project reports. He also inspected the feasibility of the project

DDC directed the concerned to complete the works taken up for execution before the end of the year. Additional Deputy Commissioner, Shopian, Yar Ali Khan;

Joint Director Planning, Khursheed Ahmed Khatana; Assistant Commissioner Development, Hilal Ahmed Jeri and other concerned officers accompanied the DDC.

AHD organises mega KCC Awareness camp at Bandipora

BANDIPORA, MARCH 04: The department of Animal Husbandry on Saturday organised a mega KCC awareness camp at Block Veterinary Office, here.

The camp was organised as part of the nationwide KCC Campaign and was organised in collaboration with Lead District Bank

The Camp was chaired by Chief Animal Husbandry Officer Bandipora, Dr Gh Ahmad Lone while Chairman Municipal Council Bandipora Basharat Hussain was special invitee.
The Camp was also attended by BVO Bandipora, Nodal

Officer, concerned Bank Managers, ward members and concerned Veterinary Assistant Surgeons.

Officials informed that 43 KCC Cases were sponsored on

On the occasion CAHO Bandipora encouraged the farmers to avail the benefits of the departmental schemes. BVO Bandipora detailed the various departmental

schemes presently in vogue with special emphasis on the Farmers were also introduced to the Holistic Agricultural

Development Programme. Chairman Municipal Council Bandipora Basharat Hussain expressed his satisfaction with the working of the

ARO Srinagar organises Awareness

Camp on Agniveer scheme for Army Recruitment at Shopian

SHOPIAN, FEBRUARY 04: Army Recruitment Officer (ARO), Srinagar today conducted a daylong Awareness Camp on Agniveer scheme at Imtiyaz Memorial Govt. Degree College, Shopian for Army Recruitment Rally, 2023. Speaking on the occasion, Army Recruiting Officer, Colonel Suresh said that the aim of organising the camp is to aware the aspirants of the district about the benefits of recruitment in the Army and the procedure to apply. He interacted with the aspirants and students who came from various areas of the district and also heard their views and other questions put forth by the aspirants.He further stated that aspirants of age group of 17 to 21 years can get themselves registered on the website and get first hand appraisal of the process of applying through online mode. He said that students of 10+2, Graduates, Government ITIs, Private Institutions and Polytechnics can also apply online.

Capacity Building/Orientation program on Self-Employment schemes & CFL held for SHG members Kulgam

Farooq Rather

KULGAM, MARCH 04: A

self-employment schemes like PMEGP, schemes under Mission Youth like



cum Orientation program for Self Help Group (SHG) members of UMEED was today organized at NRLM Block office Kulgam.

On the occasion, Career Counselling Officer from District Employment & Counseling Center Kulgam Shazlia Quershia gave orientation and counseling sessions on various

making the participants aware about the various incentives based self-employment schemes and importance of registration on employment portal, the participants were also counseled about the sector specific schemes as per their interests and aptitude.Later, Community Financial Literacy (CFL) awareness was also given by the lead Bank Kulgam on Digital Payment system and various Social Security schemes like Prime Minister Suraksha Bima Yojna(PMSBY), Prime Minister Jevan Jyoti Bima Yojna(PMJJ-BY) and other schemes. Almost 40 SHG members participated in the event and were made aware about the online Registration process on J&K Employment Portal and the multiple services offered by J&K Employment Portal and NCS Portal.The program was attended by District Program manager NRLM, Block Program tives from LEAD Bank and other concerned. Besides making the participants aware about the various incentives based self-employment schemes and importance of registration on employment portal, the participants were also counseled about the sector specific schemes as per their interests and aptitude.Later, Community Financial Literacy (CFL) awareness was also given by the lead Bank Kulgam.

Justice Koul inaugurates Record Room at District Court Budgam

Justice Vinod Chatterji Koul, Judge High Court of Jammu, Kashmir & Ladakh today inaugurated District Record Room and inspected District Court Complex Budgam.

During his maiden visit to District Court Complex Budgam, after assuming charge of Administrative Judge Budgam, Justice Koul also reviewed the progress of ongoing and proposed works at District and subordinate Court including at Magam and Cha-

Justice Koul was received by a guard of Honour presented by a squad of J&K Police and welcomed by, S F Hamid Deputy Commissioner Budgam; Mohammad Ashraf Malik, Principal District & Sessions Judge Budgam; Aijaz Ahmad Khan, ADJ and Tahir Gillani, SSP Budgam.

Among others, Noor Mohammad Mir, CJM; Fozia Secretary DLSA; Sheikh Gowher, Sub Judge; Farah Bashir Munsiff, Mohammad Ashraf, Executive Engineer R&B and Executive Engineer PHE Shakeel Rehman were also present on the occasion.

Later, Justice Koul also



chaired a meeting of officers to review progress of ongoing and proposed developmental works and emphasized on timely execution and completion of all projects. The projects included,

New District Court Complex Budgam, construction of Court Complex at Beerwah (Addl. Special Mobile Magistrate, Beerwah), Construction/Expansion of Court Complex, Chadoora, Construction of Munsiff's Residence and Lawyers Chambers at Magam and Acquisition of Land for construction of Munsiff

Court Charar-i-Sharief. He asserted that work on the ongoing projects be expedited and completed in a

On the occasion, Mohammad Ashraf Malik, Principal District & Sessions Judge Budgam apprized the chair about the ground position regarding infrastructure development and other allied matters of district Budgam.

Justice Koul also inspect ed the courts and took stock of case disposal and pendencies. He called for ensuring vibrant justice delivery and clearance of pendencies in a time bound

During his visit, Justice Koul also interacted with various senior lawyers including Bar President Adv Nisar Ahmad Kuchay.

Later, Justice Koul also planted a sapling in Court Complex Budgam

ment shall provide sub-

vention on 20:80 subsidy

ratio with 20 percent to

be paid by the farmer and

80 percent by the govern-

ment.On the occasion, VC

DDC interacted with the

farmers and urged them

DC Anantnag reviews functioning of RDD; presses for completion of works by 15th March

ANANTNAG, MARCH Dr Basharat emphasized 04: The Deputy Commis- the importance of satu-Basharat Qayoom today diture, noting that the took a district-wide review of the Rural Development Department at must be completed both the DC Office complex,

At the outset, Assis- need for strict quality tant Development (ACD) Anantnag, Riyaz Shah presented the progress of works under various heads includ- resolve any interdeparting Centrally Spon- mental issues immedisored Schemes such ately. He also called for as MGNREGA, SBM, increased IEC activities PMAY G, and Finance Commissioner grants, as well as works taken up under PRI grants.

All works were reviewed block-by-block with the concerned BDOs and AEs, who highlighted progress and expected timelines for completion.

Anantnag, Dr rating financial expenpresent fiscal year is in its last leg and all works physically and financially. He also stressed the Commissioner management and social audit of completed works. The DC further pressed interdepartmental coordination and directed the ACD and ACP to to ensure the goal of polythene-free and garbage-free panchayats are

achieved. The meeting was attended by the ADDC, JD Planning, ACD, ACP, Executive Engineer, REW, BDOs, and AEEs, among

Vice Chairperson DDC Bandipora launches sale of fruit plants

BANDIPORA. MARCH 04: Vice-Chairperson, District Development Council (DDC) Bandipora, Kounsar Shafeeq along with Additional District Development Commissioner (ADDC) Bandipora, Ali Afsar Khan on Saturday formally inaugurated the sale and distribution of fruit plants.

The duo visited fruit plant nursery Bandipora and formally started the sale cum distribution of various fruit plants for the year 2023 by distributing medium density apple cultivars viz, Gala Redlum, Jeromine among the various farmers covering an area of 3 hectare in zone Bandipora under the scheme Capex Area expan-

Chief Horticulture Officer Bandipora informed that an area of 15 hectares will be covered under the



scheme in district Bandipora with the assistance of 80% subsidy. He urged the orchardists to avail the benefit of this scheme. He also informed that 47 plants are planted in an

tance of 3x 3.5 m He said under Area Expansion scheme, the farmers having feasible land for plantation with area of one kanal to 40 kanals can avail the benefit.

to avail the benefit of this scheme to expand their orchards.ADDC sought further awareness about the scheme so that maximum people are benefited during the current season. He inspected nurseries of various plant varieties and took detailed review on the development of new varieties. On the occasion, VC DDC interacted with the farmers and urged them to avail the benefit of this scheme to expand orchards.ADDC sought further awareness about the scheme so that maximum people are benefited during the current

Shabnam Kamli visits different Trout Fish Farms of Srinagar Asks officers to explore coverage of Fish Livestock under Aquaculture Insurance Scheme

SRINAGAR, MARCH 4: As part of prepara- require strengthening and renovation to extions for the upcoming G20 summit likely to be hosted by J&K, Secretary in Agriculture Production Department, Shabnam Kamli, today visited the Trout Fish Farm, Laribal, Dachigamon to oversee the face-lifting of Trout Hatchery, Laribal.

Director Fisheries, Mohammad Farooq Dar and other senior officers of the department accompanied her during the tour.

While inspecting functioning of various units of the Trout hatchery, Secretary expressed satisfaction over the progress made in production of quality seed of Rainbow and Brown Trout. The Brown Trout Seed being produced in the farm is stocked in the natural water bodies of Kashmir for conservation of this species and for attraction of Tourists for

Secretary instructed the concerned officers upgradation of some units of the farm which

ploit its full potential. Secretary visited Trout Village, Dhara, Har-

wan and inspected the Trout rearing units of Mohammad Akram Wani, Noorul Qamran, Abdul Rashid and also monitored the execution work on RAS unit of Amir Akram being constructed under PMMSY during the tour. Director Fisheries apprised the Secretary that the department has successfully introduced fish culture in the private sector which has led to establishment of huge infrastructures in the shape of Hatcheries, Rearing Units, Biofloc fish culture units, RAS etc in the UT. Under different UT / CSS dchemes, the department has established 1180 Carp ponds and 936 Trout rearing units. The establishment of fish farming units in the private

ployment to the youth. to prepare estimates and submit plan for Director informed that Aquaculture in J&K is relatively a new industry that is currently

sector has helped in providing gainful em-



undergoing expansion but despite its impres- She impressed upon the field staff to work sive growth there is no suitable provision for compensation/risk cover for aquaculture losses. The recent incident of use of bleaching powder for fish kill in Kashmir division has caused huge financial loss to the fish farmers. Secretary assured that issues related to loss of crop due to water quality, natural calamity, poaching and its compensation in the form of insurance has not been addressed in similar manner as in the agriculture crop sector as such a comprehensive insurance policy is required for fish livestock.

She opined that the absence of any insurance plan may create a sense of insecurity among the budding entrepreneurs which may impact the growth of aquaculture sector in UT. Secretary instructed the Director to take up the matter with NFDB and explore possibility for providing assistance to cover Fish livestock under insurance so as to make fisheries sector more vibrant and remunerative.

with utmost dedication and diligence so that the benefits of the welfare schemes can percolate to the beneficiaries. She urged upon the field functionaries and officers to provide constant handholding to the existing unit holders so that the production can be enhanced. She stressed upon the officers that awareness camps should be held in the district at Block level and Panchyat level so that people are encouraged and assisted for starting entrepreneurial ventures. She opined that the absence of any insurance plan may create a sense of insecurity among the budding entrepreneurs which may impact the growth of aquaculture sector in UT.

Secretary instructed the Director to take up the matter with NFDB and explore possibility for providing assistance to cover Fish livestock under insurance so as to make fisheries sector more vibrant and remunerative.

HEADLINES TODAY

HT EDITORIAL

And the wait is Over: Ramadhan is Round the Corner

AMADHAN; One of the Holiest months of Islamic Calendar is about to begin. Cleaning out the closet feels great. You go through all of your stuff, throw away whatever you don't want, and give away things you don't need. In the end, you know you are left with more space, a clean area, and peace of mind.

Now that Ramadan is around the corner, this is a great time to take account of ourselves and go through a very similar process with our soul. What negative feelings or thoughts hide in the shadows of our hearts? Are we even aware of how this "stuff" spreads toxicity throughout our soul, which then seeps into our relationships? When we rid ourselves of emotional "baggage" we free up space in our hearts to soak in all the positive outcomes of Ramadan.

To begin this spring cleaning, it is helpful to reflect on the following verse:

"O you who have believed, fear Allah. And let every soul look to what it has put forth for tomorrow – and fear Allah. Indeed, Allah is Acquainted with what you do." (Surah Al Hashr, 59:18)

It is only when we allow ourselves to truly take account of what is in our hearts that we are able to process what we find. Who are we avoiding? What grudges do we hold? What negative thoughts do we ruminate over? Once we are able to face what lurks within, we can figure out ways to get over them. Actually writing down the answers to the above questions has been proven to be a helpful way to start tackling the toxic thoughts we store in our main processing center. Next, let us think about how Allah, Exalted is He, prescribes the process of purification.

"Those who spend in the way of Allah both in affluence and hardship, who restrain their anger, and pardon others. Allah loves such good-doers." (Surah 'Ale Imran, 3:134) Why does Allah mention giving money, first in the time of ease, then in the time of difficulty, before addressing two emotional strengths? And even then, why does Allah mention exercising control over anger before excusing others (a higher level of forgiveness)?

Perhaps practicing gratitude in times of prosperity prepares one for the ability to acknowledge blessings, even during times of hardship. What effect does this type of training have on one's understanding? We may consider the possibility that engaging in a constant state of gratitude develops satisfaction. Additionally, gratitude in the form of donation fosters a sense of compassion – being able to connect with others by connecting with something similar within ourselves. Gratitude, which leads to satisfaction and compassion creates an environ ment in which anger is less likely to develop, since anger is a reflection of turmoil that exists within the individual. So in a way, satisfaction despite life's challenges allows one to engage with others from a place of peace within. We see a very inspiring application of part of this verse in the following exchange between Ali ibn Al-Husain (also known as Zayn Al-Abideen), the great-greatgrandson of the Prophet Muhammad, peace and blessings be upon him, and his servant. Abdur-Razzaq As-San'ani (d.211 AH) said: A slave-girl of 'Ali bin Husain was pouring water on him while he was preparing for prayer. Accidentally the jug slipped from her hands and fell on his face causing his face to be injured. He raised his sight towards her in anger. She recited 1. He said to her: 'I have restrained my anger'. She then recited 2. He said: 'I have forgiven you'. She further recited 3. He said: 'Go now you are free'.Imagine that - spending in the way of Allah, is a demonstration of gratitude which promotes satisfaction and compassion. That compassion, in turn, prevents the early sprouting of anger and rage. Keeping anger at bay facilitates the ability to think rationally and process possible reasons why someone may be worthy of your forgiveness. These three qualities of being charitable, controlling anger, and forgiving others put us on the path of ihsan (excellence). And Allah loves those who exhibit ihsan (as mentioned in the verse above, 3:134). So let's recap spring cleaning for the soul. First, take stock of your negative feelings towards aspects of your life and towards others. Sometimes this process makes us feel uncomfortable, so we shut down the introspection and abort it prematurely. Allow yourself to sift through these nagging negative thoughts and try to evaluate them. Are these negative thoughts really worth the mental and spiritual drain? Do others really deserve the old grudge?

"Exam Success: Techniques and Tips for Improving Your Memory"



AUBAID AHMAD AKHOON AKHOON.AUBAID@GMAIL.COM

The more you engage with information, the more likely you are to remember it." Exams are a crucial part of the education sys-

tem and can be a source of stress for many students. With exams just around the corner, it's important to take steps to prepare yourself and ensure that you are ready to perform to the best of your ability. Fortunately, there are several tricks and techniques you can use to improve your memory and increase your chances of success on exam

"Practice makes perfect - the more you practice remembering, the better you will become.'

One of the most important things you can do to prepare for an exam is to practice regular reading. This means reading the material regularly, paying attention to key concepts, and reviewing your notes frequently. Regular reading and review can help you retain information more effectively and improve your recall when it comes time to take the

"Visualization is a powerful tool - use your mind's ate a study plan that covers all the material you eye to picture information for better retention." In addition to regular reading, there are several study each subject. This can help you stay on track other techniques you can use to improve your mem-



ory and enhance your chances of success. For example, using mnemonic devices such as acronyms or visual associations can help you remember lists, facts, or other types of information. Repetition is also a powerful tool in memory improvement, so try repeating important information several times throughout the day to help it stick in your mind. Another effective strategy for exam success is to stay organized and maintain a study schedule. Cre-

need to learn, including when and how you will and ensure that you are making progress towards

your exam goals. In addition to these techniques, it's also important to take care of yourself physically and mentally. Getting enough sleep, eating a healthy diet, and exercising regularly can all help improve your cognitive function and enhance your ability to learn and remember information

Preparing for exams can be stressful, but with the right techniques and strategies, you can achieve success and attain the score you desire. Remember to practice regular reading, use mnemonic devices, stay organized, and take care of yourself physically and mentally. By following these tips and putting in the necessary effort, you can improve your memory, boost your brainpower, and achieve your academic goals.

"Your mind is a palace of knowledge - explore it daily to unlock its treasures." Good luck on your exams!

The author holds the following positions: •Educational Columnist • Motivational Speaker • Associate Editor of the weekly 'Education Quill' ·Senior EDP Head at DD Target PMT in Kashmir, which is a reputed institute for medical/ JEE/Foundation Coaching Classes.

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apologise if this offends anyone, i know that girls to day are just as responsible as boys.But i have only just described a middle class boy's battle ((struggle)). Many girls frequently have the misconception that boys' lives are full of fun, parties, riding bikes with friends, drinking, and living opulently both inside and outside the family.

Let me describe all the challenges and situations that a boy from the middle class encounters in society.

In every crisis, society and families demand boys to be strong as a mountain and to assume all responsibilities. Sister's Marriage responsibility

clearance of debt obligation, Home responsibility, Taking care everything is a responsibility, If a middle-class boy, I mean adult, graduates and finds no employment, society assumes he is no longer helpful.

Additionally, no father would give his daughter's hand to a nervous boy, which is excellent, I agree. However, it is currently fashionable for females to choose boys based on their income, a practise known as package. If he doesn't have good income, then nobody appears to be interested

> A sister wants a successful brother parents want a successful son wife wants a successful husband Girls wants a successful boy But what's about a boy ???

Boys do have hearts, and they do falter when they strive too hard, and people will stop at nothing to poke fun at them when they are struggling. People and society frequently discuss girls' issues, but nobody ever discuss-

Consider me. Boys are GENIUS at faking a smile; they can cloak a sea of feelings behind it. They have a lot of feelings and ideas to express, but they prefer to remain silent because nobody will comprehend their predicament and will instead poke them. They thus opt to mask their

· Males are True Hearted; they don't harbour unfounded animosities or resentments towards anyone.

 Before passing judgement on anyone, try to put yourself in their shoes and consider whether your actions are tru**MIDDLE CLASS HERO** when a middle class boy dies unexpectedly while at work?

suffering, you will experience compassion in your heart.

boys cannot venture to love during their college years. a boy submits to a female, it doesn't indicate that he is

Due to their situations or circumstances, middle class For being virtuous, they endure great suffering. When weak; rather, it shows that relationships are more significant to boys than their self-respect.

What does he contemplate as he draws his final breath? How are his goals coming along? What does he think of his family's future hopes?

Last day i was using WhatsApp and Suddenly, I saw the video of my friend's accident on someone's status

My friend:: who was belonging to the poor family and he used to work as a delivery boy to support his family by giving up his all dreams.

The previous day he was at work, preparing to deliver an order when he was involved in an accident that was someone else's fault. He fell to the ground and his head began to bleed heavily.

After some time, they transported him to the hospital, but he passed away en route. He must have wondered just before he passed away who

would look after his family after him. What will now transpire with my family?

What will happen to my family's expectations of me going What will this mean for my Dad's expectations of me?

I still had one last chance of my family that would help

them escape poverty. Why, Lord, did you treat me that way? Now, how will my

mother lives without me? Why did you do that, Almighty?

What about the circumstance and time?

When a visitor arrived and informed his family of his

Someone informed his family that their hope had been lost, their crown had been gone.

I don't know why Almighty did that to him

I just believe on the line ""Almighty knows the best"" O Allah, forgive [friend] and elevate his station among

those who are guided. Send him along the path of those who came before, and forgive us and him, O Lord of the worlds. Enlarge for him his grave and shed light upon

Allahum-maghfir lahu warhamhu, wa 'aafihi, wa'fu ʻanhu, wa ʻakrim nuzulahu, wa wassi' mudkhalahu, waghsilhu bilmaa'i wath-thalji wa-lbaradi, wa naqqihi minad-danasi...

Khawaja Khalid Dhani syedian, uri (Msc_mathematics)

The Openion / Views expressed by the Author are his own and daily Headlines Today doesn't Own, Acknowledge or But what will happen to his family's optimism Support the same.

the rest it needs.

How to Beat the Stress at Workplace

No one could adore you more than that guy and that guy

is a real diamond, when a boy sobs and begs you not to

However, that is not how reality is, as not everyone can

(If you find one, keep him).

afford expensive items.



orkplace stress as you might know is facing stress in the workplace, it could be because of a lot of reasons, like I men-

stress at your work place. But just by knowing you have stress, won't e at any use. Stress is like a poisonous drug, the more you let it go and don't take a step to remove or reduce it the more it will try to harm you. So something needs to be done to eliminate stress or reduce it in your workplace. Below are few tips you could use to have a happy and comfortable workplace: Start by reaching out: Talk about your concerns and issues with another employee or the HR of your company, having conversations face to face can solve issues faster and will make you feel lighter.

tioned in my previous article. You could

check it out to find out if you are facing

Look for support at home: It is very important to have a strong support system especially out of the workplace to manage stress in all areas. If you are facing issues or problems in your workplace and cannot talk it out to anyone there, your family and friends will always be there. Share the issue with them, the main solution is to let it out.



an impact on how you feel at work, as well as have an impact on our body. So if you do not eat healthy or skip meals when we are of to work, it might result in weakness and sick feeling. Eating small frequent and healthy meals can help your body maintain an even of blood sugar and also keeping your energy and focus level high.

Get active: One of the major reason for stress in the workplace is weakness or laziness which could step from lack of activity.

Review your diet: Your food choice can have So try to add sometime in your working day to exercise or some form of physical activity. Physical activity produces hormones which creates a chemical reaction in the brain that acts as a natural pain killer and also improves sleep ability. Rest: You need to get the full amount of

sleep to feel your best at work. When you happened to work extra over your limits you are less patient and become easily anxious which causes stress. So work according to your energy level and give your body

Prioritize and organize: To reduce stress you need to de-clutter you work desk as well do your in an organized manner, so that you are less irritated. Also plan and prioritize what you have to do and how you Apply positive thinking:

If you focus on the downside of any situation you will be drained of energy and motivation. Positive thinking helps with stress management and also improves health. You need to practice positive self-talk and keep motivating yourself to do your best.

Vijay GarG Retired Principal Educational Columnist Malout Punjab

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District Hospital Udhampur granted 5 DNB seats by NBEMS

UDHAMPUR, MARCH 04: District Hospital Udhampur was today granted 5 seats in DNB by National Board of Examination In Medical Sciences (NBEMS).

Assessment of the departments was conducted by different teams of Assessors in 2022 and after meeting the prescribed criteria and parameters the seats were granted in Department of Pediatrics (1 Post MBBS DNB and 1 Post Diploma), Orthopedics (1 Post MBBS DNB and 1 Post Diploma) and one in General Medicine.

All this was possible due to the guidance of Adminis trative Secretary Bhupinder Kumar, Director General Health Services Jammu Dr. Salim-ur-Rahman, Nodal Officer DNB Dr Jitendra Mehta and support of CMO Udhampur Dr Vijay Basnotra.

Dr Sanjay Kumar Bhat Medical Superintendent Dist. Hospital Udhampur and Dr Deep Gupta Nodal Officer DNB had worked hard in fulfilling all the Shortfalls and Criteria as per NBEMS norms

DC Doda launches fruit plantation drive in Assar

DODA, MARCH 04: A fruit trees plantation drive campaign was today launched in Assar Sub Division to promote horticulture activities in the area.

The Drive signaled off by District Development Commissioner Doda Vishesh Paul Mahajan in the presence of Chief Horticulture Officer, Rakesh Kotwal from Ganota Assar.

Plantation drive of fruit plants is being carried out by the Horticulture department in the district under the CAPEX scheme 2022-23.

The Department has set a target to bring 200 Hectare land brought under plantation in the current financial year. Besides, an area of 50 hectare land will be covered under high density plantation of Apple, Peach, Plum, Pear and Walnut, informed the Chief Horticulture Officer, while briefing about the drive.

The DC appealed farmers to opt for fruit trees Planta tion for better livelihood, improvement of air quality, production of healthy food, sustaining ecosystem for birds/ animals, and promotion of green enthusiasm.

DMO Samba seizes JCB involved in illegal mining

SAMBA, MARCH 04: On the basis of specific inputs, DMO Samba along with his team laid a Naka and apprehended vehicles involved in illegal mining. A JCB was seized and handed over to Samba police till the realisation of the penalty amount by the defaulter.

Meanwhile, the DMO also visited mining blocks of Samba early in the morning to check challans and ensure sale of minor minerals as per notified rates. He requested the general public to carry minor minerals along with e-challans only as the same are for the convenience of the general public and to check overpricing and illegal mining. He further stressed that anyone found involved in tempering of e-challan or misuse of e-challans will be booked and FIR will be registered.

RPHQ Rajouri organised One-day Seminar on "Cyber Security- Future Challenges and Capacity Building at Poonch

Poonch, Continuing its drive to make the Public aware of the Cyber Crime and to educate the Investigating officers to address the ever growing issue of Cyber crimes, RPHQ Rajouri organised a seminar on the topic "Cyber Security- Future Challenges and Capacity Building". at dak bunglow poonch.

On the onset SSP Poonch Sh. Rohit Baksotra welcomed the audience and threw light on the verious challanges and problems investigating agencies face in this world of internet and technology. The session was inaugurated by DIG RP Range Dr. Haseeb Mughal, IPS who highlighted the role of Cyber Awareness in current scenario and urged the participants to understand the fundamentals of cyber technology in order to stay relevant in the present times. He stressed on the need of understanding the ever increasing ambit of cyber world and the Cyber crimes. Police officers need to upgrade their knowledge and practical skills to investigate such crime, he added. He briefed the gathering about the Digital evidences, how to Collect/Preserve, Analyze and utilize them for substantiating the offences during investigation of the Cases. The programme was attended by about more than hundred participants including Police officers of the district, PSIs, IOs from various Police Stations and Police Posts and IT students from Degree College Poonch. During the Seminar, various speakers deliberated upon the topic. Speakers who spoke on the topics include Dr. Manmeet Singh, Assistant Professor from BGSBU Rajouri, Sh. Gurpreet Singh from J&K Bank Branch Bataduriyan Poonch Prof Wassem Ahmed of degree college mander and Sh. Parupkar Singh, JKPS, DySP DAR Rajouri. The sessions were very interactive and spellbinding. Topics related to Cyber threats, online frauds, banking frauds, identity theft, social media awareness, investigation of Cyber crimes and uses of Cyber technology in investigation were discussed. Later in the closing address, DIG RP Range thanked all the speakers for sharing the valuable information on the subject. He requested the college students to act as ambassadors to this agenda by helping in spreading awareness amongst their fellow mates and families, and help them in being less vulnerable and less suseptible to various Cyber Crimes. He also highlighted that J&K Police shall routinely conduct such conferences in future to keep its investigating officers in tune with growing Cyber Crime Challenges.

MVD Doda seizes 6 vehicles, challans 12 vehicles for violation of traffic rules

DODA, MARCH 04: ARTO Doda, Er Kuldeep Singh and his team consisting of MVI Jasbir Singh, and others conducted intensive checking in Thathri and Phagsoo tehsils of sub division Thathri with the active cooperation of District police.

During the checking, more than 100 vehicles were checked for required documents and observance of traffic rules. The drive was carried out on receiving complaints from local passengers for overloading and overcharging and plying of vehicles without proper documentation.

The team laid Nakas, seized 6 vehicles, and challaned 12 vehicles for violation of various traffic rules.

The ARTO said that such drives would continue to keep check on violators and to prevent accidents caused by overloading and drunkard driving and damage to the public Roads and National Highways. He further impressed upon all operators to adhere to traffic rules and avoid conducting overloading. The ARTO said that such drives would continue to keep check on violators and to prevent accidents caused by overloading and drunkard driving and damage to the public.

Achievements under RDD sector schemes reviewed in Rajouri

22549 houses completed under PMAY-G; 2913 works under District Capex Budget; 2218857 persondays generated so far

trict Development Commissioner Rajouri, Vikas Kundal, conducted a comprehensive review of the Rural Development Department (RDD) sector in the

In the meeting, the DDC discussed in detail the physical and financial progress of various projects including Border Bunkers, Pradhan Mantri Awas Yojana - Gramin (PMAY-G), Mahatma Gandhi National Rural Employment Guarantee Act (MGNREGA) and other District Capex Projects.

During the review meeting, it was informed that out of 3592 started works under District Capex, 2913 have been completed. This signifies a significant towards achieving the developmental goals of the district. The DDC lauded the efforts of the officials involved in these projects and urged them to maintain the same momen-

It was also informed that under PMAY-G, 22549 houses have been completed so far. Hailing it as a commendable achieve-



ment, and the DDC urged the officials to continue the good work and ensure that the remaining houses are completed within the stipulated timeline.

Under AWAS plus, the meeting was apprised that against the target of constructing 11046 houses, the work on 1950 houses is complete. While reviewing the status of PDs generation, it

was also informed that 2218857 person days have been generated as on date.

Similarly, reviewing the status of works under SCA to TSS, it informed that out of 591 works, 417 works have been completed.

The progress of Border Bunkers, which are being constructed to provide safety to the people living near the border, was also discussed. The DDC directed the officials to ensure the completion of the bunkers within the stipulated time frame and to ensure the quality

of construction. The progress of MGNREGA which guarantees employment to the rural poor, was also discussed. The DDC directed the

being executed as per the guidelines and that the job cardholders are provided work within the stipulated time frame.

The progress of other District Capex Projects, including construction of roads, bridges, and other infrastructure, was also reviewed. The DDC instructed the officials to ensure timely completion of these projects and to maintain the quality of

In conclusion, the DDC expressed his satisfaction over the progress made so far and urged the officials to continue their efforts towards achieving the developmental goals of the district. He also emphasized the need for close coordination between various departments to ensure the timely completion of all projects.

Officers who attended the meeting ACD, Vijay Kumar; CPO, Mohammad Khurshid; ACP, Sheraz Chowhan; DSEO, Sandeep Sharma; ExEn REW, Zahir Khan and BDOs.

Shamima seeks implementation of 33 percent reservation for women in Parliament, Assembly

JAMMU, MAR 4: Shamima Firdous, State President Jammu and Kashmir National Conference (JKNC) Women Wing and ex MLA has asserted that there is a dire need to empower the women especially those living in Jammu and Kashmir who have witnessed and faces the worst period of terror onslaught for over three decades. She emphasized that in order to empower women the first and foremost essential in today's scenario is the implementation of 33 per cent reservation for the weaker sex in the highest temples of democracy i.e. in the Assembly and Parliament. The JKNC women wing leader stated this while addressing the party convention held at Sher-e-Kashmir Bhawan to discuss the issues related to women threadbare here today. She was the Chief Guest during the aforesaid convention. Today's convention was held under the chairmanship of Satwant Dogra, Provincial President Women Wing, JKNC, Jammu. NC Provincial President Rattan Lal Gupta and senior NC leader Bimla Luthra were also present on the occasion.Shamima Firdous said that it is really an irony the women despite playing a vital role in the society continues to be at the receiving end even in the present day world when the rapid technological strides have reduced the world to a global village. She said that the young women are today struggling amid the acute unemployment and in such a situation how can the unemployed women feel empowered. The former MLA castigated the Union Govt as



well as the J&K Administration not only for having failed to provide employment to the women folk but having plunged the weaker sex into a sea of miseries due to their misrule amid anti-people policies. Today the women across Jammu and Kashmir are facing huge problems and it is the duty of the government to address their concerns and issues at the earliest. The Provincial President Rattan Lal Gupta, in his address, said that the wrong policies of the BJP Govt have dealt a heavy blow to J&K's prosperity and development bringing it to an all time low. He criticized the Government for imposing property tax and carrying out demolition drive. He demanded that property tax should be kept in abeyance till the elections held and the decision should be taken by the people's representative Govt.Gupta asked BJP leadership instead of imposing property tax through government the same.

Record 100 Qt Mushroom Seed produced by Spawn production Lab Jammu in 2022-23

JAMMU. MARCH 04: The Mushroom seed Production (spawn) and distribution by Spawn production Lab Jammu has crossed 100 Qtls mark.

Director Agriculture, Jammu K.K. Sharma said that spawn Production Lab. Jammu produces spawn for the entire Jammu Province as per the requirement of the Districts.

The Spawn of three types of Mushroom viz; Button Mushroom (A.biosporus), Dhingri Mushroom (Pleurotus spp.) and Milky Mushroom (Calocybe indica are produced in the Lab. The spawn production in the Lab was 71 Qtls during 2021-22 and it has increased to 101.5 Qtls in 2022-23, including (Button Mushroom- 59.99 Qtls, Dhingri-35.34 Qtls and Milky mushroom-6.17 Qtls.).

Another major achievement during the year was production and distribution of 15 Qtls spawn of newly introduced high vielding Button Mushroom strain A-15 to Mush-



room growers

To give much needed fillip to Mushroom Production, a new hybrid Button Mushroom strain "NBS-5" has been procured from Directorate of Mushroom Research Solan during the current year and spawn of this new introduced strain will be provided to the growers from the forthcoming season. The main characteristics of the strain are resistant to overwatering/under-watering, high CO2 concentration and non browning

characteristics. Director of Agriculture, Jammu also congratulated the entire spawn production team lead by Krishan Kant, Spawn Production Officer for putting all-out effort to accomplish this challenging task.

Joint Director Mushroom and Apiculture R.K. Hiteshi, while speaking on the occasion said that to promote Medicinal Mushroom Cultivation Shiitake (Lentinula Edodes) trials cultivation is in progress in Spawn Production Lab Jammu.

DC Doda inaugurates Youth Skill Training program under SANKALP

Commissioner (DC) Doda, Vishesh Paul Mahajan today inaugurated Skill Training programme for a group of 20 youth identified during Back to Village Phase-4 and My Town My Pride 2nd phase.

The training has been organised under Skill Acquisition & Knowledge Awareness for Livelihood Promotion (SANKALP) here in the ITI Campus.

The participating youth

will undergo training for Domestic Data Entry Operator under SANKALP. The Deputy Commissioner interacted with the candidates and guided them on how they can use



their skills of computer knowledge towards earning a better livelihood. He also cited that all the government services are now online, which also increases the demand for computer savvy resource persons in the district.

The Deputy Commissioner and Superinten-

dent of ITI Doda discussed the possibility of using skilled youth for services in the district through the Adbhut Doda online platform. The Superintendent was

commended for the hightech computer lab available at ITI Doda. Meanwhile, District In-

Officer for Skill Development in the district) Mohammad Ashraf Wani, briefed candidates about utilization of online tools for freelancing services through which they can earn a living. DC asked Manujender Singh, Mahatma Gandhi National Fellow (MGNF), to design a roadmap to start a skilling course for waste management at ITI Doda in consultation with superintendent ITI Doda.

The DC emphasized the trainees to learn skills keenly to be able to earn sustainable livelihood for themselves and generate employment for others as

DLSA Kathua organises Special Lok Adalat on matrimonial cases

KATHUA, MARCH 04: As per the Action Plan issued by J&K Legal Services Authority, a Special Lok Adalat on Matrimonial cases was organized today by District Legal Services Authority (DLSA) Kathua here in the District Court Complex.

The Special Lok Adalat was held under the guidance of Chairman, District Legal Services Authority, Kathua (also Pr. District & Sessions Judge, Kathua) Jaffer Hussain Beg.

Three Benches for settling the referred Matrimonial cases were constituted in which Bench No. 1 was comprising of Chief Judicial Magistrate Kathua, Swati Gupta, and Munsiff JMIC, Kathua, Cheena Sumbria,; Bench No. 2 was comprising of Munsiff JMIC, Basohli, Jeevan Kumar Sharma and President, Bar Association Basohli Advocate Shub Kumar; Bench No. 3 was comprising of Munsiff JMIC, Billawar, Jyoti Bhagat, and Panel Lawyer, TLSC Billawar Adv. Jatinder Singh

A total number of 14 cases were taken up for their amicable settlement out of which 2 cases were settled.

DIC Reasi organises District Level Sensitization Workshop on "Ease of doing Business & Dingle Window System"

level sensitization Workshop on Ease of Doing Business and Single Window System was held today here under the guidance of Director General of Industries and Commerce, Jammu, Anoo Malhotra.

The programme was held in the Conference Hall of District Administrative Complex under the chairmanship of Er. Masood Ahmed Bichoo, General Manag-

A team of Technical experts of BRAP and EoDB, Anishesh Mishra, Deepak Malla, Anil Gupta, Abhishek Kesar facilitated the hosting of the work-

T.K. Koul, Functional Manager; DMO, Angrej Singh; District Officer, Pollution Control Committee, Adeish Singh; IPO, DIC Reasi & Representatives



from different government departments, Members from Industrial Associations, Reasi, entrepreneurs and youth from different institutions attended the Workshop.

The sensitization workshop was scheduled in district Reasi by the department of Industries and Commerce in continuation to the UT government's initiatives under Ease of Doing

Business and living reforms to provide hassle free services to businesses and citizens. A team of Technical experts of BRAP and EoDB briefed the participants regarding the pro-

tion-answer and open house discussion for better understanding and implementation of Portal/system. Technical experts through detailed PPTs and video presentations explained the process of EoDB and Single Window System to the participants. Moreover, a threadbare discussion was also held during the session.

The session included ques-

Various issues and changes to be made as per the departmental point of view were proposed to the visiting experts. The visiting Technical experts were also requested to conduct more such workshops in the district to bring maximum awareness on Ease of Doing Business and Single Window System/portal in the district.

60,000 gallon per day Capacity Borewell commissioned in Rajouri town

The Jal Shakti Department Rajouri has taken a significant step towards mitigating the shortage of drinking water supply in the town. On the directions of District Development Commissioner Rajouri, Vikas Kundal, the department has commissioned a new bore well, which will help in providing ample water supply to the residents of the town. Ashwini Khajuria, ExEn Jal Shakti informed that the newly commissioned 60,000 gallon per day capacity borewell has been

completed at a cost of Rs 32 lacs and it will benefit approximately 3500 souls."The commissioning of the bore well is a much-needed relief for the residents of the town who were facing severe water shortages for a long time," said the District Development Commissioner.He also said that the bore well will ensure that the town has a steady supply of clean drinking water, which is crucial for the health and well-being of the residents.

The Jal Shakti Department of Rajouri has been working tirelessly to address the water shortage problem in the town. With the commissioning of the bore well, the department has taken a significant step towards fulfilling its commitment to providing clean drinking water to the residents of the town.

Speaking on the occasion, District Develop-Commissioner Rajouri. Vikas Kundal said, "The commissioning of the bore well is a significant milestone in our efforts to address the drinking water shortage problem in the town. We are committed to ensuring that the residents of the town have access to clean drinking water, and this bore well is a step in that direction.

The Jal Shakti Department of Rajouri has also assured the residents that they will continue to work towards improving the water supply infrastructure in the town. The department has urged the residents to use water judiciously and to report any leaks or wastage to the concerned au-

Training on Beekeeping, Oil Seed **Production held in Reasi**

REASI, MARCH 04: In continuation to the capacity building program of farmers under HADP a training session on Bee Keeping and Oil Seed Production was organised today in the Conference Hall of D C office Reasi.

Chief Agriculture Officer, Harbans Singh in inaugural address said that the department was already working towards promotion of oil seed production and new areas are being brought under oil seed cultivation by creating awareness among the farmers about its lucrative economic re-

The CAO also highlight-



ed the economic potential of Bee Keeping in crop production and said that if adopted on commercial lines, it can really uplift the socio economic status of the farmers.

Technical session was conducted by an expert team from KVK led by

Head KVK, Reasi, Dr.

Banarasi Lal Problems in production of oil seeds besides objectives, targeted outcome and Good Agricultural Practices for oil seed cultivation in the district was discussed in detail

wise implementation plan for promotion of Beekeeping was also deliberated upon during the training. Agri Assistant (Inputs), Sushil Gupta covered all important aspects of beekeeping through PPT.

Those who participated in the training include District Agriculture Officer Extension Rajesh Verma, District Agriculture Officer Reasi, Ravinder Tripathi, SMS DL, Amit Sharma, ASCO, Varinder Dogra, and Sub Division Agriculture Officer Reasi/Dharmari SMSs, Agriculture Extension Officers and field func-

Conserve Energy Today to make Brighter Tomorrow: Poster Making Competition held in GDC Ramgarh

SAMBA, MARCH 04: G20 Cell Government Degree College Ramgarh, in Collaboration with Eco Club and Department of EVS, organized a Poster making on the theme 'Conserve Energy Today to make Brighter Tomorrow'. The event was organized under the guidance of Prof. (Dr.) Satinder Kaur, Principal of the

The objective of the was to spread awareness about the importance of energy and the need of conserving energy by using less en-

Many Students of the College participated in the event with great zeal. Through Posters Stu-



dents depicted various good habits to save electricity and fuel. Participants presented through information about different strategies and multiple forms with innovative ideas that can be taken up to save energy more effi-

Prof. (Dr.) Satinder Kaur

said that the Energy on the earth is not unlimited supply. Every person can save energy by eliminating the unnecessary use of fans, lights, heaters or other electrical instruments used in their life. It is the easiest and most effective way to save extra energy usage which

can play a major role

in the National Energy Conservation Campaign. Further, she added that People should be aware that more light bulbs in the workplace produce various problems like tension, headache, blood pressure and fatigue and decrease the work efficiency of workers.

The whole event was organized by Dr. Sandeep Kumar, Convener G20 Cell, Prof. Risha Kumari, Deptt of Punjabi & Dr. Anjali Bala, Deptt of Environment Science. The faculty members Dr. Aditi Khajuria, Prof. Seema Lal, Dr. Rahul Kundal were also present on the

Water in Ranbir, other canals of Jammu province being released from March 7, 2023

SAMBA, MARCH 04: The Members of Municipal Committee Bari Brahmana, at a meeting held under the chairmanship of Committee's President, Capt Bachan

Lal, welcomed the roll out of Property tax.

The president in the presence of Ward Members and Executive Officer expressed gratitude to the Government and District Administration for introducing people friendly Property Tax in the Municipal Areas which shall empower the civic body and enable it to provide better civic services to the public of Town Bari Brahmana. A resolution was also unanimously passed by the members of Municipal House for the implementation of Property Tax in the Town.

ازدفترنائب تحصيلدار اسستنث كلكثر درجه اول درخواست منجانب غلام محی الدین ما گرے ولد غلام احمہ دما گرے ساکن موضع کیے گام بمسرا عطائي S.C سرٹيفكيٹ تحت SRO -294-126 اشتهار بمرادآگاهی هر خاصوعام معامله مندر جيعنوان الصدريين سائله نے درخواست بغرض حصول S.C دفتر پذامين زير كارورائي ہے

اس ملسلے بیں پٹواری حلقہ بر رسی طلب کی گئی ہے۔ جس سے عیاں ہے کہ مائل موضع کی گام میں معاة راجز وجيفلام محى الدين ما گرے گھريلوگام 50 سال سيگام شاعيد وختر فلام محى الدين ما گرے زيانگيم 17 سال سيگام سائمه وختر غلام محى الدين ما گرے زيانگيليم 17 سال سيگام ِ اس کےعلاوہ اور کوئی بھی افراد کینبہ موجود نہیں ہے سائل کی ماہوار آمدنی میلغ8500 ہے ۔اگر کسی ۔ ان مسلم اوہ اور وی جا مراہ کلید و بور میں صفحات کی جائز انسان ہوتو سات دن کے اندرا ندر دفتر یا ا بھی تنص کوسٹر بھیکیٹ بحق سائل اجرا کرنے میں کوئی بھی عذر یااعتراض ہوتو سات دن کے اندرا ندر دفتر یذا

میں پیش کریں ۔ بعد گذر نے معیاد کوئی بھی عذریااعتراض قابل قبول نہیں ہوگا۔ زنیابت سرکل زینه کوٹ سنٹرل سرینگر

شمون درخواست ازجانب محمدايوب صوفى پسرمتوفيه زويذرويه مرحوم محدرجب صوفى ساكن عمرآبادزينه كوٺ سرينگر بغرض عطائى وارثان جائز

بعالمه مندرجة عنوان الصدر مين مضمون بالا كےنسبت سائل مذكور نے دفتر بذا بين ايك درخواست پيش كى۔اس سلسلے بين پٹواري حلقہ ے رپورت طلب کی گئی جس کی روے متوفیہ مورخد 2021-05- 12 کوفوت ہوئی ہے متوفیہ کے وار ناان کی تفصیلات بذیل ہیں۔ 50سال پرائیوٹ کام لبسرمتوفيه محدا يوب صوفى ۲ نالده (ختر متوفیه 55 مال گھریلوکام (شاده ۳ طاریق احم صوفی پسرمتوفی 47 مال پرائیوک کام ۴ مسرت زخته متوفیه 88 مال گھریلوکام (شاده 55 سال گھریلوکام ('شادی شدہ) 38 سال گھریلوکام(نشادی شدہ) ہے۔ اس کےعلاوہ اور کوئی وارث جائز رپورٹ میں مجتلا یا گیا قبل اس کے کدمعالمہ زیر بحث پر کاروائی عمل میں لائی جائے۔الہذا ہ خاص وحام کو بذریعه اشتهار طلع کیاجا تاہے کہ اگر معاملہ زیر بحث کے نسبت کس فردیا فراد کو کوئی بھی عذریا اعتراض ہوتو پانچ دن کے اندراندرا چااعتراض فتریذا شدیعیش کریں بعد کدرنے معیاد کوئی بھی عذریا اعتراض قابل تبول نہیں ہوگا۔

سيلدار زينه كورث

Public Notice

II am applying for pesticides license if anybody have any objection in this regard He/She may contact with Plant Protection Officer (ppo)Lal Mandi Srinagar within seven days from the date of publication of this notice after that no objection will be entertained

WASEEM AHMAD SHEIKH S/o GH MOHD SHEIKH R/O KREERI Tehsil ...KREERI Distt ...BRARAMULLA

Public Notice

I have applied for pesticides licence the name and style N A Traders near Horticulture office Kreeri if anybody having any objection in this regard. He/She may file in Plant Protection Officer Lalmandi Srinagar within 7 days after that no objection will be entertained.

NISAR AHMAD DAR S/O AB AHAD DAR R/O SURIPOORA KREERI

Public Notice

The Electricity connection with Consumer ID No 0203050008831Registered in the name of Rafiq Ahmad Khan R/o Shah Avenue Coloney UmerAbad Srinagar is to be transferred in the favour of Ab Rashid Khan S/O GH Mohd Khan R/o Shah Avenue Coloney UmerAbad Srinagar

Anybody having any objection, May Contact Assistant Execative Engineer PDD Sub DivisionZanakote H M T Srinagar within a period of 7 days. After that no objection will be entertained in any case.

OWNER NAME Ab Rashid Khan S/O GH Mohd Khan R/o Shah Avenue Coloney OmerAbad Srinagar

HT - CLASSIFIED NEWS HEADLINES TODAY

DC Kishtwar listens to public issues, grievances Urges people to cooperate in development activities

KISHTWAR, MARCH 04: Deputy Commissioner (DC) Kishtwar, Dr. Devansh Yadav today listened to the issues and grievances of people and PRIs under the District Administration's public outreach programme held, here in the Dak Bungalow.

Chairperson, Municipal Council Sajjad Ahmed Najjar, Ward Councillors, civil society members and other stakeholders were present on the occasion.

Additional Deputy Commissioner, Kishori Lal Sharma; ASP Rajinder Singh; GM DIC Mohammad Ashraf; DSWO. Zubair Ahmed: Tehsildar, Muneeb Umar; EO Municipal Council, Ninad Sen; CDPO Ifat Ara; CHO Sajid Mustafa, besides several other officers also attended the public darbar.

At the outset, the Chairperson Municipal Council and other Councilors and prominent persons highlighted the issues and grievances of the people and sought the intervention of the Deputy Commissioner for redress of the same for the overall welfare and socio-economic development of the town.

The people from adjacent villages also raised public issues before the DC and demanded improvement in water and electricity supply, macadamization of link roads, augmentation of education and healthcare

After listening to the grievances and issues, the DC issued on the spot directions to the concerned officers of line departments to look into and redressed the same on pri-

While clearing doubts regarding Property Tax, the DC said that Property Tax levied will be invested in the town areas and all the



small houses below 1000 sqfts will be exempted.

This tax amount collected will go 100 percent into the Municipal Council Fund and will be utilized for addressing the development needs of the town, he added.

Besides he said that the tax calculated will be Rs 500-1500 annually and will incur minimal burden on the Municipal residents

Responding to the issue of the choked drains in some wards, he said that necessary directions have been forwarded to EO, Municipal Council besides adequate funds have been provided for the same. He asked Chairperson MC to en-

sure that the services of newly appointed Sanitation workers will be utilized in this regard.

The DC Kishtwar also spoke about issues highlighted by councilors pertaining to mini Bus-stand Kishtwar, quality of drinking water, finalisation of Master plan for the town, repair of damaged drains, maintenance of footpaths alongside the national highway in the town

area, maintenance of Semana road etc and assured them that these issues will be redressed in time bound manner.

On the issue of the employment of locals in Hydroelectric Power Proj ects, the DC assured that all the eligible Youths will be adjusted in Hydroelectric Power Projects besides he also urged youth to avail the benefit of self employment schemes offered by the Government.

He said that the district administration is taking concrete measures to tap the tourism potential of the area and ensure that the benefits of this lucrative trade reach to the locals.

He informed the participants about the upcoming Sinthan Festival and urged people to participate in large numbers.

On the concern raised on the strav dog menace in the town, the Deputy Commissioner directed Municipal Council to look into the issue and coordinate with the Animal Husbandry Department.

The PRIs also raised various demands of their pursuits during which the DC assured that all their genuine demands shall be taken up for redressal.

The DC directed the Tehsildar and Municipal Council to remove all encroachments in town.

He urged upon the people to be responsible citizens to ensure the safety of the public infrastructure and public installations in their respective wards, besides maintain cleanliness, refrain from encroaching public paths and drains and pay sanitary and property tax for the better functioning of municipal council.ty of the residents of Boni-

DC Ramban reviews progress of work on JJM Schemes

RAMBAN, MARCH 04: Commissioner Ramban, Mussarat Islam today chaired a meeting of concerned officers to review the progress of Jal Jeevan Mission (JJM) schemes being constructed to ensure access to safe and adequate drinking water facilities to all the households in the dis-

Chief Planning Officer, Dr Kasturi Lal; Executive Engineer, JSD, Sudheer Kumar, AEEs, JEs and other concerned officers were present in the meet-

The Deputy Commissioner took a detailed review of the physical and financial progress of works of all sub divisions including Ramban, Banihal and Gool.



a total of 88 schemes of JJM will cover the 33800 households across the district.

During the meeting, the issues related to provision of material were also discussed including availability of pipes, aadhar linkage etc.

Executive Engineer JSD informed that tenders for 83 JJM schemes have been issued of which 55 works have been allotcerned officers and ento accelerate gineers the pace of all works to ensure their time bound completion. He also exhorted the officers to put in coordinated efforts to achieve the target so that

earliest. The DC emphasized that every effort has to be made to ensure that the goal of tap water to

people are benefited at an

all households must be achieved as per the projected timeline. He said that the Mission is envisioned to provide safe and adequate drinking water through individual household tap connections to all households.

He instructed all the concerned officers to scale up pace on works under JJM so that the target can be achieved within the stipulated period.

Highland Park Kud, Tulip Garden thrown open for public

JAMMU, MARCH 04: The Department of Floriculture, Parks & Gardens today opened the Tulip Garden at Highland Park Kud District Udhampur. Director General, Flo-

riculture, Parks & Gardens Jammu, S. Jatinder Singh declared the park open in presence of Sarpanch Kud, Kuldeep Kumar, local PRI members and other officers of the Department, marking the beginning of new tourist season.In his address, the Director General Floriculture said that Jammu and Kashmir is enriched with unparallel beauty and natural landscapes which have huge potential for tourism. He also



advised the locals to conduct different activities to promote their culture as well as their folklore to attract the tourists. The Department has

planted 12000 bulbs of 5 different varieties of Tulips at Highland Park Kud Udhampur. On this occasion, the Director General informed that this year first big Tulip Garden is being developed in Jammu Division at Sanasar District Ramban at an area of approx. 40 kanals, where the department has planted 2.7 lakh Tulip bulbs of 25 different varieties. Speaking on the occasion, Sarpanch Kud appreciated the Floriculture Department for developing a beautiful Tulip Garden at Highland Park Kud which will be a boon and attraction for public/ tourists.

Meanwhile, locals, as well as tourists currently in Highland Park Kud thronged in large number to get a glimpse of the tulips in the garden on the first day of its opening.

DC Ramban inaugurates Job Fair

RAMBAN. MARCH 04: Commissioner Deputy Ramban, Mussarat Islam today inaugurated a Job Fair to provide more job opportunities to the unemployed youth of the district under different agencies. The Job Fair was or-

ganized by the District Employment and Counselling Centre (E&CC) Ramban in collaboration with Mission Youth at district headquarter. Among others, GM, DIC, Ravinder Anand, Assistant Director, Employment, Dr Sushant Mahajan, CEO Ramban,

Dev Anand and other

senior officers of line de-

partments present on the

occasion. The Job fair witnessed the participation of reputed private employers from different sectors and different allied Government Departments for promoting their self-employment Schemes and established their stalls

for placement of the eligible aspirants. Lauding the efforts of the administration in arrang-

ing a meeting of job seekers and employers in one place, the DC raised the concerns of unemployed youth and urged the participating companies to engage maximum youth to give a boost to their careers. He also appealed to the unemployed youth to take a keen interest in self-employment and become entrepreneurs to

generate livelihood for themselves and others as well, adding that the Government is committed to their hand-holding under the ambitious Mission Youth Programme. Dr Mahajan impressed

upon the Employers and Job seekers to register themselves on the Employment Portal of Government of Jammu & Kashmir by visiting www.jakemp.nic.in and also advised the job seekers to get the information

regarding various self Employment Schemes of different line departments whose stalls were installed in the Job fair.

As many as 12 employers from different sectors participated in the event which included companies like SBI Life, Jamkash Automobiles, Fairdeal Motors, New Convent School, Muskaan Foundation, Wani Motors and others.

Various concessionaire companies like GAM-MON India ,CPPL who are executing various projects in NH-44 also offered various posts like Tunnel managers, machinery operators etc during the Mega Job Fair .The event witnessed an overwhelming response from job seekers. More 500 unemployed than vouth/jobseekers from the district Ramban participated in the event. unemployed Various youth were shortlisted by the participating companies and over 21 selections on the spot were also made.

The unemployed youth from district Ramban expressed their gratitude to the District Employment and Counseling Centre, Ramban for organizing this job fair and bringing employers to their doorsteps.

Meanwhile, the DC also handed over the appointment letters to newly recruited Aayas (Helpers) of various panchayats under Smagra Shiksha in the Education Department Ramban. Various concessionaire companies like GAMMON India ,CPPL who are executing various projects in NH-44 also offered various posts like Tunnel managers, machinery operators etc during the Mega Job Fair .The event witnessed an overwhelming response from job seekers. More 500 unemployed youth/jobseekers from the district Ramban.

FROM THE FRONT PAGE...

IG

atwari in Jammu.He thanked the LG for his genuine concern for displaced persons of PoJK who were neglected by the earlier Governments for several decades.

"The government is organizing Awareness Camps under the title 'LG's Special Governance Camp for POJK Displaced Persons' at different locations of Jammu province to provide them various facilities of different schemes provided by the Central and the UT Government.

He said, "It is for the first time that Govt. is organizing these camps and providing such facilities at the doorsteps of PoJK Displaced Persons living in different localities of Jammu province," said Kapoor.He further informed that the camps will be organized at various places wherein the several Government Departments like Skill Development, Social Welfare, Industries and Commerce, Employment, Youth Services and Sports, Education, Transport, Rural Development and Panchayati Raj, Health, EDI and Banks are going to register and saturate the Displaced Persons of PoJK under various schemes and programmes being implemented by the Government primarily focusing on Skill Development, Self Employment, Social Assistance, Studies, Sports, Financial Inclusion and likewise so that the benefits of the same are also provided to all those eligible under norms. As per the schedule, he said the camps will be organised at Sports Stadium, Bhour Camp Chattha Satwari, Jammu on March 6, Geeta Mandir Samriti Bhawan, Bakshi Nagar, Jammu on March 11-12, Higher Secondary School, Doongi, Rajouri on March 12, Dak Bunglow Poonch on March 15, Shiv Om Palace, Near New Bus Stand, Khour, Akhnoor, Jammu on March 18 Tara Palace Ramgarh, Samba, High School W.No. 21, Chak Shakhian, Kathua, Adarsh Colony, Udhampur and Lamberi, Nowshera, Rajouri on March 19.

The Samiti also appealed to all the PoJK Displaced Persons residing at different locations of Jammu province to come forward and register themselves with various departments and avail the maximum benefits.

STUDENTS

Bharat" initiative.Interacting with the students, the Lt Governor extended his best wishes for their exploratory journey across UT to explore its culture, heritage, literature & cuisine and to strengthen the emotional bonds between the people of J&K and Assam.

The Lt Governor said that student exchange program, part of Yuva Sangam, will connect divine energy of Brahmaputra and Vitasta, provide a strong base for national composite identity and it will allow young generation of both Assam & J&K to learn & share values and experiences. "Despite the distance of 2500 kilometres between Jammu and Guwahati, students will find here the same ancient spiritual and cultural richness for which Assam has been known since ages. This is the true celebration of the diversity as well as unity of the Nation," the Lt Governor said.

During their one-week tour of Jammu Kashmir the students will visit various places including Raghunath temple, Suchetgarh Border, Chenab Rail Bridge, Historical Pahari architecture.

The students were accompanied by Sh Manoj Singh Gaur, Director, IIT Jammu and their coordinators

MET

on the previous night. The day temperature on Friday was 13.2 °C at the resort.

Officials said the night temperature at the ski resort of Gulmarg in north Kashmir's Baramulla district was recorded minus 1 °C, some 3.5 degrees above normal. The day temperature on Friday was 4.2°C, about 1 degrees above normal.

Qazigund, the gateway town to the Valley, recorded a low of 4.2°C against 5.6°C on the previous night.

Kupwara weather station in North Kashmir registered a low of 4.2° Celsius.

The night temperatures continue to rise in the Jammu

Jammu recorded a low of 13.2 °C last night. In other weather station of Jammu region, Banihal recorded a low of 6.4 °C , Batote 9.2 °C , Katra 13.6 °C and Bhadarwah $7\,^\circ\mathrm{C}$

Ladakh's Leh and Kargil recorded a low of minus 2.8 °C and minus 4.6 °C respectively, the MeT official said.

NIA

of Home Affairs (MHA) under the Unlawful Activities

(Prevention) Act (UAPA) in October last year. The MHA notification had said Peer played a role in "terror activities" and was providing logistics to the banned outfit Hizbul for infiltration in Kupwara.

The NIA attached the agricultural land measuring one kanal 13 situated at Batapora that belonged to Peer. A notice of attachment of the attached property was also put up

This is the third property that has been attached in as many days in Kashmir by the NIA. On Thursday NIA attached the house of Pakistan-based Al- Umar chief Mushtaq Zargar released in Kandahar hijacking and the next day an immovable property of "The Resistance Front" militant Basit Ahmad Reshi was attached.

Peer, who was the launching commander of the Hizbul, was killed in Rawalpindi on January 20 under mysterious circumstances. A purported video that surfaced on social media showed Peer's funeral prayer was led by Pakistan-based Hizb chief Syed Salahuddin.

Locals in Kupwara said Peer's immediate family had shifted to Pakistan in the 1990s after his father Sikander Peer and brother Nazir Ahmad Peer were killed allegedly by unknown gunmen.

BSF

any aggression from across the borders will be thwarted will full might.

"Any misadventure from the enemy will not be allowed to succeed. Their aggression, if any would be thrawted with full might," the IG BSF said. (KNS)

7

for services related to the everyday life of the citizens like seeking of power/water connections, availing of documents like income, domicile, category, birth, death certificates and benefits like old age, widow pensions besides scholarships under various social security schemes etc.

He observed that this feature would act as a turning point in maintaining the transparency and accountability in services to the public. He maintained that this attribute in online services is going to be the landmark in eradicating corruption and malpractices. He emphasized that this would promote fairness set as priority by the current dispensation in all of its affairs including offering of government employment and public contracts to its citizens on the basis of merit alone.

to its citizens on the basis of merit alone. On the occasion it was given out that the delivery of services through online mode has greatly reduced the waiting period for the applicants. The feature like auto-appeal is going to bring a greater transparency in these services in future as these would ensure their de-

livery as per the timeframe set for them under PSGA and fixing of responsibility on part of any officer/official for any undue delay. It was evident from the reports generated on service portal e-UNNAT (Jan sugam) that more than 90% of services are being delivered to public within time. Moreover the rejection rate of applications is very low at around 5% only with provision of giving feedback by the applicants through Rapid Assessment System (RAS) about their satisfaction level while availing such services.

Talking about the timeframe, Tariq Ahmad, a CSC operator from Anantnag affirmed, "After the successful submission of the application it usually takes a week or two to receive the document on the portal". Another CSC operator, Zulfiqar Ahmad also confirmed, "The application process is easy and status accessible at all times. Naturally it saves the time and resources of the citizens availing these services".

FOOD

"Obesity is becoming a major health crisis. We need to do more to raise awareness and encourage action towards its elimination," said Dr Nisar.

He said it is vitally important to educate parents to prevent their children from becoming obese.

They have to encourage them to eat healthy and take up some sport in leisure time.

"Preventing obesity helps protect your child's health

"Preventing obesity helps protect your child's health now and in the future," he added.

LOK ADALAT

particular to take maximum benefit of the Special LokAdalats which are being organized by the J&K Legal Services Authority under the aegis of National Legal Services Authority. Gupta appreciated the efforts of all the Judicial Officers, Secretaries DLSA's, Advocates, staff of the district and tehsil courts as well as Legal Services Institutions besides litigants for their whole hearted participation in the LokAdalat and settlement of cases in such a large number.

He also highlighted the role of Para Legal Volunteers and the media, both print and electronic in creating and spreading awareness amongst masses about the initiatives of Legal Services Authority and about welfare schemes launched by the Govt. and Legal Services Authority.

ADVISOR

agriculture sector across UT which will change the agricultural landscape of entire Jammu and Kashmir.

Vice-Chancellor, SKUAST-K, Prof Nazir A Ganai said that this Mela is a national level event witnessing the participation of farmers, students, budding entrepreneurs, private players, input dealers, policy planners, development departments, and other related institutions from across the country. He added that SKUAST-K is a leading Farm Science University known globally for promoting the culture and startups and entrepreneurship in agriculture and allied sectors and also working for addressing the challenges of food and nutritional security. He further added that SKUAST-K is becoming a preferred destination for international students given the teaching and research ecosystem, enabling and engaging environment it provides. He highlighted the varsity initiatives in going global in particular the recently held International Education Fair held at New Delhi.

During the mela, stalls were installed by champion farmers, industry associated people, student and faculty innovators, subject matter faculties, and research stations, farm science centres etc. Showcasing technologies developed by University. Quality planting material, vegetable seeds, flowering seedlings, elite germplasm of livestock and poultry, milk and milk products, livestock feed, vermicompost, fish and value added agri-products have been put on sale for the visitors in the exhibition.

During the exhibition, new strides in agriculture through use of Artificial Intelligence and Machine Learning and digital technologies were also displayed and showcased to farmers. Farmer specific and field oriented literature in the form of ready reckoners was distributed among the visiting farmers, students and entrepreneurs.

Notably, during the exhibition a mega farmer-scientist interaction was also organised for the farmers.

TOURISM

have vast potential across J&K" he said.

While replying to a query he said in the month of February this year the Kashmir witnessed good influx of tourists and the numbers will likely increase in March accordingly. "Kashmir valley witnessed 1.20 to 1.30 lac tourists in February this year while the number may likely go up in the ongoing March," he added.

Speaking further the Director Tourism said the department has started planning further as summer is about to come. "There are several festivals in the pipeline which will be held at Yusmarg, Pampore, Zabarwan and Tulip Garden and we expect good number of tourists in these festivals this year," he said.

of Jaish-e-Mohammad terrorist outfit based / operated from Pakistan before the Special Judge Designate under NIA Act Srinagar in case FIR No.16/2022 of P/S CI-SIA Kashmir U/S 13, 18, 38 & 39 of UA (P) Act r/w section 121, 120B of IPC.

They said that on 01.09.2022, a case FIR No. 16/2022 under relevant sections of law was lodged at Police Station CIK (SIA) Kashmir based on credible inputs that handlers of terrorist / secessionist organizations operating across the border have hatched a criminal conspiracy with members of prescribed terrorist organizations operating in UT of J&K have created new modules of OGWs for aiding/abetting/assisting/ harbouring and providing variety of logistic support to terrorists / secessionist organizations, with intention to further terrorist and unlawful activities in UT of J&K.

"These modules of OGWs under a well nit conspiracy have been created / formed not only for providing variety of support to terrorist organization but also to fight a proxy war in UT of J&K with a larger objective of secession of UT of J&K from Union of India by waging war against Govt. of India / UT of J&K."

It has further been revealed that these modules of OGWs are operating in secrecy with adversaries and operate independent of each other, the statement said adding thay the modules are in constant/ continuous touch with handlers / members of terrorist organizations across the border in Pakistan, amongst other modes of communication it is learnt that encrypted internet messaging platforms, besides other software applications are being used. "The above information disclosed a cognizable offense and attracted offenses punishable by U/S 13, 18, 19, 38, 39, 40 UA(P) Act and 121, 120B, IPC," it said.

The SIA further said that "During investigation accused (1), (2) & (3) who have been found involved in the commission of terror crime. They were found having clandestine connections with Pak based terrorist Ali Kashif Jan @ Ali Kashif of prescribed terrorist outfit JeM through social media and other secret messaging apps working with a motive to promote terrorist activities, besides procuring arms/ammunition and distributing them among the terrorists for carrying out terrorist ac-

Orientation Program for Nursing students held at IUST



Awantipora, March 4: The Islamic University of Science and Technology organized two- day Orientation-cum-Induction Program for students of the two constituent Nursing Colleges of IUST namely Alamdar Memorial College of Nursing & Medical Technology, Char-i-Sharief and Syed Mantaqi Memorial College of Nursing & Medical Technology, Awantipora. The program was coordinated by Ms. Asmat Parveen (Principal, Nursing Colleges). The proceedings began with the lamp lighting and administering of oath to the trainee nurses.

Prof. Manzoor A. Malik, Dean Academics IUST and Chief guest of the program highlighted the contribution of nurses in preventive, curative, and restorative health management. Prof. Ayub Qadiri, Dean School of Health Sciences & Guest of Honour stressed the need of conducting action research in this area to bridge the gap between theory and practice. Dr. Asifa Baba, Dean students, and other faculty members were also present on the occasion

DC Doda inspects RDD works, sanitary Conditions in Assar Panchayat



DODA, MARCH 04: Deputy Commissioner Doda, Vishesh Paul Mahajan visited Panchayat Assar and inspected the completed and ongoing works of Rural Development Department (RDD), the other day.

He was accompanied by SDM Assar Lekh Raj, and BDO Assar Anop Kumar along with field functionaries of Rural Development and Revenue departments.

During the visit, the DC inspected the work of Paca Path towards Shamshan Ghat, Tile work in Thakur Mohalla, Lane Drain from SBI Assar to Masjid Sharief Assar, Repair of WCD Majid Sharief Assar, Lane Drain at Badaani Bagh, Park at Baba Jeet Mandir, and other such works. The DC also inspected sanitation and civic services being carried out by RDD in Assar Panchayat Market.

He enquired from the PRI members and local residents about daily waste collection, development activities, priorities and requirements of the areas.

DC impressed upon the staff to work with zeal and dedication to achieve the targets set for the current financial Year. He directed the BDO to expedite the pace of work and ensure timeline completion.

Instructions were also issued for regular door to door collection of waste material and maintaining Swachhta in the Block. He enquired from the PRI members and local residents about daily waste collection, development activities, priorities and requirements of the areas.

DC impressed upon the staff to work with zeal and dedication to achieve the targets set for the current financial Year. He directed the BDO to expedite the pace of work and ensure timeline completion.

SOMOKING

We have taken steps to reach out to the people and make them aware about the hazardous effects on their health, they said, adding that the overall consumption of tobacco and cigarette smoking has declined.

Dr Mir Mushtaq, spokesperson Directorate of Health Services Kashmir told KNO that during the year 2022-23, at least 6624 tobacco users received counselling besides that 2109 users received counselling and pharmacotherapy while 147 persons quit tobacco use.

He said that in the last four thousands of tobacco users were counselled and hundreds have quitted tobacco use. He said that in the year 2022-23 around 8000 challans were produced and around Rs 3 lakh were collected from

He said that various awareness programmes have been already started to educate people about the hazards of to-bacco chewing and smoking besides that officials have been directed to conduct regular enforcement drives for implementation of COTPA-2003.

Notably ,the government of Jammu and Kashmir has also imposed a complete ban on the sale of loose cigarettes, loose beedis and loose tobacco while all educational institutions and tourist destinations were declared as tobacco free zones. Pertinently tobacco is said to be the leading cause of preventable deaths in the world. It kills approximately more than seven million globally and more than one million in India. Notably lung cancer has been found to be the second commonest cancer. In the past few decades, the cancer catastrophe has created havoc globally, Kashmir has witnessed rise in cases of lung and breast cancers. As per the hospital-based data from Kashmir valley males have higher incidence of lung cancer while females fall victim of breast cancers. There is a direct relation between length of smoking and number of cigarettes smoked per day. Even if smokers quit smoking there are chances of developing cancer but these chances decrease to a greater extent, officials said—(KNO)

ED

norms, suggest measures for release of grant-in-aid and examine the audit report for further necessary action. The EDI was established by the government of Jammu and Kashmir in March 1997 to effectively enable entrepreneurship development in the state. The institute started its regular activities from February 2004—(KNO)

DRUGS

arrested and vehicle used in commission of crime was also seized.

Meanwhile in Shopian, a police party of PS Keller arrested a drug peddler identified as Mohd Asif Mir son of Abdul Rashid Mir resident of Hergam alongwith 480 grams of Charas Powder from his possession. He has been shifted to police station where he remains in custody.

Similarly in Kulgam, a police party of PS Yaripora at a checkpoint established at Humshalibugh arrested a drug peddler identified as Muzaffar Ahmad Nengroo son of Ghulam Mohammad Nengroo resident of Badroo. During search, 2.5 Kgs of Ganja & 270 grams of Charas was recovered from his possession.

In another checkpoint established at Kanjikulla Cross-

First day of Annual Exam, Govt School locked by Landowner in Ganderbal

Ganderbal,,04-Mar: Landowner locked School In Ganderbal on first day of annual Exams on Saturday, as dozens of young children reached their school to attend the first paper of their annual examination, they found the gates of their school locked.

As per reports to CNS, dozens of students of the Government Primary school at Naqashband Mohalla in Wayilwooder area of Ganderbal District were forced to stay under the open sky in the immense cold after the land owner locked the school building, demanding a job as promised by the authorities

Nisara Begum, the land owner said that she had donated the piece of land for the Government school in 2013 and at that time she was promised that they will be given a job in the school. "Now it has been over 10 years, and we have not received any jobs," she said. "Recently thre was an opening for a helper at the school. They did not give the job to anyone in our family, which clearly is not acceptable to us. The job was our primary condition to donate our land to the school," she said. Her son said that they are being made to run from pillar to post for the job for the last few days. "Initially, we approached the officials who asked us to approach the Sarpanch. The Sarpanch asked us to contact the ZEO, who in return sent us to the Sarpanch. They have been making us run from here there for several days now. It has been several days that we tried to cordially resolve the matter, however, the officials paid no attention to our demand. Now we are forced to lock down the school, he said. Ali Mohd, a Parent said that the locking down of the school has caused worry among the students and the parents equally. "It was their first exam today and they have come to find their school locked," a parent said. He demanded that the Department and the landowners must resolve the issue at the earliest.Meanwhile, later officials of the education department reached to the spot to resolve the issue. The school was reopened after assurances by the

Sale of gold jewellery hallmarked without six-digit code to be banned from next month

Srinagar,04-Mar; Government has decided to ban the sale of gold jewellery and gold artefacts hallmarked without a six-digit code from next month. The Ministry of Consumer Affairs, Food and Public Distribution in a statement said that the decision has been taken to ensure quality culture in micro sale units. The decision was taken after a review meeting of the Bureau of Indian Standards (BIS), chaired by the union Commerce and Industry Minister Piyush Goyal, held on 03rd March 2023.

The Ministry informed that in an effort to promote quality culture in micro scale units, BIS is providing an 80 per cent concession on the certification/minimum marking fee across various product certification schemes of BIS. It said additionally, units located in the North-East will continue to receive an extra 10 per cent concession.

The Union Minister stated that the Government is committed to ensuring that all products in India meet the highest quality and safety standards. He said, these measures shall promote micro scale units, enhance the testing infrastructure, and develop a culture of quality consciousness among citizens.

Lok Adalat held across Kupwara district

11 cases of Matrimonial settled through amicable means



KUPWARA, MARCH 4: In pursuance to the calendar of NALSA and under immediate supervision of J&K LSA, District Legal Services Authority (DLSA) Kupwara today organized a Lok Adalat across District Kupwara in which a total number of 04 benches were constituted for taking up 39 Matrimonial cases.

At District Head Quarter Kupwara, 02 benches were constituted out of which one bench was presided over by Mr. Rajiv Tadyal Sub-Judge JMIC Kupwara along with Mr. Mozamil Yousuf Bhat (Deputy Chief Legal Aid Defense Counsel DLSA Kupwara). Another bench was presided over by Mr. Altaf Ahmad Munsiff JMIC Kupwara along with Mr. Ajaz Athar Advocate, Bar Association Kupwara. Similarly, benches were constituted at Headquarters of Handwara and Sogam for disposal of cases through amicable means.

Out of the total cases taken up in before all the benches in the Lok Adalat, 11 Matrimonial cases were settled on spot by intervention of the benches and by participation of the lawyers and litigants.

Lawyers and litigants participating in the Special Lok Adalat expressed their joy in early disposal of the cases through mutual settlement and appreciated the arrangements of the Special Lok Adalat.

CCIK demands beautification of Srinagar airport; expresses concern about the lack of facilities at airline counters

Srinagar: The Associated Chamber of Commerce and Industries Kashmir (CCIK) said that the Srinagar international airport needs a beautification as the airport is not in a good state. The CCIK said Kashmir being the major tourist destination, its Srinagar airport should be exceedingly appealing, lovely, and outstanding as the visitors should feel welcomed upon arrival and enjoy a paradise-like ambiance due to the airport's lush greenery and natural appearance.

The airport currently appears to be nothing more than a concrete building that doesn't fit in with Kashmir's surroundings. The airport should symbolize Kashmir which is heaven on earth and should be maintained and beautified. Several other amenities, such as few baggage checkpoints and decent seating areas throughout, are lacking at the airport. The outer look of the airport especially garden and roads, are not well maintained to give it a paradise-like look full of natural greenery.

The CCIK said there is a huge number of travellers in cues as the airlines have a limited staff and the travellers especially elderly people, women and senior citizens have to wait for a long time to get their boarding passes. CCIK requests authorities to direct the airlines to have more counters and sufficient staff so that the common people do not suffer. CCIK said it seems that airlines' staff is much concerned of excess baggage for minting money from people but lack facilities at their counters. The airfare is touching the sky but the ground facilities are lacking.

CCIK requests Honourable LG Shri Manoj Sinha Ji, Civil Aviation Ministry Govt. of India and Director of Airport Authority to look into the matter for making Srinagar airport one of the best airports in country as Kashmir is the crown of tourism and the Srinagar airport should be brought up to international standard.

Mohammed Shami May Return In Playing XI For 4th Test vs Australia, Rank Turner Unlikely: Report

India's senior-most speedster overs in the first three games Mohammed Shami is expected to feature in the playing XI for three ODIs between March 17 the final Test against Australia in Ahmedabad, starting March 9 after being rested for workload management during the Indore game. The Indian team management, in consultation with medical staff, has decided to space out the pace bowlers, who are also overs that he has bowled, will be going to play IPL regularly and are part of the ODI World Cup plan. Hence, Shami, who had played the first two Tests and is also a part of the ODI squad, was rested for the third game. In his win the last game in order to place Umesh Yadav was drafted in as the second pacer after Mohammed Siraj.

PauseUnmute Fullscreen

With Siraj only needed for 24 The Holkar Stadium in Indore

and is likely to feature in all to 22, he is likely to get some time off during the final game at the Narendra Modi Stadium in Motera

Shami, who has been the best pacer on view across both teams with seven scalps from 30 odd needed on a dry Motera surface, which might be conducive for reverse swing.

India are currently leading the four-Test series 2-1 but need to nullify the result of Sri Lanka's away series against New Zea-

GCA curators haven't received any directive from Team India



has been already panned by ICC match referee Chris Broad for something diabolical which will preparing a "poor" track and right now Gujarat Cricket As- governing body. "We haven't re-

risk its reputation by preparing get a red eye from the game's our local curators are preparing a normal track as we have always done through the season," a state association source told PTI."In fact, last Ranji game over here in January, Railways scored 500 plus (508) batting first and Gujarat, although had innings defeat, scored 200 plus in both innings. It won't be too different this time," he said.

There are 96 hours still left for the Test match to begin and one doesn't know what will happen once BCCI curators Taposh Chatterjee and Ashsh Bhowmick take over. "Obviously, last few days, the BCCI's grounds and pitches committee instruct the local curator. But certainly, from our end, our endeavour is to produce a good Test match.

Indore pitch rated poor by ICC

DUBAI: The Indore pitch used for the third Test between India and Australia has been marked as "poor" and handed three demerit points, the International Cricket Council (ICC) announced on Friday. The match, which was dominated from the start by spin bowling, ended midway through the opening session on day three with Australia winning by nine wickets."The pitch, which was very dry, did not provide a balance between bat and ball, favouring spinners from the start," match referee Chris Broad wrote in his report."The fifth ball of the match broke through the pitch surface and continued to occasionally break the surface providing little or no seam movement and there was excessive and uneven bounce throughout the match."

Himachal world's best **Paragliding site: CM**

Shimla, March 4 (UNI) Himachal Pradesh has the world's best paragliding site as the state's hills and medow provide ideal destination for the sport, Chief Minister, Thakur Sukhvinder Singh Sukhu said on Saturday. He said tourism-related recreational activities were abundant in the state.

The chief minister was speaking after launching the official website of the Billing Paragliding Association on Friday evening. Himachal's world's best Paragliding site at Bir-Billing,

in Kangra have hosted many International competitions, the pre-world cup paragliding championships. Besides, the state also has other sites like: Bandla Dhar in district Bilaspur and Solang near Manali. He said that the state government is actively exploring all the possibilities to encourage such activities in the state and assured that measures would be initiated to boost adventure sport in the state

"Don't Think Anybody Has...": **Indian Cricketer's Huge Praise For Virat Kohli**

ew players have caught the imagination of the cricketing world like Virat Kohli. Dinesh Karthik has seen Kohli up close while sharing the dressing room with him for Team India and the Royal Challengers Bangalore. While speaking on RCB Podcast Season 2, the third of 10 episodes, Karthik believes Kohli's ability to stay grounded despite achieving so much on and off the field makes him a champion in all walks of life. "What he has achieved as a person...he has literally carried the team for the last 10 years. His consistency and mastery over the game...I don't think anybody has achieved it in the world of cricket for a very, very long time, his dominance for about close to a decade is unparalleled. We have to understand that there are three different formats, and playing three different formats itself is difficult and then there he is averaging 50 in all of them, travelling abroad scoring as well. I can speak about him a lot. He is very chill, very easy, with the bowlers, the young guys," said Karthik.

United face Liverpool test, Roy steers England to series Arsenal back in the groove

United are eager to inflict more pain on Liverpool at Anfield as Arsenal aim to pull further clear of Manchester City in the Premier League title race this weekend.

The Gunners are hot favourites to see off Bournemouth at the Emirates, while City face a Newcastle side hoping to put the bitter disappointment of their League Cup final defeat behind them. Tottenham Hotspur must bounce back quickly from an FA Cup exit to maintain their advantage over Newcastle and Liverpool in the race for a top-four finish.Liverpool won both Premier League fixtures against fierce rivals United last season by an aggregate score of 9-0. However, the fortunes of both clubs have dramatically changed over the past 12 months.Fresh from lifting the League Cup to end a six-year wait for silverware, United's run of one defeat in 22 games has kept them in the hunt for a quadruple of trophies.But with an 11-point gap to leaders Arsenal, anything less than a first win at Anfield since 2016 for Erik ten Hag's men could signal the end of their title challenge. Liverpool, who lost against United at Old Trafford earlier this season, are in need of the points in their push to finish in the top four.Jurgen Klopp's men have crept back into contention for a Champions League place thanks to a run of 10 points from their



past four league games.But in the middle of that run, the Reds' deficiencies were brutally exposed in a 5-2 home defeat to Real Madrid in the Champions League. Arsenal's bid for a first league title in 19 years looked to be on shaky ground last month when they took just one point from three games, including a 3-1 home defeat to City. But Mikel Arteta's side have responded in style with three straight wins to carve out a five-point lead at the top of the table."When you look at them every single day, you just feel how much they want it, how much they really want to produce what we ask them to do and how much they want to please our people," said Arteta after Everton were dispatched 4-0 on Wednesday.

victory over Bangladesh

DHAKA: England opener Jason Roy hit a superb century and skipper Jos Buttler made 76 before Adil Rashid and Sam Curran grabbed four wickets each as the tourists beat Bangladesh by 132 runs in the second one-day international on Friday for a 2-0 series victory.

Roy made a 124-ball 132 with 18 fours and a six to lay the platform for a commanding 326-7 in 50 overs, after Tamim Iqbal won the toss and surprisingly opted to bowl on a Mirpur wicket he called

Needing a victory to avoid their first bilateral ODI series home defeat since 2016-17, Bangladesh lost two wickets in two balls in Curran's opening over and another in his next to eventually be dismissed for 194 in 44.4 overs.

Shakib Al Hasan (58), Iqbal (35) and Mahmudullah (32) all gave the hosts a glimmer of hope but incisive bowling by Rashid (4-45) and Curran (4-29) snuffed out their chances.

Earlier, Roy got off to a stuttering start but saw off the Bangladesh spinners with some unconventional sweeping and went on the attack as he approached his 12th hundred, lofting Mehidy Hasan Miraz for a six to get to 97.

After completing his century, playerof-the-match Roy went after paceman Taskin Ahmed in the 35th over with



back-to-back boundaries but fell lbw shortly after as he attempted a sweep off Shakib. His fourth-wicket stand with Buttler yielded 109 runs.

Buttler made a run-a-ball 50 while shepherding the lower order before falling to leave them at 260-6 in the 44th over. But a big total was never in doubt for the world

Moeen hit a quick-fire 42 to take them close to the 300-run mark while Curran, one of two changes to the side that won the first game by three wickets, made an unbeaten 33 with two sixes in the final Moeen hit a quick-fire 42 to take them close to the 300-run mark while Curran, one of two changes to the side that won the first game by three wickets, made an

Kolkata Thunderbolts bow out in semi-finals

Kochi, Mar 4 (UNI) Defending Champions Kolkata Thunderbolts were stunned by Bengaluru Torpedoes with a score line of 15-10, 10-15, 15-13, 15-10 in the first semi-final of the second season of the RuPay Prime Volleyball League at the Regional Sports Centre, in Kochi on Friday.

Bengaluru went big right from the word go but handed over a couple of early freebies to the defending champions. On one hand skipper Ashwal Rai continued his sensational form for the Thunderbolts with his superb performance, Ibin Jose started making an impact for the Torpedoes.

The neck-and-neck battle saw the Torpedoes move an inch ahead with Tsvetelin Tsvetanov and skipper Pankaj Sharma's attacks. Janshad kept setting up Ashwal to keep the Thunderbolts closer to the opposition. But Pankaj's dominant show from the service line troubled Kolkata's defence and Bengaluru took control.

Rahul put a block on Pankaj and made a thunderous super serve to make his presence felt. His super show gave confidence to Vinit Kumar and Ashwal to make strong spikes and Kolkata found an opening. Service errors from Bengaluru did not help their cause and the Thunderbolts levelled the playing field. Rahul kept finding ways to tackle Bengaluru's three-man

block line. But a crucial review call from head coach David Lee gave the Torpedoes an important point upon which Bengaluru built their momentum to once again regain

Reasi Badminton Championship Commences **Under Civic Action programme: Reasi Police**

Reasi A Two days distric Reasi Badminton Championship' tournament is being organised at indoor stadi um Maari Reasi by Reasi Police under Civic Action Programme of Jammu and Kashmir Police.

DySP headquarter Reasi Neeraj Padyar-JKPS alongwith SHO P/S Reasi Insp. Vijay Sharma Singh inaugurated the event and wi nessed the inaugural match of different categories at in door sports stadium Reasi. 58 Players & coaches from different parts of the district are participating. In a series of matches 22 teams for 'Men single' & 18 teams for 'Men Double' players are sporting for the Champion ship Titles.

Speaking on the occasion Neeraj Padyar Dy.SP Hqrs.



Reasi conveyed that Jammu and Kashmir Police is providing the avenues to the youth so that they can show their hidden talent and youth of J&K have been taking the benefits of these activities Organised by Jammu Kashmir Police from

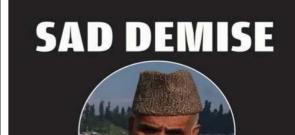
time to time. In this event players expressed with confidence to perform better & win the champions title. Dy.SP Hqrs. Reasi further added that Sports activities are prerequisite for a healthy youth and youth of

ident Badminton Association Reasi along with Vikas Sharma, Abhinav Sharma and others Expressed gratitude to J&K police & Dy.SP Hqrs. Reasi for sparing his time from his busy schedule to promote sports activities in Reasi which is required for welfare of youth of the district.

these events with enthusi-

Mr Surinder Sharma Pres-

Students from different Colleges/Schools also witnesses the event and cheers up for the players who are competing to grab the winner tittle in different categories. Students from different Colleges/Schools also witnesses the event and cheers up for the players who are competing to grab the winner Reasi are participating in tittle in different categories.



With Profound grief and sorrow we inform the sad demise of Our Beloved most pious and noble soul Khawaja Habibullah Malik, father of Hilal Ahmad Malik, who left heavenly abode after brief illness on 03-March 2023

Rasme Charum will be observed on Tuesday Dated: 07/03/2023 Time 10.00am at his ancestral graveyard Near Dhobi Ghat, Hazratbal

Bereaved family Hilal Ahmad Malik (son) Mohammad Altaf Koul (Son-in-Law) Mohammad Ashraf Wani (Son-in-Law)

LADIES ARE REQUESTED NOT TO BRING ANY KIND OF EATABLES WITH THEM





